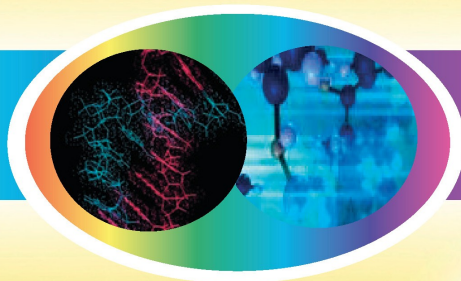


Cyto-Solutions Ltd



Therapeutic Guide

2023



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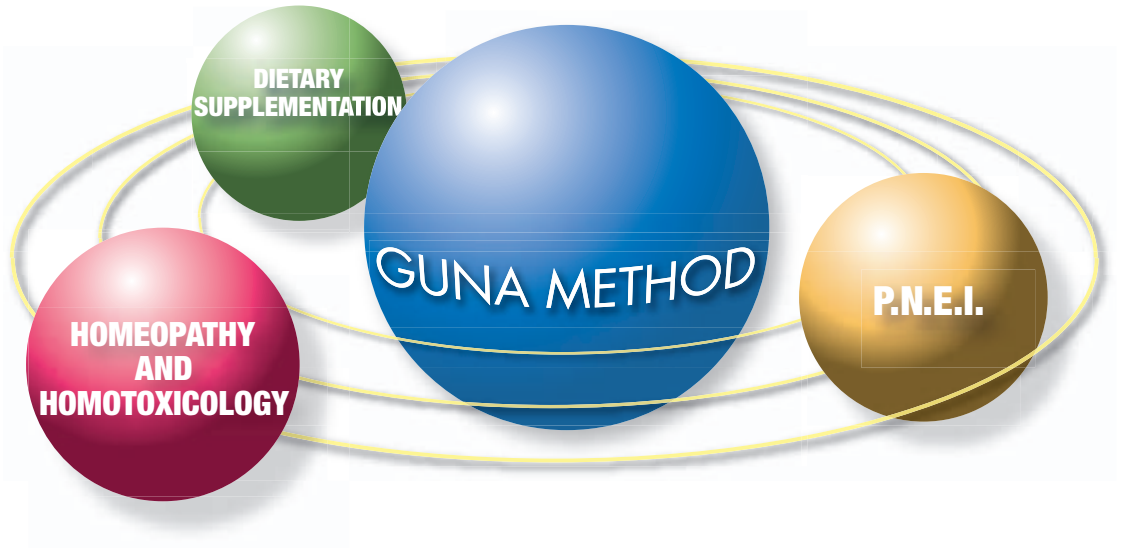
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THERAPEUTIC INDEX



THERAPEUTIC INDEX

A

Abscess

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in acute phase; then 10 drops 3 times a day for 15 days) or GUNA-REACT (3 pellets every 15 minutes in acute phase; continue with 3 pellets 3 times a day for 15 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets 2 times a day for 2-3 days; then 3 pellets 3 times a day for 15 days)

Acne Rosacea

- **Specific remedies:** ANTI AGE VEIN (3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Acne Vulgaris

- **Specific remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days). For topical use: TAMANU-ARNICA (a thin coat of cream on the affected areas twice a day)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (Female) (10 drops 3 times a day for 30-60 days)/GUNA-MALE (Male) (10 drops 3 times a day for 30-60 days)

Addison's Disease

- **Specific remedy:** ANTI AGE STRESS (3 pellets twice a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (Female) (10 drops 3 times a day for 30-60 days)/GUNA-MALE (Male) (10 drops 3 times a day for 30-60 days)

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Adrenal Atrophy

- **Specific remedy:** ANTI AGE STRESS (3 pellets twice a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (Female) (10 drops 3 times a day for 30-60 days)/GUNA-MALE (Male) (10 drops 3 times a day for 30-60 days) + ACTH D6* (20 drops twice a day for 30-60 days)

Agoraphobia

- **Specific remedy:** ANTI AGE STRESS (3 pellets every 30 minutes during acute attacks; otherwise, 3 pellets 3 times a day for 2 months as base-line therapy)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (Female) (10 drops 3 times a day for 30-60 days)/GUNA-MALE (Male) (10 drops 3 times a day for 30-60 days)

Albuminuria

- **Specific remedies:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days) + GUNA-FLAM (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)

Alcoholism

- **Specific remedies:** METATOX 1 + METATOX 2 (40 drops each twice a day for 30-60 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)

Allergic rhinitis

See Hay fever

Allergic symptoms

- **Specific remedies:** GUNA-ALLERGY-TREAT (10 drops every 15 minutes for 2 hours in the acute phase; continue with 10 drops 3 times a day for a period according to progress) + GUNA-ALLERGY-PREV (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Amenorrhea, functional

- **Specific remedies:** BETA-ESTRADIOLO D6* (10 drops twice a day on days 5-20 of the cycle for 30-60 days) + PROGESTERONE D6* (10 drops twice a day on days 10-24 of the cycle, for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)+ GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Anal Fissures

- **Specific remedy:** TAMANU-ARNICA (a thin coat of cream on the affected areas twice a day)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 15-30 days)

Anemia

- **Specific remedy:** GUNAMINO Formula* (5-7 tablets as supplementation to main meals for 30-60 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (Female) (10 drops 3 times a day for 30-60 days)/GUNA-MALE (Male) (10 drops 3 times a day for 30-60 days)

Ankylosing Spondylitis

Injectable therapy:

- **Specific remedies:** MD-POLYARTHRITIS + MD-THORACIC
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week in the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relieves, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-ARTHRO (10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX + GUNA-LYMPHO (10 drops each 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Anorexia

- **Specific remedies:** GUNAMINO Formula* (5 tablets twice a day for 30-60 days)
- **Drainage remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Antibiotics (Supportive therapies during antibiotic therapy)

- **Specific remedies:** EUBIOFLOR (10 drops 3 times a day for 60 days) + ARD COLOSTRO NONI(1 Sachet twice or more a day according to medical advice for 4-5 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

Anxiety, symptoms of

- **Specific remedies:** ANTI AGE STRESS (3 pellets every 15 minutes in the acute phase; then 3 pellets twice a day for 60 days) and SEROTONIN D6* (20 drops twice a day for 60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 60 days)
- **P.N.E.I. remedy:** GUNA-MOOD (10 drops 3 times a day for 60 days)

Aphtae

(canker sores, foot and mouth disease)

- **Specific remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 15 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30 days)
- **P.N.E.I. remedy:** GUNA-VIRUS (3 pellets every 15 minutes in the acute phase; then 3 pellets 3 times a day for 15-30 days)

Apophysitis

- **Specific remedy:** OSTEObIOS (10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Appendicitis, chronic (alongside allopathic therapy)

- **Specific remedies:** CITOMIX (10 pellets 3 times a day for 30 days) + GUNA FLAM (10 drops 3 times a day for 30 days)
- **Drainage remedy:** COLOSTRO NONI(1 Sachet twice or more a day according to medical advice for 4-5 days)
- **P.N.E.I. remedy:** GUNA-BOWEL (10 drops 3 times a day for 30 days)

Arthropathy

- **Specific remedy:** GUNA-ARTHRO (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Asthenia, Neurocirculatory

- **Specific remedy:** TONICO-GUNA* (20 ml a day for several months)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Asthma, Bronchial

- **Specific remedy:** GUNA-ALLERGY TREAT (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)

Athlete's Foot

See Interdigital mycosis

Atopic Dermatitis

- **Specific remedies:** TAMANU ARNICA+ GUNA-ALLERGY-PREV (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** EUBIOFLOR (10 drops 3 times a day for 30-60 days)

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Attention Deficit Hyperactivity Disorder (ADHD)

- **Specific remedy:** GUNA MELATONIN (20 drops 2 times a day for 30- 60 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Auto Immune Disease (pain symptomatology)

Injectable therapy

- **Specific remedy:** MD POLY
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week in the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

B

Back pain (lower)

Injectable therapy:

- **Specific remedies:** MD-LUMBAR + MD-ISCHIAL and/or MD-MUSCLE and /or MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy:

- **Specific remedy:** GUNA-FLAM (10 drops several times a day according to the clinical picture; then 10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-ARTHRO (10 drops 3 times a day for 30-60 days)

Bed sores

See Pressure Ulcers

Blepharitis

- **Specific remedy:** BELLAPLEX* (3 pellets every hour in the acute phase. Continue with 3 pellets 3 times a day for 15-30 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 15-30 days)
- **P.N.E.I. remedy:** CYTOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 15-30 days)

THERAPEUTIC INDEX

Bronchitis

- **Specific remedy:** OMEOTOX-NONI (one 10 ml dose 3 to 6 times a day for 30 days. Pediatric dosage: one 5 ml dose 3 to 6 times a day for 30 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30 days)

Burns, Minor

- **Specific remedy:** TAMANU-ARNICA (apply a coat of cream on the affected areas several times a day)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 15-30 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 15-30 days)

Bursitis

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 15-30 days and longer)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 15-30 days and longer)

THERAPEUTIC INDEX

C

Calcaneal Spur

- **Specific remedy:** M47* (15 drops twice a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

Calcium Metabolism, dysfunction of

- **Specific remedy:** OSTEOBIOS (10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Candidiasis, Vaginal

- **Specific remedy:** NATUR 1* (1 ovule morning and evening for the first two weeks. Continue with one ovule in the evening for 45 days).
- **Drainage remedy:** EUBIOFLOR (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** MYCOX (20 drops 3 times a day for the first 30 days. Then 10 drops 3 times a day for other 30 days)

Carpal Tunnel Syndrome

Injectable therapy:

- **Specific remedies:** MD-SMALL JOINTS+ MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month till pain relief, then 1 treatment a month.

Oral therapy:

- **Specific remedy:** GUNA-FLAM (10 drops several times a day according to the clinical picture; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Cerebral Lesions; partial, fetal, in early childhood

- **Specific remedy:** BDNF 4CH* (20 drops twice a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Cervicobrachial syndrome

Injectable therapy:

- **Specific remedies:** MD-SHOULDER + MD-POLY and/or MD-MUSCLE and/or MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month till pain relief, then 1 treatment a month.

Oral therapy:

- **Specific remedy:** GUNA-FLAM (10 drops several times a day according to the clinical picture; continue with 10 drops a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-ARTHRO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Cervicogenic headache

Injectable therapy:

- **Specific remedies:** MD-NECK + MD-NEURAL and/or MD-MUSCLE and/or MD-POLYARTHRITIS
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy:

- **Specific remedy:** GUNA-FLAM (10 drops several times a day according to the clinical picture; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)

Charcot's disease See Intermittent Claudication

Cholangitis

- **Specific remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

Cholecystitis

- **Specific remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days) + GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Cholelithiasis (gall-stones)

- **Specific remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

Chondropathy

- **Specific remedy:** GUNA-ARTHRO (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

Chronic Fatigue Syndrome (CFS/ME),

- **Specific remedies:** TONICO GUNA (20 ml a day for 30-60 days) + MD-MUSCLE
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days) or ANTI AGE STRESS (3 pellets 3 times a day for 30-60 days)

Chronic Obstructive Pulmonary Disease (COPD)

- **Specific remedy:** OMEOTOX NONI (10 ml 2-3 times a day for 30-60 days) or GUNA-COUGH (10 ml 3-6 times a day for 30-60 days)
- **Drainage remedies:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days) + METATOX 1 (40 drops 4 times a day for 30-60 days)
- **P.N.E.I. remedy:** METATOX 2 (40 drops 4 times a day for 30-60 days)

Cirrhosis, Hepatic

See Liver damage and Liver Cirrhosis.

Colics, Abdominal

- **Specific remedies:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 15-30 days)+ BETA ENDORFIN (20 drops several times a day in the acute phase; continue with 20 drops twice a day for 15-30 days)
- **Drainage remedy:** GUNA-LIVER -liver colic- (3-5 pellets 3 times a day for 30-60 days) or GUNA-KIDNEY -kidney colic- (10 drops 3 times a day for 30-60 days) or GUNA-BOWEL -bowel colic- (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI-AGE STRESS (3 pellets 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Colitis

- **Specific remedy:** GUNA-VIRUS (3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets 3 times a day for 30-60 days)

Colitis, Ulcerative (UC)

See Ulcerative colitis.

Conjunctivitis

- **Specific remedy:** APISPLEX* (3 pellets every hour in the acute phase. Continue with 3 pellets 3 times a day for 7 days. In prevention of allergic conjunctivitis, 3 pellets 3 times a day for 30 days starting one month before the beginning of the pollen season). In allergic conjunctivitis, combine: GUNA-ALLERGY TREAT (10 drops every 15-30 minutes in the acute phase; continue with 10 drops 3 times a day for 30 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-VIRUS (3 pellets 3 times a day for 30-60 days)

Bacterial Conjunctivitis: Bellaplex - See Page

Constipation

- **Specific remedy:** GUNA-BOWEL (10 drops every 15-30 days for 2-3 hours; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** MELATONINA 4CH* (20 drops twice a day for 30-60 days) + ANTI-AGE STRESS (3 pellets 3 times a day for 30-60 days)

Cough, croupous

- **Specific remedy:** GUNA-COUGH (one 10 ml dose 3 to 6 times a day for 30 days. Paediatric dosage: one 5 ml dose 3 to 6 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30 days and longer)
- **P.N.E.I. remedy:** ANTI-AGE STRESS (3 pellets 3 times a day for 30 days)

Coughs

See Bronchitis, Laryngitis, Influenza.

THERAPEUTIC INDEX

Cramps

- **Specific remedies:** GUNA-FLAM (10 drops every 15 minutes till remission of the acute symptomatology; continue with 10 drops 3 times a day for 15 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30 days and longer)
- **P.N.E.I. remedy:** ANTI-AGE STRESS (3 pellets 3 times a day for 30 days and longer)

Crohn's Disease (ileitis and colitis)

- **Specific remedy:** EUBIOFLOR (10 drops 3 times a day for 30-60 days) or/and GUNA-BOWEL (10 drops 3 times a day for 30-60 days) or/and GUNA-FLAM (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-MOOD (10 drops 3 times a day for 30-60 days) or/and ANTI-AGE STRESS (3 pellets 3 times a day for 30-60 days)

Cystitis

- **Specific remedy:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** EUBIOFLOR (10 drops 3 times a day for 30-60 days)+ GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)

THERAPEUTIC INDEX

D

Dementia See Alzheimer's disease; Depression

Depression, Endogenous

- **Specific remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days) + MELATONINA 4CH* (20 drops twice a day for 30-60 days) + SEROTONINA D6* (20 drops twice a day for 30-60 days)

Depression, Reactive

- **Specific remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days) + ANTI AGE STRESS (3 pellets twice a day for 30-60 days)

De Quervain's Disease (Tendosynovitis)

Injectable therapy:

- **Specific remedies:** MD SMALL JOINTS + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

For further information and for the specific infiltration points see: www.gunainc.com - Products - All Products - Injectables for Pain Management and the Guna Brochure "Pain Management"

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX + GUNA-LYMPHO (10 drops each 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Dermatitis, Acute

- **Specific remedies:** TAMANU ARNICA (on average apply twice a day for 15-30 days)
- **Drainage remedies:** EUBIOFLOR (10 drops 3 times a day for 30 days and longer)+ GUNA-LIVER (3-5 pellets 3 times a day for 30 days and longer)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets 3 times a day for 30 days and longer)

Dermatitis, Chronic

- **Specific remedies:** TAMANU ARNICA (on average apply twice a day for 30-60 days)
- **Drainage remedies:** EUBIOFLOR (10 drops 3 times a day for 30-60 days)+ GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** ANTI AGE SKIN (3 pellets 3 times a day for 30-60 days) + FGF 4CH* (20 drops twice a day for 30-60 days)

Dermatomycosis

(ringworm of the nails)

- **Specific remedies:** MYCOX (20 drops 3 times a day for the first 30 days. Continue with 10 drops 3 times a day for other 30 days). It is also advisable to apply 3/5 drops in the interested part.
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

Desquamation

- **Specific remedies:** TAMANU ARNICA (on average apply twice a day for 15-30 days)
- **Drainage remedies:** EUBIOFLOR (10 drops 3 times a day for 30-60 days) + GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** ANTI AGE SKIN (3 pellets 3 times a day for 30-60 days) + FGF 4CH* (20 drops twice a day for 30-60 days)

Diarrhoea

- **Specific remedy:** COLOSTRO NONI
- **Drainage remedy:** GUNA-KIDNEY (10 drops 3 times a day for 15-30 days)
- **P.N.E.I. remedy:** EUBIOFLOR (10 drops 3 times a day for 15-30 days)

THERAPEUTIC INDEX

Dizziness

See Vertigo and Meniere's disease.

Dysbiosis, Intestinal

- **Specific remedy:** COLOTRO NONI
- **Drainage remedy:** EUBIOFLOR 1 (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** MYCOX (20 drops 3 times a day for the first 30 days. Continue with 10 drops 3 times a day for other 30 days)

Dysentery, symptoms of

- **Specific remedy:** COLOSTRO NONI
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 15-30 days and longer)
- **P.N.E.I. remedy:** EUBIOFLOR (10 drops 3 times a day for 30-60 days)

Dyslipidemia

(mild to moderate)

- **Specific remedy:** OMEGA FORMULA
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Dyspareunia

- **Specific remedy:** NATUR 2* (1 topical application morning and evening for 60 days; continue with 1 application a day and before sexual intercourse)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days) + BETA ESTRADIOLO D6* (20 drops twice a day for 60 days)

THERAPEUTIC INDEX

Dyspepsia

(gastric indigestion)

- **Specific remedy:** GUNA-DIGEST PLUS (10 drops every 15-30 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets every 15 minutes in the acute phase; continue with 3 pellets 3 times a day for 60 days)

Dysuria

- **Specific remedy:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** ANTI AGE STRESS 3 pellets 3 times a day for 60 days) and/or EUBIOFLOR (10 drops 3 times a day for 30-60 days)

E

Eczema

- **Specific remedies:** TAMANU ARNICA (apply a thin coat of cream on the affected areas several times a day)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)

Edema

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 15 days)
- **Drainage remedy:** GUNA-DIUR (15-20 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Ejaculation, Premature

- **Specific remedy:** ANTI AGE STRESS (3 pellets every 15 minutes in the hours preceding sexual intercourse; continue with 3 pellets 3 times a day for 60 days)
- **Drainage remedies:** GUNA-CELL (10 drops 3 times a day for 30-60 days) + METATOX 2 (40 drops 4 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-MALE (10 drops 3 times a day for 30-60 days) + SEROTONIN (20 drops twice a day for 30-60 days) + MELATONIN (20 drops twice a day for 30-60 days)

Emaciation

- **Specific remedy:** GUNAMINOFORMULA* (7-10 tablets as supplementation to main meals for 60 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Epicondylitis

Injectable therapy

- **Specific remedies:** MD-SHOULDER + MD-NEURAL
- Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
- Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Esophagitis See also Gastro-Esophageal Reflux Disease.

Excitability, Hyperactivity

- **Specific remedies:** ANTI AGE STRESS (3 pellets 2-3 times a day for 30-60 days) + SEROTONIN (20 drops twice a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days) /GUNA-MALE (10 drops 3 times a day for 30-60 days) + MELATONIN (20 drops twice a day for 30-60 days)

Exostosis

- **Specific remedy:** M47* (10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)+ GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

Eye Irritation

- **Specific remedies:** APIS PLEX* - Allergic conjunctivitis (3 pellets every hour in the acute phase. Continue with 3 pellets 3 times a day for 30 days) or BELLAPLEX* infective conjunctivitis (3 pellets every hour in the acute phase. Continue with 3 pellets 3 times a day for 30 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30 days or longer)

THERAPEUTIC INDEX

F

Fat Intolerance

- **Specific remedy:** COLOSTRO NONI
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Fatty Liver

- **Specific remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Fever

- **Specific remedies:** GUNA-FLAM (10-20 drops every 2-3 hours in the acute phase)
In flu: GUNA-FLU (1 tube every 6 hours in the acute phase).
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day during fever symptoms)
- **P.N.E.I. remedy:** In cases of fever of unknown origin: CITOMIX (3 pellets 3 times a day for several days)

Fibroma

- **Specific remedies:** GUNA RERIO 20 drops 2 times a day
- **Drainage remedies:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)+ GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Fibroma of the breast

(Fibrocystic Breast Disease)

- **Specific remedies:** GUNA RERIO 20 drops 2 times a day
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

Fibromyalgia

Injectable therapy

- **Specific remedies:** MD-MUSCLE + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
+ GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Flatulence

- **Specific remedy:** COLOSTRO NONI
- **Drainage remedy:** GUNA- BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** EUBIOFLOR (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Folliculitis

- **Specific remedies:** TAMANU ARNICA (apply a thin coat of cream on the affected area several times a day)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)

Frigidity (Low Libido)

- **Specific remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days, when depression is prevalent) or ANTI AGE STRESS (3 pellets twice a day for 30-60 days, when anxiety polarity is prevalent)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Frozen Shoulder

See Periarthritis, Humeroscapular

Furunculosis

- **Specific remedies:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)
Local application: TAMANU ARNICA (on average 2 applications a day)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

G

Gangrene, diabetic, arteriosclerotic (atherosclerotic)

- **Specific remedies:** ANTI AGE VEIN (3 pellets 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)+ GUNA-LYMPHO (10 drops 3 times a day for 30-60 days) + GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Gastric indigestion

See Dyspepsia

Gastritis, acute and chronic

- **Specific remedy:** GUNA-STOMACH PLUS (10 drops every 15-30 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets 3 times a day for 30-60 days)

Gastritis, Atrophic

- **Specific remedy:** GUNA-STOMACH PLUS (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-STRESS (3 pellets 3 times a day for 30-60 days)

Gastroenteritis

- **Specific remedies:** GUNA-STOMACH PLUS (10 drops every 15-30 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days) + EUBIO-FLOR (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-KIDNEY (10 drops 3 times a day for 30 days and longer)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 15 days)

THERAPEUTIC INDEX

Gastro-Esophageal Reflux Disease (GERD) (Replacement Product for Guna Reflux: Guna Stomach Plus)

- **Specific remedy:** GUNA-REFLUX (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)

Gingival Abscesses

- **Specific remedies:** GUNA-ORAL SPRAY (1 squirt 3-6 times a day on the affected area. In the acute phase 1 squirt every 30 minutes for 30 days) + GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30 days)

Gingivitis

- **Specific remedy:** GUNA-ORAL SPRAY (1 squirt 3-6 times a day on the affected area for 30 days. In the acute phase 1 squirt every 30 minutes)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30 days)

Globus Hystericus

- **Specific remedies:** ANTI AGE STRESS (3 pellets every 15 minutes in the acute phase; continue with 3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days) with SEROTONINA D6* (10 drops 3 times a day for 30-60 days) + MELATONINA D6* (10 drops 3 times a day for 30-60 days)

Glossitis

- **Specific remedy:** GUNA ORAL SPRAY (1 squirt 3-6 times a day in the affected area for 30 days. In the acute phase 1 squirt every 30 minutes for 10 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30 days)

THERAPEUTIC INDEX

Glucose Intolerance

- **Specific remedies:** METATOX 1 (40 drops 4 times a day for 60 days) + COLOSTRO NONI
- **Drainage remedy:** GUNA-LIVER (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** EUBIOFLOR (10 drops 3 times a day for 30-60 days)

Gonorrhea

- **Specific remedies:** NATUR 1* (1 ovule morning and evening for the first 15 days. Continue with 1 ovule in the evening for 45 days) + MYCOX (10 drops 3 times a day for the first 30 days. Continue with 10 drops 3 times a day for other 30 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets 3 times a day for 30-60 days)

H

Hay Fever

(allergic rhinitis)

- **Specific remedies:** GUNA-SINUS PLUS NOSE SPRAY (2 squirts in each nostril, 4- 5 times a day over extended periods of time. In acute cases, 2 squirts in each nostril every 30 minutes for 2-3 hours)+ GUNA-ALLERGY TREAT (10 drops 3 times a day for 30-60 days. In the acute phase: 10 drops every 15-30 minutes for 2-3 hours)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)

Headache

- **Specific remedies:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days) + MD-NEURAL
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Heel Spur

See Calcaneal spur.

Helminthiasis (Parasitic Infection)

- **Specific remedy:** GUNA ELMINT
CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days).
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30 days)
- **P.N.E.I. remedy:** IL 5 4CH* (10 drops 3 times a day for 30 days)

Hematomas

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30 days) + TAMANU ARNICA (apply a thin coat of cream on the affected area 2-3 times a day).
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30 days)

Hemorrhoids

- **Specific remedy:** GUNA-HEMORROIDS (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30 days)
- **Drainage remedies:** GUNA-LYMPHO (10 drops 3 times a day for 30 days)+ GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets 3 times a day for 30 days)

Hepatitis

- **Specific remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days) + GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)

Hepatitis (chronic)

- **Specific remedy:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Herniated Intervertebral Disc (post surgical treatment)

Injectable therapy:

- **Specific remedies:** MD-LUMBAR + MD-ISCHIAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX + GUNA-LYMPHO (10 drops each 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-ARTHRO (10 drops 3 times a day for 30-60 days)

Herpes Simplex

- **Specific remedies:** GUNA HERPES SIMPLEX + TAMANU ARNICA (apply a thin coat of cream on the affected areas 2-3 times a day until remission of the skin lesions)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)

Herpes Zoster (Shingles)

- **Specific remedy:** TAMANU ARNICA (apply a thin coat of cream on the affected areas 2-3 times a day in the acute phase)
- **Drainage remedies:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)+ GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 60 days) or GUNA-VIRUS (3 pellets 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Herpes Zoster (Post Herpetic Neuritis)

Injectable therapy

- **Specific remedy:** MD-NEURAL

- Standard protocol for i.m. administration: 1 ampoule 1-3 times a week according to severity and progress.
- Standard protocol according to mesotherapeutic technique using 1 ampoule per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets 3 times a day for 30-60 days)

Hip Osteoarthritis

See Osteoarthritis of the hip

Hoarseness

See Laryngitis.

Hyperacidity

- **Specific remedy:** GUNA-STOMACH (10 drops every 15-30 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets 3 times a day for 30-60 days)

Hyperlipidemia

See Dyslipidemia.

THERAPEUTIC INDEX

Hypertension (HBP)

- **Specific remedy:** IPER G* (10 drops 2-3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-DIUR (15-20 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Hypochondriasis

See Depression

Hypoglycemia

- **Specific remedy:** METATOX 3* (40 drops before meals for 30-60 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Hypomenorrhoea

- **Specific remedy:** BETA ESTRADIOL (20 drops twice a day for 30-60 days)+
PROGESTERONE D6* (20 drops twice a day for 30-60 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Hypotension (LBP)

See Hypotonia.

Hypotonia

- **Specific remedies:** METATOX 3* (40 drops 2-3 times a day for 30-60 days)+
TONICO GUNA* (20 ml a day for 15-30 days)
- **Drainage remedies:** GUNA-CELL (10 drops 3 times a day for 30-60 days) +
TONICO GUNA* (20 ml a day for 15-30 days)
- **P.N.E.I. remedies:** MELATONIN (20 drops twice a day for 60 days)+
ACTH D6* (20 drops twice a day for 30-60 days)

THERAPEUTIC INDEX

Ileitis and colitis

See Crohn's Disease

Immune Deficiency

- **Specific remedy:** CITOMIX (3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Impetigo

- **Specific remedies:** TAMANU ARNICA (on average 2 applications a day)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

Impotence (male)

Specific remedies: ANTI AGE STRESS (3 pellets twice a day for 30-60 days)

Drainage remedy: GUNA-CELL (10 drops 3 times a day for 30-60 days)

P.N.E.I. remedy: GUNA-MALE (10 drops 3 times a day for 30-60 days)

Indigestion

See Constipation, Abdominal bloating, Colitis, Hemorrhoids.

Infection

- **Specific remedies:** GUNA-VIRUS -viral infections - (3 pellets every 15 minutes in the acute phase; continue with 3 pellets 3 times a day for 15 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX -in acute cases - (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 15 days); -in chronic cases - (3 pellets 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Infection, chronic, recurrent

- **Specific remedy:** CITOMIX (3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Infertility

- **Specific remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days) with FSH D6* (20 drops twice a day on days 1-3 of the cycle)+ LH D6* (20 drops twice a days 4-15 of the cycle)+ BETA ESTRADIOLO D6* (20 drops twice a days 4-14 of the cycle)+ PROGESTERONE D6* (20 drops twice a days 14-24 of the cycle)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets 3 times a day for 30-60 days)

Inflammation

See under the individual indications (Conjunctivitis, Rhinitis, Gastritis, etc.).

Influenza

- **Specific remedy:** in acute phase: GUNA COMPLEX N1 (1 tube every 6 hours in the acute phase). In prevention: GUNA COMPLEX N1 (1 tube a week for 6 weeks)
- **Drainage remedy:** GUNA-COUGH (one 10 ml dose 3 to 6 times a day for 10 days. Paediatric dosage: one 5 ml dose 3 to 6 times a day for 10 days)
- **P.N.E.I. remedy:** in acute phase: CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 10 days). In prevention: CITOMIX (3 pellets 3 times a day for 10 days)

THERAPEUTIC INDEX

Insomnia

- **Specific remedy:** GUNA-SLEEP (20 drops 30 minutes before bedtime. In chronic cases, 10 drops every 30 minutes starting starting 30 min. before bedtime. It is advisable to take the remedy over extended periods of time to achieve physiological rebalancing of the homeostatic mechanism)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days) + MELATONINA 4CH* (20 drops twice a day for 30-60 days)

Intercostal Neuralgia

Injectable therapy

- **Specific remedies:** MD-NEURAL + MD-THORACIC
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, 1 then treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets twice a day for 30-60 days)

Interdigital mycosis (Athlete's Foot)

- **Specific remedy:** MYCOX (20 drops 3 times a day in the first month, continue with 10 drops 3 times a day in the second month and longer)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

THERAPEUTIC INDEX

Intermittent Claudicatio (Charcot's disease)

- **Specific remedy:** ANTI AGE VEIN (3 pellets 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Intestinal Colic

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 15-30 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 15-30 days)

Intestinal Spasms

See Intestinal colic.

Intestinal Stasis

- **Specific remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)

Iron Deficiency Anemia

See Anemia.

Irritable Bladder

- **Specific remedy:** ANTI AGE STRESS (3 pellets every 15 minutes in the acute phase; continue with 3 pellets twice a day for 30-60 days)
- **Drainage remedy:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM or GUNA-MALE (10 drops 3 times a day for 30-60 days)

Irritable Bowel Syndrome

- **Specific remedies:** COLOSTRO NONI and/or EUBIOFLOR (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days) and ANTI AGE STRESS (3 pellets every 15 minutes in the acute phase; continue with 3 pellets twice a day for 30-60 days)

THERAPEUTIC INDEX

K

Knee Osteoarthritis

See Osteoarthritis of the knee

L

Laryngitis

- **Specific remedy:** GUNA-ORAL SPRAY (1 squirt on the affected areas at least 3 times a day. In the acute phase: 1 squirt every 15 minutes for 2 hours at most)
- **Drainage remedies:** GUNA-LYMPHO (10 drops 3 times a day for 30 days) and GUNA-COUGH (one 10 ml dose 3 to 6 times a day for 15 days. Pediatric dosage: one 5 ml dose 3 to 6 times a day for 15 days)
- **P.N.E.I. remedies:** GUNA-VIRUS - acute- (3 pellets 3 times a day for 15-30 days); CITOMIX -chronic- (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 15-30 days)

Leucorrhoea

- **Specific remedy:** NATUR 1* (1 ovule morning and evening for the first 15 days. Continue with one ovule in the evening for 45 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** MYCOX (20 drops 3 times a day for the first 30 days. Continue with 10 drops 3 times a day for other 30-60 days)

Lipid Metabolism Dysfunction

See Dyslipidemia.

THERAPEUTIC INDEX

Liver Damage and Liver Cirrhosis

- **Specific remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) in association with GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Liver Fibrosis

- **Specific remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Liver Overload, functional

- **Specific remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Lumbago

See Back Pain (Lower)

Lymphadenitis and Lymphangitis

- **Specific remedy:** GUNA-DEFENCE (3 pellets every 15-30 minutes in the acute phase; continue with 3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)

Lymphatism

- **Specific remedies:** GUNA-DEFENCE (3 pellets 3 times a day for 30-60 days)+ GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets 3 times a day for 30-60 days)

Lymphadenopathy

See Lymphatism.

THERAPEUTIC INDEX

Lymphoedema

- **Specific remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-DIUR (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

Lymph system insufficiency (Lymphatic Congestion)

- **Specific remedy:** GUNA-DEFENCE(3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

M

Mastitis

- **Specific remedy:** NATUR 3* (apply a thin coat of cream on the breasts twice a day for 30 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30 days and longer)

Mastodynia (breast pain)

- **Specific remedy:** NATUR 3* (apply a thin coat of cream on the breasts twice a day over extended periods of time)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days) + PROGESTERONE D6* (20 drops twice a day for 30-60 days)

Melancholic Depression

See Depression.

THERAPEUTIC INDEX

Menière's Disease

- **Specific remedies:** GUNA-DIZZY + GUNA-NECK + GUNA-MUSCLE (10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-CELL (10 drops 3 times a day for 30-60 days) + GUNA-DIUR (15-20 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Menopause

- **Specific remedies:** BETA ESTRADILOLO D6* (20 drops twice a day for 30-60 days) + MELATONINA 4CH* (20 drops twice a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Metacarpal Pain

Injectable therapy

- **Specific remedies:** MD SMALL JOINTS + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief,

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Metatarsal Pain

Injectable therapy

- **Specific remedies:** MD-SMALL JOINTS + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Morton's Neuroma

Injectable therapy

- **Specific remedies:** MD-NEURAL + MD-ISCHIAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Muscular Rheumatism

Injectable therapy

- **Specific remedies:** MD-MUSCLE + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Mycosis

See Dermatomycosis, Interdigital Mycosis.

Myositis

Injectable therapy

- **Specific remedies:** MD-MUSCLE + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

N

Nephrolithiasis

- **Specific remedy:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

Neuralgia

Injectable therapy

- **Specific remedy:** MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets 3 times a day for 30-60 days)

Neurodermatitis

- **Specific remedies:** TAMANU ARNICA (on average two applications a day)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Neurosis

- **Specific remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days) + MELATONINA 4CH* (20 drops twice a day for 30-60 days)

Neurotic Depression

- **Specific remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days) + MELATONINA (20 drops twice a day for 30-60 days) + SEROTONIN (20 drops twice a day for 30-60 days)



Obesity

- **Specific remedies:** OMEGA FORMULA + ANTI AGE SLIM* (3 pellets twice a day for 30-60 days)
- **Drainage remedy:** GUNA-DIUR (20-25 drops 3 times a day for 30-60 days) + GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Onychomycosis

- **Specific remedy:** MYCOX (20 drops 3 times a day for the first 30 days. Continue with 10 drops 3 times a day for other 30 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

Oophoritis (Ovarian Inflammation, Pelvic Inflammatory Disease)

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Orchitis

- **Specific remedies:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days) + CITOMIX (10 pellets twice a day for 2-3 days, continue with 3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-MALE (10 drops 3 times a day for 30-60 days)

Organic Psychosis

Chronic forms of the psyche

- **Specific remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days) + MELATONINA 4CH* (20 drops twice a day for 60 days) + SEROTONINA D6* (20 drop twice a day for 30-60 days)

Ostealgia

- **Specific remedy:** GUNA-FLAM(10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Osteoarthritis

Cervical

Injectable therapy:

- **Specific remedies:** MD-NECK + MD-MUSCLE + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.
- **Specific remedy:** GUNA-ARTHRO (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)

Thoracic

Injectable therapy:

- **Specific remedies:** MD-THORACIC + MD-MUSCLE + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

and the Guna Brochure "Pain Management"

Oral therapy

- **Specific remedy:** GUNA-ARTHRO (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Lumbar

Injectable therapy:

- **Specific remedies:** MD-LUMBAR + MD-MUSCLE + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.
- **Specific remedy:** GUNA-ARTHRO (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)

Hip joint (coxo femoral)

Injectable therapy:

- **Specific remedies:** MD-HIP + MD-MUSCLE
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.
- **Specific remedy:** GUNA-ARTHRO (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Knee

Injectable therapy:

- **Specific remedies:** MD-KNEE+ MD-MUSCLE
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.
- **Specific remedy:** GUNA-ARTHRO (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)

Hands-feet

Injectable therapy:

- **Specific remedies:** MD-SMALL JOINTS + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.
- **Specific remedy:** GUNA-ARTHRO (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Osteoarthritis of the Hip

Injectable therapy

- **Specific remedies:** MD-HIP + MD-NEURAL + MD-POLY or MD-MUSCLE
 - Standard protocol for i.m. administration: 1 ampoule 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1 ampoule per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute symptomatology; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Osteoarthritis of the knee

Injectable therapy

- **Specific remedies:** MD-KNEE + MD-MUSCLE
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-ARTHRO (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30 days)

THERAPEUTIC INDEX

Osteochondrosis

See Apophysitis.

Osteophytes (heels)

See Calcaneal Spur.

Osteoporosis

- **Specific remedy:** OSTEObIOS (10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Otitis Media, Acute

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 15-30 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 15-30 days and longer)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 15-30 days)

Otorrhoea

See Otitis media.

Ovaritis

See Oophoritis.

THERAPEUTIC INDEX

P

Pain

See also (in Guna Therapeutic Index): Ankylosing Spondylitis, Arthritis symptoms of, Osteoarthritis (cervical, thoracic, lumbar, hip joint, knee, hands-feet), Auto Immune Diseases, Back pain (lower), Carpal-tunnel Syndrome, Cervicogenic Headache, Cervicobrachial Syndrome, Reflex Sympathetic Dystrophy, Whiplash, Herniated Disc, Epicondylitis, Fybromialgia, Osteoarthritis of the hip, Intercostal Neuralgia, Metacarpal pain, Metatarsal pain, Morton's Neuroma, Muscular Rheumatism, Neuralgia, Periarthritis humeroscapular/Frozen Sholder, Polyarthritis, Rheumatoid Arthritis, Sciatica, Shoulder-Hand Syndrome, Spondylosis, Tennis Elbow, Torticollis, Trigeminal Neuralgia, Trigger Point Therapy

See also "Pain Management Brochure"

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets 3 times a day for 30-60 days)

Parametritis

See Oophoritis

Periarthritis calcaria

(Myositis Ossificans)

- **Specific remedy:** M47* (15 drops twice a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Periarthritis, Humeroscapular (Frozen Shoulder)

Injectable therapy

- **Specific remedies:** MD-SHOULDER + MD-POLY and/or MD-MUSCLE

- Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
- Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Peripheral Vascular Disease

- **Specific remedies:** ANTI AGE VEIN (3 pellets twice 3 times a day for 60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Pertussis (Whooping Cough)

- **Specific remedy:** GUNA-COUGH (one 10 ml dose 3 to 6 times a day for 3 times a day for 30 days. Pediatric dosage: one 5 ml dose 3 to 6 times a day for 30 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 60 days)

Pharyngitis

- **Specific remedy:** GUNA-FLAM (10-20 drops every 2-3 hours in the acute phase. Children: half dose. Continue with 10 drops 3 times a day for 30 days)
- **Drainage remedy:** GUNA-COUGH (one 10 ml dose 3 to 6 times a day for 30 days. Pediatric dosage: one 5 ml dose 3 to 6 times a day for 3 times a day for 30 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30 days)

THERAPEUTIC INDEX

Phlebitis

See Thrombophlebitis.

Phobias

- **Specific remedy:** ANTI AGE STRESS (3 pellets every 15 minutes in the acute phase; continue with 3 pellets twice a day for 60 days)
- **Drainage remedy:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-MOOD (10 drops 3 times a day for 30-60 days) + MELATONINA 4CH* (20 drops twice a day for 30-60 days)

Polyarthritis

Injectable therapy

- **Specific remedies:** MD-POLYARTHRITIS + MD-SMALL JOINTS or MD-NEURAL or MD-MUSCLE
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Polyarthritis, symptomatic treatment

Injectable therapy:

- **Specific remedy:** MD-POLY
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per weeks in the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Pressure Ulcers (bed sores)

- **Specific remedy:** TAMANU-ARNICA (apply a thin coat on the affected areas several times a day)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)+ ANTI AGE VEIN (3 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days)

Prostatitis

- **Specific remedies:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)+ GUNA-FLAM (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-MALE (10 drops 3 times a day for 30-60 days)

Psoriasis

- **Specific remedies:** TAMANU ARNICA (on average 2 applications a day)
- **Drainage remedies:** GUNA-CELL (10 drops 3 times a day for 30-60 days)+ GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)

R

Reactive Depressive Syndrome

- **Specific remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days) and MELATONINA 4CH* (20 drops twice a day for 30-60 days) + SEROTONINA D6* (20 drops twice a day for 30-60 days)

Reflex Sympathetic Dystrophy (RSD)

For the parenteral therapy see: www.gunainc.com - Products - All Products - Injectables for Pain Management and the Guna Brochure "Pain Management"

- **Specific remedy:** GUNA-FLAM(10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Restless Legs Syndrome

- **Specific remedy:** ANTI AGE STRESS (3 pellets every 15 minutes in the acute phase; continue with 3 pellets twice a day for 60 days)
- **P.N.E.I. remedies:** GUNA-MOOD (10 drops 3 times a day for 30-60 days) and SEROTONIN (20 drops twice a day for 30-60 days)

Rhagades

- **Specific remedy:** TAMANU ARNICA (on average 2 applications a day for 15-30 days)
- **Drainage remedy:** ANTI AGE CUT (3 pellets twice a day for 30 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets twice a day for 30 days)

Rheumatoid arthritis

Injectable therapy

- **Specific remedies:** MD-POLY + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Rhinitis, Acute

- **Specific remedy:** GUNA-SINUS PLUS NOSE SPRAY (2 squirts in each nostril, 4-5 times a day over extended periods of time. In acute cases, 2 squirts in each nostril every 30 minutes for 2-3 hours)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-COMPLEX N.1 (1 tube every 6 hours in the acute phase) or CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 15 days)

Rhinitis, Allergic

See Hay fever.

Ringworm of the nails

See Dermatomycosis

Rosacea

See Acne rosacea.

S

Sacro-Iliac Syndrome

Injectable therapy

- **Specific remedies:** MD-LUMBAR + MD-ISCHIAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

For further information and for the specific infiltration points see: www.gunainc.com - Products - All Products - Injectables for Pain Management and the Guna Brochure "Pain Management"

Oral therapy

- **Specific remedy:** GUNA-ARTHRO (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

** Not yet available in the U.S.A.*

THERAPEUTIC INDEX

Sciatica

Injectable therapy

- **Specific remedies:** MD-ISCHIAL + MD-LUMBAR + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief,

Oral therapy

Specific remedy: GUNA-FLAM (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)

Drainage remedies: GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
+ GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Scoliosis

Injectable therapy

- **Specific remedies:** MD-THORACIC + MD-NEURAL + MD-MUSCLE
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-ARTHRO (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
+ GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM/GUNA-MALE (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Scrofulosis (Consumption)

- **Specific remedy:** GUNA-DEFENCE (3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

Sepsis

See Suppuration

Serous Otitis Media (Chronic)

(catarrh of the ear)

- **Specific remedy:** GUNA-SINUS PLUS NOSE SPRAY (2 squirts in each nostril 4-5 times a day for 30-60 days. In acute cases: 2 squirts in each nostril every 30 minutes for 2-3 hours)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

Shingles

See Herpes Zoster

Shoulder-hand syndrome (Brachial Neuritis)

Injectable therapy

- **Specific remedies:** MD-SHOULDER + MD-POLYARTHRITIS or MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops several times a day according to the clinical picture, continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Shoulder Pain

Injectable therapy

- **Specific remedies:** MD-SHOULDER + MD-MUSCLE + MD-NEURAL - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.
- **Specific remedy:** GUNA-FLAM (10 drops several times a day according to the clinical picture, continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Sinusitis, Acute

- **Specific remedies:** GUNA-SINUS PLUS NOSE SPRAY (2 squirts in each nostril, 4-5 times a day over extended periods of time. In acute cases, 2 squirts in each nostril every 30 minutes for 2-3 hours) + GUNA-FLAM (10 drops several times a day according to the clinical picture, continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-VIRUS (3 pellets 3 times a day for 30-60 days)

Sinusitis, Chronic

- **Specific remedies:** GUNA-SINUS PLUS NOSE SPRAY (2 squirts in each nostril, 4-5 times a day over extended periods of time) + GUNA-FLAM (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

THERAPEUTIC INDEX

Sleep Disturbances

- **Specific remedies:** GUNA-SLEEP (20 drops 30 minutes before going to bed. In permanent cases, 10 drops every 30 minutes starting from 1/2 hour before going to sleep. It is advisable to take the medicine also over extended periods of time to achieve physiological rebalancing of the homeostatic mechanism) and ANTI AGE STRESS (3 pellets twice a day for 60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days)/GUNA-MALE (10 drops 3 times a day for 30-60 days) + MELATONINA 4CH* (20 drops twice a day for 60 days)

Solar Dermatitis (Sun Rush)

- **Specific remedy:** TAMANU ARNICA (2 applications a day)

Spondylosis

Injectable therapy

- **Specific remedies:** MD-THORACIC or MD-LUMBAR + MD-MUSCLE or MD-POLY or MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM(10 drops several times a day according to the clinical picture, continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Sports Injuries

See Wounds

THERAPEUTIC INDEX

Stasis, Venous

- **Specific remedy:** ANTI AGE VEIN (3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Stomatitis

See Aphtha, Gingivitis.

Stress

- **Specific remedy:** ANTI AGE STRESS (3 pellets every 15 minutes in the acute phase; continue with 3 pellets 3 times a day for 60 days)
- **Drainage remedy:** GUNA-BOWEL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedies:** GUNA-FEM (10 drops 3 times a day for 30-60 days) /GUNA-MALE (10 drops 3 times a day for 30-60 days) + MELATONIN (20 drops twice a day for 30-60 days)

Stye

- **Specific remedy:** BELLAPLEX* (3 pellets every hour until improvement of the clinical picture. Continue with 3 pellets 3 times a day for 15-30 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30 days and longer)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30 days and longer)

Sunburn

- **Specific remedy:** TAMANU ARNICA (on average 2 applications a day)
- **Drainage remedy:** ANTI AGE SKIN (3 pellets 3 times a day for 30 days)

Sun Rush

See Solar Dermatitis

Suppuration (Sepsis)

- **Specific remedy:** GUNA-VIRUS (3 pellets every 15 minutes in the acute phase; continue with 3 pellets 3 times a day for 30 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30 days)

THERAPEUTIC INDEX

Synovitis

See Rheumatoid arthritis.

T

Teething, difficult

- **Specific remedy:** GUNA-ORAL Spray (2-3 squirts on the gums 2-3 times a day for 15-30 days)
- **Drainage remedy:** GUNA-LYMPHO (3 drops 3 times a day for 15-30 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets twice a day for 15-30 days)

Telangiectasia

- **Specific remedy:** ANTI AGE VEIN (3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LIVER (3-5 pellets 3 times a day for 30-60 days)

Tennis Elbow

Injectable therapy

- **Specific remedies:** MD-SHOULDER + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops several times a day according to the clinical picture, continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)+ GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Tenosynovitis

- **Specific remedy:** GUNA-FLAM (10 drops several times a day according to the clinical picture, continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
+ GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Thrombophlebitis

- **Specific remedy:** ANTI AGE VEIN (3 pellets every 15 minutes in the acute phase; continue with 3 pellets twice a day for 30 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30 days) or GUNA-FLAM (10 drops 3 times a day for 30 days)

Toning, total body (Aesthetic Medicine)

Oral therapy:

- **Specific remedy:** ANTI AGE CUT (3 pellets 3 times a day for 60-90 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 60-90 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 60-90 days)

THERAPEUTIC INDEX

Tonsillar Hypertrophy

- **Specific remedy:** GUNA-DEFENCE (3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days. Children: half dose)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)

Tonsillitis

- **Specific remedy:** GUNA-DEFENSE(3 pellets every 15-30 minutes in the acute phase; continue with 3 pellets 3 times a day for 15 days) or GUNA THROAT SPRAY (1 squirt 3-6 times a day on the affected area for 15 days. During the acute phase 1 squirt every 30 minutes for 10 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30 days)
- **P.N.E.I. remedy:** in acute cases: CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 7 days); in chronic cases: CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30 days)

Tooth Extraction

- **Specific remedies:** GUNA-FLAM (10 drops 3 times a day starting some days before extraction. Soon after extraction: 10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 15 days) + GUNA-ORAL SPRAY (1 squirt every 30 minutes 8 times a day)
- **Drainage remedy:** GUNA-LYMPHO (10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 15-30 days)

THERAPEUTIC INDEX

Torticollis

Injectable therapy

- **Specific remedies:** MD-NECK + MD-MUSCLE + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops several times a day according to the clinical picture, continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)+ GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

Tracheitis

- **Specific remedy:** GUNA-COMPLEX N1 (1 tube every 6 hours in the acute phase). In pre-vention: (1 tube a week for 6 weeks)
- **Drainage remedy:** GUNA-COUGH (one 10 ml dose 3 to 6 times a day for 30 days. Paediatric dosage: one 5 ml dose 3 to 6 times a day for 30 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 15 days)

THERAPEUTIC INDEX

Trigeminal Neuralgia

Injectable therapy

- **Specific remedy:** MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops several times a day according to the clinical picture, continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)+ GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Trigger Point Therapy

Injectable therapy

- **Specific remedies:** MD-MUSCLE + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Oral therapy

- **Specific remedy:** GUNA-FLAM(10 drops every 15 minutes in the acute phase; continue with 10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

U

Ulcerative Colitis (UC)

- **Specific remedies:** EUBIOFLOR (10 drops 3 times a day for 30-60 days) + GUNA-BOWEL (10 drops 3 times a day for 30-60 days) + GUNA-FLAM (10 drops 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** ANTI AGE STRESS (3 pellets 3 times a day for 30-60 days)

Unrest, Motor

See Restless leg syndrome.

Urinary Tract Infection, acute

- **Specific remedy:** GUNA-VIRUS (3 pellets every 15-30 minutes in the acute phase; continue with 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)

Urinary Tract Infection, chronic

- **Specific remedy:** GUNA-VIRUS (3 pellets every 15-30 minutes in the acute phase; continue with 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-KIDNEY (10 drops 3 times a day for 30-60 days) + EUBIOFLOR (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (3 pellets morning and evening for 30-60 days)

Urticaria

- **Specific remedies:** GUNA ALLERGY-PREV (10 drops 3 times a day for 30-60 days) + TAMANU ARNICA (on average 2 applications a day)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-MOOD (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

V

Vaginitis

- **Specific remedy:** NATUR 1* (1 ovule morning and evening for the first 15 days. Continue with 1 ovule in the evening for further 45 days) - GUNA-REACT (3 pellets every 15 minutes in the acute phase; continue with 3 pellets 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days) + EUBIOFLOR (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Vaginitis, Atrophic

- **Specific remedy:** NATUR 2* (1 topical application a day morning and evening and before sexual intercourses)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Varicose Veins

- **Specific remedy:** ANTI AGE VEIN (3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

Verrucae

(Warts)

- **Specific remedies:** GUNA-VIRUS (3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Viral Diseases

- **Specific remedy:** GUNA-VIRUS (3 pellets every 15 minutes as a shock therapy; continue with 3 pellets 3 times a day for 30-60 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** CITOMIX (10 pellets twice a day for 2-3 days; continue with 3 pellets 3 times a day for 30-60 days)

Vulvovaginitis

- **Specific remedies:** NATUR 1* (1 ovule morning and evening for the first 15 days. Continue with 1 ovule in the evening for another 45 days).- In cases of acute vulvovaginitis: NATUR 2* (1 topical application morning and evening for 30-60 days)
- **Drainage remedy:** GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 30-60 days)

W

Warts

See Verrucae

Whiplash

Injectable therapy:

- **Specific remedies:** MD-NECK + MD-MUSCLE + MD-NEURAL
 - Standard protocol for i.m. administration: 1-2 ampoules 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief,

Oral therapy

- **Specific remedy:** GUNA-FLAM (10 drops 3 times a day for 30-60 days)
- **Drainage remedies:** GUNA-MATRIX + GUNA-LYMPHO (10 drops each 3 times a day for 30-60 days)
- **P.N.E.I. remedy:** GUNA-ARTHRO (10 drops 3 times a day for 30-60 days)

THERAPEUTIC INDEX

Wounds

- **Specific remedies:** GUNA-FLAM (10 drops several times a day according to the clinical picture, continue with 10 drops 3 times a day for 30-60 days)+ TAMANU ARNICA (apply a thin layer on the interested part several times)
- **Drainage remedies:** GUNA-MATRIX (10 drops 3 times a day for 30-60 days) + GUNA-LYMPHO (10 drops 3 times a day for 30-60 days)

Wrinkles

Injectable therapy:

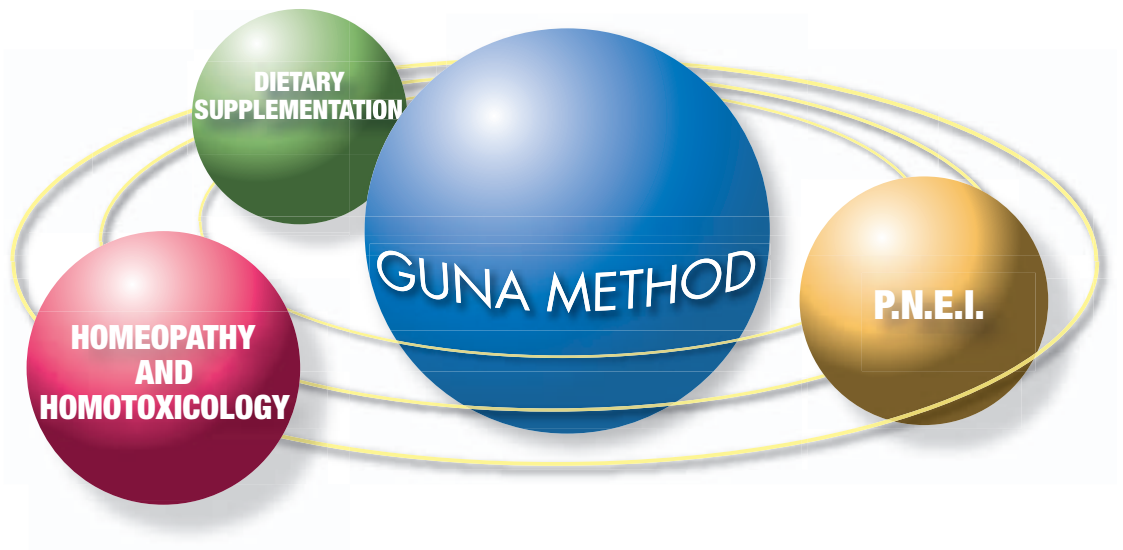
- **Specific remedies:** MADE + GUNA-COLLAGEN
 - Standard protocol for i.m. administration: 1 ampoule 1-3 times a week according to severity and progress.
 - Standard protocol according to mesotherapeutic technique using 1 or more ampoules per treatment: 1 treatment a week (average 8-10 sessions). For a persisting and lasting results, maintenance therapy is recommended; this should be delivered in "boosters" of 3-4 sessions once or twice a year.

For further information see Guna Brochure "Omeoformula"

Oral therapy:

- **Specific remedy:** ANTI AGE CUT (3 pellets 3 times a day for 60-90 days)
- **Drainage remedy:** GUNA-CELL (10 drops 3 times a day for 60-90 days)
- **P.N.E.I. remedy:** GUNA-FEM (10 drops 3 times a day for 60-90 days)

Pharmacological Index



GUNA -ACTH®

ADRENOCORTICOTROPIC HORMONE

DILUTION: D6

SECRETING GLAND: Anterior PITUITARY

BIOLOGICAL FUNCTIONS:

Stimulation of the adrenal cortex hormones as follows:

- Glucocorticoids: hydrocortisone, corticosterone, cortisol
- Mineralcorticoids: aldosterone, 11-Deoxycorticosterone
- Sex hormones

USES:

- Asthenia
- Aging
- Chronic stress
- Lack of appetite
- Hypersympathetic dystonia

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



GUNA ALLERGY

Homeopathic medicine

NDC 17089 - 461 -18

ORAL DROPS

ALLERGY RELIEF



Temporary relief of seasonal allergies symptoms, such as sneezing, nasal discharge, feeling of itchy and watery eyes.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Chamomilla 3X; Glandula suprarenalis suis 6X, 12X, 30X; Mucosa nasalis suis 200X; Scilla maritima 12X, 30X, 200X; Sabadilla 12X, 30X, 200X; Allium cepa 12X, 30X, 200X; Ammonium carbonicum 12X, 30X, 200X; Apis mellifica 200X; Argentum nitricum 30X; Arsenicum album 12X, 30X, 200X; Cuprum aceticum 12X, 30X, 200X; Galphimia glauca 6X, 12X, 200X; Luffa operculata 6X, 12X, 30X; Histaminum hydrochloricum 200X; Natrum muriaticum 12X, 30X, 200X; Adrenalinum 6X.

Inactive ingredient: Ethyl alcohol 30%..

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

In cases of acute symptoms, 10 drops every 30 minutes, for 2 hours.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health care professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

Manufactured in Italy by Guna S.p.a.
Distributed by Guna Inc.

Call us at **484-223-3500**
E-mail us at info@gunainc.com
Order online at www.gunainc.com/products

Allergyplex Range

What are Allergy Plex?

Allergy Plex are homeopathic complexes which combine allergens of various kinds (foods, plants, animals, minerals, synthetics and of voluptuary origin) balanced with homeopathic remedies according to the Roy Martina method.

Components may be constitutional remedies, potentised catalysts (for restoring enzyme activities), organ supporting remedies, remedies that take care of the casual links, symptomatic and phytotherapeutic homeopathic remedies for support treatment.

How do they work?

Allergy Plex activity is focused

on:

- desensitisation

- desintoxication
- drainage

Each Allergy Plex exerts a disintoxicating and draining effect; the organ dilutions support the target organ and stimulate the immune system; the isopathic components act as neutralisers and specific antidotes, induce desensitisation mechanisms; finally, the symptomatic c remedies modulate the tiresome allergic symptoms right from the start, and the constitutional ones work on the patient's terrain.

When are they used?

In allergy or intolerance (especially to foods).

STANDARD DOSAGE

10-30 drops 3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

Allergy Plex No. **29** Pollens and dust
Allergy Plex No. **36** Desensitisation I: Pollen Drainage

• GUNA® - ALLERGY-PREV

DROPS

Ingredients:

Ambrosia artemisiaefolia 18X
Arundo mauritanica 18X
Asclepias vincetoxicum 6X/10X/30X
Black currant 1X
Citricum acidum 6X
Histaminum hydrochloricum 12X/ 30X/200X
Interferon gamma 4C
Interleukin 12 4C
Manganese gluconate 4X
Natrium pyruvicum 6X
Parietaria officinalis 18X
Phleum pratense 18X
Serum anguillae 12X/30X/200X
Sodium sulfate 12X/30X/200X
Succinicum acidum 6X
Sulphur 12X/30X/200X
Urtica urens 18X
Viburnum opulus T
Wyethia helenioides 18X



Package size:

30 ml/1.0 fl. Oz. bottle

Uses:

Treatment of the allergic terrain and pre-seasonal therapy for allergy prevention and a basic treatment for atopic eczema, allergic rhinitis, and bronchial asthma.

Directions:

20 drops twice a day for at least 2 months.

Most common combinations

Guna-Allergy-Prev + Guna-Matrix: preventive treatment of allergies, particularly indicated for patients previously treated with corticosteroids and/or antihistamines.

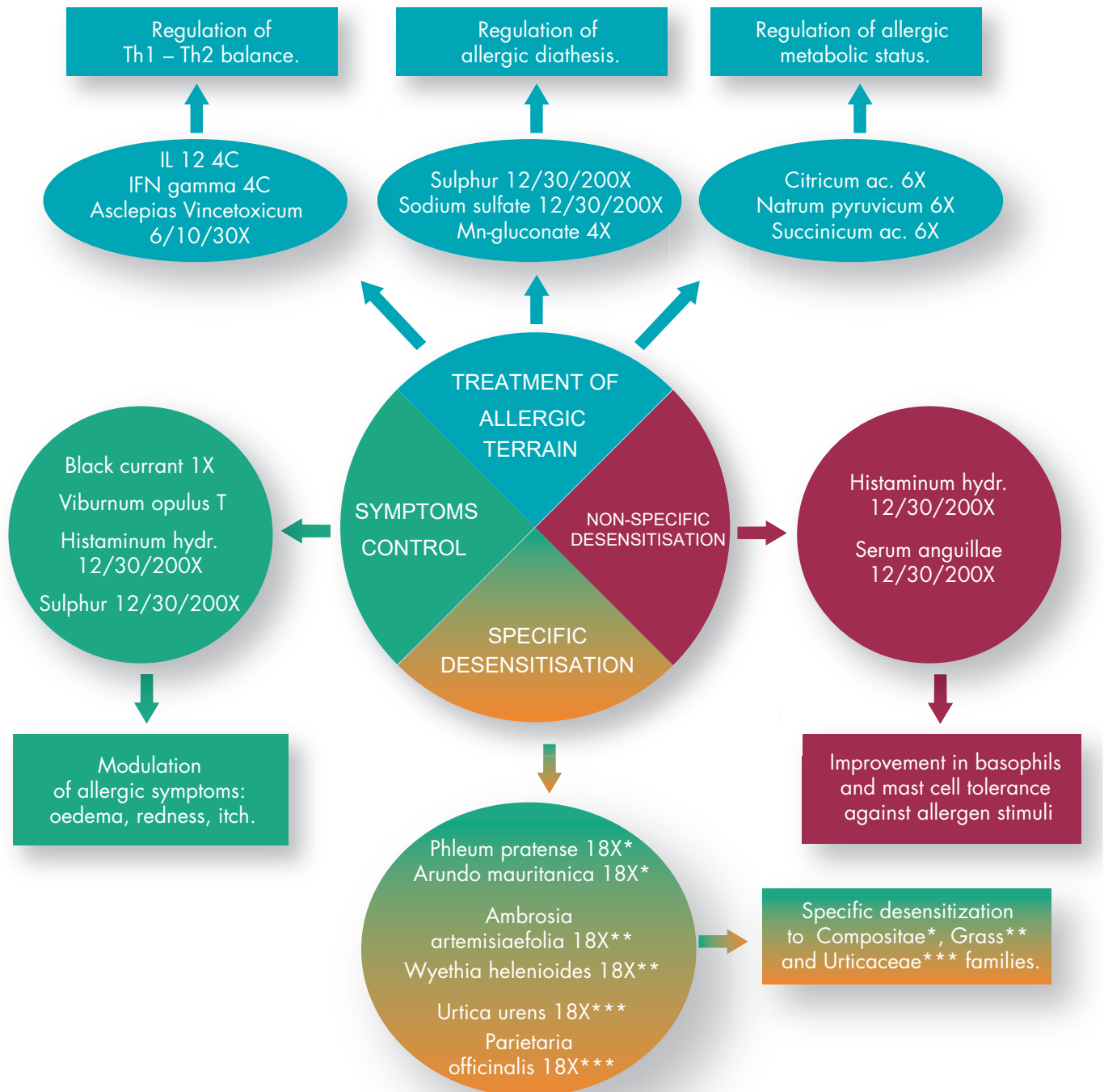
Guna-Allergy-Prev + Guna-Allergy-T: allergic rhino-conjunctivitis and asthma.

Guna-Allergy-Prev + Citomix: preventive treatment of allergies in patients affected by immune deficiencies.

Guna-Allergy-Prev + Eubioflor: food allergies.

GUNA® - ALLERGY-PREV

The rational structure of **GUNA®-ALLERGY-PREV** according to **Guna-Method**



• GUNA® - ALLERGY-T

DROPS

Ingredients:

Adrenalinum 6X
Allium cepa 12X/30X/200X
Ammonium carbonicum 12X/30X/200X
Apis mellifica 200X
Arsenicum album 12X/30X/200X
Blatta orientalis 6X/12X/30X
Bronchus 200X
Cuprum aceticum 12X/30X/200X
Galphimia glauca 6X/12X/30X
Glandula suprarenalis 6X/12X/30X
Histaminum hydrochloricum 200X
Luffa operculata 6X/12X/30X
Manganese gluconate 4X
Mucosa nasalis 200X
Natrium muriaticum 12X/30X/200X
Sabadilla 12X/30X/200X
Scilla maritima 12X/30X/200X

Uses:

Allergic rhinitis, allergic rhinoconjunctivitis, and allergic asthma.

Directions:

20 drops twice a day; as shock therapy 10 drops every 30 minutes for 2 hours.



Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

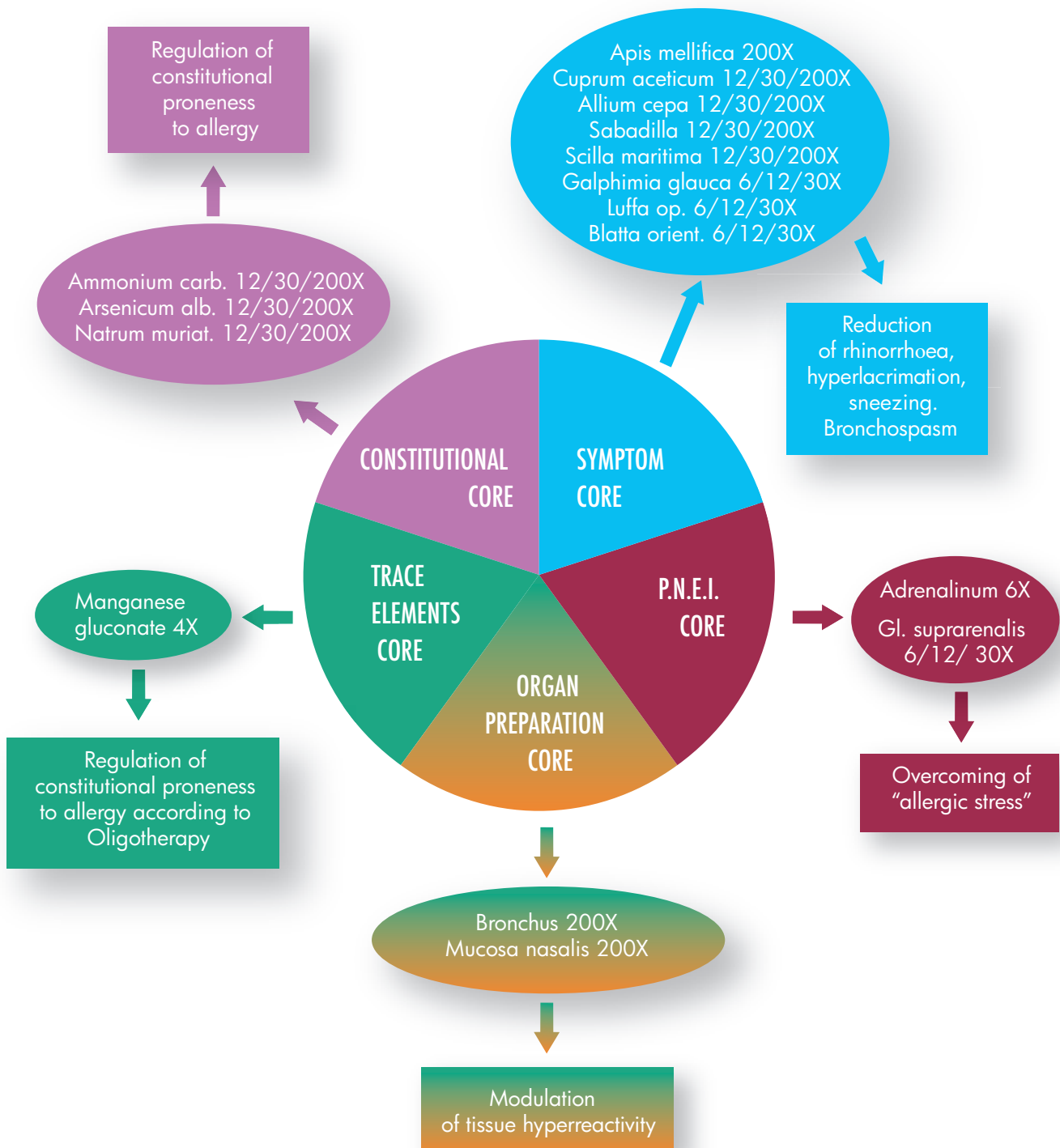
Guna-Allergy-T + Guna-Allergy-Prev: allergic rhino-conjunctivitis and asthma.

Guna-Allergy-T + Guna-Rhino Nose Spray: symptomatic treatment of allergic rhino-conjunctivitis.

Guna-Allergy-T + Anti Age Stress: psychosomatic allergic forms.

GUNA® - ALLERGY-T

The rational structure of **GUNA®-ALLERGY-T** according to **Guna-Method**



ANTI AGE BRONZ

COMPOSITION

Melanin 4CH, Somatotropin 4CH, Phenylalanine 5CH, Tyrosine 5CH, Glutathione 5CH, Cysteine 5CH, Brunella D3, Daucus carota D3, Platanus orientalis D3, Secale cereale D1, Fagopyrum D4, Achillea Millefolium D3, Thuja D3, Monazite D8, Ulva lactuga D3

INDICATIONS

For stimulating the suntan and preventing dyschromias.

STANDARD DOSAGE

3 granules morning and evening, preferably between meals.

ANTI AGE CAP

COMPOSITION

Hamamelis D3, Buxus 5CH, Cornus sanguinaria D3, Sorbus domestica D3, Ananassa sativa D3, Secale cereale D1, Rosmarinus D1, Oleum jecoris aselli D6, 12 Schüssler salts D7, Dopamine 5CH, Cutis 4CH, Vasa capillaris 4CH, Plexus carotideus suis 4CH, Hypophysis suis 4CH, Silicea 4CH, Thallium metallicum 4CH, Rhus tox 5CH, Luffa operculata D6, Nux Vomica 7CH

INDICATIONS

All kinds of damage to hair and scalp.

STANDARD DOSAGE

3 granules morning and evening, preferably between meals.

ANTI AGE CIRC

COMPOSITION

Cerebrum totalis suis 4CH, Arteria suis 4CH, Zona limbica suis 7CH, Circumvolutione hippocampus suis 4CH, Sorbus domestica D6, Ruscus aculeatus D6, Cornus sanguinaria D6, Chondrus crispus 4CH, Ubiquinone 4CH, Dopamine 4CH, Selenium metallicum 4CH

INDICATIONS

For activating the brain circulation.

STANDARD DOSAGE

3 granules morning and evening, preferably between meals.

ANTI AGE CRIN

COMPOSITION

Antimonium crudum 9CH, 12 Schüssler salts D6, Silicea D6, Thuja 9CH, Buxus D3, Anagallis arvensis 4CH, Cladosporium metanigrum D8, Collagen suis 4CH, Onyx suis 4CH, ADN 4CH, ARN 4CH, Glutathione 4CH, Propolis 4CH, Cysteine 4CH

INDICATIONS

For treatment of the nails and scalp.

STANDARD DOSAGE

3 granules morning and evening, preferably between meals.

ANTI AGE CUT

COMPOSITION

Cutis 4CH, Placenta suis 4CH, Vasa capillaris 4CH, Collagen suis 4CH, Vitamin E 4CH, Vitamin A 4CH, Selenium metallicum 4CH, Ubiquinone 4CH, Leucin 4CH, Isoleucin 4CH, Ascophyllum nodosum 4CH, Fucus vesiculosus 4CH, Fucus serratus 4CH, Fucus platycarpus 4CH, Laminaria 4CH, Ulva lac-tuga 4CH

INDICATIONS

For activating the skin metabolisms.

STANDARD DOSAGE

3 granules morning and evening, preferably between meals.

ANTI AGE DOL

COMPOSITION

Vaccinium vitis D3, Ananassa sativa D3, Oleum jecoris aselli D3, Cortex suprarenalis 4CH, Vasa lymphatica suis 4CH/7CH, Thymuline 5CH, Cartilago suis 4CH, Os 4CH, Synovia suis 4CH, ADN 4CH, ARN 4CH, Arnica 5CH, Rhus tox 5CH, Bryonia 5CH, Placenta 5CH

INDICATIONS

For pain modulation in the supporting and locomotor apparatus.

STANDARD DOSAGE

3 granules morning and evening, preferably between meals.

ANTI AGE HERP (Herpes Simplex Guna Compositum)

COMPOSITION

Buxus D3, Taraxacum D3, Herpes nosode 9CH/15CH/30CH, Mucosa oris suis 4CH, Penicillium caseicolum D8, Cladosporium metanigrum D8, Interferon gamma 5CH, IL 6 5CH, IL 1 5CH, Borax 5CH, Acidum muriaticum 5CH, Rhus tox 9CH, Belladonna 5CH

INDICATIONS

Labial herpes.

STANDARD DOSAGE

3 granules morning and evening, preferably between meals.

ANTI AGE JET

COMPOSITION

Thalamus suis 7CH, Plexus solaris suis 7CH/9CH, Inner ear suis 4CH, Sterigmatocystis nigra D8, Aleurisma lugdunensis D8, Symphoricarpos 9CH, Gelsemium 9CH/15CH, Tabacum 5CH/9CH, Cocculus 4CH, Nux vomica 5CH/9CH/15CH, Apomorphinum 9CH, Melatonin 4CH

INDICATIONS

Jet lag syndrome.

STANDARD DOSAGE

3 granules morning and evening, preferably between meals.

ANTI AGE REG

COMPOSITION

Crataegus D1, Ballotta nigra D3, Escholtzia D3, Lavandula D1, Melilotus D1, Citrus aurantus D3, Cortex cerebri suis 7CH, Circumvolutione hyppocam-pus suis 4CH, Epiphysis suis 4CH, Melatonin 4CH/15CH, Serotonin 7CH/15CH, GABA 4CH, Adrenalin 30CH

INDICATIONS

For regulating sleep.

STANDARD DOSAGE

3 granules morning and evening, preferably between meals.

ANTI AGE SOL

COMPOSITION

Cutis suis 4CH, Placenta suis 4CH, ADN 4CH, ARN 4CH Thymuline 9CH, Platanus orientalis D3, Ulva lactuca 4CH, Brunella D3, Belladonna 4CH, Arnica 4CH, Apis 4CH, Hamamelis D3

INDICATIONS

Aging of the skin. Dehydration due to excessive exposure to the sun or UVA and UVB lamps.

STANDARD DOSAGE

3 granules morning and evening, preferably between meals.

· ANTI AGE STRESS™

PELLETS

Ingredients:

Adrenalinum 9C/15C
Argentum nitricum 9C
Black horehound 3X
Citrus decumana 3X
Cortex cerebrialis 4C/7C
Glutathione 4C
Granulocyte Colony Stimulating Factor 4C
Interferon gamma 5C
Kali carbonicum 9C
Lithium carbonicum 8X
Melatonin 4C/15C
N-Acetylcysteine 4C
Nux vomica 5C/7C/9C/15C
Penicillium notatum 8X
Sporobolomyces griseus 8X
Stomach 7C
Superior gastric plexus 7C
Thalamus 7C



Uses:

Control of physical and psychic stress manifestations: tachycardia; hyperhidrosis; polyuria; cutaneous flushing; increased susceptibility to infections; nervousness; paradoxical aggressiveness; tendency to fainting, etc.

Directions:

5 pellets 2 times a day also over extended periods of time.

In acute phase: 3 pellets every 30 minutes for 2-3 hours.

Package size:

Net Wt. 8 g/0,28 oz. 2 Tubes

Most common combinations

Anti Age Stress + Guna-Sleep: mental and physical stress conditions, characterized by hyper excitement and insomnia.

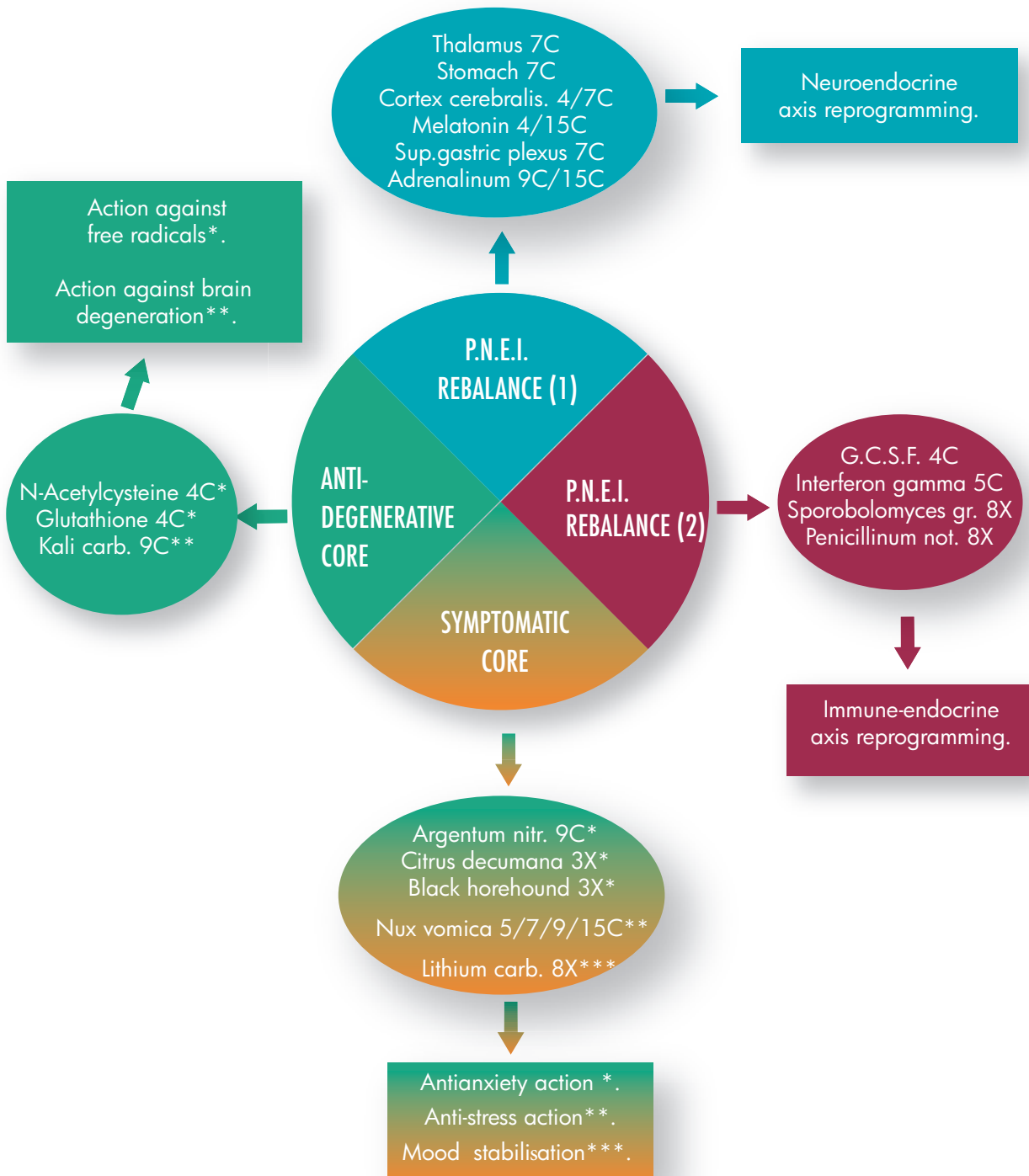
Anti Age Stress + Guna-Digest: digestive disorders due to stress conditions.

Anti Age Stress + Guna-Stomach: stress-induced psychosomatic gastritis.

Anti Age Stress + Guna-Mood: anxious-depressive syndromes due to stress conditions.

Anti Age Stress + Guna-Bowel + Guna-Digest: irritable colon syndrome.

The rational structure of **ANTI-AGE STRESS™** according to **Guna-Method**



• ANTI AGE VEIN™

PELLETS

Ingredients:

Aconitum napellus 10X
Aesculus hippocastanum 3X
Ananassa 3X
Apis mellifica 10X
Arnica montana 10X
Arsenicum album 12X
Artery, 4C
Belladonna 10X
Calcarea fluorica 8X
Cinchona officinalis 10X
Ferrum metallicum 10X
Hamamelis 3X
Hydrocotyle 3X
Lachesis mutus 10X
Lymphatic vessel, 7C
Mercurius solubilis 10X
Mountain cranberry 3X
Pulsatilla 10X
Vein 4C
Viscum album 3X

Uses:

Venous failure, varicose veins, symptoms referred as “heavy and swollen legs”.

Directions:

5 pellets two times a day also over extended periods of time. In acute phase: 3 pellets every 30 minutes for 2-3 hours.



Package size:

Net Wt. 8 g/0,28 oz. 2 Tubes

Most common combinations

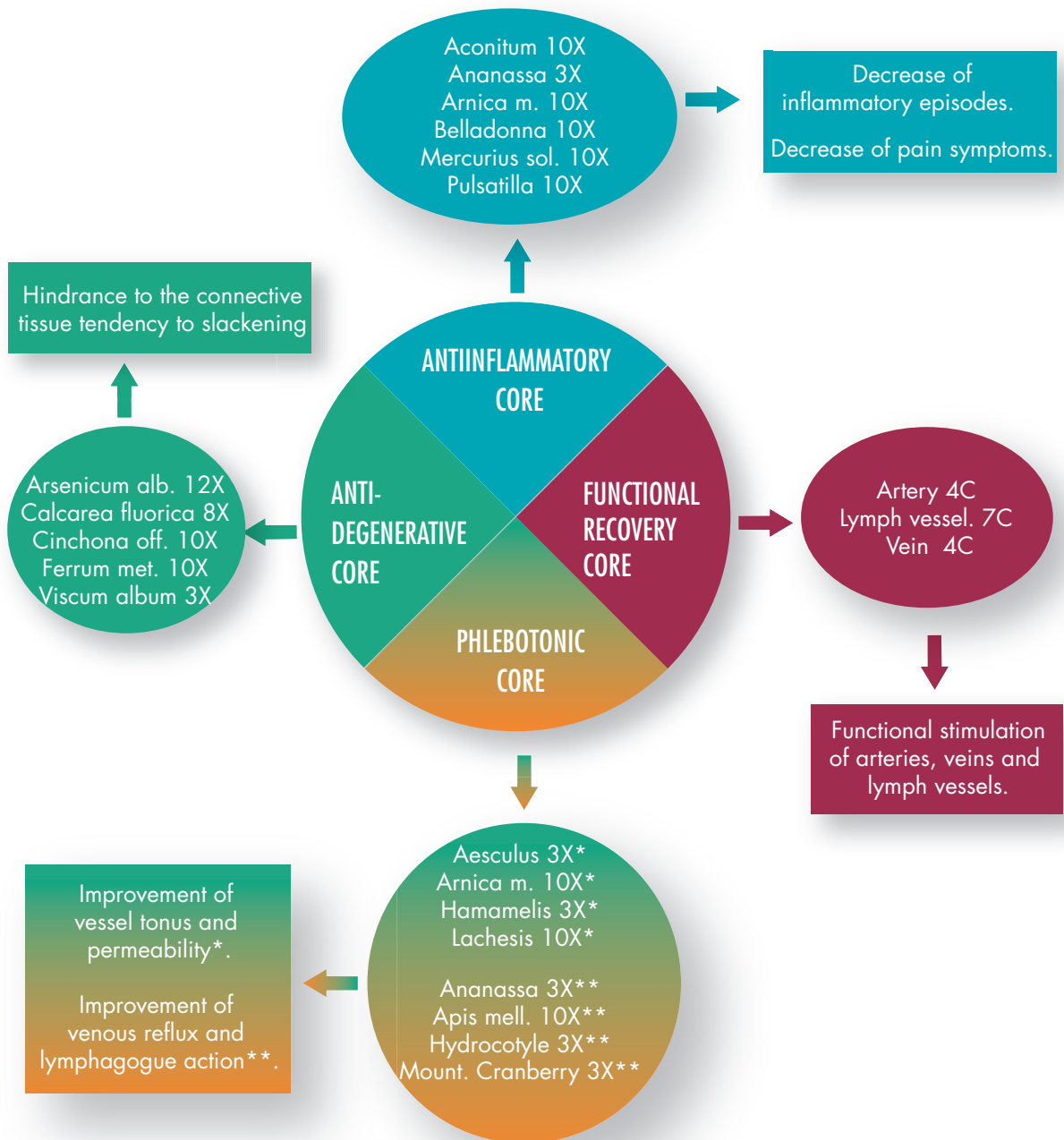
Anti Age Vein + Guna-Flam: phlebitis.

Anti Age Vein + Guna-Lympho: venous failure with lymphatic stasis.

Anti Age Vein + Guna-Hemorrhoids: haemorrhoids.

Anti Age Vein + Guna-Liver: venous failure of lower limbs with or without varicose veins (with possible portal stasis).

The rational structure of **ANTI-AGE VEIN™** according to **Guna-Method**



ANTI AGE VEN

COMPOSITION

Arteria suis 4CH, Vena suis 4CH, Vasa lymphatica 7CH, Vaccinium vitis D3, Centella asiatica D3, Ananassa sativa D3, Hamamelis D3, Calcium fluoratum D8, Lachesis D10, Aesculus D3, Pulsatilla D10, Mercurius solubilis D10, Ferrum metallicum D10, Viscum album D3, Arsenicum album D12, China rubra D10, Aconitum D10, Apis D10, Belladonna D10, Arnica D10

INDICATIONS

Venous and lymphatic insufficiency conditions, particularly after sun exposure.

STANDARD DOSAGE

3 granules morning and evening, preferably between meals.

ANTI IL 1

The use of homeopathic dilutions of **anti-interleukin 1 antibodies** regulates excessive production of this cytokine by the macrophage in acute and chronic inflammatory conditions. It is consequently advisable to associate this product with classic homeopathic-homotoxicological “anti-inflamma-tory” remedies.

COMPOSITION

Anti-interleukin 1 alpha 4CH, Anti-interleukin 1 beta 4CH.

INDICATIONS

Immune response regulation in inflammatory diseases.

DOSAGE

10 drops, adjusting the frequency to individual reactivity. The duration of the treatment is usually short (1 week).

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.



ANTI 2

Anti 2 restores **liver and pancreas** enzyme function. It is consequently indicated in digestive disorders, among others; hepatic function activation also leads to an improvement in immune response (liver disintoxicating action).

COMPOSITION

Transaminase 4CH, Trans-glutaminase 4CH, Trypsin 4CH, Lipase 4CH, Cholesterol-esterase 4CH, Pancreozymin 4CH.

INDICATIONS

Functional hepatic and pancreatic deficiencies.

DOSAGE

10 drops twice a day.

PACKAGE QUANTITIES

30 ml bottle with drop counter. For oral use.

APISPLEX

Apisplex treats allergic **conjunctivitis** and **rhino-conjunctivitis**.

Alongside remedies such as *Euphrasia* and *Apis*, with a distinctly anti-inflammatory and anti-edematous effect on the eye, it also contains *Histamine* that, in homeopathic dilutions, has an anti-histamine effect, as well as *Hepar suis*, *Vesica urinaria suis*, *Taraxacum*, *Berberis*, *Pareira* that, by developing an organ-specific trophism for the liver and bladder, activate the excretory function of these organs, which are known to be related to the eye and conjunctiva according to the rules of bio-energetics.

COMPOSITION

Euphrasia D4, Apis D6/D12/D30, Histamine D12/D30, Hepar suis D6/D12, Vesica urinaria suis D6, Taraxacum D4, Berberis D6, Pareira D6.

INDICATIONS

Symptomatic and fundamental treatment of allergic conjunctivitis and rhino-conjunctivitis.

DOSAGE

Acute phase: 3 granules every hour until symptoms improve; then continue with 3 granules 3 times a day.

Prevention (in seasonal forms): starting from a month before the expected onset of the seasonal allergic symptoms, 3 granules 3 times a day.

In the event of bacterial superinfection, associate with Bellaplex at the same dosage.

PACKAGE SIZE

Tube containing 4 g of granules.

• AROMA DI GUNA 2

Aroma di Guna 2 is an insect-repellant. It repels mosquitos, lice and horseflies. The new formulation of **Aroma di Guna 2** has been enriched with two new plant ingredients:

KEY INGREDIENTS:

Neem oil: contains a special molecule, Azadirachtin A, whose aroma is distasteful to summer and autumn insects.

Zanthalene (Zanthoxylum alatum extract): well tolerated by the skin, is known for its calming and soothing properties, and is useful in cases of skin irritation and reddening.

These two new ingredients are associated to a unique blend of essential oils of selected plants:

- Melissa officinalis
- Lavandula angustifolia
- Mentha piperita
- Citral
- Linalool
- Citronellol
- Geraniol
- D-Limonene

Known for their calming, soothing and refreshing properties and mix of fragrances, pleasant to humans but unappealing to a large number of annoying insects.

Aroma di Guna 2 is easy to apply, is not greasy and doesn't stain. Aroma di Guna 2 has no contraindications for use on children's sensitive skin.

INGREDIENTS: Cetearyl isononanoate, Lavandula angustifolia oil, Melissa officinalis oil, Pelargonium capitatum extract, Citral, Limonene, Parfum, Melia azadirachta seed oil, Mentha piperita oil, Zanthoxylum alatum extract, Oleyl alcohol, Citronellol, Geraniol, Linalool.

DIRECTIONS: For external use. Spray on the skin from approximately 20 cm distance. Preservative free. avoid direct contact with the eyes.

PACKAGING: 75 ml spray bottle.



• GUNA® - ARTHRO

DROPS

Ingredients:

a-Ketoglutaricum acidum 3X
a-Lipoicum acidum 3X
Artery 6X
Ascorbic acid 3X
Barium oxalsuccinate 3X
Bryonia alba 6X/8X/12X
Calcitonin 6X
Cartilago 6X
Chlorinum 6X
Cimicifuga racemosa 6X/8X/12X
Colchicum autumnale 6X/8X/12X
Conjunctiva tissue 6X
Dehydroepiandrosteron 6X
Dulcamara 6X/8X/12X
Fibroblast Growth Factor 4C
Funiculus umbilicalis 6X
Glandula suprarenalis 6X
Nadidum 3X
Natrum oxalaceticum 3X
Nervous Growth Factor 4C
Parathyroid gland 6X
Placenta totalis 6X
Quinhydrone 3X
Rhus toxicodendron 6X/8X/12X
Strontium carbonicum 6X/8X/12X
Sulphur 3X
Vein 6X

Uses:

Osteoarticular degenerative processes of small and large joints: gonarthrosis; coxarthrosis; spondylarthrosis; and polyarthrosis.



Directions:

20 drops twice a day for 2 months at least

Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

Guna-Arthro + Guna-Flam: inflammatory diseases of the joints.

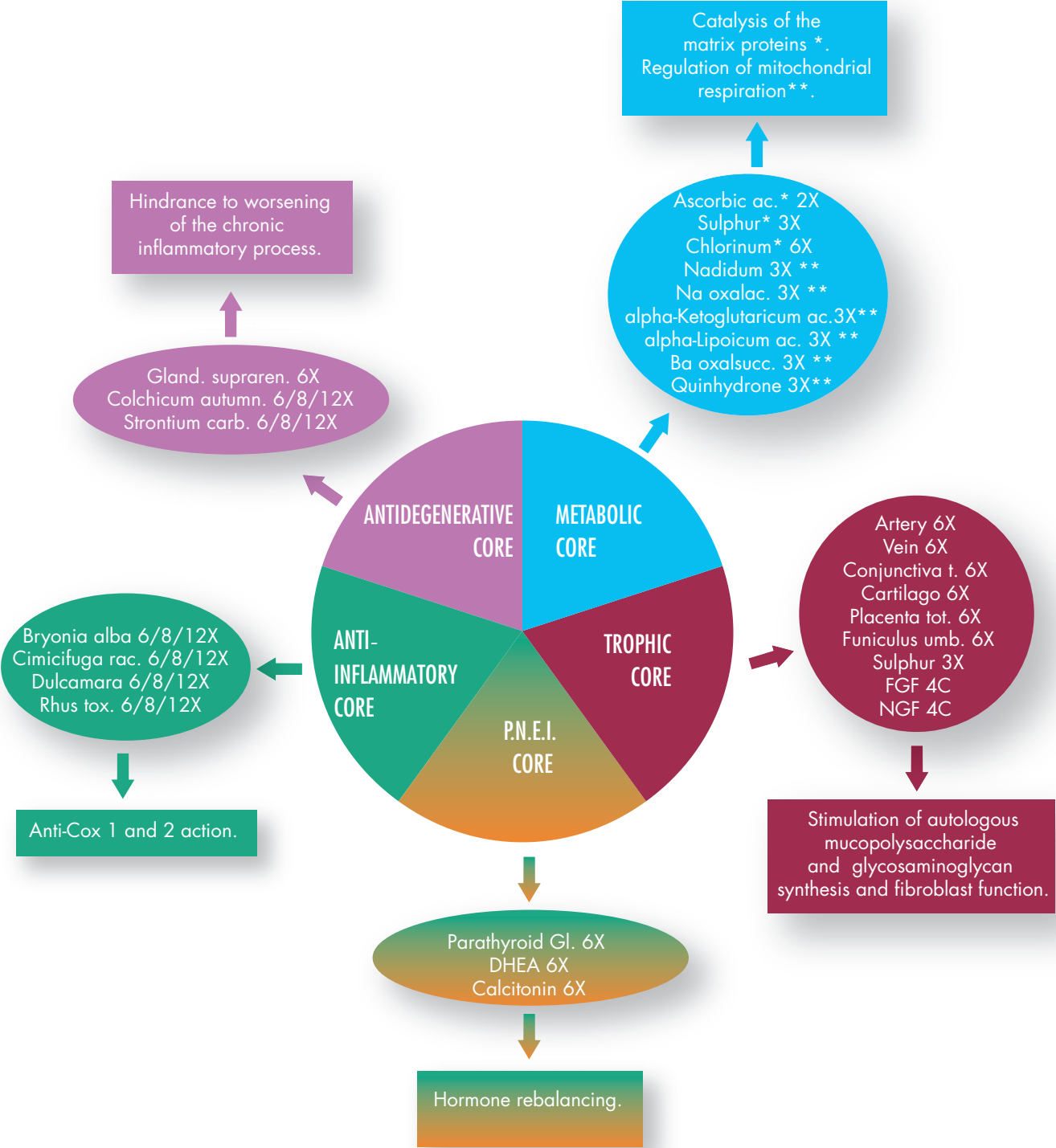
Guna-Arthro + Guna-Matrix: treatment of patients suffering from degenerative arthritis, particularly those previously treated with corticosteroids.

Guna-Arthro + Osteobios: osteoporosis and osteo-chondrosis.

Guna-Arthro + Guna-Fem/Guna-Male: endocrine arthropathies.

GUNA[®]-ARTHRO

The rational structure of **GUNA[®]-ARTHRO** according to Guna-Method



GUNA ARTHRO RELIEF

Homeopathic medicine

NDC 17089-463-18

ORAL DROPS



INFLAMMATION & PAIN RELIEF

Temporarily relieves minor arthritis symptoms, such as joint stiffness, joint pain, joint swelling and inflammation.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Arteria suis 6X; Calcarea carbonica 4X; Embryo suis 6X; Funiculus umbilicalis suis 6X; Glandula suprarenalis suis 6X; Placenta totalis suis 6X; Ascorbicum acidum 3X; Bryonia 6X, 8X, 12X; Cartilago suis 6X; Chlorinum 6X; Cimicifuga racemosa 6X, 8X, 12X; Colchicum autumnale 6X, 8X, 12X; Dulcamara 6X, 8X, 12X; Natrum sulphuricum 6X; Rhus tox 6X, 8X, 12X; Vena suis 6X; Alpha-ketoglutaricum acidum 3X; Barium oxalsuccinicum 6X; Natrum oxalaceticum 3X; Nadidum 3X; Sulphur 4X; Alpha-lipoicum acidum 8X.

Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

In cases of acute symptoms, 10 drops every 30 minutes, for 2 hours.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

• GUNA® - AWARENESS

DROPS

Ingredients:

Aurum metallicum 12X
Brain derived neurotrophic factor 4C
Bufo rana 12X
Calcarea carbonica 3X
Chromium sulphuricum 3X
Cicuta virosa 12X
Cobalamin 3X
Coenzyme Q10 3X
Cuprum metallicum 12X
Ferrum metallicum 3X
Folic acid 3X
Frontal lobe 6X
Lachesis mutus 12X
Melatonin 4C
Molybdenum metallicum 3X
Neurotrophin 3 4C
Neurotrophin 4 4C
Oxytocin 6X
Silicea 12X
Temporal lobe 6X
Thyrotropin-releasing hormone 3X
Trimethylglycine 3X
Vanadium metallicum 6X
Zincum metallicum 3X



Directions:

20 drops twice a day for 2 months at least

Package size:

30 ml/1.0 fl. Oz. bottle

Uses:

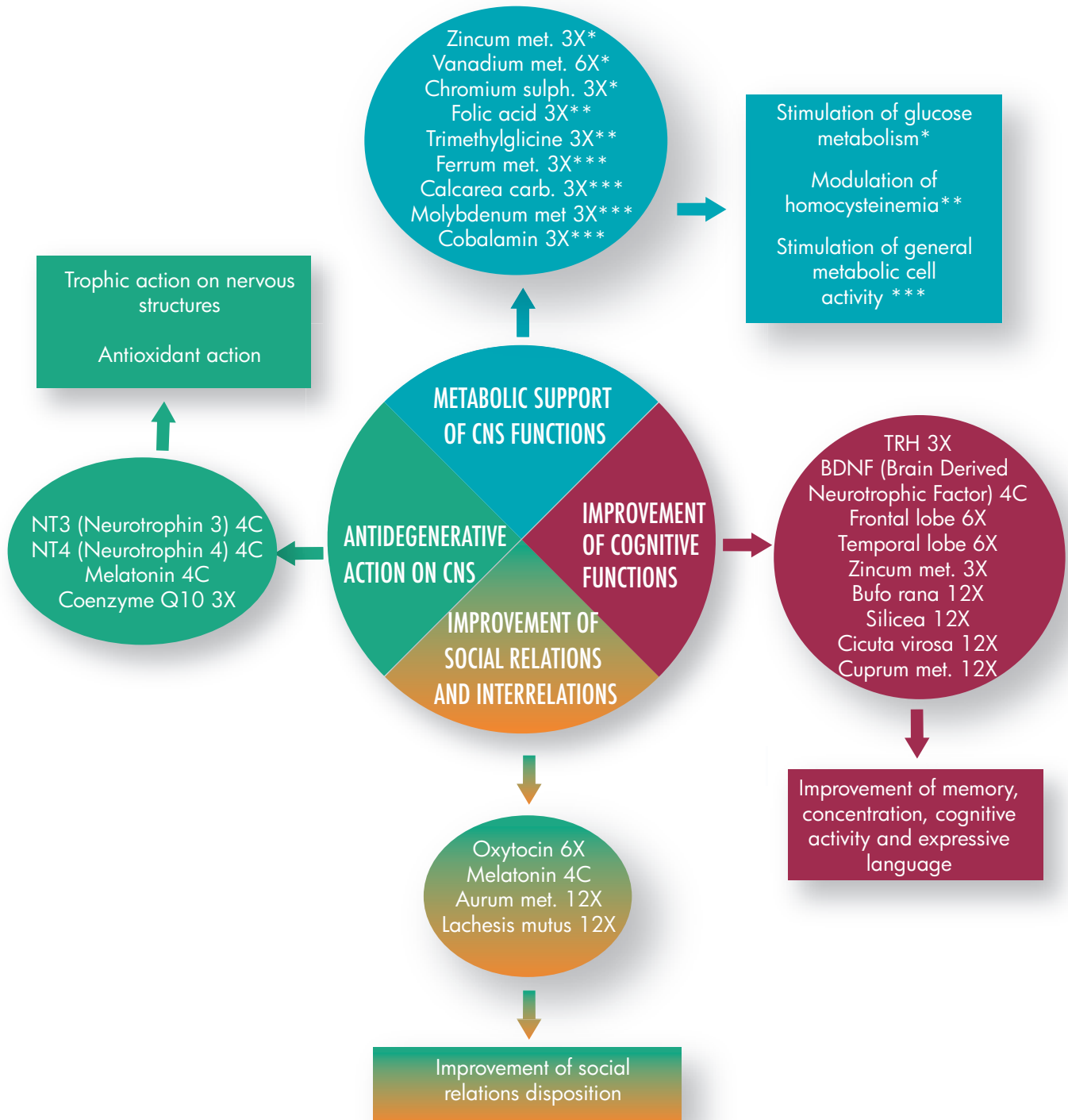
Restlessness; Lack of concentration for prolonged time; Adjuvant treatment of autism; Adjuvant treatment of bipolar disorder.

Most common combinations

Guna-Awareness + Guna-Matrix + Guna-Cell + Guna-Lympho + Guna-Mood: Adjuvant treatment of autism.
Guna-Awareness + Guna-Cell: Stimulation of cognitive faculties (when deeper attention and concentration are required).
Guna-Awareness + Guna-Mood: Adjuvant treatment of Bipolar Disorder.

GUNA®-AWARENESS

The rational structure of **GUNA®-AWARENESS** according to Guna-Method



• GUNABASIC

Gunabasic is an original, synergic and complementary blend of mineral and plant extracts in a balanced concentration to avoid potential side effects. It contains phosphates, carbonates and citrates to cover the full range of buffer systems. It guarantees pH rebalance without unbalancing towards alkalinisation. It favours mineral rebalance. It has an anti-degenerative, anti-inflammatory, sedative and eupeptic action.

Gunabasic is designed to favour:

- acid-base rebalance
- cell enzyme function support
- recovery of full cell membrane and extracellular matrix efficiency.

Why Gunabasic

To combat metabolic acidosis through acid-base rebalancing, to provide the cells with substrates such as trace elements and minerals for their mineral and metabolic rebalancing, to counter inflammatory and chronic degenerative processes means putting the body into the ideal conditions for maintaining its homeostatic balance and therefore for good health and general wellness.

How it works

Mechanisms of action:

- it regenerates the buffer systems
- it alkalinises the extracellular matrix
- it optimises the intra and extra-cellular concentration gradient of hydrogen ions
- it improves cell membrane permeability
- it provides coenzymatic activity mineral supports for correct cell function
- it protects the tissues against the detrimental action of acids.

Nutraceutical effects:

- it favours cellular detoxification
- it keeps the matrix intact
- it improves the cells' metabolic function
- it counteracts chronic inflammatory processes
- it counteracts tissue degeneration
- it favours remineralisation
- it favours digestion
- it facilitates the body's detoxification.



Gunabasic active ingredients

Bamboo Fiber: bone mineralisation, stimulating connective tissue function

Nettle (*Urtica dioica*) root, dry extract: anti-inflammatory, anti-allergic

Carrot (*Daucus carota*) root, dry extract, standardised to 1,8% beta-carotene. It contains:

Vitamin A: protection of epithelium and mucous membranes

Lemon Balm (*Melissa officinalis*) leaves, dry extract, standardised to 2% rosmarinic acid: soothing, calming, muscle relaxant

Small-Leaved Linden (*Tilia cordata*) dry extract: soothing, spasmolytic

Bioflavonoids: tonic for capillaries

Fennel (*Foeniculum vulgare*) fruit, dry extract, standardised to 1% essential oil: anti-flatulence, antispasmodic, mild laxative

Dandelion (*Taraxacum officinale*) root, dry extract: liver and kidneys drainage

Magnesium Citrate: alkalising

Potassium Citrate: electrolytic rebalancing effect **Zinc Citrate:** alkalising, stimulating the immune system

Copper Citrate: alkalising, protecting the vessel walls

Calcium Carbonate: alkalising, anti-allergic **Manganese Carbonate:** alkalising, tonic

Selenium Methionine: antioxidant, anti-degenerative **Iron Phosphate:** stimulating the mitochondrion function

Magnesium Oxide: alkalising, antispasmodic

Molybdenum (*Ammonium molybdenum*): Anti-degenerative

The ADVANTAGES

- Pleasant flavour
- Perfect solubility
- Lactose- and gluten-free

Fields of application

- Acid-base rebalancing
- Extracellular matrix alkalisation
- De-acidification of the body
- Mineral rebalancing
- Drainage and detoxification
- Chronic inflammatory conditions
- Digestive difficulties
- States of nervous over-excitation
- Vague and poorly-defined symptoms.

Directions

One sachet daily is recommended. Dissolve the content of one content of one sachet in half a glass of water preferably in the evening at bed time and between meals.

Ingredients

Maltodextrin, Magnesium citrate, Potassium citrate, Calcium carbonate, Nettle (*Urtica dioica* L.) root dry extract, Carrot (*Daucus carota* L.) root dry extract standardised to 1.8% betacarotene, Lemon balm (*Melissa officinalis* L.) leaves dry extract standardised to 2% rosmarinic acid, Small-leaved linden (*Tilia cordata* Mill.) flowers dry extract, Fennel (*Foeniculum vulgare* Mill.) fruit dry extract standardised to 1% essential oil, Dandelion (*Taraxacum officinale* Web.) root dry extract, Magnesium oxide, sweetener: steviol glycosides; Iron phosphate, Zinc citrate, Silicon dioxide, Manganese carbonate, Bamboo fibers, Seleniomethionine, Copper citrate, Ammonium molybdate.

Packaging

15 x 7g sachets - Net weight 105 g

Warnings and precautions

Store the product in a cool and dry place and protect from light. The expiry date refers to the product correctly stored. Store away from direct light, in a cool, dry place. The expiry date refers to the product correctly stored in its original and undamaged packaging. Keep out of the reach of young children. Do not exceed the stated recommended daily dose. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.

Nutrition facts

	per 100 g	per sachet	%NRV*
Energy	275 kcal 1157 kJ	19 kcal 81 kJ	
Fat	0.40 g	0.03 g	
of which saturates	-	-	
Carbohydrate	57.18 g	4.00 g	
of which sugars	4.45 g	0.31g	
Proteins	0.81 g	0.06 g	
Salt	0.19 g	0.01 g	
Potassium	4286 mg	300 mg	15
Calcium	3429 mg	240 mg	30
Magnesium	2143 mg	150 mg	40
Silicon	114 mg	8 mg	-
Zinc	107 mg	7.5 mg	75
Iron	100 mg	7 mg	50
Manganese	71 mg	5 mg	250
Copper	9 mg	0.6 mg	60
Molybdenum	714 mcg	50 mcg	100
Selenium	393 mcg	27.5 mcg	50
Beta-carotene	51 mg	3.6 mg	-
Plant ingredients:			
Nettle d.e.	2.857 g	200 mg	
Carrot d.e.	2.857 g	200 mg	
Lemon balm d.e.	2.857 g	200 mg	
of which rosmarinic acid	0.057 g	4 mg	
Small-leaved linden d.e.	2.857 g	200 mg	
Fennel d.e.	2.857 g	200 mg	
Dandelion d.e.	2.857 g	200 mg	

* NRV: Nutrient Reference Values

Most common combinations

Gunabasic + Gunabrain: basic treatment of chronic degenerative diseases affecting the CNS.

Gunabasic + Gunaelmint: to help the acid-base rebalancing and physiological drainage.

•GUNA[®]- BDNF

BRAIN-DERIVED NEUROTROPHIC FACTOR

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Neurotrophin with action on the neurons damaged during growth or due to injury.

USES:

- neurological damage (during growth or secondary to trauma)
- psychological trauma outcomes
- mental fatigue
- stress
- autism
- brain aging
- tingling and numbness in the extremities
- stiff muscles

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



BELLAPLEX

This is a complex preparation for the treatment of **bacterial conjunctivitis**. In the composition of the product, it is easy to identify two fundamental core remedies: one (*Belladonna*, *Argentum nitricum*, *Mercurius solubilis hahnemanni*, *Echinacea* and, to some degree, *Pulsatilla*) with an anti-inflammatory and antiseptic action; the other (*Vesica urinaria suis*, *Bacterium coli*, *Pareira*, *Cantharis*) that takes effect selectively on the urinary tract, activating the excretory function and thus facilitating the preferential drainage route for the eye and conjunctiva according to the laws of bio-energetics.

COMPOSITION

Belladonna D6, Argentum nitricum D6, Mercurius solubilis D12, Pulsatilla D12, Echinacea D4, Vesica urinaria suis D6, Bacterium coli D6, Pareira D6, Cantharis D6

INDICATIONS

Bacterial conjunctivitis with corpusculate secretion. Prevention of conjunctivitis in subjects who wear contact lenses.

DOSAGE

In the acute phase: 3 granules every hour until symptoms improve.

Once decongestion has been achieved and secretions have stopped, continue for 7 days at a dosage of 3 granules three times a day.

Prevention of bacterial conjunctivitis in subjects who wear contact lenses: 3 granules three times a day.

PACKAGE SIZE

Tube containing 4 g of granules.

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GUNA® -BETA-ENDORFIN

DILUTION: 4CH

SECRETING GLAND: Various areas of the brain, especially HYPOTHALAMUS and PITUITARY

BIOLOGICAL FUNCTIONS: Neuro-hormone with inhibitory action on the pituitary. Pain-killing action

USES: Pain of various origin and types.

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



GUNA -BETA-ESTRADIOL

DILUTION: D6

SECRETING GLAND: FEMALE GONADS due to stimulation of pituitary FSH.

BIOLOGICAL FUNCTIONS:

- Menstrual cycle: oogenesis and maturation of the egg cell
- Pregnancy: pregnancy maintenance
- Postpartum: maintaining breast milk production and preparing the menstrual cycle

USES:

- Disorders of the female hormone cycle and fertility disorders
- Aging
- Hot flushes
- Sagging skin
- Stress

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GUNA® - BOWEL

DROPS

Ingredients:

Aloe socotrina 2X
Alumina 6X/8X
Bryonia alba 6X/8X
Carduus marianus 2X
Chelidonium majus 2X
Cholecalciferol 2X
Collinsonia canadensis 2X
Colon 6X/12X/30X
Kali carbonicum 6X/8X/12X
Natrum carbonicum 6X/8X/12X
Niacin 2X
Nux vomica 6X/8X
Pantothenic acid 2X
Rectum 6X/12X/30X
Rhamnus frangula 2X
Rheum 2X
Skatolum 6X/10X
Taraxacum officinale 2X
Thiaminum hydrochloricum 4X



Package size:

30 ml/1.0 fl. Oz. bottle

Uses:

Acute and chronic constipation as well as spastic and atonic constipation, regulator of the intestinal function, detoxification of the digestive system, coadjuvant in the degenerative pathologies of the digestive canal.

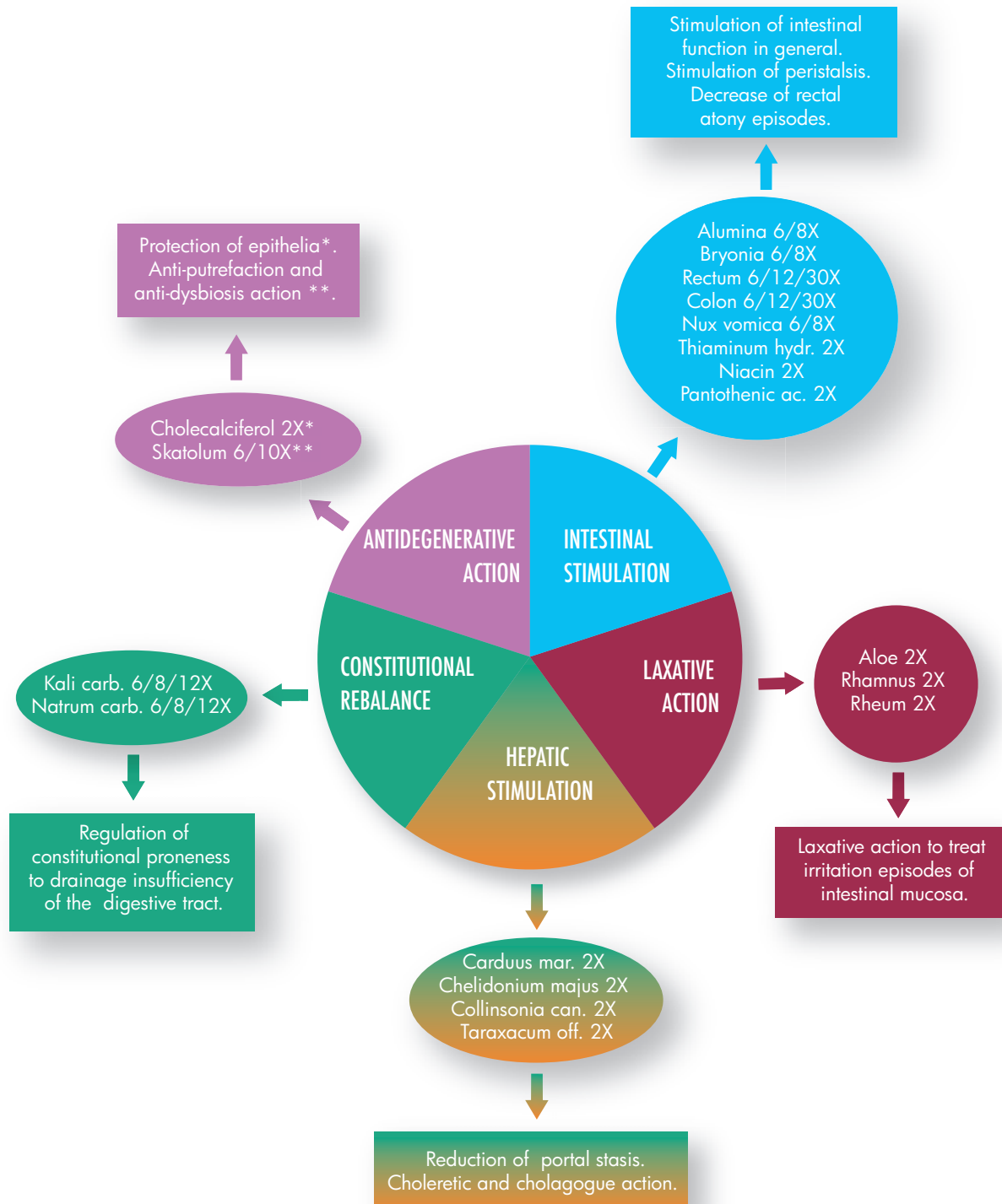
Directions:

20 drops twice a day. In case of constipation: 10 drops every 30 minutes for 2/3 hours.

Most common combinations

Guna-Bowel + Eubioflor: intestinal dysbiosis.
Guna-Bowel + Guna-Liver: digestive disorders; persistent constipation.
Guna-Bowel + Guna-Digest + Anti Age Stress: irritable colon syndrome.
Guna-Bowel + Guna-Flam: IBD (Inflammatory Bowel Diseases).
Guna-Bowel + Guna-Hemorrhoids: haemorrhoids.

The rational structure of GUNA® -BOWEL according to Guna-Method



GUNA BOWEL PLUS

Homeopathic medicine

NDC 17089-470-18

ORAL DROPS



GASTROINTESTINAL HEALTH

Temporary relief of gastrointestinal disorders, such as constipation, nausea, abdominal gas, impaired digestion.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Aloe 4X; Alumina 6X, 8X; Bryonia 6X, 8X; Carduus marianus 2X; Chelidonium majus 2X; Lycopodium clavatum 2X; Collinsonia canadensis 2X; Pancreas suis 6X; Kali carbonicum 6X, 8X, 12X; Natrum carbonicum 6X, 8X, 12X; Nux vomica 6X, 8X; Carbo vegetabilis 6X; Rhamnus frangula 2X; Rheum 2X; Skatolum 6X, 10X; Taraxacum officinale 2X; Thiaminum hydrochloricum 4X.
Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health care professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains Aloe. Do not use orally for more than 30 days. Contains ethyl alcohol 30%.

• GUNABRAIN

Gunabrain is a food supplement containing Coenzyme Q10, Selenium, Manganese, N-acetylcysteine, green tea (*Camellia sinensis* L. Kuntze) and *Withania somnifera*, that has been specifically developed to counteract cerebral ageing and cognitive function deterioration, aid intellectual functions (for example when studying or working), support the body in situations of temporary cerebral stress and protect it from the damages caused by free radicals.

The ingredients of Gunabrain have been carefully selected and are present in specific, balanced quantities to provide a balanced intake and fully exploit the ingredients' bio-availability.



When to use

Gunabrain exerts a dual function, while having two main areas of use.

In physiological conditions, in children, adults and the elderly:

- to slow cerebral ageing
- brain-boosting effect (support, reinforcement, boosting of memory and cognitive functions).

In pathological conditions, in adults and the elderly and as add-on therapy in the prevention and treatment of degenerative neurological conditions:

- Preventive treatment in subjects with a family history of Alzheimer's disease
- to slow down degenerative progression in subjects with Alzheimer's disease
- to restore memory function following TIAs (transient ischemic attacks).

How it works

- It boosts memory and cognitive skill
- It counters cerebral ageing processes
- It favours the rapid recovery of mental efficiency after psychological or physical stress
- It slows down the progression of neurological conditions
- It counteracts free radicals on a cerebral and vascular level.

Antioxidant action

NAC (N-acetyl cysteine), the main precursor of Glutathione, combines with Selenium to form

Glutathione Peroxidase, one of the most potent intracellular anti-free radicals.

By catalysing mitochondrial electron transport, **Coenzyme Q₁₀** and **Manganese**, prevent the "energetic" formation of free radicals due to the early impact of the electron with the molecular oxygen. Lastly, thanks to the product's high concentration of trace elements such as Selenium and Zinc, **green tea** provides coenzymatic support for the function of the intracellular antioxidant systems (SOD, Catalase, Glutathione Peroxidase).

Detoxifying action

In the liver, **NAC** has a filter action, whereas on a peripheral level it is able to chelate heavy metals.

Vasodilating action

Together with nitric oxide, **NAC** exerts a significant vasodilating action on both a cerebral and a peripheral level.

General cellular metabolism stimulation

Thanks to its direct action on the thyroid hormones and TSH, Selenium boosts baseline metabolism, lending greater tone to the whole body.

Trophic action on the nerve structures

Withania somnifera has a known protective and conditioning action on axonal terminations and in particular on the hippocampus. It also exerts a significant modulation action on the enzyme Acetylcholinesterase, which boosts the transmission of nerve impulses (Acetylcholine) and the interneuronal communication.

The ADVANTAGES

- Gluten and added sugar-free

Fields of application

- Cases of intense mental activity due to **study, work, intellectual stress**
- For the prevention of **cognitive deterioration** during the initial or moderately advanced phase
- To aid cerebral function recovery following **TIA**s (transient ischemic attacks), due to an improvement in arterial microcirculation
- As specific protection against **the oxidative damage that causes the ageing of central nervous system cells.**

Ingredients

N-acetylcysteine, bulking agent: microcrystalline cellulose; green tea (*Camellia sinensis* L. Kuntze) leaves d.e. std. 98% polyphenols (40% EGCG), *Withania* (*Withania somnifera* L. Dunal) root d.e., bulking agent: calcium phosphate; anti-caking agent: cross-linked sodium carboxymethylcellulose; coenzyme Q₁₀, anti-caking agent: vegetable stearic acid; coating agent: hydroxypropylmethylcellulose; manganese carbonate, selenium-methionine, stabilizer: polyvinylpyrrolidone; anti-caking agent: silicon dioxide; colours: titanium dioxide, chlorophyllin-copper complex.

Directions

The dose varies according to the level of cerebral stress.

The recommended dose is one tablet a day. Higher doses can be taken if prescribed by a doctor.

Tablets should be swallowed with a little water, preferably on an empty stomach.

Most common combinations

Gunabrain + Omega Formula: control of memory and cognitive impairment in patients suffering from arteriosclerosis.

Gunabrain + Tonicoguna: chronic stress syndromes.

Gunabrain + Gunabasic: basic treatment of chronic degenerative diseases affecting the CNS.

Warnings and precautions

Store the product in a cool and dry place and protect from light. The expiry date refers to the product correctly stored in its original and undamaged packaging. Do not exceed the stated recommended daily dose. Keep out of the reach of young children. Excessive consumption may produce laxative effects. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.

Nutrition facts

	per 100 g	per tablet	%NRV * per tablet
Energy	277 kcal 1157 kJ	2 kcal 10 kJ	
Fat	2.81 g	0.024 g	
of which saturates	2.23 g	0.019 g	
Carbohydrate	28.97 g	0.243 g	
of which sugars	0.54 g	0.005 g	
Proteins	18.55 g	0.156 g	
Salt	0.58 g	0.005 g	
Coenzyme Q10	2381 mg	20 mg	250
Manganese	595.2 mg	5 mg	91
Selenium	5952.4 mcg	50 mcg	
N-acetylcysteine	29.8 g	250 mg	
Green tea d.e.	11.9g	100 mg	
<i>Withania somnifera</i> d.e.	11.9 g	100 mg	

* NRV: Nutrient Reference Values

Packaging

30 x 0.84 g swallowable tablets

Net weight: 25.2 g

GUNA® -CALCITONIN

DILUTION: D6

SECRETING GLAND: THYROID

BIOLOGICAL FUNCTIONS: Control of calcium metabolism through the uptake of calcium in the bones.

USES:

- Osteoporosis
- Bone pain

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GUNA® - CELL

DROPS

Ingredients:

Acetyl-L-Carnitine 3X
Alpha lipoic acid 3X
Alpha tocopherol 3X
Ascorbic acid 3X
Calcium carbonate 3X
Citricum acidum 3X
Cobalamin 3X
Colchicum autumnale 6X/12X/30X
Conium maculatum 6X/12X/30X
Cuprum sulphuricum 3X
Cyclic-AMP 6X;
DNA 6X
Ferrous fumarate 3X
Folic acid 3X
Fumaricum acidum 3X
Magnesia phosphorica 3X
Manganese gluconate 3X
Manganum phosphoricum 6X
Methylglyoxal 10X
Natrum oxalaceticum 3X
Natrum pyruvicum 3X
Niacin 3X
Pantothenic acid 3X
Phosphorus 4X
Podophyllum peltatum 6X/12X/30X
Potassium aspartate 3X
Pyridoxinum hydrochloricum 6X
Riboflavinum 6X
RNA 6X
Selenomethionine 3X
Succinicum acidum 3X
Sulfur 3X
Thiaminum hydrochloricum 4X
Zinc 3X



Uses:

General weakening; early ageing; cellular metabolism stimulation.

Directions:

20 drops twice a day also over extended periods of time.

Package size:

30 ml/1.0 fl. Oz. bottle

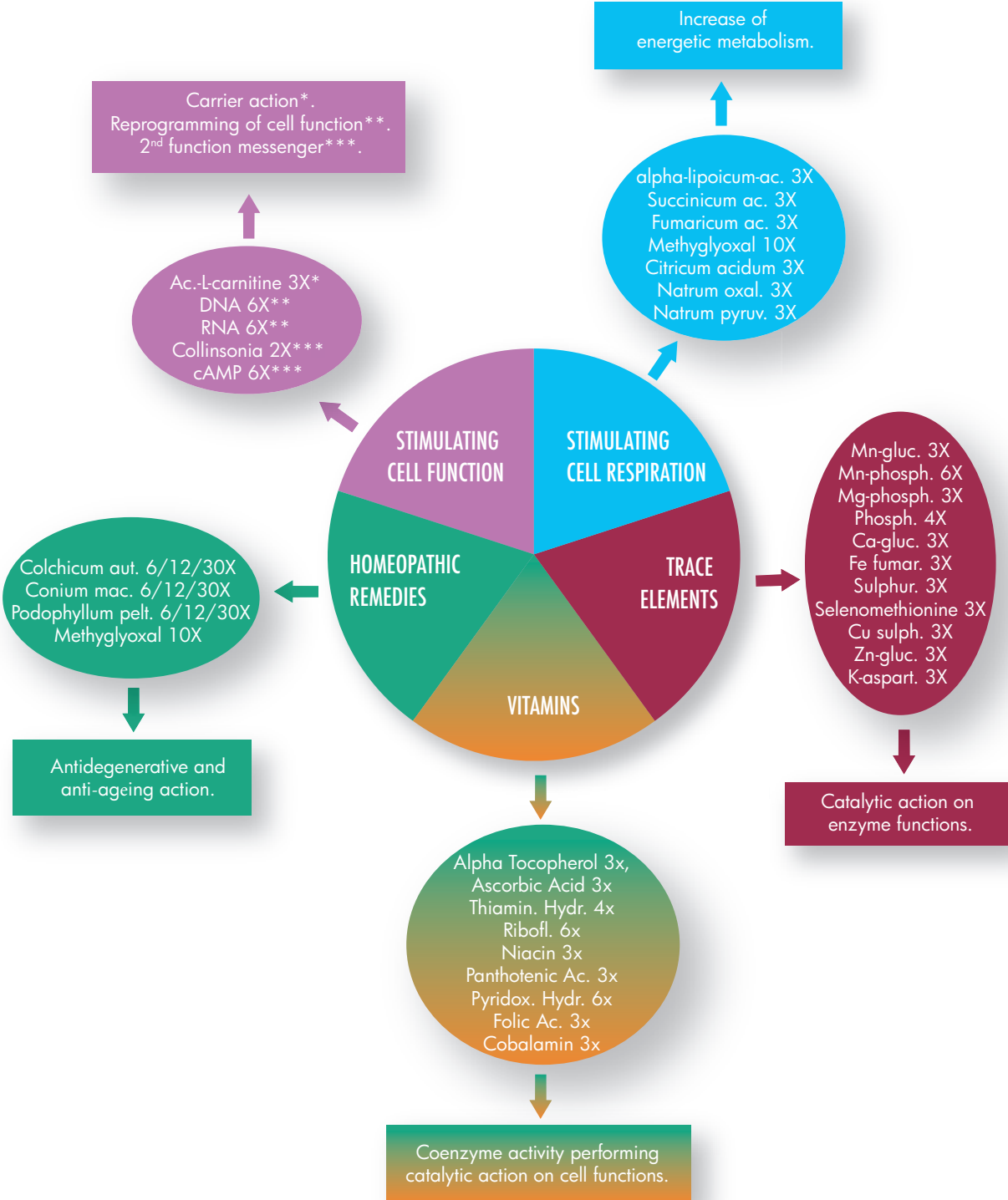
Most common combinations

Guna-Cell + Guna-Matrix + Guna-Fem / Guna-Male: anti-ageing standard treatment.

Guna-Cell + Anti Age Skin / Anti Age Face: anti-ageing standard treatment in Aesthetic Medicine.

Guna-Cell + Guna-Flu + Citomix: flu prevention in immuno-deficient patients with recurrent flu episodes, especially if over 40 years of age

The rational structure of **GUNA® -CELL** according to **Guna-Method**



Ingredients:

Ananassa 3X
Granulocyte colony
stimulating factor 4C/9C/15C/30C
Hydrocotyle asiatica 3X
Interferon gamma 4C
Interleukin 1beta 5C
Interleukin 2 5C/7C
Interleukin 4 4C
Interleukin 6 7C/9C/15C
Lymphatic vessel 4C
Medulla ossis 4C
Mountain cranberry 3X
Thymus gland 4C

Uses:

Used for the prevention of infections; boosting of immune defenses in acute and chronic infections; and in the treatment of acute inflammatory events of infective origin.

Directions:

5 pellets 2 times a day. In acute phases, 10 pellets 2-3 times a day.



Package size:

Net Wt. 8 g/0.28 oz. 2 Tubes

Most common combinations

Citomix + Guna-React: immediate activation of immune defenses in patients affected by acute infective diseases.

Citomix + Guna-Virus: strengthening of non specific antiviral immune defenses.

Citomix + Guna-Flu: flu prevention in immuno-deficient patients who previously suffered from recurrent flu episodes.

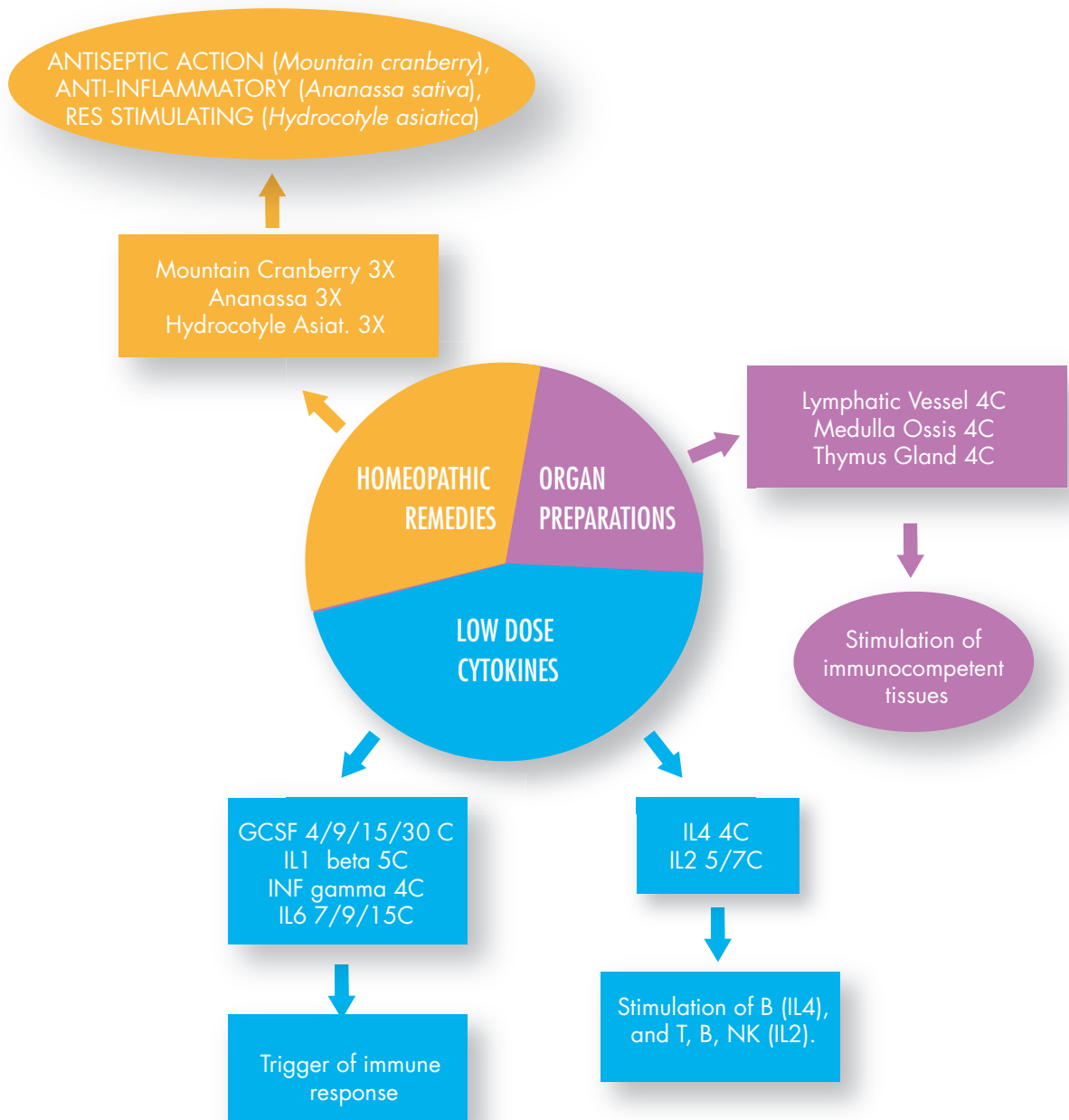
Citomix + Guna-Tonsils: chronic-recurrent tonsillitis in immuno-deficient patients.

Citomix + Eubioflor: immune strengthening in patients suffering from intestinal dysbiosis.

Citomix + Guna-Cough*/OmeotoxNoni**): chronic bronchitis (children*, adults or elderly**).

Citomix + Guna-Matrix + Guna-Cell + Guna-Fem/ Guna-Male: immunostimulation therapy.

The rational structure of **CITOMIX™** according to **Guna-Method**



•GUNA[®] - CTNF

CILIARY NEUROTROPHIC FACTOR

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Growth factor with action on the neurons damaged during growth or due to injury.

USES:

- neurological damage (during growth or secondary to trauma)
- visual disturbances
- brain aging
- appetite control

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



®GUNA - COLLAGEN

STERILE VIALS

Ingredients:

Collagen 6X

Uses:

Stimulation of the synthesis of autologous collagen. Treatment of face and neck wrinkles. Treatment of scars and stretch marks.

Directions:

Mesotherapy (intra dermal injections). Tunnelling technique. Transdermal delivery with appropriate devices. Standard protocol: 1 weekly treatment for 8-10 consecutive weeks. For better results, a maintenance treatment course of 3-4 weekly sessions is recommended once or twice a year. 1 vial is generally sufficient to treat the whole face.



Package size:

Box of 10 sterile vials, 2ml each.

• COLOSTRONONI

Containing freeze-dried bovine colostrum and *Morinda citrifolia* L. (Noni) extract in highly bioavailable form, Colostrononi is a fast-acting, orodispersible food supplement. It is suitable for use by both adults and children to: Favour intestinal eubiosis; Maintain the histological integrity of the intestinal mucosa; Stimulate the mucosa-associated immune system.

Why Colostrononi

With its vast surface area (approximately 400m²), the digestive tract represents the body's most important outside world/inside world interface. In physiological conditions, its delicate mucosal structures provide an effective filter that selects what is useful to and what is harmful for the body and an extraordinary protective barrier against pathogens or substances that are potentially harmful to its integrity (free radicals). In pathological conditions the mucosal structures can represent the main "way in" for viruses, bacteria, parasites and mycetes and their alteration can represent the aetiopathogenetic trigger for a multitude of inflammatory, infectious and functional illnesses, such as: influenza, intestine-related conditions (cystitis, prostatitis, candida), gastroenteritis, food intolerances and allergies, forms of dysentery, constipation, IBDs, IBS, Sinus disorders, RRI.

How it works

Colostrononi's action is due to its two components: bovine colostrum and *Morinda citrifolia* L.

Bovine colostrum: colostrum is the first milk produced by the mother after birth and it is commonly known as "the child's first vaccine", by virtue of its high antibody content: indeed, it differs from mature milk in the higher quantity (6 times higher) of antibodies, amino acids, vitamins, mineral salts, hormones and growth factors. Its active ingredients are:

Immunoglobulins and other immunomodulating ingredients: IgA/IgM/IgG, PRP (proline-rich polypeptides), lactoferrin, cytokines pool (IL-10 and IL-2), glycoproteins and tryptic inhibitors of trypsin, lymphokines, lysozyme, oligopolysaccharides and glycoconjugates that provide effective protection against viral, bacterial and mycotic infection.



Hormones, amino acids and growth factors: estrogens, androgens and calcium metabolism hormones, the entire amino acid pool and growth factors such as IGF-1, EGF, FGF and TGF, that stimulate the growth and repair of the intestinal mucosa considerably improving its barrier effect.

Vitamins, co-enzymes and trace elements: Vitamins A, C, D, E, B group vitamin, coenzyme Q10 and trace elements (Zn, Se, Cu, etc.) guarantee optimal cell metabolism and effective protection against free radicals.

Minerals and trace elements: Na, K, Ca, Mg, Fe, Cu, Zn, Cr, Se, P and S restore the osmotic and hydrosaline equilibrium.

Morinda citrifolia L. (Noni)

A plant used for centuries by the peoples of the South Pacific and valued for its therapeutic properties. The fruit's juice has a high concentration of proxeronine, the precursor of the alkaloid xeronine, with endocrine and immune system stimulating function and anti-inflammatory, antibacterial and analgesic properties.

The ADVANTAGES

- High content (550mg per sachet) of 100% pure, skimmed, freeze-dried, pasteurised bovine colostrum
- It dissolves directly in the mouth, without water
- Ready-to-use single-dose sachets
- Low fat content
- High digestibility
- Pleasant taste
- Inhibiting additive- and gluten-free
- The special pharmaceutical procedure used to manufacture Colostrononi means the product is

not subject to potentially aggressive mechanical and heating processes, in order to avoid alterations in the quality of the active ingredients.

Fields of application

- Prevention and treatment of influenza and influenza-like conditions, particularly in those forms characterised by gastrointestinal disorders (diarrhoea, vomiting, abdominal pain and cramps) associated with general tiredness, typical of the 'flu epidemics' of recent years
- Impaired or altered intestinal function, caused by infections (gastroenteritis) of both bacterial and viral origin, associated with diarrhoea, loss of appetite and abdominal pains.
- Intestinal dysbiosis secondary to prolonged use of antibiotics, incorrect diet, infectious diseases, physiological stress and unhealthy lifestyles.

Ingredients

Sweetener: sorbitol; freeze-dried bovine colostrum (with milk derivatives), Noni (*Morinda citrifolia* L., fruit) powdered juice, maltodextrin, flavouring, anti-caking agent: silicon dioxide; sweetener: sucralose.

Directions

Treatment of chronic gastrointestinal and intestine-related conditions

• Treatment of intestinal dysbiosis:

Adults, 1 sachet twice a day for 15 days. The treatment cycle can be repeated depending on the clinical situation. Dissolve the content of the sachet directly in the mouth, without water. The product should preferably be taken before meals.

Children, 1 sachet a day for 15 days. The treatment cycle can be repeated depending on clinical requirements. Dissolve the content of the sachet directly in the mouth, without water, or alternatively in milk or yogurt. The product should be taken preferably before meals.

Most common combinations

Colostroni + Proflora: gastrointestinal disorders with diarrhoea; recurrent infections of the gastrointestinal and genitourinary tracts.

Colostroni + Gunaelmint: recovery of the integrity and functionality of the gastrointestinal mucosa in cases of parasitic helminth infestation.

Colostroni + Enzyformula: bad digestion and malabsorption syndromes.

• Adjuvant treatment for acute gastrointestinal disorders:

Adults, 1 sachet twice or more a day (according to medical advice) for 4 – 5 days. Dissolve the content of the sachet directly in the mouth, without water. The product should be taken preferably before meals.

Children, 1 or more sachets a day (according to medical advice) for 4 – 5 days. Dissolve the content of the sachet directly in the mouth, without water, or alternatively in milk or yoghurt. The product should be taken preferably before meals.

Packaging

24 x 1.8 g of orodispersible granules
Net weight 43.2 g

Warnings and precautions

Store the product in a cool and dry place and protect from light. The expiry date refers to the product correctly stored in its original and undamaged packaging. Do not exceed the stated recommended daily dose. Keep out of the reach of young children. Excessive consumption may produce laxative effects. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.

Nutrition facts

	per 100 g	per sachet
Energy	386 kcal 1638 kJ	7 kcal 29 kJ
Fat	0.31 g	0.006 g
of which saturates	0.21 g	0.004 g
Carbohydrate	75.14 g	1.353 g
of which sugars	3.89 g	0.070 g
Protein (N X 6.25)	20.16 g	0.363 g
Salt	0.21 g	0.004 g
Freeze-dried bovine colostrum	30.56 g	550 mg
Noni powdered juice	11.11 g	200 mg

COMP REG

It **activates the complement system** which is, along with the antibodies, the key element of humoral **response against infectious agents**. The cascade activation of the components ensures the defensive functions, such as bacterial or viral cell lysis. The product supports hepatic function and regulates liver's reactivity, and particularly its drainage.

It **supports immunological and metabolic activities in states of stress**.

COMPOSITION

Paeonia D3, Ginseng D1/D3, Hibiscus D3, Curcuma longa D3, Splenisuis 4CH, Hepatine 4CH, Bilinum 7CH, IL1 beta 5CH, IL4 5CH/7CH, Sedum tele-phium D8, Plantago D3, Viscum album D8/D12/D20, IL11 5CH.

INDICATIONS

Immune deficiencies with a psycho-physical stressful background.

DOSAGE

3 granules 2-3 times a day.

PACKAGE SIZE

Tube containing 4 g of granules.

GUNA COMPLEX N1

GLOBULES

Ingredients:

Aconitum napellus 5C
Anas barbariae, Hepatis et Cordis extractum 200CK
Asclepias vincetoxicum 5C
Belladonna 5C
Cuprum metallicum 3C
Echinacea angustifolia 3C
Influenzinum 9C

Uses:

Prevention and treatment of cold and flu syndromes.

Directions:

Prevention: 1 dose a week for at least 6 weeks starting from September to October. It offers an excellent protection against influenza and influenza-like viruses.

Treatment: start during the first 12-24 hours from the onset of the pathology, to treat the symptoms of cold and flu: 1 dose every 6-8 hours till remission of the acute phase.



Package size:

6 Tubes Net Wt. 6g / 0.21 oz. globules

Most common combinations

Guna-Complex N1 + Citomix: flu prevention in immuno-deficient patients, or those experiencing recurrent influenza episodes.

Guna-Complex N1 + Citomix + Guna-Cell: flu prevention in immuno-deficient patients or suffering recurrent influenza in the past, particularly elderly patients.

Guna-Complex N1 + Guna-Virus: flu prevention in patients previously affected by viral infections of the upper, middle and lower respiratory tract.

Guna-Complex N1 + Guna-Tonsils: flu prevention in patients, particularly children previously affected by tonsillitis or adenotonsillar hypertrophy-hyperplasia.

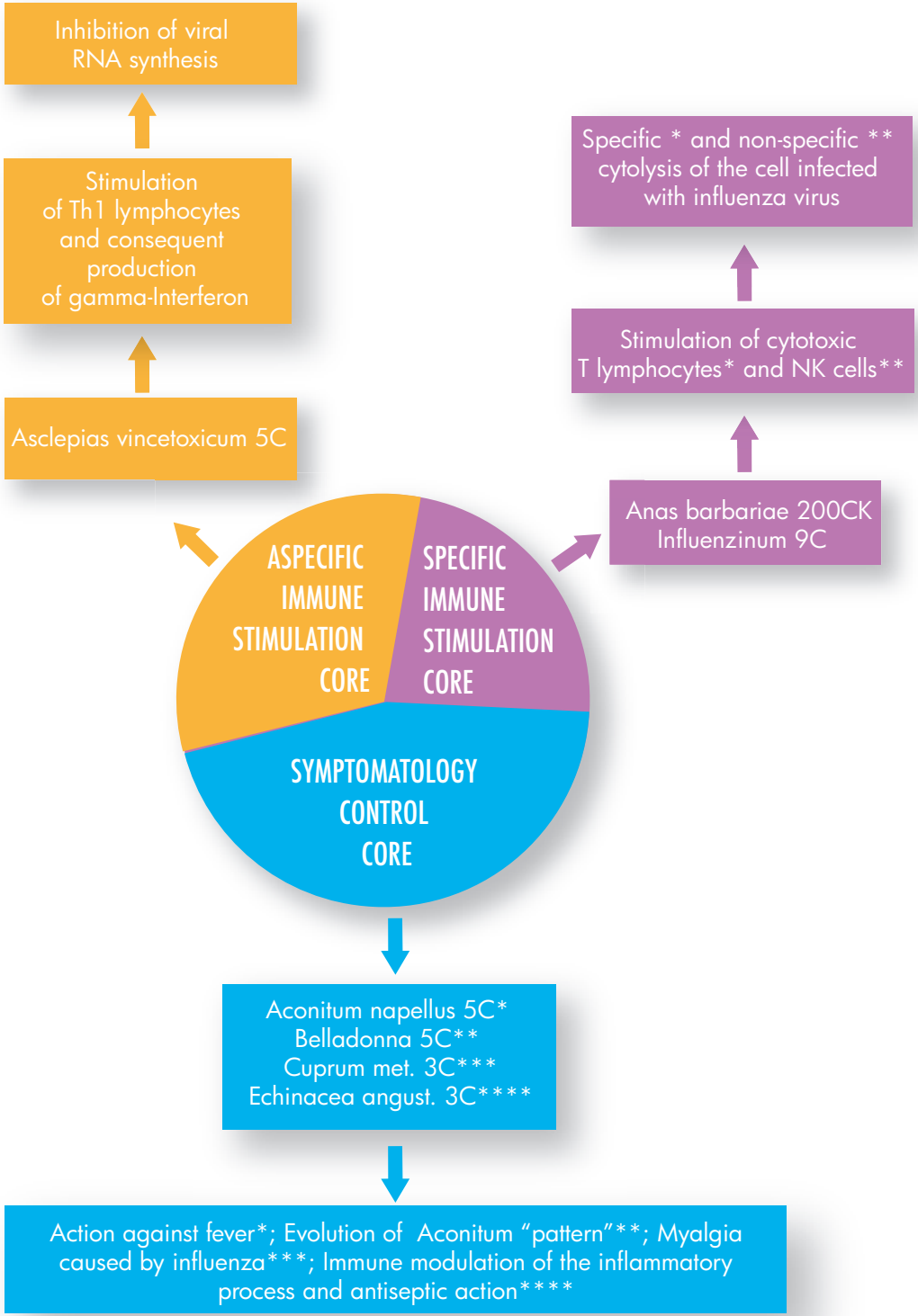
Guna-Complex N1 + Guna-Flam: influenza with fever.

Guna-Complex N1 + Guna-Cough: influenza with dry and productive cough, especially in children.

Guna-Complex N1 + Guna-Sinus Nose Spray: influenza with sinusitis.

Guna-Complex N1 + Guna-Rhino Nose Spray: influenza with rhinitis and rhinorrhoea.

The rational structure of **GUNA[®]-COMPLEX N1** according to **Guna-Method**



• GUNA® - COUGH

ORAL SOLUTION

Ingredients:

Althaea officinalis 1X
Antimonium tartaricum 8X
Bryonia alba 6X
Cetraria islandica 4X
Coccus cacti 6X
Cuprum aceticum 8X
Drosera 1X
Echinacea angustifolia 1X
Plantago major 1X
Sticta pulmonaria 4X
Thyme 1X

Uses:

Treatment (non sedative) of cough and bronchial secretion liquefaction and dispersal; Adjuvant in acute and chronic (catarrhal) tracheobronchitis treatment and in the treatment of cold and flu.

Directions:

Standard dosage:

Adults: 1 dose of 10 ml from 3 to 6 times a day.

Children: 1 dose of 5 ml from 3 to 6 times a day.



Package size:

150 ml / 5.07 fl. oz. Bottle

Most common combinations

Guna-Cough + Guna-Complex N1: dry or productive cough during flu episodes, especially in children.

Guna-Cough + Guna-Complex N1 + Guna-Flam: flu syndrome with fever.

Guna-Cough + Citomix: cough in patients affected by recurrent forms of immune deficit catarrhal bronchitis, especially in children.

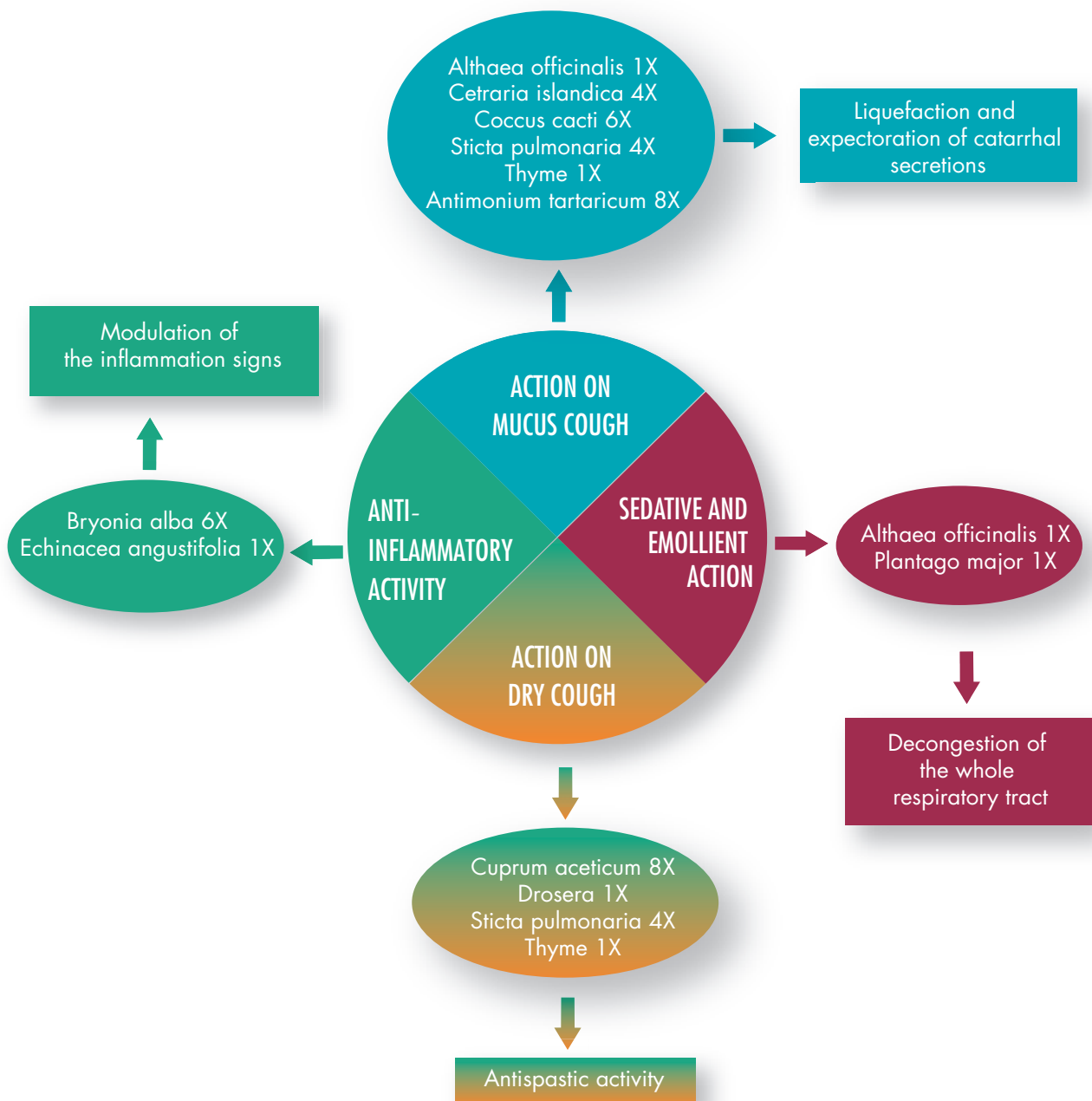
Guna-Cough + Eubioflor: persistent cough in immuno-deficient patients suffering from intestinal dysbiosis.

Guna-Cough + Guna-Flam: catarrhal bronchitis and cough with fever, especially in children.

Guna-Cough + Guna-Sinus Nose Spray: post nasal drip cough.

Guna-Cough + Guna-Allergy-T (+ Guna-Allergy-Prev): allergic cough.

The rational structure of GUNA[®]-COUGH according to Guna-Method



GUNA DEEP CLEANSE

Homeopathic medicine

DETOX

NDC 17089-466-18

ORAL DROPS



Helps drain toxins and liquids, supports kidney and liver cleansing function.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Apis mellifica 12X; Berberis vulgaris 3X; Chelidonium majus 4X; Equisetum hyemale 3X; Fucus vesiculosus 6X; Galium aparine 4X; Hamamelis 2X; Lycopodium clavatum 4X; Myosotis arvensis 4X; Natrum sulphuricum 12X; Nux vomica 4X; Pareira brava 6X; Podophyllum peltatum 6X; Pyrogenium 12X; Solidago 4X; Thuja occidentalis 6X.

Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

GUNA DEFENSE

Homeopathic medicine

NDC 17089-467-20

PELLETS FOR ORAL USE



COLD & FLU RELIEF

Relieves minor symptoms of viral infections that may affect the upper respiratory tract, such as cough, sore throat, sneezing, cold sores, fever.

Relieves minor symptoms of viral infections that may affect the intestinal tract such as diarrhoea and fever.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medication
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).
- Alcohol-free

INGREDIENTS

Active ingredients: Asclepias vincetoxicum 6X; Echinacea 2X; Echinacea purpurea 2X; Hepar sulphuris calcareum 10X; Hydrocotyle asiatica 4X; Phytolacca decandra 4X; Sulphur 10X; Thuja occidentalis 6X. Inactive ingredient: Sucrose.

DIRECTIONS

Adults and children over 12 years: 5 pellets, 3 times per day.

Children 6- 12 years: 3 pellets, 3 times per day.

Children under 6 years: consult a physician

Take on an empty stomach. Take 15 minutes before meals.

HOW TO USE

Turn tube upside down and rotate cap to release pellets into cap. Unscrew the cap carefully, do not touch the pellets with your hands. Pour the pellets under the tongue and allow to dissolve.

PACKAGING

Box containing 2 tubes of pellets, 4 g / 0.14 oz. each. Net weight 8 g / 0.28 oz. Oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately.

DENTOTOX NO. 3 – Pre-amalgam

Indications

Effective as a co-adjuvant for preparation for amalgam removal or for patients who present with amalgam poisoning, but who cannot or do not wish to have their fillings removed (neutralisation and antidote).

It is also effective for treating the formation of galvanic currents in the mouth (buccal currents).

Composition

Antidotes against mercury:

Aurum metallicum D12, D30
Chinium arsenicosum D4, D6
Hepar sulphuris D9
Sarsaparilla D4
Silicea D9

Strengthening of the immune system:

Thuja D2 – viral and bacterial infections
Glandulae lymphaticae CH4, CH7 – lymphatic drainage
Ribes nigrum gemmae D1 – improves resistance to stress
Natrium fluoratum D9 – autoimmune disorders

Effects of mercury as an antidote on the nervous system:

Passiflora incarnata Ø – antidote to galvanic effects
Eschscholtzia californica Ø – sedative effect against overstimulation of the nervous system
Argentum nitricum D9, D12 – homeopathic protection of the nervous system
Zincum valerianicum D6 – Sedative effective against overstimulation
Niccolum metallicum D12, D15 – weakening of the nervous system and Pancreas

Regeneration of organs and drainage:

Ren CH4, CH7 – kidneys
Hepar CH4 - liver
Glandulae suprarenales CH4 - adrenal glands
Chelidonium D3 – hepatic drainage
Solidago virga aurea Ø – renal drainage
Hieracium pilosella Ø – renal drainage

Posology

Prior to amalgam removal: 15 drops, 3 times a day in combination with Dentotox 4 *Dental drainage* and Dentotox 15 *Pre-operative* – both at a dosage of 15 drops, 3 times a day.

See section entitled “Pre-operative therapy” as well.

Detox Range

What are Detox- Endotox?

Detox are homeopathic complexes that provide valid detoxification.

The components include classic homeopathic remedies, nosodes, organ preparations, intermediate catalysts, gemmo-phytotherapeutic and isotherapeutic elements.

How do they work?

The Detox are specifically for the detoxification and drainage of **exogenous toxins**.

When are they used?

Detox can be used for specific detoxification treatments, or as a support therapy during long-term treatments.

STANDARD DOSAGE

10-30 drops 3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

Detox No. **3** (Connective tissue)

Detox No. **6** (Energy load)

Detox No. **13** (Kidneys)

Detox No. **17** (Stress)

• GUNA® - DIGEST

DROPS

Ingredients:

Abrotanum 1X
Amylase pancreatic 2X
Angelica archangelica 1X
Anisum 1X
Ascorbic acid 2X
Colocynthis 3X/10X/30X/200X
Diencephalon 3X/6X/12X
Duodenum 6X/8X/12X
Gall bladder 6X/8X/12X
Gentiana lutea 1X
Hepar 6X/8X/12X
Lipase enzyme 2X
Melatonin 4C
Niacin 2X
Nux vomica 3X/10X/15X/30X/200X/1000X
Pancreas 6X/8X/12X
Pylorus 6X/8X/12X
Serotonin 6X
Thiaminum hydrochloricum 4X
Trypsin 2X
Tryptophan 6X



Package size:

30 ml/1.0 fl. Oz. bott

Uses:

Functional dyspepsia of various origin: organic or caused by stress, postprandial sleepiness, postprandial bloating, digestive disorders secondary to food or alcohol abuse.

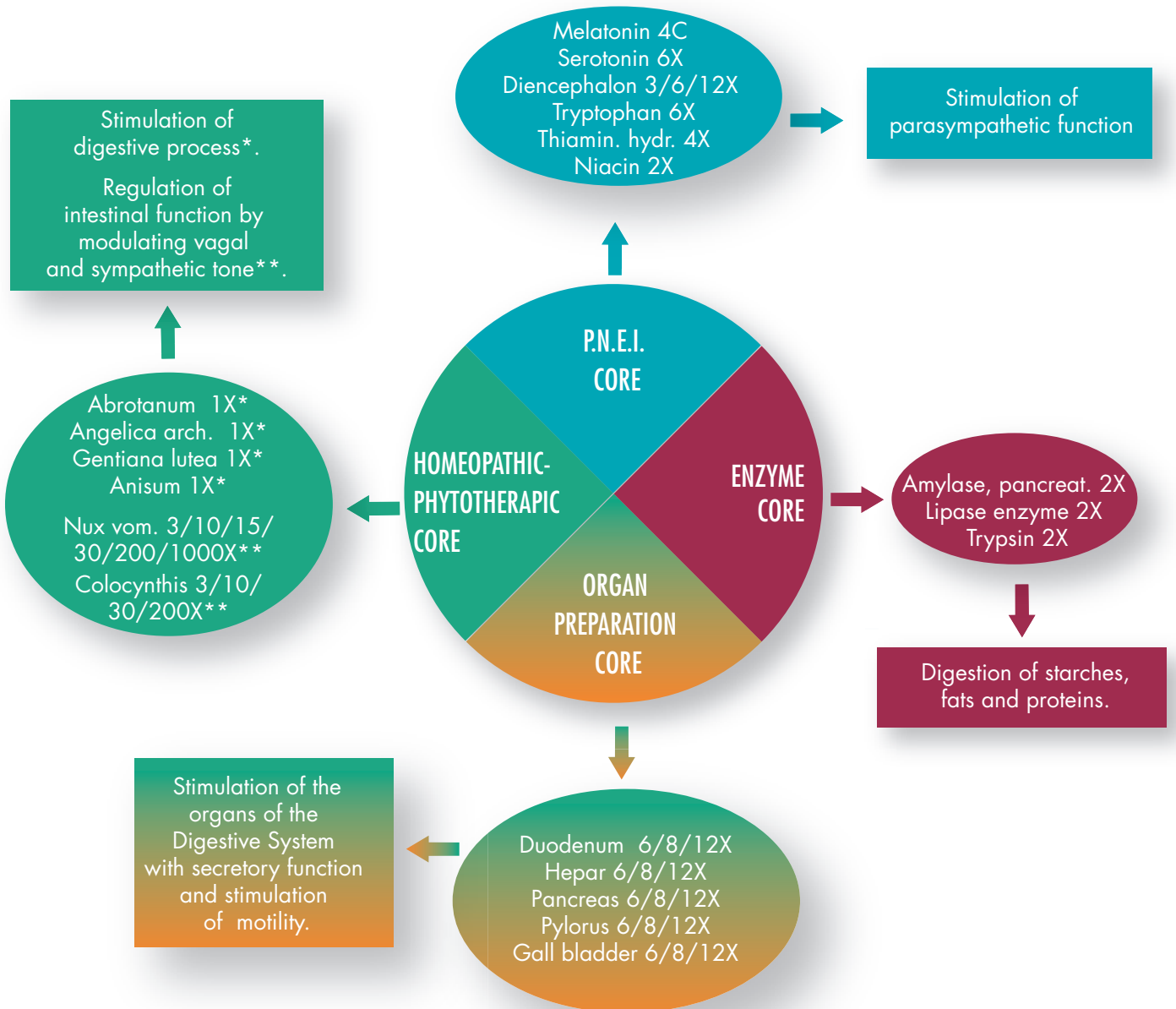
Directions:

20 drops twice a day for at least two months. As a shock therapy, 10 drops every 30 minutes for two hours.

Most common combinations

- Guna-Digest + Guna-Bowel: irritable bowel syndrome.
- Guna-Digest + Guna-Stomach: dyspeptic syndromes accompanied by gastritis.
- Guna-Digest + Eubioflor: digestive disorders due to dysbiosis.
- Guna-Digest + Guna-Liver: digestive hepatic disorders. Treatment of hepatopathy due to alcohol abuse.
- Guna-Digest + Guna-Anti Age Stress: digestive disorders due to stress conditions.

The rational structure of GUNA® -DIGEST according to Guna-Method



GUNA DIGESTION PLUS

Homeopathic medicine

GASTROINTESTINAL HEALTH

NDC 17089-475-20

ORAL DROPS



Temporary relief of indigestion symptoms such as drowsiness, nausea, constipation.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Aethusa cynapium 3X; Hepar suis 6X; Lycopodium clavatum 4X; Nux vomica 4X 6X, 10X, 30X, 200X; Pancreas suis 6X.

Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

In cases of acute symptoms, 10 drops every 30 minutes, for 2 hours.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

• GUNA® - DIUR

DROPS

Ingredients:

Berberis vulgaris T
Mouse-ear hawkweed T
Solidago virgaurea T
Amiloride 4X
Apis mellifica 2X
Hydrochlorothiazide 4X
Hypophysis 12X
Spironolactone 4X

Uses:

Diuretic, essential hypertension; water retention; adjuvant in slimming therapies.

Directions:

20 drops twice a day. Duration of treatment: according to medical advice.



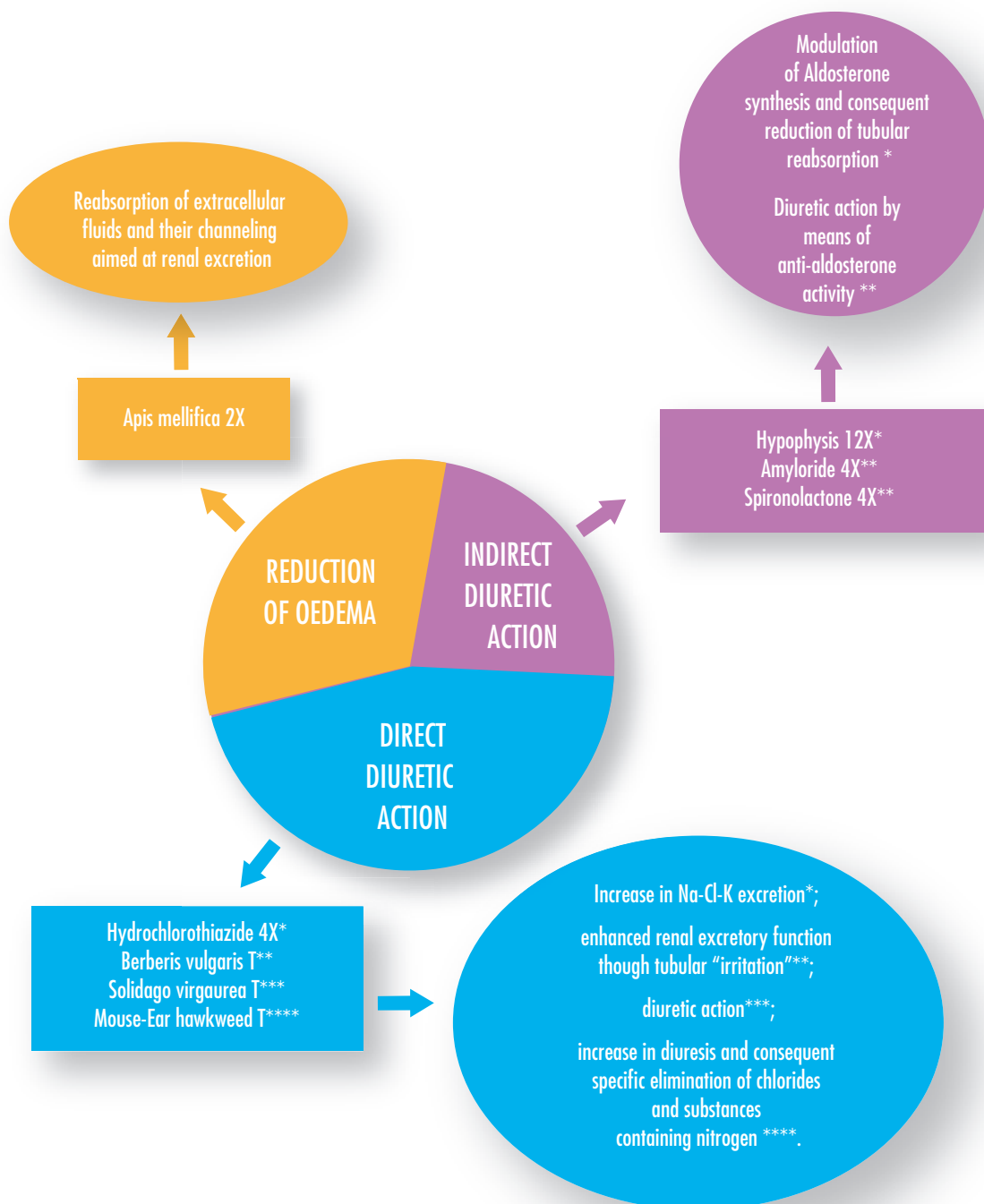
Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

Guna-Diur + Guna-Lympho: supportive diuretic treatment in lymphedema.
Guna-Diur + Guna-PMS: water retention due to premenstrual syndrome
Guna-Diur + Guna-Fem/ Guna-Male: essential hypertension.

The rational structure of GUNA®-DIUR according to Guna-Method



GUNA[®] - EGF

EPIDERMAL GROWTH FACTOR

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Neurotrophin with action on the damaged neurons during growth or due to injury.

USES:

- skin rashes
- skin aging
- itching
- cracked skin
- heartburn and gastritis
- epigastric discomfort and pain
- blurred vision and scintillating scotoma
- hypersensitivity to pain

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



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Endocrinotox Range

What are Endocrinotox?

Endocrinotox are 26 preparations with the aim of regulating the neuroendocrine system.

Components are absolutely synergic in their action and include homeopathic and gemmo-phytotherapeutic remedies, organ **preparations and potentised hormones**, as well.

How do they work?

The remedies support metabolism and regenerate the organs through an endocrine function. The outcome is that patients succeed in reacting better when they are submitted to strong emotional stimuli or, more in general, to stress-inducing factors.

Endocrinotox enables to treat endocrinological pathologies and re-adjusts the constitutional balance.

When are they used?

- To restore regularity to disturbed endocrine functions.
- To take action on constitutional aspects relating to neuroendocrine imbalance.
- As support in the course of slimming diets.

STANDARD DOSAGE

10-30 drops 3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

Endocrinotox No.	2	General regeneration, male
Endocrinotox No.	3	General regeneration, female
Endocrinotox No.	17	Menopausal disorders

• ENZYFORMULA

Enzyformula is a “differentiated release” food supplement, constituted by a combination of digestive enzymes, vitamin PP and plant extracts that favours digestive and hepato-bilio-pancreatic functions and the rebalancing of the physiological detoxifying processes. Its exclusive formula is an ideal blend of enzymes and plant extracts for optimum restoration of the digestive function. Enzyformula production method makes this supplement unique and readily bioavailable.

When to use

Digestive enzymes are usually secreted in the first part of the digestive tract (mouth, stomach and first part of the small intestine), where they generate digestion processes and the absorption of nutrients; in situations associated with dietary stress or excess, old age or unhealthy lifestyles, there may be a reduction in enzyme secretion, with a consequent dysregulation of digestive processes and of physiological hepatic and pancreatic function.

With its combination of specific active ingredients and innovative “differentiated-release technology”, Enzyformula helps to promote the physiological digestion of lactose, complex sugars, vegetable fibers, fats and proteins, whose altered metabolism causes the onset of a number of gastrointestinal disorders (digestion problems and feeling of heaviness, post-prandial drowsiness, abdominal bloating, intestinal gas and postprandial headache).

It can be used by all subjects with digestive disorders and it is ideal for those over the age of 40, when digestive enzyme function drops by 50%.

Fast layer and slow layer: how the components of Enzyformula work

Enzyformula “differentiated-release” tablets are constituted by a first faster-release layer, for rapid, specific enzymatic and phytotherapeutic support in the gastroduodenal area and a slower-release layer, to favour the optimum protective and antioxidant activity of the plant ingredients.



The active ingredients of the fast-release layer

To optimise activity, the following are released in the stomach and upper small intestine, within 60 minutes:

Natural blend of enzymes (papain, bromelin, lactase, lipase, cellulase and amylase): this complete blend of enzymes of plant origin favours the digestion of even the most complex molecules, such as proteins, sugars, lactose, fats and plant fibres, to facilitate their gastric and intestinal transit.

Phyllanthus niruri L. dry extract: ingredient of plant origin that favours liver function and promotes detoxification processes.

Fumaria officinalis L. dry extract: herbal remedy that helps rebalance hepatobiliary, pancreatic and gastric function, over which it also exerts an antispastic action.

Vitamin PP: important enzymatic co-factor that promotes the physiological function of the gastric and intestinal mucosa.

The active ingredients of the slow-release layer

Its special formulation makes this layer gastroresistant, allowing its ingredients to pass through the stomach unharmed to release them with a more effective action in the upper part of the intestine:

Curcuma longa L. dry extract: plant extract with potent antioxidant properties that is particularly useful for its protective action on the liver and bile ducts, whose function it promotes.

Melon superoxide dismutase (SOD): ingredient with antioxidant properties.

The ADVANTAGES of Enzyformula

- Complete, specific blend of digestive enzymes and plant ingredients
- Controlled, gastroresistant release to optimise the action of components according to correct digestive chronophysiology
- Quick and prolonged action
- High compliance
- Gluten-free

Fields of application

- Digestive problems secondary to reduced enzyme secretion: abdominal heaviness, abdominal bloating, post-prandial drowsiness, postprandial headache.
- Poor digestion of: lactose (milk, yogurt, cheese and other dairy products), complex proteins (meat, casein), fibers-rich vegetable products, fat-rich foods
- Dysbiosis and malabsorption syndromes
- Overweight and obesity
- Hepatopancreatic protection.

Ingredients

Bulking agent: microcrystalline cellulose, calcium phosphates, Maltodextrin, Stonebreaker (*Phyllanthus niruri* L.) grass standardised dry extract, enzyme combination (amylase, lactase, lipase and cellulase), Fumitory (*Fumaria officinalis* L.) grass and flowers dry extract, fatty acids, Bromelain, Papain, Turmeric (*Curcuma longa* L.) rhizome standardised dry extract, Anti-caking agents: cross-linked sodium carboxymethyl cellulose, silicon dioxide, magnesium salts of fatty acids, talc, Vitamin PP (Niacin), Coating agents: Hydroxypropyl cellulose, carnauba wax, Superoxide dismutase (SOD), Sweetener: sucralose.

Directions

2 tablets daily are recommended. Swallow 1 tablet with a glass of water right before or after the 2 main meals.

Packaging

20 x 1.18 swallowable tablets
Net weight 23.6 g

Warnings and precautions

Do not exceed the stated recommended daily dose. Store the product in a cool and dry place and protect from light and heat sources. The expiry date refers to a product correctly stored in its original and undamaged packaging. Keep out of the reach of young children. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.

Nutrition facts

	per 100 g	per daily dose 2 tablets	%NRV*
Energy	305.1 kcal	7.20 kcal	
	1279.7 kJ	30.20 kJ	
Protein	6.8 g	0.16 g	
Carbohydrate	37.9 g	0.90 g	
of which sugars	25.42 g	0.60 g	
Fat	8.0 g	0.18 g	
of which saturated fatty acids	7.42 g	0.175 g	
Salt	0.5 g	0.118 g	
Stonebreaker (<i>Phyllanthus niruri</i> L., herba) standardized dry extract	16949.15 mg	400 mg	
Enzyme blend (amylase, lactase, lipase, cellulase)	874.58 mg	200mg	
Fumitory (<i>Fumaria officinalis</i> L., herba c. floribus) standardized dry extract	874.58 mg	200 mg	
Bromelain	4237.29 mg	100 mg	
Papain	4237.29 mg	100 mg	
Vitamin PP (Niacin)	1525.42 mg	36 mg	225
Turmeric (<i>Curcuma longa</i> L., rhizoma) standardized dry extract	3389.83 mg	80 mg	
Superoxide dismutase (SOD)	423.73 mg	10 mg	

*NRV: Nutrient Reference Values

Most common combinations

Enzyformula + Colostroni: malabsorption syndromes.

Enzyformula + Proflora: dysbiosis

Enzyformula + Epatoguna: control of dyspepsia symptoms and food intolerances.

• EPATOGUNA

Epatoguna is a food supplement with freeze-dried liver, Choline and Green Tea. Choline helps to maintain normal liver function and physiological fat metabolism. Green tea (*Camellia sinensis*) is antioxidant and contributes to normal liver function.

When to use

The liver is one of the most complex organs of our body. It produces bile acids, which is essential for the digestion of lipids, it is a main storage site for Iron, Vitamin B12 and Copper, it has an extraordinary ability to filter and eliminate toxic and food waste.

Unbalanced diet with an excessive intake of fats and sugars, disorderly lifestyle, overweight and obesity, metabolic syndrome, alcohol abuse, inappropriate medication use, can affect the state of health of the liver and cause digestion disorders, debilitation, alteration of the parameters of liver functionality (Transaminase) and also lead to a slowdown of its physiological functions and regeneration capabilities.

Thanks to the most advanced nutraceutical research, Guna has designed Epatoguna, an innovative and cutting-edge food supplement in the form of controlled-release “gastro-protected” tablets which, along with a healthy lifestyle, helps support and reactivate the normal hepatic function.

How it works

Epatoguna action is due to its components.
Freeze-dried pig liver “Neorland”®: it is produced through an exclusive, controlled process which allows a higher bioavailability of the specific natural nutrients such as vitamin pool (especially rich in B group Vitamins), minerals such as Iron, and essential amino acids which are useful to support and regulate liver metabolic and regeneration processes.

Choline: this essential nutrient plays a fundamental role for the health of the organism. A great number of experimental studies show that a low-choline diet favours the storage of fats



in the liver, which leads to a sort of “metabolic stress” and reduces its physiological functionality. choline supplementation is useful to counteract the storage of fats in the liver and to support its correct functioning.

Green tea (standardised to 95% Epigallocatechin-3-gallate): contains many beneficial components, among which the polyphenolic compounds called “catechins”. Several studies have shown the particularly beneficial effects of Epigallocatechin-3-gallate, a catechin which is present in large quantities in Epatoguna. It has a positive effect on the metabolism of lipids and on the maintenance of body weight balance. A consumption of Epigallocatechin-3-gallate is recommended to support the physiological hepatic function.

The ADVANTAGES

- Thanks to the special pharmaceutical form (“gastro-protected” tablet) the active ingredients of Epatoguna are protected by the action of gastric juices, fully released and promptly absorbed only in the upper intestinal tract for a faster and more effective action of the liver.
- Approved claim for liver function
- Unique with gastroresistant tablet: release targeted only at the lumen of the small intestine
- Not contraindicated during pregnancy and breastfeeding
- Easy to use
- Pleasant taste
- Free from gluten, lactose, sucrose, maltodextrins

Ingredients

Bulking agent: microcrystalline cellulose; freeze-dried liver; choline bitartrate; fatty acids; anti-caking agents: silicon dioxide, cross-linked sodium carboxy methyl cellulose, magnesium salts of fatty acids, crospovidone, talc; Green tea (*Camellia sinensis* L. Kuntze) leaves dry extract standardized to 95% epigallocatechin gallate (ECGC); glazing agents: ethyl cellulose, carnauba wax; colour: iron oxides.

Directions

Take 1 tablet of Epatoguna twice a day; swallow one tablet with some water.

Packaging

32 x 1.125 g swallowable tablets
Net weight: 36 g

Warnings and precautions

Do not exceed the stated recommended daily dose. Store the product in a cool and dry place and protect from light.

The expiry date refers to a product correctly stored in its original and undamaged packaging. Keep out of the reach of young children. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.

Nutrition facts

	per 100 g	per sachet 2 tablets
Energy	361.1 kcal 1496 kJ	7 kcal 29 kJ
Fat	14.3 g	0.322 g
of which saturates	12.64 g	0.284 g
Carbohydrate	15 g	0.338 g
of which sugars	0.3 g	0.007 g
Protein (N X 6.25)	23 g	0.518 g
Salt	0.625 g	0.014 g
Freeze-dried liver	26.67 g	600 mg
Choline	7.33 g	165 mg
Green tea dry extract	1.78 g	40 mg
of which saturate	1.69 g	38 g

Most common combinations

Epatoguna + Gunamino Formula: control of overweight patients affected by metabolic syndrome.

Epatoguna + Enzyformula: control of dyspepsia symptoms and food intolerances.

Epatoguna + Omega Formula: control of hypercholesterolemia and hyperhomocysteinemia in patients with metabolic syndrome.

EUBIOFLOR 1

This is a complex preparation designed for the **treatment of intestinal dysbiosis of various origin**. It is consequently indicated in all pathologies in which an altered intestinal bacterial flora constitutes an important aetiological cofactor.

Due to its composition, **Eubioflor 1** ensures an effective drainage of the intestines, while also supporting the other organs of the digestive tract, promoting an immunostimulating action and contrasting the processes of intestinal putrefaction by simultaneously preparing the terrain for the subsequent colonisation of the colon by the eubiotic flora.

COMPOSITION

Uncaria tormentosa D4, Vaccinium myrtillus D4, Althaea off. D4, Carduus marianus D4, Taraxacum D4, Tecoma D4, Bacterium coli D6/D12/D30, Bacterium proteus D6/D12/D30, Candida albicans D6/D12/D30, Silberamalgam D6/D12/D30/D200, Indolum D6/D12/D30, Scatolum D6/D12/D30, Okoubaka D6, Colon suis D6/D12/D30, Pancreas suis D12,

Hepar suis D12, Vesica fellea suis D6, Nux vomica D6, Carbo vegetabilis D6, Veratrum D6, Aethusa cynapium D6. Contains alcohol (30%).

INDICATIONS

For the treatment of intestinal dysbiosis
For the prevention of dysbiosis during and after antibiotic therapy.

DOSAGE

10 drops three times a day for two months

Notes: eliminate any foods that the individual may be intolerant to, and always rule out milk and its derivatives, pork and its derivatives, white sugar.

After a cycle of treatment with Eubioflor 1, treatment can continue with Eubioflor 2, proceeding with a recolonisation of the intestinal environment with suitable enzymes.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

EUBIOFLOR 2

Eubioflor 2 is for maintenance therapy in cases of dysbiosis. The action of the medicine focuses mainly on the reactivation of digestive function, thanks to the presence of organ preparations in low dilutions and homeopathic remedies with a specific trophic effect on the organs of the digestive tract.

Given these premises for its therapeutic action, Eubioflor 2 promotes the recovery of an intestinal environment suitable for recolonisation by the symbiotic eubiotic flora.

COMPOSITION

Uncaria tormentosa D4, Vaccinium myrtillus D4, Colon suis D6, Hepar suis D6, Vesica fellea suis D6, Pancreas suis D6, Lycopodium D6, Chelidonium D6, Leptandra D6, Momordica D6, Quassia D6, Podophyllum D6, Veratrum D6/D12/D30, Nux vomica D6/D12/D30.

Contains alcohol (30%).

INDICATIONS

For continuing the treatment of intestinal dysbiosis after treatment with Eubioflor 1.

DOSAGE

10 drops three times a day for at least two months. Proceed with 10 drops a day for another two months.

Notes: during treatment with Eubioflor 2, it is advisable to associate a therapy for recolonising the intestinal environment.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

EXTRABIOS 2

COMPOSIZIONE

Extrabios 2: Cerebrum Suis D10/D30/D200, Selenium D30, Echinacea Ang. D4, Atropinum D4, Heloderma D12/D30/D200, Embryo Suis D10/D30/D200, Argentum D4.

INDICATIONS

For auxiliary treatment in Parkinson's disease.

DOSAGE

10 drops 3 times a day, or 15 drops twice a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

• GUNA®-FEM

DROPS

Ingredients:

Adenosinum cyclophosphoricum 6X
Corpus luteum 6X/12X/30X/200X
Glandula suprarenalis 6X/12X/
30X/200X
Hypophysis 6X/12X/30X/200X
Hypothalamus 6X/12X/30X/200X
Lilium tigrinum 6X/12X/30X
Melatonin 6X/12X/30X/200X
Oophorium 6X/12X/30X/200X
Pancreas 6X/12X/30X/200X
Pineal gland 6X/12X/ 30X/200X
Thymus gland 6X/12X/ 30X/200X
Thyroidinum 6X/12X/30X/200X

Uses:

Neuroendocrine axis rebalancing in women; functional disorders of menstrual cycle; mood swings; mental and physical stress conditions.

Directions:

20 drops twice a day for two months at least.



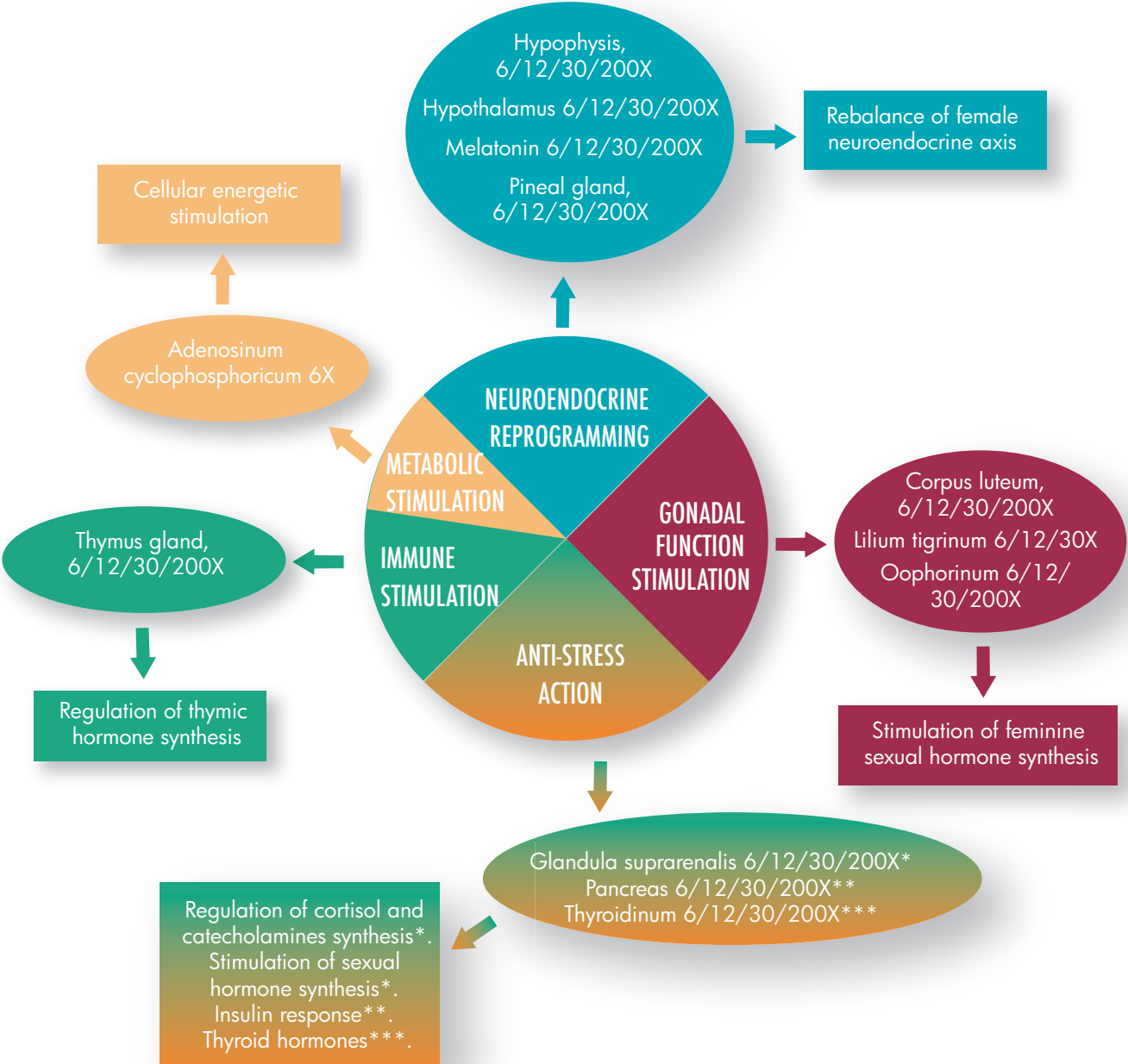
Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

- Guna-Fem + Guna-PMS: premenstrual syndrome, dysmenorrhoea, vasomotor symptoms (hot flushes) of neurovegetative origin, in patients in pre-climacteric or climacteric period.
- Guna-Fem + Guna-Mood: anxious-depressive syndromes of dysendocrine origin, for instance in the perimenopausal or premenstrual period.
- Guna-Fem + Osteobios: prevention and treatment of osteoporosis.
- Guna-Fem + Guna-Diur: water retention; essential hypertension.
- Guna-Fem + Guna-Cell + Guna-Matrix: anti-aging standard treatment in female patients.

The rational structure of **GUNA®-FEM** according to **Guna-Method**



GUNA FEMALE BALANCE

Homeopathic medicine

HEALTHY AGING

ORAL DROPS



Temporarily relieves symptoms of female hormonal imbalance, such as mood swings, menstrual irregularities, menstrual cramps.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Adenosinum cyclophosphoricum 6X; Sepia officinalis 10X; Glandula suprarenalis suis 30X; Hypophysis suis 30X; Hypothalamus suis 30X; Lilium tigrinum 6X; Oophorium 6X; Pancreas suis 30X; Pulsatilla 8X; Magnesium phosphoricum 10X.

Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

Children under 12 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health care professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

• FERROGUNA

Ferroguna is an orodispersible food supplement containing Iron, Copper, Vitamin C and dried baobab fruit flesh. Iron contributes to normal red blood cell and haemoglobin formation and helps to reduce asthenia. Vitamin C favours the absorption of Iron and Copper favours normal Iron transportation inside the body.

When to use

Ferroguna is ideal for use in cases of:

- increased Iron requirements (pregnancy, breastfeeding, infancy, old age and sports) (1)
- reduced Iron absorption (dietary deficiency, intestinal diseases that impair the absorption of iron, vegetarian diet)
- increased physiological (menstruation) or pathological blood loss (gastritis and gastroduodenal ulcer, benign and malignant intestinal tumours, etc.).

Iron deficiency symptoms

- Asthenia and fatigue
- Palpitations
- Headache
- Shortness of breath
- Pale skin
- Appearance of small ulcers in the corners of the mouth
- Burning sensation on the tongue and taste alteration

Why Ferroguna

One sachet of Ferroguna contains an average of 14 mg of ferrous fumarate in its ionic ferrous state with a bioavailability of 30-35%, which is higher than any other dietary or pharmacological sources (which have a bioavailability of 5-20%).

One sachet of Ferroguna releases into the blood about **5 mg of iron**, i.e. a single sachet of Ferroguna

(1) Roncuzzi A. et Al. – Efficacy and tolerability of FerroGUNA versus iron sulphate in the treatment of iron-deficiency anaemia in pregnancy: controlled non-inferiority study. *Giorn. It. Ost. Gin.* Vol XXXIV – no. 6 November – December 2012.



satisfies the recommended daily allowance of Iron in both physiological and special situations. The high bio-availability of Iron is guaranteed by the special characteristics of Ferroguna's formulation: indeed, the complementary and synergetic action of vitamin C and Copper serves to boost the absorption and metabolism of Iron.

With its very high bio-availability, which allows low doses, Ferroguna **does not cause the gastrointestinal side effects** observed with other supplements containing Iron.

The ADVANTAGES

- High bio-availability of Iron
- Pleasant taste
- Excellent tolerability
- Gluten-free

Ingredients

Sweetener: (corn) sorbitol; Baobab fruit flesh (*Adansonia digitata* L.), ferrous fumarate, L-ascorbic acid (vitamin C), acidity regulator: citric acid; natural flavouring, stabiliser: arabic gum;

anticaking agent: silicon dioxide, sweetener: steviol glycosides; copper citrate.

Directions

Dissolve the content of the sachet directly in the mouth, without water.

Children up to 12 years: 1 sachet of orodispersible granules a day.

Children over 12 and adults: 1 to 2 sachets of orodispersible granules a day.

Pregnancy and breastfeeding: 2 sachets of orodispersible granules a day, unless advised otherwise by a doctor.

Packaging

28 x 1.7 g sachets of orodispersible granules.
Net weight 47.6 g

Warnings and precautions

Store away from direct light, in a cool, dry place. The expiry date refers to the product correctly stored in its original and undamaged packaging. Keep out of the reach of young children.

The product contains sugar alcohols: excessive use may have laxative effects.

Do not exceed the stated recommended daily dose. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle

Nutrition facts

	per 100 g	per sachet	%NRV* per sachet
Energy	276 kcal 1155 kJ	5 kcal 20 kJ	
Fat	0.23 g	-	
of which saturated fatty acids	-	-	
Carbohydrate	80.78 g	1.37 g	
of which sugars	13.84 g	0.24 g	
Protein	0.61 g	0.01 g	
Salt	0.02 g	-	
Iron	823.5 mg	14 mg	100
Copper	21.2 mg	0.36 mg	36
Vitamin C	1764.7 mg	30 mg	38
Baobab fruit pulp	38.2 g	650 mg	

*NRV: Nutrient Reference Values

Most common combinations

Ferroguna + Gunamino Formula: iron deficiency anemia with low hemoglobin values.

Ferroguna + Colostroni: iron deficiency secondary to malabsorption syndromes.

Ferroguna + Vit Formula: iron deficiency anemia along with vitamin deficiency.

•GUNA[®]- FGF

FIBROBLAST GROWTH FACTOR

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Mitogen for fibroblasts and other cells of ectodermal, endodermal and mesodermal origin.

USES:

- aging
- impaired wound healing
- painful and degenerative symptoms in the joints with limited joint movement
- skin aging

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GUNA®-FLAM

DROPS

Ingredients:

Aconitum napellus 6X/12X/30X/200X
Anti interleukin 1 alpha 4C
Apis mellifica 6X/12X/30X/200X
Belladonna 6X/12X/30X/200X
Beta-Endorphin 6X
Bryonia alba 6X/12X/30X/200X
Citricum acidum 3X
Conjunctiva tissue 12X/30X/200X
Cuprum carbonicum 4X
Ferrum phosphoricum 6X/12X/30X/200X
Calcium sulfide 6X/12X/30X/200X
Hypophysis 200X
Interleukin 10 4C
Melatonin 4C
Natrium pyruvicum 3X
Phytolacca decandra 6X/12X/30X/200X
Pineal gland 6X
Pyrogenium 30X/200X
Transforming Growth Factor beta 1 4C

Uses:

Acute and chronic inflammations in various areas.
Acute and chronic fever processes; treatment of pain of inflammatory origin.



Directions:

20 drops twice a day. As a shock therapy, 10 drops every 30 minutes for two hours.

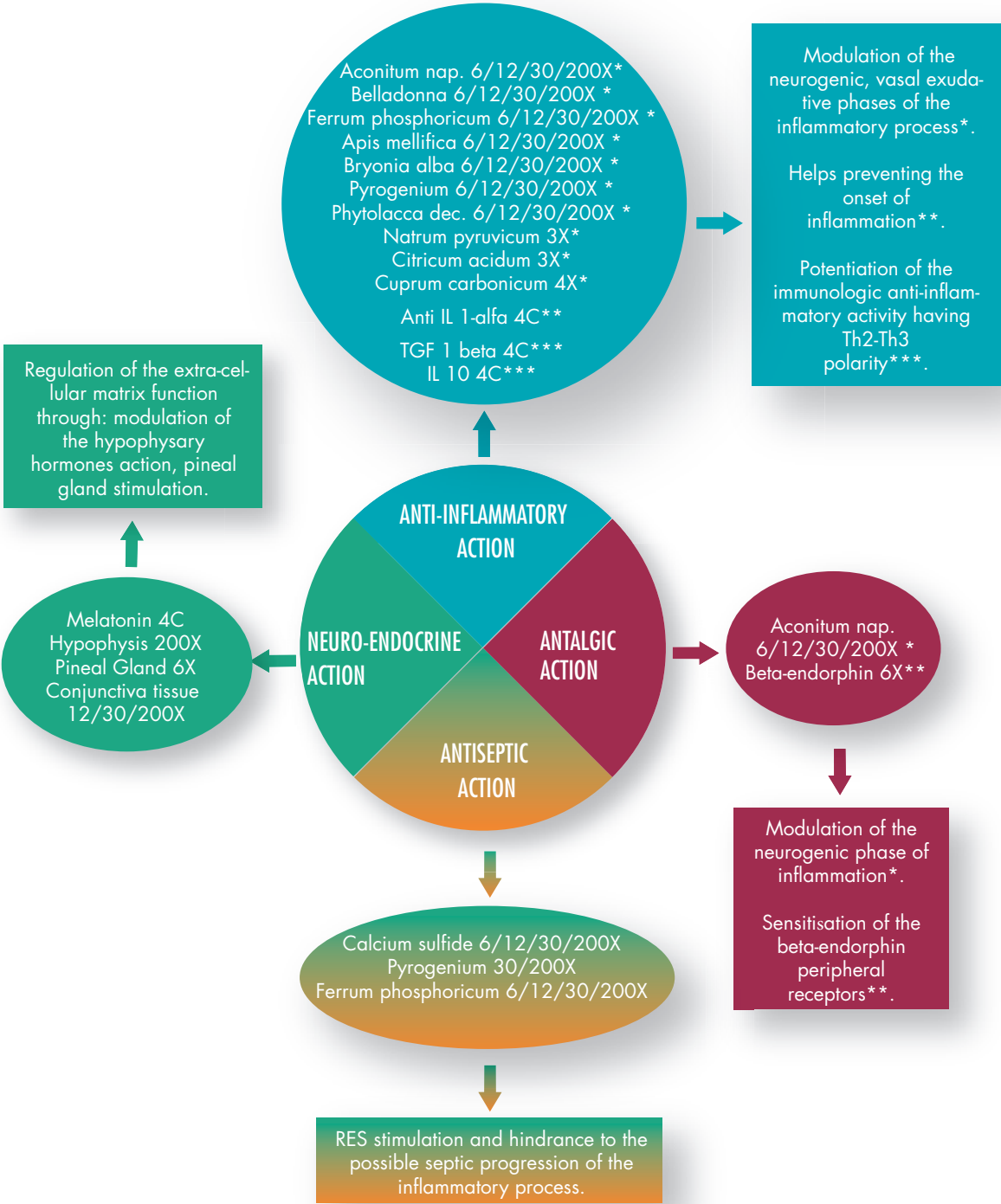
Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

- Guna-Flam + Guna-Arthro: phlogosis of the joints.
- Guna-Flam + Guna-Allergy-T: symptomatic treatment of allergic rhino-conjunctivitis.
- Guna-Flam + Guna-Complex N1: influenza with fever.
- Guna-Flam + Guna-Tonsils: tonsillitis with fever.
- Guna-Flam + Guna-Cough: bronchitis with fever.
- Guna-Flam + Guna-Rhino Nose Spray: vasomotor rhinitis with serious oedema of the concha nasalis mucosa.
- Guna-Flam + Guna-Sinus Nose Spray: sinusitis with serious oedema of the concha nasalis mucosa, and fever.
- Guna-Flam + Guna-Bowel: Inflammatory Bowel Diseases.
- Guna-Flam + Guna-Kidney + Citomix: inflammatory and infective diseases of the urinary system.
- Guna-Flam + Guna-Hemorrhoids: hemorrhoids.
- Guna-Flam + Anti Age Vein: phlebitis.
- Guna-Flam + Guna-PMS: dysmenorrhoea.

The rational structure of **GUNA®-FLAM** according to Guna-Method



New Product!

GUNA FLAM RELIEF

Homeopathic medicine

NDC17089-464-218

ORAL DROPS

INFLAMMATION & PAIN RELIEF



Temporarily relieves inflammatory symptoms of various origins such as fever, minor aches and pains.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Arnica montana 3X; Bryonia 6X, 12X, 30X, 200X; Echinacea 4X; Ferrum phosphoricum 12X, 30X, 200X, 6X; Hepar suis 6X; Hepar sulphuris calcareum 6X, 12X, 30X, 200X; Hypophysis suis 200X; Phytolacca decandra 6X, 12X, 30X, 200X; Pyrogenium 30X, 200X; Chamomilla 2X; Apis mellifica 6X, 12X, 30X, 200X; Aconitum napellus 6X, 12X, 30X, 200X; Belladonna 6X, 12X, 30X, 200X; Cuprum carbonicum 4X; Natrum pyruvicum 3X; Citricum acidum 3X.
Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

GUNA -FSH

FOLLICLE STIMULATING HORMONE

DILUTION: D6

SECRETING GLAND: Anterior PITUITARY

BIOLOGICAL FUNCTIONS:

- Control over the maturation of sex cells and the synthesis of sex hormones (estrogen/androgen).
- Female gender: follicle maturation
- Male gender: spermatogenesis

USES:

- Disorders of the female hormone cycle and fertility disorders
- Aging
- Polycystic ovary syndrome
- Low sex drive in women

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA[®] - G1

GD3 GANGLIOSIDE

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Activation of nerve growth factors for the release of NT3, NT4, BDNF, and CNTF for Myelin repair.

USES:

- mental fatigue
- muscle weakness
- myelin sheath damage

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



G 3

G 3 components are two organ preparations and two classic homeopathic remedies (a basic remedy and a constitutional remedy).

Ovarium and Corpus Luteum, administered together, play a fundamental part in regulating pituitary gland - ovarian feedback with no side effects of contraindications.

The combination of **Ovarium + Corpus Luteum** can be described as a graduated, potentised estrogen-progestin association (Ovarium contains infinitely small doses of estrogens and progesterone and Corpus Luteum contains infinitely small doses of progesterone) which is indicated in all conditions of *ovarian hypofunction* and *functional dysregulation*.

Pulsatilla is the remedy for the typical female biotype women of childbearing age with a cyclothymic nature who are emotionally unstable and “like to be cuddled”.

The emotional characteristics of the *Pulsatilla woman* are due to the alternating function of the hypothalamus, which also affects the pituitary function: in these patients, FSH and LH often suffer from receptor and quantitative disorder.

Pulsatilla is a remedy in the phospho-tuberculinic series, and the phosphorus constitution is often revealed by a neurovegetative imbalance because of the prevalence of the CNS, the sympathetic nervous system and the adrenal medullary function.

Due to **Kalium Carbonicum**, G 3 is useful not only for controlling the pituitary-ovarian hormone function and the phosphorus subject, but also for carbon types.

COMPOSITION

Ovarium D8/D12/D30, Corpus luteum D8/D12/D30, Pulsatilla D6/D8/D30, Kalium carbonicum 6CH/30CH.

INDICATIONS

Functional menarche disorders, functional disorders of the puberal phase. Amenorrhoea secondary to stress, unsuitable diet, excessive sporting activities. For regulating ovulation in women with polycystic ovary syndrome. Menstrual disorders due to GnRh deficiency. Adjuvant in the treatment of female acne. Hypertrichosis in ovarian microcytosis.

DOSAGE

Begin with 5 drops twice a day, then increase by 1 drop a day up to 10 drops three times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

•GUNA[®]- GCSF

GRANULOCYTE-COLONY STIMULATING FACTOR

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Induction of physiological reactivity to compensate for Immune System deficiencies.

USES: It increases the sensitivity of the Immune System. Useful in the early stages of any treatment of chronic diseases.

- susceptibility to infectious diseases
- triggering of the immune response in chronic diseases

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GEL BEAUTY

Gel Beauty is a dermocosmetic conductive gel to be used with Guna products in vials, as it improves the absorption of these latter into the deepest layers of the skin. It has been expressly studied for a professional use, together with various devices for transdermal delivery of active ingredients, such as magnetophoresis (Gunaphoresis), ionophoresis, iontophoresis, electroporation, ultrasound devices, etc. Thanks to its specific formulation, Gel Beauty improves the effects of dermo-esthetic treatments and also helps hydrating and toning the skin and reducing the signs of ageing.

Gel Beauty has no thermal effect and it is packed in an “airless” dispenser which means it has no added preservatives.

INGREDIENTS: Aqua/Water, Propylene Glycol, Malpighia Glabra Extract (Ascorbic Acid), Xylitylglucoside, Anhydroxylitol, Xylitol, Glycerin, Capryloyl Glycine, Arginine, Lysine, Hydroxypropyl Methylcellulose, Human Oligopeptide-20, Sodium Chloride, Collagen, Pueraria Mirifica Root Extract, Octoxyglycerin, Panthenol.

DIRECTIONS: Mix one dose of the gel, corresponding to 1ml approximately, together with one or more Guna products in vials and apply on the area to be treated.

PACKAGING: 50ml “airless” dispenser



• GEL THERAPY

Gel Therapy is a dermocosmetic conductive gel to be used with Guna products in vials, as it improves the absorption of these latter into the deepest layers of the skin. It has been expressly studied for a professional use, together with various devices for transdermal delivery of active ingredients, such as magnetophoresis (Gunaphoresis), ionophoresis, iontophoresis, electroporation, ultrasound devices, etc. Its special formulation helps delivering the active principles contained in anti-inflammatory and pain-management products, without injections. Moreover, its supportive draining and soothing properties are particularly useful in such treatments.

Gel Therapy has no thermal effect and it is packed in an “airless” dispenser which means it has no added preservatives.

INGREDIENTS: Aqua/Water, Propylene Glycol, Malpighia Glabra Extract (Ascorbic Acid), Xylitylglucoside, Anhydroxylitol, Xylitol, Glycerin, Capryloyl Glycine, Arginine, Lysine, Hydroxypropyl Methylcellulose, Human Oligopeptide-20, Sodium Chloride, Collagen, Octoxyglycerin.

DIRECTIONS: Mix one dose of the gel, corresponding to 1ml approximately, together with one or more Guna products in vials and apply on the area to be treated.

PACKAGING: 50ml “airless” dispenser



• GUNA®-GERIATRICS

DROPS

Ingredients:

ACTH 6X
Arnica montana 6X
Barium oxalsuccinate 3X
Baryta carbonica 6X
Brain derived neurotrophic factor 4C
DL-malic acid 3X
Frontal lobe 6X
Glandula suprarenalis 6X
Hepar 6X
Hypothalamus 6X
Insulin-like growth factor-1 4C
Luteinizing hormone-releasing hormone 6X
Melatonin 4C
Neurotrophin 3 4C
Neurotrophin 4 4C
Oxytocin 6X
Parabenzochinon 3X
Phenylalanine 3X
Plumbum metallicum 6X
Pyruvic acid 3X
Thyrotropin-releasing hormone 6X
Thyroxine T4 6X

Uses:

Poor memory due to ageing; Forgetfulness; Memory disturbances in the elderly; Adjuvant treatment of Alzheimer's disease; Adjuvant treatment of TIA (Transient Ischemic Attacks) outcomes.

Directions:

20 drops twice a day for two months at least.



Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

Guna-Geriatics + Guna-Cell + Guna-Matrix + Guna-Fem/Male: Prevention and treatment of physical and mental ageing.

Guna-Geriatics + Guna-Awareness: Improvement of memory performance in elderly patients.

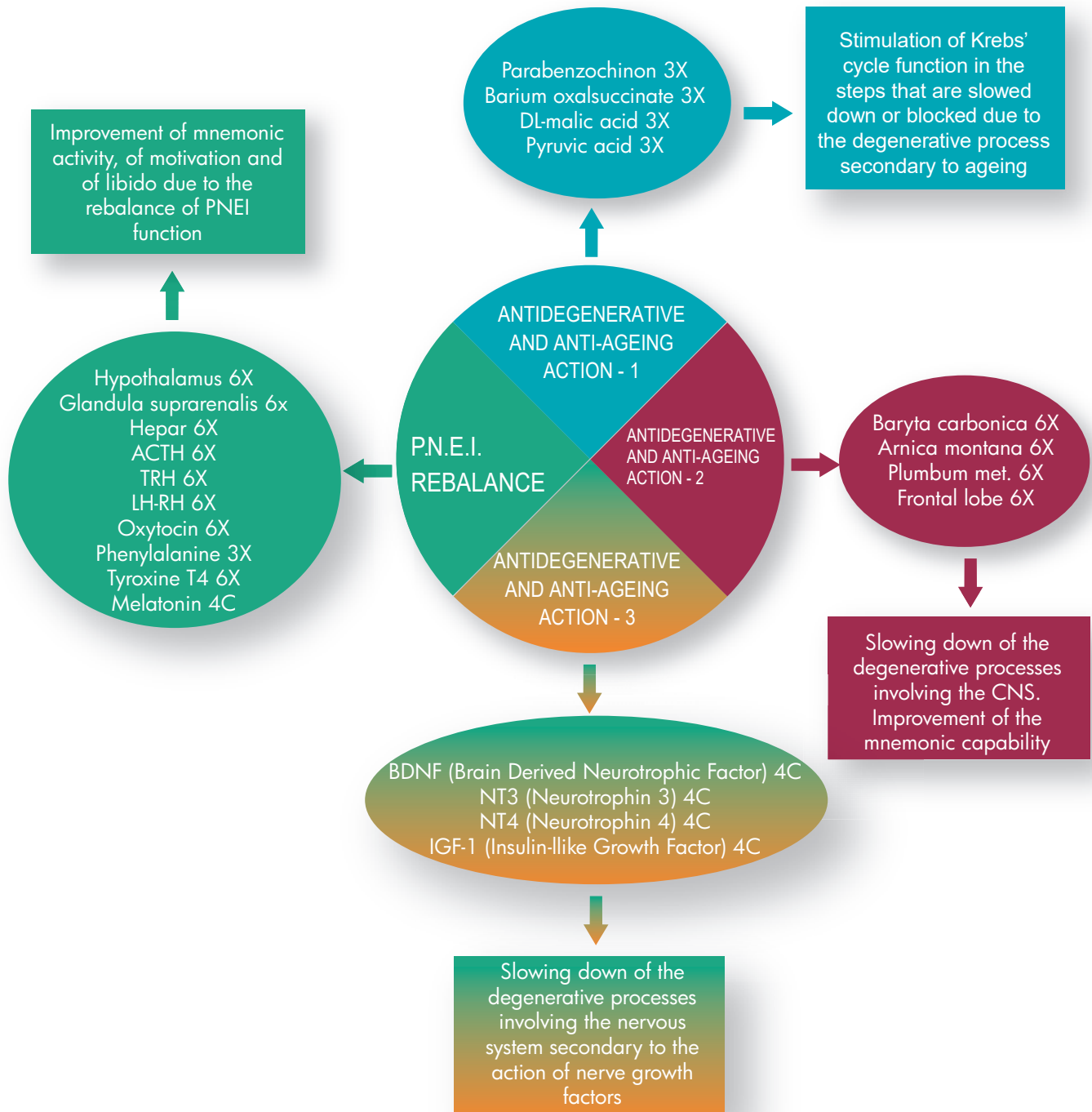
Guna-Geriatics + Guna-Dizzy: Brain arteriosclerosis.

Guna-Geriatics + Guna-Mood + Guna-Fem/Male: Depressive syndromes in elderly patients.

Guna-Geriatics + Guna-Liver: Adjuvant treatment of Transient Ischemic Attacks (TIA), especially due to hyperlipidemia.

GUNA®-GERIATRICS

The rational structure of **GUNA®-GERIATRICS** according to Guna-Method



• GUNAELMINT

Guna's phytotherapy research has led to the development of Gunaelmint, a new natural coadjuvant against parasitic intestinal worm infestation. Gunaelmint is a latest generation food supplement containing Pumpkin seed, Myrrh and Turmeric extracts which, with their synergetic and complementary action, favour the intestine's depuration of environmental and dietary toxins and, above all, of intestinal parasites. Gunaelmint promotes kidney and liver function and the physiological immune defences, thanks to the special antioxidant properties of the herbal extracts.

Gunaelmint is recommended in cases of **intestinal parasitic infestation:**

- it favours the eradication of Helminths
- it prevents re-infestation
- it purifies the intestine
- it supports the immune system.

Gunaelmint is effective against:

- Enterobius vermicularis (Nematodes - Oxyures)
- Toxocara canis (Nematodes - Ascaris)
- Oesophagostomum spp. (Nematodes - Strongyloides)
- Raillietina spp. (Platelmiths - Cestodes)
- Schistosoma spp. (Platelmiths - Trematodes)
- Fasciola spp. (Platelmiths - Trematodes)
- Heterophyes heterophyes (Platelmiths - Trematodes)
- Tenia spp. (Platelmiths - Cestodes).

How it works

Thanks to the synergetic action of its ingredients, Gunaelmint creates conditions that are particularly unfavourable to the establishment in the intestine of parasitic intestinal worms such as pinworms, roundworms, tapeworms and flukes, causing their paralysis and favouring their spontaneous eradication and the elimination of their toxins without side effects for the organism, simultaneously promoting a physiological immune response. Gunaelmint is active throughout the whole life-cycle of Helminths: infestation onset, development, reproduction, migration.



Gunaelmint: the ingredients

Pumpkin seeds dry extract (Cucurbita pepo L.)

Their natural extracts contain cucurbitin, a rare pyrrolizidine amino acid that creates unfavourable conditions for the establishment and survival of parasitic intestinal worms and their larvae. Cucurbitin also helps to paralyse Helminths and favours their physiological expulsion. These extracts also have purifying properties for the entire organism.

Myrrh gum resin dry extract (Commiphora myrrha Nees) Various studies suggest that its extracts are particularly unpleasant for helminths; it has also been observed that they perform an important support function for the immune system.

Turmeric rhizome dry extract (Curcuma longa L.) The extracts contain curcuminoids (cyclocurcumin, curcumin, demethoxycurcumin, bisdemethoxycurcumin), active ingredients that create conditions that are particularly unfavourable to the establishment of Helminths and support the immune system. Turmeric extracts also have antioxidant and liver-protecting properties.

The ADVANTAGES

Helminths can easily establish in the intestine, from where they can migrate to other organs (liver, lungs, etc.). Despite remaining silent, they can cause significant alterations in intestinal function in particular and in the body in general, causing a vast range of disorders known as

"vague and undefined symptoms" that are often not related to intestinal parasite infestation, such as: constipation, diarrhoea, abdominal bloating, irritable colon, feeling of tiredness, irritability and difficulties falling asleep, reduced nutrient absorption, with a tendency to weight loss.

Children are particularly prone to contact with parasitic worms and their eggs and in turn they become a source of contagion for the adult family members they come into contact with.

In younger subjects, in particular following pin worm infestation, the cohort of symptoms is characterised by:

- anal itchiness
- restlessness and irritability
- tiredness
- insomnia
- abdominal pain
- urticaria and/or itchy skin
- appetite alterations.

Ingredients

Maltodextrin, thickeners: acacia gum, xanthan gum; acidity regulator: citric acid; Pumpkin (*Cucurbita pepo* L.) seeds dry extract, flavouring, myrrh (*Commiphora myrrha* Nees) gum resin dry extract, Turmeric (*Curcuma longa* L.) rhizome dry extract, sweetener: sucralose.

Directions

1 sachet 3 times a day for 5 days; after 15 days repeat with a second 5-day cycle. Dissolve the content of one sachet in a glass of water, stir and drink immediately.

Packaging

30 x 4,2 g sachets - Net weight 126 g

Warnings and precautions

Store the product in a cool and dry place and protect from light. The expiry date refers to the product correctly stored in its original and undamaged packaging. Do not exceed the stated recommended daily dose. Keep out of the reach of young children. Excessive consumption may produce laxative effects. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.

Nutrition facts

	per 100 g	per sachet
Energy	363 kcal 1540 kJ	46 kcal 194 kJ
Fat	0.07 g	0.01 g
of which saturates	-	-
Carbohydrate	85.87 g	10.82 g
of which sugars	5.43 g	0.68g
Proteins	0.56 g	0.07 g
Salt	0.52 g	0.07 g
Pumpkin d.e.	2.38 mg	300 mg
Myrrh d.e.	1.67 mg	210 mg
Turmeric d.e.	0.79 mg	100 mg

Most common combinations

Gunaelmint + Colostroni: to recover the integrity and functionality of the gastrointestinal mucosa.

Gunaelmint + Proflora: to recover and restore the intestinal microflora.

Gunaelmint + Gunabasic: to help the acid-base rebalancing and physiological drainage.

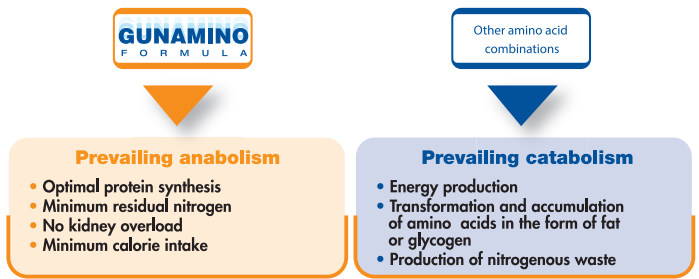
• GUNAMINO FORMULA

Gunamino Formula marked a turning point in the nutrition field, especially in weight management and clinical nutrition. The scientific history of essential amino acid identification started in 1820, with the discovery of Leucine and continued over the years up to a first important conclusion when, in 1974, the eighth essential amino acid was discovered by W. Rose.

It was then that specific research studies started to establish whether or not there was an ideal combination of specific essential amino acids for the human body. Today, almost two hundred years later, we are in possession of the amino acid profile specific to the human race, which was obtained by studying the relationship of mutual percentage prevalence of the 8 essential amino acids in a very high number of proteins. This knowledge formed the basis for Gunamino Formula, the food supplement containing the 8 essential amino acids in a balanced, ideal combination, specifically studied for use in humans.

The characteristics of Gunamino Formula

Gunamino Formula amino acids are ultrapure, crystallised and of biotechnological origin. The blend of the 8 essential amino acids is contained in a special proportional relationship, the only one that allows their optimal absorption and maximum use through the anabolic pathway. Amino acid metabolism is self-limiting, i.e. the 8 essential amino acids must be administered simultaneously and in a specific and unique qualitative and quantitative ratio to obtain optimum protein synthesis. The intracellular deficiency of one or more amino acids limits the use of the others, which reduces the protein synthesis rate and increases the production of nitrogen residues.



Gunamino Formula has an excellent safety profile. Only a very small percentage of amino acids follows the catabolic pathway, so that Gunamino Formula:

- Is absorbed within a few minutes, without digestive effort
- Does not produce nitrogenous waste and does not overload the kidneys and liver
- Provides a higher biological protein value than any other food, with the lowest weight and volume
- Provides a minimal calorie intake
- Moreover, it is GMO-free.

Gunamino Formula boasts the highest biological value of protein (BVP), defined as the relationship between withheld and absorbed Nitrogen. The BVP represents the index of nobility of a protein and indicates the nutritional capacity of a protein food or blend of amino acids.

Fields of application

In Dietetics, Gunamino Formula offers unique opportunities, as it allows to reduce fat mass and simultaneously feed lean mass, with a minimal calorie intake. The requisite for weight loss (i.e. in order to obtain a negative energy balance) is perfectly satisfied by Gunamino Formula, which makes it possible to lower the dietary calorie regimen, forcing the body to use the fat mass as a source of energy, at the same time preventing it from attacking the lean mass, which is perfectly nourished by the special blend of amino acids.

The use of Gunamino Formula during weight loss allows to achieve the following results:

- Reducing fat mass
- Protecting the lean mass
- Firming the tissues
- Controlling hunger
- Avoiding the yo-yo effect.

Gunamino Formula is ideal in Clinical Nutrition, both as a tool for primary prevention and for complementary treatment of many medical conditions, particularly chronic-degenerative ones.



Gunamino Formula's unique characteristics guarantee ideal nutritional conditions in chronic or debilitated patients. Some of the medical conditions Gunamino Formula can be used for include: anaemia, inflammatory bowel diseases, malnutrition, foetal hyposomia, metabolic syndrome, chronic renal insufficiency, ageing. It guarantees:

- Fast and complete intestinal absorption (with almost no consequent digestive effort)
- The extremely reduced production of nitrogenous waste (without a consequent renal overload)
- A reduction in catabolic processes, with a reduction in the impoverishment of the protein make-up (hormones, cytokines, neuropeptides, as well as muscle and bone mass)
- The maximisation of protein synthesis (with a general benefit for the patient's strength).

Directions

Sachets: dissolve the content of one sachet in a glass of water (200 ml) or another drink, and stir well.

Tablets: swallow tablets with a little water.

Ingredients

Sachets: Blend of essential amino acids (77%) (L-Leucine, L-Valine, L-Isoleucine, L-Lysine hydrochloride, L-Phenylalanine, L-Threonine, L-Methionine, L-Tryptophan), maltodextrins, acidity regulator: citric acid; flavouring, emulsifier: sucrose esters of fatty acids; sweetener: sucralose.

Most common combinations

- Gunamino Formula + Omega Formula: Metabolic syndrome.
- Gunamino Formula + Ferroguna: Anemia with low hemoglobin values.
- Gunamino Formula + Vit Formula: Malnutrition with vitamin deficiencies.
- Gunamino Formula + Colostroni: Inflammatory Bowel Disease.

Tablets: L-Leucine, L-Valine, L-Isoleucine, L-Lysine hydrochloride, L-Phenylalanine, L-Threonine, L-Methionine, L-Tryptophan, coating agents: hydroxypropyl methylcellulose, shellac, E472; bulking agent: microcrystalline cellulose; colouring: E171.

Packaging

Sachets: 24 x 6.5 g sachets - Net weight 156 g
42 x 6.5 g sachets - Net weight 273 g

Tablets: 50 x 1.01 g sachets - Net weight 156 g
150 x 1.01 g sachets - Net weight 273 g

Warnings and precautions

Store away from direct light, in a cool, dry place. The expiry date refers to the product correctly stored in its original and undamaged packaging. Do not exceed the stated recommended daily dose. Keep out of the reach of young children. Food supplements should not be considered as a substitute for a varied diet and a healthy lifestyle.

Nutrition facts

	per sachet	per 5 tablets
Energy	107 kJ 25 kcal	85 kJ 20 kcal
Fat	0.03 g	0 g
of which saturates	0 g	0 g
Carbohydrate	1.05 g	0 g
of which sugars	0.09 g	0 g
Protein	0 g	0 g
Salt	0 g	0 g
L-Leucine	1000 mg	1000 mg
L-Valine	800 mg	800 mg
L-Isoleucine	750 mg	750 mg
L-Lysine	700 mg	700 mg
L-Phenylalanine	650 mg	650 mg
L-Threonine	550 mg	550 mg
L-Methionine	350 mg	350 mg
L-Tryptophan	200 mg	200 mg

• GUNAMINO FORMULA SPORT

Gunamino Formula Sport is the balanced blend of essential amino acids, vitamins, magnesium and antioxidants specifically studied to meet the food supplementation needs of sports men and women. Gunamino Formula Sport combines the plastic activity of the amino acids (muscular strength, mass and resistance), the metabolic energetic function of group B vitamins, the promotion of muscular function of Magnesium and its ability to counteract the onset of muscle cramps and, above all, the antioxidant protection of Powergrape®, a special grape extract (standardised to 90% polyphenols) with a high capacity for free radical absorption.

Gunamino Formula Sport:

- Maximises muscle strength, resistance and mass
- Improves athletic performance
- Accelerates recovery processes after intense training sessions and competitions
- Protects the body against oxidative stress.

When to use

Adequate amino acid re-integration combined with a daily antioxidant intake are always fundamental for those practising sports. The power that a muscle can develop is fundamentally related to the number of fibres that contract inside it: the greater the number of these fibres, the greater the strength developed.

This is why muscles with a greater section, due to a greater number of fibres (hyperplasia) or, as often occurs, with thicker fibres (hypertrophy), are able to express greater strength. The increase in muscle mass is a fundamental element for the development of power.

When an intense physical effort is demanded of the muscle (strength exercises are those that develop muscle mass), the body, through the central and peripheral nervous system, implements an adaptation response to the stress that causes the muscle on the one hand to repair the damage to its structure (anti-catabolic phase) and, on the other, to increase its volume to adjust to the increased need (anabolic phase).

(2) Lafay S. et Al. - Grape extract improves antioxidant status and physical performance in elite male athletes – *Journal of Sports Science and medicine* (2009) 8, 468-480



However, an increase in muscle mass means an increase in protein synthesis: once protein neo-synthesis has been stimulated, the units used to build these new proteins – the amino acids – must be available.

How it works

Amino acids: the human amino acid profile is very precise and unique. Only the ideal qualitative and quantitative amino acid composition can guarantee their maximum absorption.

Thanks to its special balance of the 8 essential amino acids, Gunamino Formula Sport:

- guarantees a minimal nitrogen residue
- is rapidly absorbed in just a few minutes
- does not overload kidney and liver function
- provides, with the lowest weight and volume, a greater protein value than any other nourishment.

Antioxidants (Powergrape®): intense or prolonged athletic performances generate high oxidative stress, which leads to over-oxidation of the cell structures. This can lead to muscle damage, cramps, fatigue and slower recovery. The balance between oxidative stress and oxidising systems must be restored through appropriate food supplementation. Powergrape® has potent antioxidant properties, especially against the free radicals produced during athletic performance. Powergrape® protects the body against the

oxidative stress caused by sports activity and prevents the damage caused by the free radicals produced during muscular effort.

Clinical studies⁽²⁾ show that Powergrape®:

- improves athletic performance
- reduces the risk of muscle injuries
- increases cell oxygenation.

Magnesium: favours muscle function and reduces the onset of muscle cramps.

B group vitamins: boost the cell's energy metabolism (muscle fibre cells).

Ingredients

Blend of essential amino acids (L-Leucine, L-Valine, L-Isoleucine, L-Lysine hydrochloride, L-Phenylalanine, L-Threonine, L-Methionine, L-Tryptophan), maltodextrin, acidity regulator: citric acid; magnesium oxide, Powergrape® (Vitis vinifera L. fruit dry extract), flavourings, emulsifier: sucrose esters of fatty acids; sweetener: sucralose; cyanocobalamin (vitamin B12), riboflavin-5-sodium phosphate (vitamin B2), pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1).

Directions

The recommended dose is two sachets a day, to be taken before and after exercise. Dissolve the content of one sachet in a glass of water, fruit juice or other drink, and stir well.

Packaging

- 24 x 7.5 g sachets - Net weight 180 g
- 42 x 7.5 g sachets - Net weight 315 g

Warnings and precautions

Store away from direct light, in a cool, dry place. The expiry date refers to the product correctly stored in its original and undamaged packaging. Food supplement should not be used as a substitute for a varied, balanced diet and a healthy lifestyle. Keep out of the reach and sight of young children. Do not exceed the stated recommended daily dose. Do not use in pregnancy nor in children or for prolonged periods.

Nutrition facts

	per 100 g	per sachet	%NRV * per sachet
Energy	362 kcal 1540 kJ	27 kcal 116 kJ	
Fat	0.15 g	0.01 g	
of which saturates	-	-	
Carbohydrate	17.48 g	1.31 g	
of which sugars	1.28 g	0.10 g	
Proteins	-	-	
Salt	0.02	-	
L-Leucine	13.33 g	1000 mg	
L-Valine	10.67 g	800 mg	
L-Isoleucine	10.00 g	750 mg	
L-Lysine hydrochloride	9.33 g	700 mg	
L-Phenylalanine	8.67 g	650 mg	
L-Threonine	7.33 g	550 mg	
L-Methionine	4.67 g	350 mg	
L-Tryptophan	2.67 g	200 mg	
Magnesium	2000 mg	150 mg	40
Vitamin B2	18.67 mg	1.4 mg	100
Vitamin B6	18.67 mg	1.4 mg	100
Vitamin B1	14.67 mg	1.1 mg	100
Vitamin B12	33.33 mg	2.5 mcg	100
powergrape®	2.67 g	200 mg	

Most common combinations

Gunamino Formula Sport + Vit Formula: supplementation of vitamins and minerals lost during intense sport activity.

Gunamino Formula Sport + Gunabasic: supplementation of vitamins and minerals and acid-base rebalancing after intense sport activity.

GUNA HAY FEVER RELIEF

Homeopathic medicine

ALLERGY RELIEF

NDC 17089-476-20

PELLETS FOR ORAL USE



Temporarily relieves hay fever symptoms, such as sneezing, coughing, inflamed and runny nose.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medication
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).
- Alcohol-free

INGREDIENTS

Active ingredients: Allium cepa 30X; Apis mellifica 200X; Argentum nitricum 6X; Arsenicum album 30X; Euphrasia officinalis 5X; Galphimia glauca 4X; Histaminum hydrochloricum 200X; Manganum metallicum 8X; Nux vomica 4X; Sabadilla 6X; Sulphur 30X.

Inactive ingredient: Sucrose.

DIRECTIONS

Adults and children over 12 years: 5 pellets, 3 times per day.

Children 6- 12 years: 3 pellets, 3 times per day.

Children under 6 years: consult a physician

Take on an empty stomach. Take 15 minutes before meals.

HOW TO USE

Turn tube upside down and rotate cap to release pellets into cap. Unscrew the cap carefully, do not touch the pellets with your hands. Pour the pellets under the tongue and allow to dissolve.

PACKAGING

Box containing 2 tubes of pellets, 4 g / 0.14 oz. each. Net weight 8 g / 0.28 oz. Oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately.

GUNA HEALTHY BRAIN

Homeopathic medicine

HEALTHY AGING

NDC 17089-500-18

ORAL DROPS



Helps mental clarity and focus. Supports memory function and concentration, relieves fatigue.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Aconitum napellus 4X; Aloe 4X; Arnica montana 3X; Barium oxalsuccinicum 6X; Cerebrum suis 6X; Colocynthis 4X; Conium maculatum 4X; Embryo suis 6X; Glandula suprarenalis suis 6X; Hypothalamus suis 6X; Placenta totalis suis 6X; Selenium metallicum 6X; Thuja occidentalis 8X; Ubidecarenonum 5X.
Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.
Children under 12 years: consult a physician.
Take on an empty stomach. Take 15 minutes before meals

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health care professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains Aloe. Do not use orally for more than 30 days.
Contains ethyl alcohol 30%.

• GUNA®-HEMORRHOIDS

DROPS

Ingredients:

Aesculus hippocastanum 6C
Anti interleukin 1 alpha 4C
Anti interleukin 1 beta 4C
Arnica montana 6C
Belladonna 6C
Carbo vegetabilis 10X
Hamamelis virginiana 6C
Hepar 6X/12X/30X
Hydrocotyle asiatica 6C
Lymphatic vessel 6X
Melissa officinalis 6C
Nux vomica 6C
Paeonia officinalis 6X
Podophyllum peltatum 4C
Vein 4C

Uses:

Acute and chronic haemorrhoids.

Directions:

20 drops twice a day. In acute phase, 10 drops every 30 minutes for 2-3 hours.



Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

Guna-Hemorrhoids + Guna-Liver: haemorrhoids having a possible hepatic etiology (portal overloading).

Guna-Hemorrhoids + Guna-Bowel: haemorrhoids in patients affected by functional disorders of the digestive tract, especially constipation.

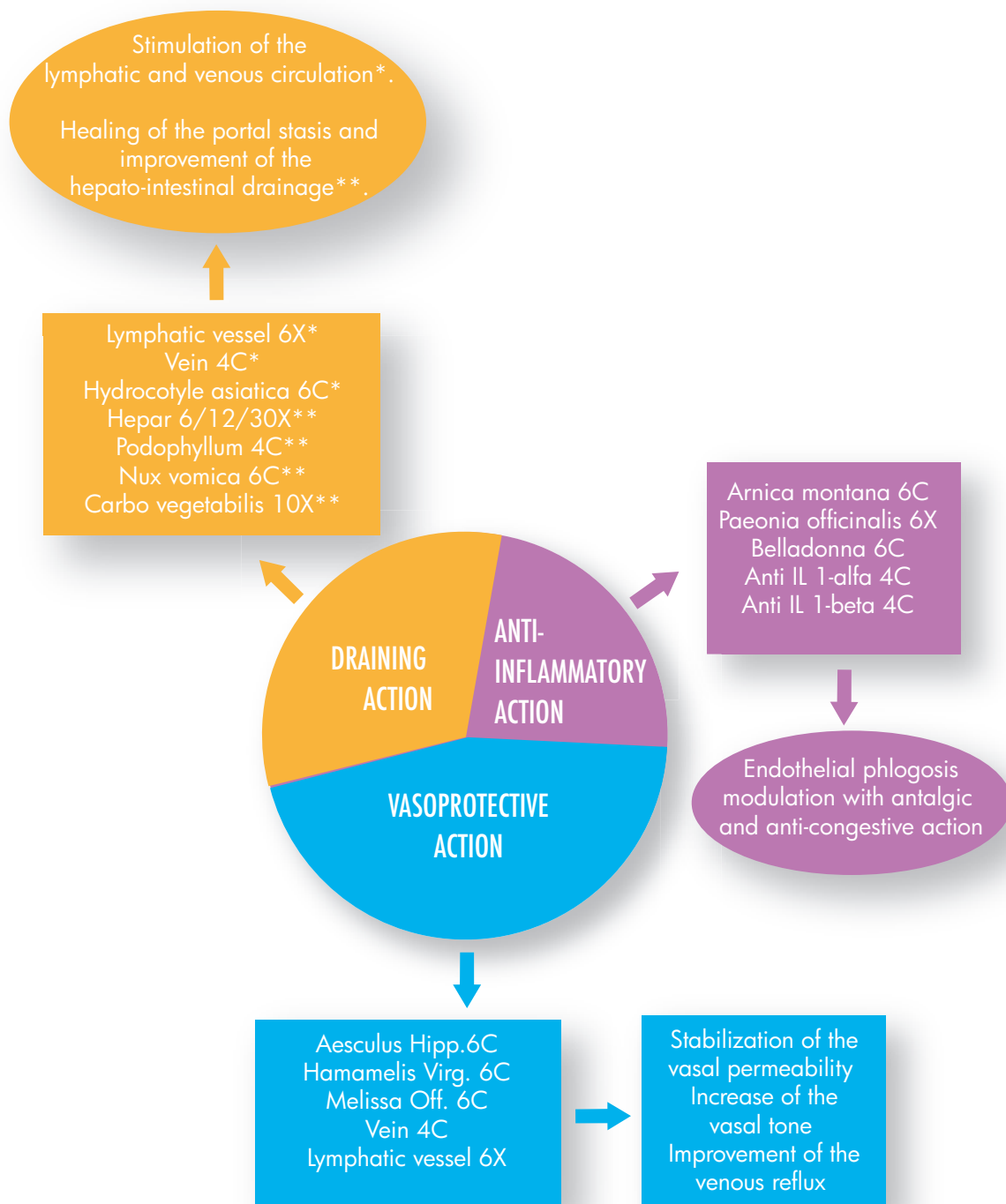
Guna-Hemorrhoids + Guna-Digest: haemorrhoids in patients affected by digestive disorders.

Guna-Hemorrhoids + Guna-Flam: haemorrhoids with serious pain.

Guna-Hemorrhoids + Anti Age Stress: haemorrhoids in patients under stress conditions.

GUNA®-HEMORRHOIDS

The rational structure of **GUNA®-HEMORRHOIDS** according to **Guna-Method**



•GUNA®- IGF 1

INSULIN-LIKE GROWTH FACTOR

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Growth and preservation of nerve tissue. Regulation of bone and fetal growth.

USES:

- growth disorders
- aging
- memory disorders (stimulates the hippocampal function)

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®-INTERFERON ALFA

(INF alfa, leukocyte)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Antiviral activity.

USES:

- recurrent viral infection
- joint pain
- asthenia
- sudden pain with numbness
- painful muscle spasm

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®-INTERFERON GAMMA

(INF gamma, lymphocyte)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Antiviral activity. NK cell activation. Macrophage activation. Anti-proliferative effects. Enhancing the activity of T lymphocytes.

USES: Rapid activation of the immune system(activation of the antigen presentation). Stimulation of antiviral defenses. Treatment of autoimmune diseases with risk of viral super-infection. Treatment of hepatitis C and B.

- chronic viral infection
- allergic syndrome
- complementary cancer therapy
- asthenia
- painful muscle spasm

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GUNA®-INTERLEUKIN 1 BETA

(IL 1 beta)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Fever induction, as alert against attack (endogenous pyrogen).

USES: Acute immune attack. During the first hours of fever on a viral basis.

- asthenia
- sleep disorders
- eating disorders (excessive hunger)

It must be used intermittently, for a time necessary to induce fever.

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GUNA®-INTERLEUKIN 2

(IL 2)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: T lymphocyte differentiation. B lymphocyte and NK cell stimulation.

USES: Regulation of cell-mediated immune response.

- immune deficiency
- general malaise
- sub-acute painful syndromes
- localised inflammation
- aging
- complementary cancer therapy
- prostration, adynamia
- burning mouth
- susceptibility to viral infections

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GUNA®-INTERLEUKIN 3

(IL 3)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Stimulation of mast cell growth. Stimulation of haematopoiesis.

USES: Treatment of haematopoiesis disorders.

Treatment of the side effects due to chemotherapy, radiotherapy and of treatment with allopathic antiviral drugs.

- haemopoiesis disorders
- side effects due to chemotherapy, radiotherapy and antiviral treatments
- early aging
- memory impairment
- digestive disorders
- dizziness with vomiting
- skin rashes
- migrating pain

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®-INTERLEUKIN 4

(IL 4)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: B lymphocyte proliferation. IgG and IgE synthesis. Inhibition of pro-inflammatory cytokines.

USES: Modulation of inflammation.

It improves the individual response to vaccine therapy.

- basic treatment of autoimmune diseases
- chronic inflammatory diseases
- cramps and spasm
- mental exhaustion

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®-INTERLEUKIN 5

(IL 5)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Eosinophil and basophil differentiation, growth and maturation.

USES:

- intestinal parasites
- pain caused by contusion
- constipation and tympanites
- abdominal pain (cramps)
- RRI with IgA deficit

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®-INTERLEUKIN 6

(IL 6)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: B lymphocyte growth and differentiation. Co-stimulation of T lymphocyte. Hepatic stimulation. Endocrine factor of the cytokine Network.

USES: Complications in the clinical evolution of a patient affected by autoimmune disease.

Stimulation of general immunity in cancer patients.

- general malaise
- complementary cancer therapy
- eating disorders (excessive hunger)

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®-INTERLEUKIN 7

(IL 7)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Thymocyte and T lymphocyte proliferation.

USES:

- recurrent infections
- asthenia
- disorders of childhood growth and development
- throbbing pain
- exhaustion and fatigue

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®-INTERLEUKIN 8

(IL 8)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Phagocyte, T lymphocyte and platelet chemotaxis.

USES:

- chemotaxis activation
- wet cough
- phlegm
- acute and chronic stress

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®-INTERLEUKIN 9

(IL 9)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Lymphocyte stimulation. Synergism with Erythropoietin in the development of erythroid proliferation.

USES: Induction of specific immune response.

- asthenia and drowsiness
- nerve pain
- chronic phlegm
- water retention

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®-INTERLEUKIN 10

(IL 10)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Immunosuppressive and inhibiting action on the cytokine Network. Modulation of physiological reactivity.

USES: Modulation of the immune tolerance mechanisms. Modulation of inflammation.

- chronic inflammatory diseases
- itch and sting
- mucosal inflammation
- chronic pain syndromes
- vomiting-loss of appetite

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®-INTERLEUKIN 11

(IL 11)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Regulation of the growth and the differentiation of haematopoietic cells. Control of the proliferation of other interleukins.

USES: Induction of specific immune response.

- heartburn
- memory disorders
- haematopoiesis disorders
- psoriasis
- abdominal bloating
- general regulation in patients under immunotherapy
- disorders of childhood growth and development
- throbbing pain
- exhaustion and fatigue

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®-INTERLEUKIN 12

(IL 12)

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: NK cell and T lymphocyte stimulation.

USES: Regulation of cell-mediated immune response. Complementary treatment of allergy.

- allergy
- food intolerance
- complementary cancer therapy
- recurrent night-time cough
- nasal congestion and nasal itching
- paroxysmal sneezing
- watery eyes due to allergy
- skin swelling and skin inflammation

DIRECTIONS: 15-20 drops two times a day (standard dosage).

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



IPER G

IPER-G has an elective vasculotropic action, formulated according to the principles of Homotoxicology and Constitutional Homeopathic Medicine. Components contains remedies both in decimal dilutions and in centesimal dilutions. The former have a pharmacological action oriented in the organ-trophic sense, the latter are for modulating vascular neuroendocrine function. IPER G combines the homeopathic remedies of two

constitutions: – **Carbonic**

– **Fluoric**

Both constitutions present “vascular sclerosis” as their ultimate pathological event.

For the **carbonic types**, this sclerosis is due to the dysmetabolic condition of the individual and consequently of his arterial wall.

For the **fluoric subject**, the vascular sclerotic process is related to the homo-toxin damage expressed in the mesenchymal tissue (elastic fibers) of the arterial wall, through degeneration of the elastic fibers in the collagen tissue.

COMPOSITION

Sulphur 6CH, Arnica D6, Rauwolfia D6, Propranolol D8, Baryta carbonica 6-15-30CH, Aurum met. 6CH, Nux Vomica 6CH, Valeriana D3, Passiflora D4, Sarsaparilla D4, Melissa D2, Phosphorus 6-15-30CH.

INDICATIONS

Essential arterial hypertension; peripheral arterial vasculopathies; claudicatio intermittens; diabetic vasculopathy; cerebral vasculopathies; diabetic retinopathy; hypertensive retinopathy.

DOSAGE

Arterial hypertension in the early stages: 10 drops, 2-3 times a day, between meals.

Full-blown arterial hypertension: 15-20 drops a day, between meals.

PACKAGE SIZE

30 ml bottle, with drop counter. For oral use.

K2F

(for females)

COMPOSITION

Gl. pinealis D6/12/30/200, Melatonin D6/12/30/200, Hypophysis suis D6/12/30/200, Hypothalamus suis D6/12/30/200, Gl. thyreoidea suis D6/12/30/200, Thymus suis D6/12/30/200, Pancreas suis D6/12/30/200, Ovarium suis D6/12/30/200, Corpus luteum suis D6/12/30/200, Gl. suprarenalis suis D6/12/30/200.
Contains alcohol (30%).

INDICATIONS

- functional disorders of the menstrual cycle
- menopausal syndrome
- osteoporosis
- mood disorders

DOSAGE

10 drops 2-3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

K2F-DIA

(for females)

COMPOSITION

Gl. pinealis suis D6, Melatonin D6, Hypophysis suis D6, Hypothalamus suis D6, Gl. thyreoidea suis D6, Thymus suis D6, Pancreas suis D6/30, Pancreas suis 200K, Ovarium suis D12/200, Corpus luteum suis D6/200, Hepar suis 200K, Cor suis 200K, Pulmo suis 200K, Zincum gluconicum D6, Niccolum gluconicum D6, Cobaltum gluconicum D6.
Contains alcohol (30%).

INDICATIONS

Adjuvant in the treatment of type I (insulin-dependent) diabetes.

DOSAGE

10 drops 2-3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

K2M

(for males)

COMPOSITION

Gl. pinealis D6/12/30/200, Melatonin D6/12/30/200, Hypophysis suis D6/12/30/200, Hypothalamus suis D6/12/30/200, Gl. thyreoidea suis D6/12/30/200, Thymus suis D6/12/30/200, Pancreas suis D6/12/30/200, Testis suis D6/12/30/200, Gl. suprarenalis suis D6/12/30/200.
Contains alcohol (30%).

INDICATIONS

For restoring neuroendocrine function in case of:

- andropause
- mood disorders
- neuroendocrine-related disorders in the sexual sphere

DOSAGE

10 drops 2-3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

K2M-DIA

(for males)

COMPOSITION

Gl. pinealis suis D6, Melatonin D6, Hypophysis suis D6, Hypothalamus suis D6, Gl. thyroidea suis D6, Thymus suis D6, Pancreas suis D6/12/30, Pancreas suis 200K, Testis suis D12/200, Hepar suis 200K, Cor suis 200K, Pulmo suis 200K, Zincum gluconicum D6, Niccolum gluconicum D6, Cobaltum glucon-icum D6. Contains alcohol (30%).

INDICATIONS

Adjuvant in the treatment of type I (insulin-dependent) diabetes.

DOSAGE

10 drops 2-3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

• GUNA® - KIDNEY

DROPS

Ingredients:

Colibacillinum cum natrum muriaticum 12X
Equisetum hyemale 3X
Kali nitricum 6X/8X/12X
Kidney 6X/8X
Methylene blue 8X
Mouse-Ear hawkweed 1X
Nitricum acidum 6X/8X/12X
Ononis spinosa 2X
Orthosiphon stamineus 2X
Pareira brava 2X
Plantago major 2X
Proteus 12X
Quinhydrone 8X
Sarsaparilla 2X
Solidago virgaurea 1X
Succinicum acidum 6X
Ureter 8X
Urinary bladder 8X

Uses:

Kidney failure; cystopyelitis; nephrolithiasis; hydronephrosis; nephrosclerosis.

Directions:

20 drops twice a day for two months at least.



Package size:

30 ml/1.0 fl. Oz. bottle

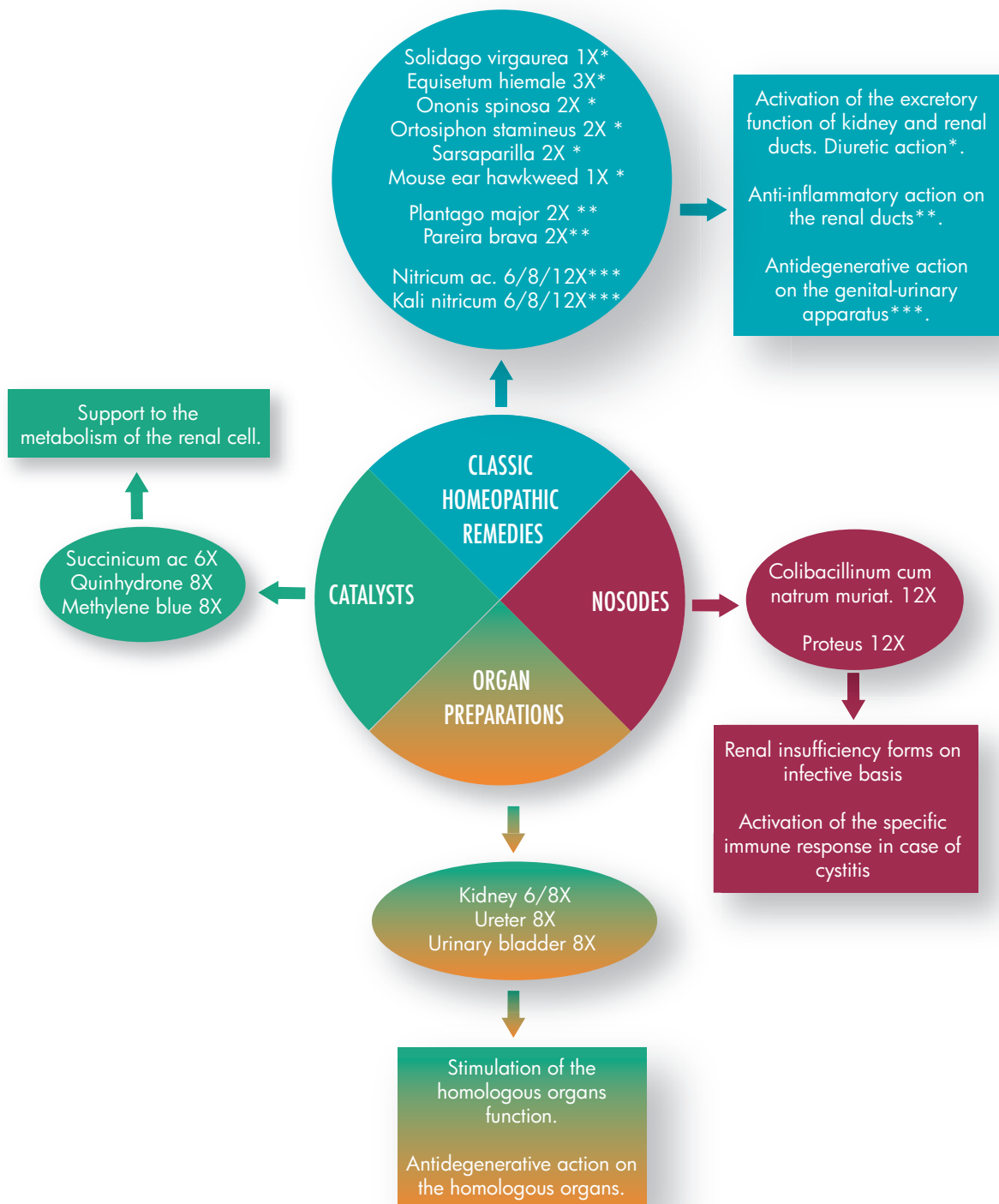
Most common combinations

Guna-Kidney + Citomix: recurrent urinary tract infections.

Guna-Kidney + Guna-Flam: urinary tract inflammation.

GUNA® - KIDNEY

The rational structure of **GUNA® -KIDNEY** according to **Guna-Method**



GUNA KIDNEY PLUS

Homeopathic medicine

NDC 17089-474-20

ORAL DROPS

GASTROINTESTINAL HEALTH



Supports kidney and bladder function, relieves urinary discomfort.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Equisetum hyemale 3X; Apis mellifica 12X; Hypophysys suis 200X; Natrum muriaticum 10X; Sticta pulmonaria 6X; Aesculus hippocastanum 2X; Berberis vulgaris 3X; Pareira brava 4X; Solidago virgaurea 2X; Urtica urens 6X; Hepar sulphuris calcareum 6X.

Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

GUNA -LH[®]

LUTEINIZING HORMONE

DILUTION: D6

SECRETING GLAND: Anterior PITUITARY

BIOLOGICAL FUNCTIONS:

- Stimulation of sex hormone production.
- Female gender: development of the corpus luteum and oestrogen production (with FSH). Stimulation of Progesteron production (with Prolactin)
- Male gender: testosterone production

USES:

- Aging
- Disorders of the female hormone cycle and fertility disorders
- Low sex drive in men

DIRECTIONS: 15-20 drops two times a day.

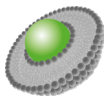
PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



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Lipidic VitaWin C – Vitamin C food supplement

GUNA Lipidic Vitamin C is a food supplement containing Vitamin C and GMO-free **Soy** phospholipids that helps to keep the body healthy due to the presence of Vitamin C. Vitamin C is a hydrophilic vitamin characterised by a short plasma half-life. **Taking 3 capsules at different time-points throughout the day, for example with the 3 main meals, helps to improve its bioavailability.**



Given its hydrophilic characteristics, **Vitamin C** possesses **certain peculiarities in terms of absorption (bioavailability) and passage through cell membranes.**

As a matter of fact, **the lipophilic structure of these membranes does not allow an easy transportation** of Vitamin C without a high energy expenditure.

Fortunately, this problem can be overcome by adopting special delivery systems. One such **solution is to use phospholipids.** These substances **possess special chemical and physical properties: in aqueous solutions they spontaneously adopt a particular architecture, to form micellar structures, such as liposomes, that can trap small hydrophilic molecules dispersed in the aqueous medium.**

Given the common lipophilic nature of cell membranes and liposomes, due to the fact that they both have a double phospholipid layer, **the transit of the content of the liposome (which is also hydrophilic, such as, for example, Vitamin C) is therefore facilitated.**



Vitamin C

- favours normal **immune system** function
- helps to reduce **tiredness** and **fatigue**

Instructions for use

The recommended dose is 3 capsules a day, to be taken with water or other beverage.

Ingredienti

Vitamin C (L-Ascorbic acid), **Soy** phospholipids; anti-caking agents: magnesium salts of fatty acids, silicon dioxide; vegetable gelatin* (for the capsule).

Contains soy and soy derivatives

***from tapioca naturally fermented in Pullulan**

Ingredients and recommended daily dose (3 capsules):

	amount for 3 capsules	%NRV* for 3 capsules
Vitamin C	1000 mg	1250%
Soy phospholipids	138 mg	–

*NRV: Nutrient Reference Values

Vitamin C

- favours normal **collagen formation** for healthy **skin, teeth, gums** and **bone**
- helps to protect the cells against **oxidative stress**

Warnings

Keep out of the reach of children under three years of age. Do not exceed the recommended daily dose. Food supplements should not be considered a substitute for a varied and balanced diet and a healthy lifestyle. Seek medical advice before using the product during pregnancy and breast-feeding.

Store away from direct light, in a cool, dry place.

The expiry date refers to the product stored correctly in its original packaging.

Packaging

75 x 508 mg capsules - net weight 38.1 g e

• GUNA® - LIVER

PELLETS

Ingredients:

Carduus marianus 2X
Ceanothus americanus 6X
Chelidonium majus 2X
Chionanthus virginica 6X
Cholinum 4X
Cobalamin 4X
Fumaricum acidum 4X
Gall bladder 8X
Hepar 6X
Inositol 4X
Jejunum 8X
Kali sulphuricum 6X, 8X, 12X
Leptandra virginica 6X
Lycopodium clavatum 6X
Natrum oxalaceticum 4X
Natrum pyruvicum 4X
Niacin 6X
Pancreas 8X
Pyridoxinum hydrochloricum 6X
Riboflavinum 6X
Sodium sulfate 6X, 8X, 12X
Spleen 8X
Taraxacum officinale 2X
Thiaminum hydrochloricum 6X



Package size:

Net Wt. 8 g/0.28 oz. 2 Tubes

Uses:

Hepatic insufficiency, hepatic hypercholesterolemia, familial hypercholesterolemia, hepatobiliary detoxification, cholelithiasis with hyperbilirubinemia, hepatic steatosis, alcoholism, digestive disorders, and skin rashes.

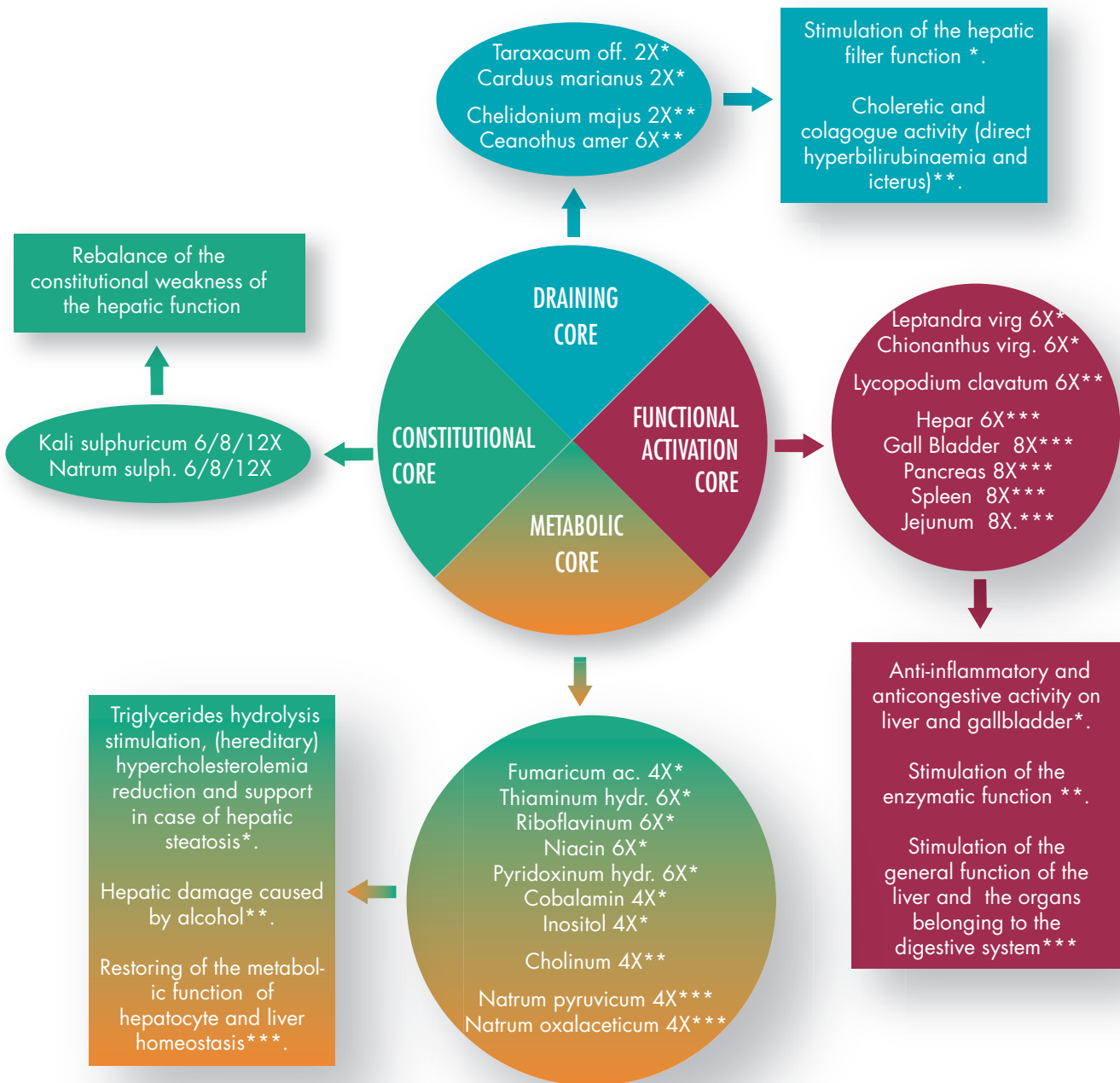
Directions:

5 pellets 2 times a day.

Most common combinations

- Guna-Liver + Guna-Matrix + Guna-Cell: pharmaceutical damage (iatrogenic diseases).
- Guna-Liver + Guna-Bowel: digestive disorders; persistent constipation.
- Guna-Liver + Addict 1: treatment for alcohol addicted patients.
- Guna-Liver + Guna-Dermo: dermatitis, dermatosis, eczema, psoriasis, cutaneous rashes.
- Guna-Liver + Guna-Hemorrhoids: haemorrhoids.

The rational structure of GUNA® -LIVER according to Guna-Method



GUNA LIVER PLUS

Homeopathic medicine

GASTROINTESTINAL HEALTH

NDC 17089-478-20

ORAL DROPS



Supports liver function, relieves minor symptoms of liver intoxication, such as abdominal pain and bloating, skin rashes.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medication
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).
- Alcohol-free

INGREDIENTS

Active ingredients: Berberis vulgaris 3X; Carduus marianus 2X; Chelidonium majus 4X; Fumaricum acidum 6X; Hepar suis 6X; Lycopodium clavatum 6X; Natrum pyruvicum 3X; Natrum sulphuricum 6X; Phosphorus 8X; Taraxacum officinale 3X.
Inactive ingredient: Sucrose.

DIRECTIONS

Adults and children over 12 years: 5 pellets, 3 times per day.

Children under 12 years: consult a physician

Take on an empty stomach. Take 15 minutes before meals.

HOW TO USE

Turn tube upside down and rotate cap to release pellets into cap. Unscrew the cap carefully, do not touch the pellets with your hands. Pour the pellets under the tongue and allow to dissolve.

PACKAGING

Box containing 2 tubes of pellets, 4 g / 0.14 oz. each. Net weight 8 g / 0.28 oz. Oral use

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Gallstones, occlusion of the bile ducts, jaundice and any other unclear or persistent discomfort in the upper abdomen may be serious. Consult a doctor promptly if any of these symptoms occur. If you suffer from liver diseases, you should consult a doctor.

GUNA®-LUMBAR

Ampoules

Ingredients

Active ingredients:

Alumina 8X 4 parts
Anti-interleukin 1 alpha 4C, 2 parts
Beta-Endorphin 4C, 2 parts Bryonia
alba 4X, 2 parts Hamamelis
virginiana 6X, 2 parts Natrum
sulphuricum 8X, 2 parts
Phosphoricum acidum 6X, 2 parts
Sepia 4X, 2 parts
Anti-interleukin 1 beta 4C, 1 part
Intervertebral disk, Porcine 4X, 1
part



Inactive ingredient:

Sterile isotonic sodium chloride
solution

Package size:

2 ml glass ampoules in package of
10 2 ml glass ampoules in package
of 50

Uses:

Lumbar pain due to cartilage degenerative lumbar spine disorders (lumbar and lumbar-sacral arthrosis), Lumbar vertebral osteophytosis, Low back pain due to muscular and tendinous trigger points, Simple lumbar pain, Weak low back syndrome, Postural low back ache, Lumbar and lumbar-sacral mechanical imbalance, Lumbar and lumbar-sacral spinal ligament syndrome, Sacroiliac syndrome, Spinal lumbar and lumbar-sacral nerve root pain.

Directions:

Standard protocol for i.m. administration: 1 ampoule 1-3 times a week according to severity and clinic evolution (1-2 months of treatment).

Standard protocol according to mesotherapeutic technique using 1-2 ampoules per treatment: 2 treatments per week for the first 2 weeks, then 1 treatment a week until pain relief (average 8-10 sessions).

For chronic pathologies: continue with 1 treatment a week for 1 month until pain relief, then 1 treatment a month.

Most common combinations:

Guna-Lumbar + Guna-Muscle: low back pain due to muscular and tendinous trigger points, low-back pain caused by strain from prolonged stay in erect position, lumbago caused by sports training.

Guna-Lumbar + Guna-Ischial: sacroiliac syndrome, leg neuritis, sciatic neuralgia.

Guna-Lumbar + Guna-Neural: low back pain, lumbar neuritis with projected pain to the lower thoracic side.

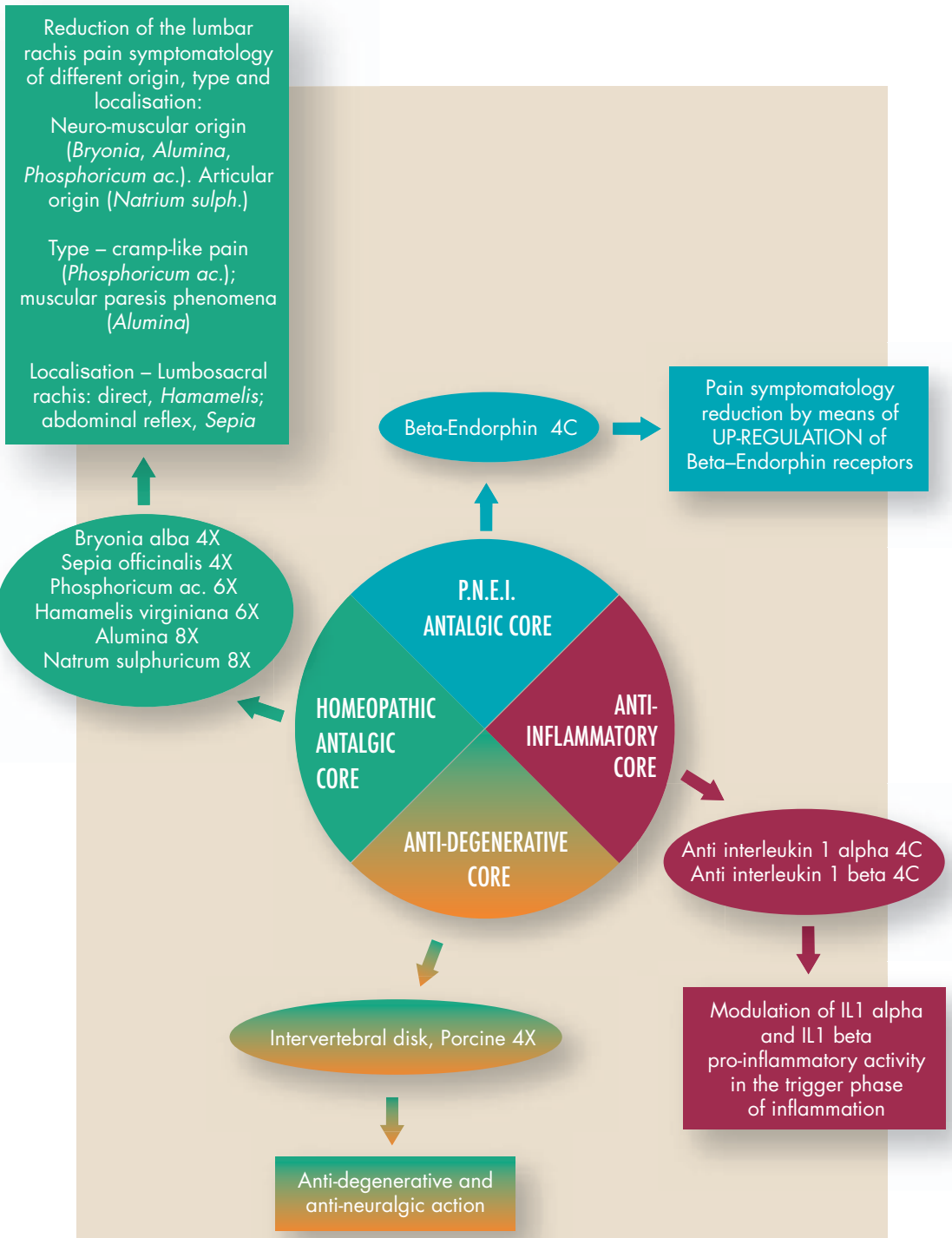
Guna-Lumbar + Guna-Polyarthritis: general lumbar arthrosis, sacroiliac syndrome caused by rheumatoid arthritis.

Guna-Lumbar + Guna-Arthro: lumbar arthrosis, lumbar articular discomfort.

Guna-Lumbar + Guna-Lympho: pre- and post-surgery recovery of a disc hernia L4-L5, L5-S1.

GUNA[®]-LUMBAR

The rational structure of GUNA-LUMBAR according to Guna-Method



• GUNA® - LYMPHO

DROPS

Ingredients:

Apis mellifica 8X
Calendula officinalis 1X
Capillary tissue 6X
DL-malic acid 6X
Equisetum hyemale 3X
Fumaricum acidum 6X
Graphites 6X/12X/30X/200X
Hydrastis canadensis 1X
Hydrocotyle asiatica 1X
Juglans regia 3X
Levothyroxin 6X/12X
Lymphatic vessel 6X
Magnesia phosphorica 6X/12X/30X/200X
Myosotis arvensis 3X
Natrum oxalaceticum 6X
Natrum pyruvicum 6X
Phytolacca decandra 3X
Sarsaparilla 3X
Taraxacum officinale 1X
Trichinoyl phosphate 6X
Vein 6X



Directions:

20 drops twice a day for two months at least. In acute cases 10 drops every 30 minutes for 2 or 3 hours.

Package size:

30 ml/1.0 fl. Oz. bottle

Uses:

Lymphatic stasis (lymphedemas); extracellular matrix detoxification; inflammatory diseases of the lymphatic organs (lymphadenitis, lymphangitis); hyperplasia or hypertrophy of the lymphatic organs.

Most common combinations

Guna-Lympho + Guna-Matrix + Guna-Liver: detoxification and drainage in patients with good liver function.

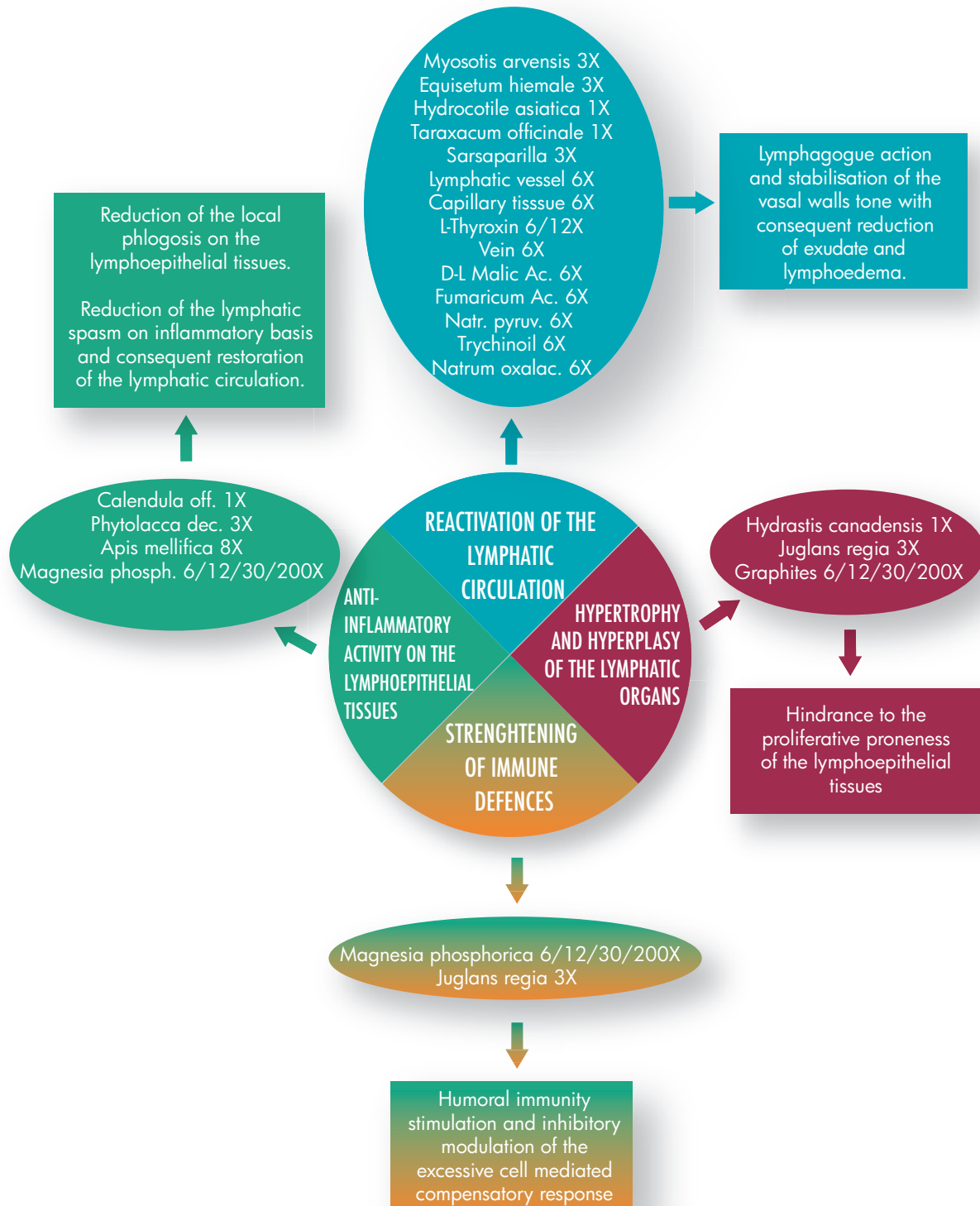
Guna-Lympho + Guna-Matrix + Guna-Bowel: detoxification and drainage in patients with good intestinal function.

Guna-Lympho + Guna-Matrix + Guna-Kidney: detoxification and drainage in patients with good renal function.

Guna-Lympho + Anti Age Vein: venous insufficiency with lymphatic stasis.

Guna-Lympho + Guna-Tonsils: lymph adenopathies.

The rational structure of GUNA®-LYMPHO according to Guna-Method



GUNA LYMPHO DETOX

Homeopathic medicine

DETOX

NDC 17089-462-18

ORAL DROPS



Helps eliminate toxins, temporarily relieves symptoms of poor lymphatic circulation, such as swollen legs, swollen lymph nodes, inflamed tonsils, sore throat.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Aesculus hippocastanum 2X; Calendula officinalis 1X; Taraxacum officinale 1X; Apis mellifica 8X; Equisetum hyemale 3X; Fumaricum acidum 6X; Graphites 12X, 30X, 200X; Juglans regia 5X; Levothyroxinum 12X; Magnesia phosphorica 12X, 30X, 200X; Malicum acidum 6X; Myosotis arvensis 4X; Natrum oxalaceticum 6X; Natrum pyruvicum 6X; Phytolacca decandra 4X; Placenta totalis suis 6X; Sarsaparilla 3X; Trichinoylum 6X; Hydrastis canadensis 5X; Hydrocotyle asiatica 2X.

Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

M47

The components lend this medicine a triple action:

- pain-killing (Solanum Malacoxylon)
- anti-rheumatic (Ferrum metallicum)
- reducing osteo-articular calcifications (Solanum Malacoxylon and Hekla Lava)

COMPOSITION

Solanum malacoxylon 4CH/12CH, Ferrum metallicum 4CH, Hekla lava 12CH/30CH.

INDICATIONS

Calcification-induced periartthritis (especially as an adjuvant to biomesotherapy).

DOSAGE

10-15 drops twice a day, for at least 30 days.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

Ingredients:

Alpha ketoglutaricum acidum 6X
Ascorbic acid 6 X
Barium oxalosuccinate 6X
Calcarea fluorica 30X
Cis-aconitic acid 6X
Collagen 8X/30X
Fumaricum acidum 6X
Funiculus umbilicalis 10X/3X
Galium aparine 6X
Glandula suprarenalis 10X
Hepar 10X
Hyaluronidase 8 X /30 X
Magnesium gluconate 6X,
Manganum phosphoricum 10X
Mercurius solubilis 20X
Musculus 20X
Natrum oxalaceticum 6X
Natrum pyruvicum 8X
Nicotinamidum 6X
Placenta 10X,
Pyridoxinum hydrochloricum 6X
Riboflavinum 6X
Skin tissue 8X/30X
Sulphur 12X
Thiaminum hydrochloricum 6X
Thuja occidentalis 6X

Uses:

Treatment of fine and deep wrinkles. Face revitalisation. Tissue tone improvement. Anti-aging treatment of face, neck, décolleté, hands...

Directions:

Mesotherapy (intra-dermal injections).
Tunnelling technique. Transdermal delivery with appropriate devices.



Standard protocol: 1 weekly treatment for 8-10 consecutive weeks. For better results, a maintenance treatment course of 3-4 weekly sessions is recommended once or twice a year. 1 vial is generally sufficient to treat the whole face.

Package size:

Box of 10 sterile vials, 2ml each.

Most common combinations

Guna Collagen + Made: treatment of deep wrinkles

Ingredients:

Adenosinum cyclophosphoricum 6X
Damiana 6X/12X/30X
Glandula suprarenalis 6X/12X/30X/200X
Hypophysis 6X/12X/30X/200X
Hypothalamus 6X/12X/30X/200X
Melatonin 6X/12X/30X/200X
Orchitinum 6X/12X/30X/200X
Pancreas 6X/12X/30X/200X
Phosphorus 6X
Pineal gland 6X/12X/30X/200X
Thymus gland 6X/12X/30X/200X
Thyroidinum 6X/12X/30X/200X

Uses:

Neuroendocrine axis rebalancing in men, male menopause; sexual performance issues; mood swings; mental and physical stress conditions.

Directions:

20 drops twice a days for two months at least.



Package size:

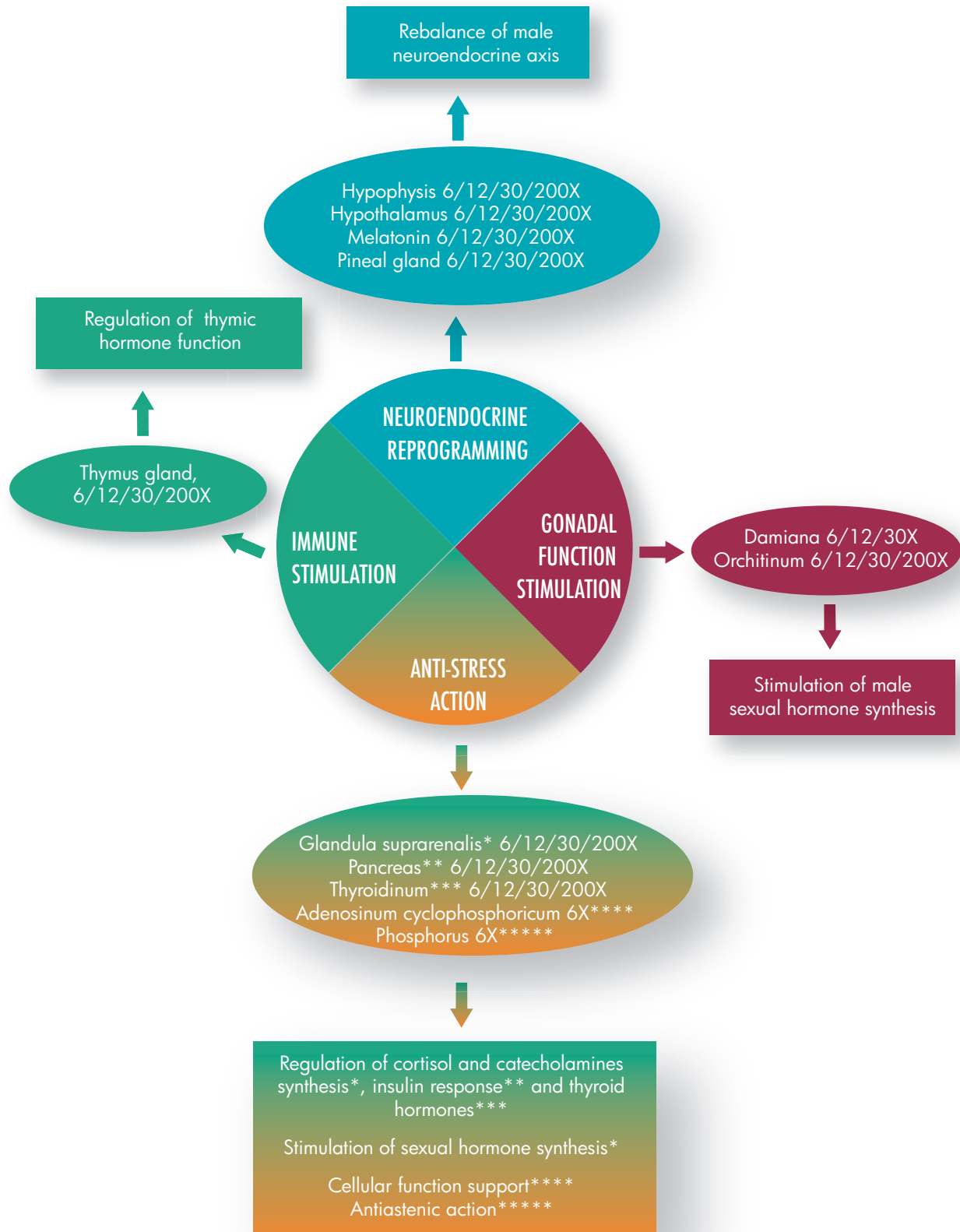
30 ml/1.0 fl. Oz. bottle

Most common combinations

Guna-Male + Guna-Mood: anxious-depressive syndromes of dysendocrine origin in male patients.

Guna-Male + Guna-Cell + Guna-Matrix: anti-ageing standard treatment in male patients.

The rational structure of GUNA®-MALE according to Guna-Method



GUNA MALE BALANCE

Homeopathic medicine

HEALTHY AGING

ORAL DROPS



Temporarily relieves symptoms of male hormonal imbalance. Supports the function of the prostate and the urinary tract. Supports male reproductive function and fertility.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Adenosinum cyclophosphoricum 6X; Damiana 6X; Glandula suprarenalis suis 30X; Hypophysis suis 30X; Hypothalamus suis 30X; Orchitinum 30X; Pancreas suis 30X; Phosphorus 6X; Thyroidinum 30X.
Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.
Children under 12 years: consult a physician.
Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health care professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

• GUNA® - MATRIX

DROPS

Ingredients:

Ascorbic acid 4X
Conjunctiva tissue 6X
Dehydroepiandrosteron 6X
DL-malic acid 6X
Fucus vesiculosus 4X
Histidine 4X
Hyaluronidase 6X
Interleukin 6 4C
Lacticum acidum 4X
Lymphatic vessel 6X
Nadidum 6X
Natrium oxalaceticum 6X
Natrium pyruvicum 6X
Phenylalanine 4X
Prolactin 6X
Pyrogenium 12X
Sodium sulfate 6X, 8X, 12X, 30X, 200X
Thuja occidentalis 6X, 8X, 12X, 30X, 200X
Trichinoyl phosphate 6X
Tyrosine 4X



Package size:

30 ml/1.0 fl. Oz. bottle

Uses:

Detoxification and drainage of extracellular matrix.

Directions:

20 drops twice a day for two months at least.

Most common combinations

Guna-Matrix + Guna-Lympho + Guna-Liver: detoxification and drainage in patients with good liver function.
Guna-Matrix + Guna-Lympho + Guna-Bowel: detoxification and drainage in patients with good intestinal function.

Guna-Matrix + Guna-Lympho + Guna-Kidney: detoxification and drainage in patients with good renal function.

Guna-Matrix + Guna-Allergy-Prev: preventive treatment of allergies, in particular in patients previously treated with corticosteroids.

Guna-Matrix + Guna-Tonsils: treatment of chronic and recurrent tonsillitis in patients previously treated with antibiotics.

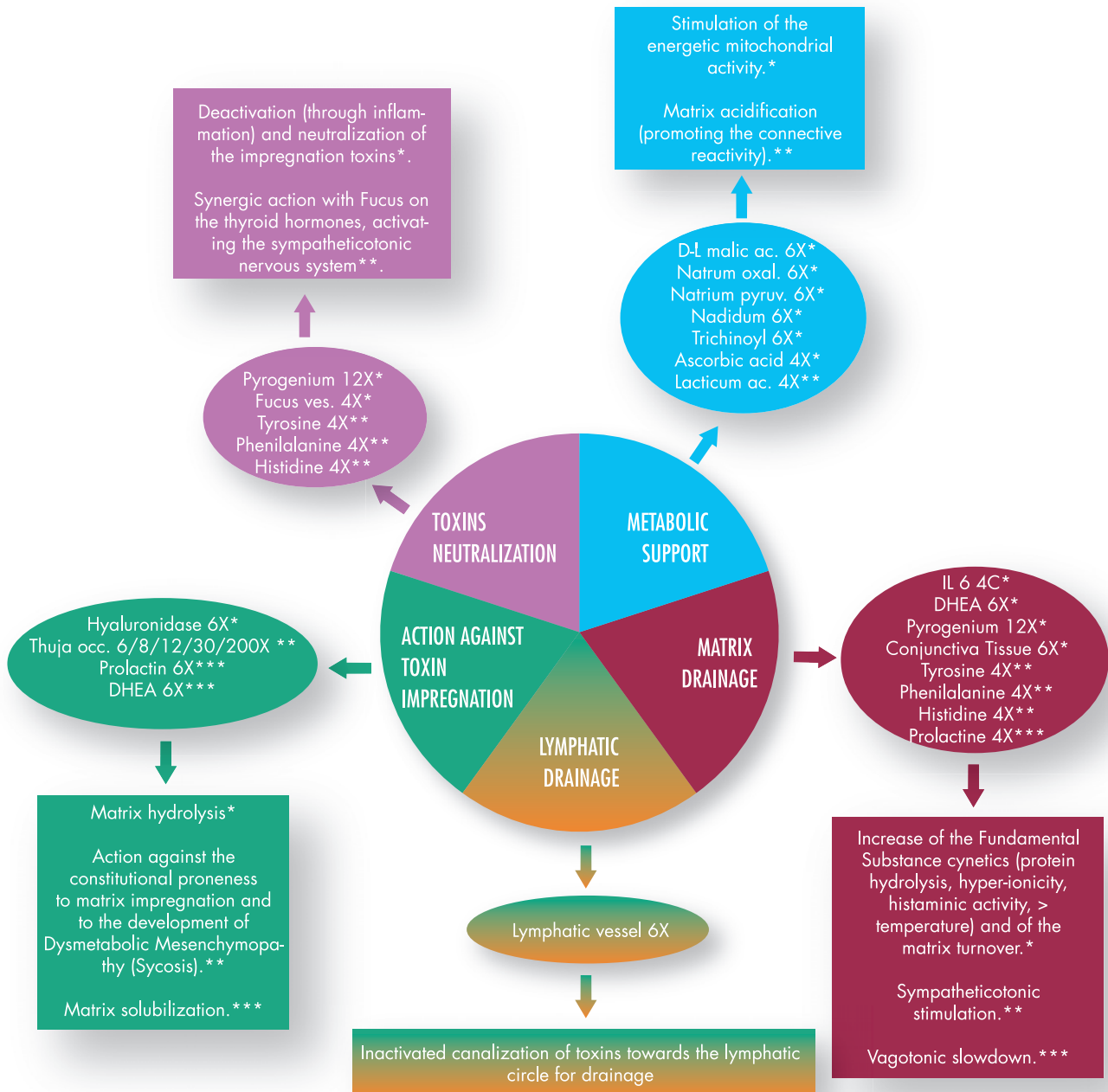
Guna-Matrix + Guna-Arthro: treatment of arthritic patients previously treated with corticosteroids.

Guna-Matrix + Guna-Liver + Guna-Cell: pharmaceutical damage (iatrogenic diseases).

Guna-Matrix + Guna-Cough: cough and catarrhal bronchitis in smoking patients.

Guna-Matrix + Guna-Dermo: matrix detoxification in dermatitis and dermatosis.

The rational structure of GUNA® -MATRIX according to Guna-Method



GUNA MATRIX DETOX

Homeopathic medicine

DETOX

NDC 17089-462-18

ORAL DROPS



Helps eliminate toxins, relieves symptoms of toxin buildup, such as fatigue, skin rashes, swelling.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Conium maculatum 3X; Fucus vesiculosus 6X; Galium aparine 4X; Graphites 12X; Malicum acidum 6X; Myosotis arvensis 4X; Natrum oxalaceticum 3X; Natrum pyruvicum 3X; Natrum sulphuricum 12X; Pyrogenium 12X; Solidago virgaurea 2X; Thuja occidentalis 6X; Urtica urens 6X; Vena suis 6X; Silicea 8X.

Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

Intended use:

- Improve the movement of the hip joint.
- Help muscle stretching of the lumbosacral area.
- Support the periarticular muscle tissue.
- Sooth local pain, pain caused by joint movement or bad posture.

Directions:

Therapeutic protocol: 1 treatment weekly for 10 consecutive weeks.

Periarticular injection technique

(the site of application must be aseptic; insert the needle at 6-8 mm depth)

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Intraarticular injection technique

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin. The application of a topical anaesthetic on the skin area to be treated is recommended.
- Needles: sterile 22 G.
- Syringes: 2 cc size, according to the volume of the solution to inject.

Hip - Intraarticular injection

The trochanteric bursa is located over the lateral prominence of the greater trochanter of the femur.

There can be an anterior or a lateral approach to the hip.

The patient is lying supine. The anatomic landmark is located 2 cm below the superior border of the greater trochanter in between its anterior and posterior borders. The skin overlying this location is marked and prepared in a sterile way. A 22 gauge needle is injected parallel to the floor and perpendicular to the femoral shaft.



Instructions and possible combinations:

MD-HIP may be used as a single treatment or mixed with other medical devices of the same range in order to make a customised treatment according to clinical evolution.

When a supportive treatment is needed for acute pain, MD-HIP can be associated with MD-NEURAL, MD-POLY and MD-MUSCLE (together with one or more than one of these).

Moreover, when a supportive treatment is needed for the connective tissue matrix or when the physiological ageing process is needed to be slowed down, MD-HIP can be associated with MD-MATRIX and MD-TISSUE.

It may also be used as mechanical support while treating the following diseases:

- Hip joint osteoarthritis.
- Hip joint capsule inflammation.
- Hip joint osteoarthritis with rheumatoid arthritis (in association with MD-POLY).
- Hip joint pain of muscle origin (in association with MD-MUSCLE)
- Hip joint pain of nerve origin (burning hip, in association with MD-NEURAL)
- Hip joint pain due to prolonged bed rest.

Administration may vary according to individual needs.

Intended use:

- Improve leg movement.
- Help leg muscle stretching.
- Help to support the leg muscle tissue.
- Soothe leg pain while starting to move legs again, after a period of prolonged inactivity.

Directions:

Therapeutic protocol: 1 treatment weekly for 10 consecutive weeks.

*Periarticular injection technique
(the site of application must be aseptic; insert the needle near the sacroiliac joint at 2-4 mm depth)*

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Instructions and possible combinations:

MD-ISCHIAL may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.

When a supportive treatment is needed for acute pain, MD-ISCHIAL can be associated with MD-NEURAL, MD-POLY and MD-MUSCLE (together with one or more than one of these).

Moreover, when a supportive treatment is needed for the connective tissue matrix or when the physiological aging process should be slowed down, MD-ISCHIAL can be associated with MD-MATRIX and MD-TISSUE.



It may also be used as mechanical support while treating the following diseases:

- Sciatic pain
- Lumbar-sciatic pain (in association with MD-LUMBAR and MD-NEURAL)
- Nerve pain in the lower lumbar spine (in association with MD-MUSCLE)
- Leg nerve pain due to post-surgery treatment of disc herniation L4-L5, L5-S1
- Morton neuroma (in association with MD-NEURAL).

Intended use:

- Improve the knee movement.
- Help muscle stretching.
- Soothe pain while moving legs and knee.

Directions:

Therapeutic protocol: 1 treatment weekly for 10 consecutive weeks.

Periarticular injection technique

(the site of application must be aseptic; insert the needle near the sacroiliac joint at 2-4 mm depth)

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Intraarticular injection technique

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin. The application of a topical anaesthetic on the skin area to be treated is recommended.
- Needles: sterile 22 G.
- Syringes: 2 cc size, according to the volume of the solution to inject.

Knee - Intraarticular injection technique (internal side)

The patient should lay supine with the knee comfortably extended. A 22 G needle is inserted in a direction parallel to the plane of the posterior surface of the patella in a medial and lateral position.

Instructions and possible combinations:

MD-KNEE may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.



When a supportive treatment is needed for acute pain, MD-KNEE can be associated with MD-NEURAL, MD-POLY and MD-MUSCLE (together with one or more than one of these).

Moreover, when a supportive treatment is needed for the connective tissue matrix or when the physiological aging process should be slowed down, MD-KNEE can be associated with MD-MATRIX and MD-TISSUE.

It may also be used as mechanical support while treating the following diseases:

- Knee arthrosis (in association with MD-POLY).
- Patello-femoral arthrosis.
- Knee localization of rheumatoid arthritis or of other autoimmune diseases (in association with MD-POLY).
- Knee acute and chronic arthrosynovitis secondary to arthrosis or to rheumatoid arthritis (in association with MD-POLY).
- Post-traumatic or post-surgery acute and chronic arthrosynovitis.
- Traumatic lesions of cruciate or collateral ligaments of the knee.
- Meniscal lesions (in association with MD-MUSCLE).
- Knee joint preparation to meniscectomy (in association with MD-MUSCLE).
- Maintenance therapy after knee surgery (in association with MD-MUSCLE and MD-NEURAL).

Intended use:

- Help lumbar movement
- Help muscle stretching of the lumbosacral area of the spine.
- Help to support the lumbar muscle tissue.
- Soothe local pain, pain at rest or caused by movement and bad posture.

Directions:

Therapeutic protocol:

- Acute pathologies: 2 treatments weekly for the first 2 weeks; 1 treatment until improvement of symptoms (average 8-10 sessions).
- Chronic pathologies: go on with 1 treatment weekly for one month until improvement of symptoms, then with 1 treatment monthly or – according to individual needs – every 45-50 days.

Periarticular injection technique

(The site of application must be aseptic. Insert the needle near the lumbar and lumbosacral joints at 3-4 mm depth)

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Instructions and possible combinations:

MD-LUMBAR may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.

When a supportive treatment is needed for acute pain, MD-LUMBAR can be associated with MD-NEURAL, MD-POLY and MD-MUSCLE (together with one or more than one of these).

Moreover, when a supportive treatment is needed for the connective tissue matrix or when the physiological aging process should be slowed down, MD-LUMBAR can be associated with MD-MATRIX and MD-TISSUE.



It may also be used as mechanical support while treating the following diseases:

- Lumbar pain secondary to cartilage degenerative lumbar spine disorders (lumbar and lumbar-sacral arthrosis).
- Lumbar vertebral osteophytosis.
- Low-back pain secondary to musculo-tendinous trigger points (in association with MD-MUSCLE).
- Postural low-back aches (in association with MD-NEURAL and MD-MUSCLE).
- Lumbar and lumbar-sacral mechanical imbalance.
- Lumbar and lumbar-sacral spinal ligament syndrome.
- Sacro-iliac syndrome.
- Spinal lumbar and lumbar-sacral nerve root pain (in association with MD-NEURAL and MD-ISCHIAL).

Intended use:

- Help movement by limiting a physiological degeneration of joints and tissues as well as by counterbalancing any damage caused by: ageing, bad posture, concomitant chronic diseases, blows and injuries. pollutants.
- Help movement, by strengthening the supportive tissue of the joints, and of the skin and its subcutaneous tissue. Its main therapeutic functions include: a barrier effect, a lubricating action, mechanical support while administering other pharmacological treatments.
- Due to its special function, MD-MATRIX is also intended for firming the subcutaneous and microvascular connective tissue layer of localized adiposities and cellulite in the connective tissue, especially those at the root of the thighs and in the inner area of the knee, in particular:
 - Strengthen the extra-cellular matrix tissues where the collagen is applied.
 - Act as a defensive barrier against free radicals.

Directions:

Therapeutic protocol: 2 treatments weekly for the first 2 weeks, 1 treatment weekly until improvement of symptoms (average 8-10 sessions). It is possible to go on with 1 treatment every other week for 10 weeks at most. For chronic pathologies: go on with 1 treatment weekly for 1 month until improvement of symptoms, then 1 treatment monthly.

Intradermal and subcutaneous injection technique (the site of application must be aseptic; insert the needle at 1-3 mm depth and microinject 0.2-0.3 ml into the affected tissue.)

Periarticular injection technique (the site of application must be aseptic; insert the needle near the joint at different depths.)

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G, 4 mm.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.



Instructions and possible combinations:

- MD-MATRIX may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.
- Concerning its use for the treatment of localized adiposity, and for firming the subcutaneous connective tissue layer, MD-MATRIX should preferably be associated with MD-TISSUE (e.g. MD-MATRIX 2 vials, MD-TISSUE 1 vial / treatment).
- It may also be used in patients who need a collagen supplementation or a topical anti-ageing treatment.

Intended use:

- Help muscle stretching and function.
- Help to support the muscle tissue in bad posture disorders.
- Improve joint movement.
- Soothe local pain, or pain caused by movement and bad posture.

Directions:

Therapeutic protocol: 1-2 treatments weekly for 10 consecutive weeks.

Intramuscular injection technique

(the site of application must be aseptic; insert the needle into the muscle to be treated at 2-4 mm depth)

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Intramuscular injection technique

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin. The application of a topical anaesthetic to the skin is recommended.
- Needles: sterile 22 G.
- Syringes: 2 cc size, according to the volume of the solution to inject.

Instructions and possible combinations:

MD-MUSCLE may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.

When a supportive treatment is needed for the connective tissue matrix or when an antiaging action is necessary, MD-MUSCLE can be associated with MD-MATRIX and MD-TISSUE.



It may also be used as mechanical support while treating the following diseases:

- Pain management: acute, subacute, and chronic.
- Referred somatic pain area management (in association with MD-NEURAL)
- Trigger points management (in association with MD-NEURAL)
- Fibromyalgia syndrome (in association with MD-NEURAL)
- Dermatomyositis.

Administration may vary according to individual needs.

Intended use:

- Improve the movement of the cervical tract of the spine.
- Help cervical muscle stretching.
- Help to support cervical muscle tissue.
- Help to support cervical muscle tissue in bad posture disorders.
- Soothe pain in cervical column movements.

Directions:

Therapeutic protocol: 1-2 treatments weekly for 10 consecutive weeks.

Periarticular injection technique (the site of application must be aseptic; insert the needle at 2-4 mm depth).

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Instructions and possible combinations:

MD-NECK may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.

When a supportive treatment is needed for acute pain, MD-NECK can be associated with MD-NEURAL, MD-POLY and

MD-MUSCLE (together with one or more than one of these). Moreover, when a supportive treatment is needed for the connective tissue matrix or when the physiological aging process should be slowed down, MD-NECK can be associated with MD-MATRIX and MD-TISSUE.

It may also be used as mechanical support while treating the following diseases:

- Neck pain due to cartilage degenerative cervical spine disorders (cervical osteoarthritis, in association with MD-POLY)
- Neck pain due to cervical muscular trigger points (in association with MD-MUSCLE)
- Stiff neck syndrome (in association with MD-NEURAL)



- Simple neck pain (in association with MD-NEURAL and MD-MUSCLE)
- Whiplash (in association with MD-NEURAL and MD-MUSCLE)
- Postural neck ache (in association with MD-NEURAL and MD-MUSCLE)
- Mechanical imbalance (facet joint syndrome) (in association with MD-NEURAL)
- Cervical spinal ligament syndrome (in association with MD-NEURAL)
- Cervical spinal nerve root pain (in association with MD-NEURAL).

Administration may vary according to individual needs.

Intended use:

- MD-NEURAL is a medical device designed to help joint movement, specifically in bad posture disorders. Its main therapeutic functions include: barrier effect, lubricating action, mechanical support while administering other pharmacological treatments.

Directions:

Therapeutic protocol: 1-2 treatments weekly for 10 consecutive weeks.

Periarticular injection technique (the site of application must be aseptic; insert the needle at 2-4 mm depth).

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Intraarticular injection technique

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin. The application of a topical anaesthetic on the skin area to be treated is recommended.
- Needles: sterile 22 G.
- Syringes: 2 cc size, according to the volume of the solution to inject.

Instructions and possible combinations:

MD-NEURAL may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.

When a supportive treatment is needed for the connective tissue matrix or when an antiaging action is necessary, MD-NEURAL can be associated with MD-MATRIX and MD-TISSUE.



It may also be used as mechanical support while treating the following diseases:

- Brachial pain (in association with MD-NECK)
- Brachial nerve pain due to cervical entrapment (in association with MD-NECK)
- Persistent intercostal neuralgia (in association with MD-THORACIC)
- Postherpetic neuralgia (in association with MD-THORACIC or MD-LUMBAR)
- Atypical facial neuritis (in association with MD-NECK)
- Trigeminal neuralgia (in association with MD-NECK)
- Temporomandibular joint pain (in association with MD-NECK)
- Cervical, thoracic, lumbar and sacrolumbar nerve root pain (respectively in association with MD-NECK, MD-THORACIC, MD-LUMBAR and MD-ISCHIAL).

Intended use:

- Improve movement of the joints.
- Help muscle stretching.
- Help to support the muscle tissue in bad posture disorders.
- Soothe local pain, or pain caused by movement and bad posture.

Directions:

Therapeutic protocol: 1-2 treatments weekly for 10 consecutive weeks.

Periarticular injection technique (the site of application must be aseptic; insert the needle at 3-6 mm depth)

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Intraarticular injection technique

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for skin. The application of a topical anaesthetic on the skin area to be treated is recommended.
- Needles: sterile 22 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Instructions and possible combinations:

MD-POLY may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.

When a supportive treatment is needed for the connective tissue matrix or when an antiaging action is necessary, MD-POLY can be used together with MD-MATRIX and MD-TISSUE. It may also be used as mechanical support while treating the



following diseases:

- Small joints rheumatoid arthritis of hand and foot (in association with MD-SMALL JOINTS)
- Non-specific diffuse pain (in association with MD-NECK and MD-NEURAL)
- Costo-sternal syndrome (in association with MD-NEURAL)
- Chronic polyarthrititis due to auto-immune diseases (e.g. Lupus erithematosus sistemicus) (in association with MD-NEURAL when nerve pain is dominant; in association with MD-MUSCLE when muscle pain is dominant)
- Breakbone fever (when nerve pain is dominant in association with MD-NEURAL; when muscle pain is dominant in association with MD-MUSCLE)
- Joint pain due to viral or protozoic disease (in association with another Guna medical device containing the same type of collagen contained in the joint to be treated)
- Joint pain due to cancer (chronic leukaemia, multiple myeloma) (in association with another Guna medical device containing the same type of collagen contained in the joint to be treated).

Intended use:

- Improve movement of the shoulder joint and the arm.
- Help muscle stretching.
- Help to support the muscle tissue.
- Soothe local pain and pain caused by movement.

Directions:

Therapeutic protocol: 1-2 treatments weekly for 10 consecutive weeks.

Periarticular injection technique (the site of application must be aseptic; insert the needle at 2-4 mm depth).

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Intraarticular injection technique

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for skin. The application of a topical anaesthetic on the skin area to be treated is recommended.
- Needles: sterile 22 G.
- Syringes: 2 cc size, according to the volume of the solution to inject.

Shoulder – Intraarticular injection, anterior approach

Anterior approach. With the patient's hand on the thigh and the shoulder muscles relaxed, the glenohumeral joint can be palpated by placing the fingers between the coracoid process and the humeral head. As the shoulder is internally rotated, the humeral head can be felt turning inward and the joint space can be felt as a groove just lateral to the coracoid process. A 22 G needle can be inserted lateral to the coracoid. Insert the needle into the joint space.

Shoulder – Intraarticular injection, posterior approach

Posterior approach. The posterior aspect of the shoulder joint can be identified by making the patient's arm rotate. This position is achieved by placing the patient's ipsilateral hand on the opposite shoulder. The humeral head can be palpated by placing a finger posteriorly along the acromion while the shoulder is rotated. A 22 G needle is inserted about 1 cm inferior to the posterior tip of the acromion and directed anteriorly and medially.



Instructions and possible combinations:

MD-SHOULDER may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.

When a supportive treatment is needed for acute pain, MD-SHOULDER can be associated with MD-NEURAL, MD-POLY and MD-MUSCLE (together with one or more than one of these).

Moreover, when a supportive treatment is needed for the connective tissue matrix or when the physiological aging process should be slowed down, MD-SHOULDER can be associated with MD-MATRIX and MD-TISSUE

It may also be used as mechanical support while treating the following diseases:

- Shoulder-arm polyarthritis (in association with MD-POLY)
- Rotator cuff syndrome (in association with MD-MUSCLE)
- Shoulder-arm syndrome (in association with MD-NEURAL and MD-MUSCLE)
- Frozen shoulder (in association with MD-MUSCLE)
- Shoulder pain due to dislocation (therapeutic rest, in association with MD-NEURAL)
- Epicondylitis (in association with MD-NEURAL and MD-POLY)

Intended use:

- Improve movement of the small joints of hand, foot and ankle.
- Help muscle stretching.
- Help to support the muscle tissue.
- Soothe local pain and pain caused by joint movement.

Directions:

Therapeutic protocol: 1 treatment weekly for 10 consecutive weeks.

Periarticular injection technique (the site of application must be aseptic; insert the needle near the sacroiliac joint at 2-4 mm depth)

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Intraarticular injection technique

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin. The application of a topical anaesthetic on the skin area to be treated is recommended.
- Needles: sterile 22 G.
- Syringes: 2 cc size, according to the volume of the solution to inject.

Ankle - Intraarticular approach

Medial approach. A 22 G needle is placed about 4 cm proximal and lateral to the distal end of the medial malleolus. The flexor hallucis longus tendon is just lateral to this point. The needle is directed 45 degrees posteriorly, slightly upward, and laterally.

Lateral approach. A 22 G needle is placed about 1 cm proximal and medial to the distal end of the lateral malleolus. The needle should be inserted 45 degrees posteriorly, slightly upward.



Instructions and possible combinations:

MD-SMALL JOINTS may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.

When a supportive treatment is needed for acute pain, MD-SMALL JOINTS can be associated with MD-NEURAL, MD-POLY and MD-MUSCLE (together with one or more than one of these).

Moreover, when a supportive treatment is needed for the connective tissue matrix or when the physiological aging process should be slowed down, MD-SMALL JOINTS can be associated with MD-MATRIX and MD-TISSUE.

It may also be used as mechanical support while treating the following diseases:

- Osteoarthritis of the fingers
- Rhizoarthrosis of the thumb (Forestier disease)
- Arthrosis pain due to hammer toe
- Carpal-tunnel syndrome (in association with MD-NEURAL)
- De Quervain disease (in association with MD-NEURAL)
- Metatarsal pain
- Metatarsal pain accompanied by Morton's neuroma (in association with MD-NEURAL)
- Rheumatoid arthritis of the hand/foot (in association with MD-POLY)
- Hand/Foot tendon pain due to prolonged immobilisation.

Intended use:

- Improve movement of the thoracic tract of the spine.
- Help muscle stretching.
- Help to support the muscle tissue in bad posture disorders.
- Soothe local pain, pain caused by movement and bad posture.

Directions:

Therapeutic protocol: 2 treatments weekly for the first 2 weeks, 1 treatment weekly until improvement of symptoms (average 8-10 sessions). For chronic pathologies: go on with 1 treatment weekly for 1 month until improvement of symptoms, then 1 treatment monthly.

Periarticular injection technique (the site of application must be aseptic; insert the needle at 2-4 mm depth).

For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles: sterile 27 G.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Instructions and possible combinations:

MD-THORACIC may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.

When a supportive treatment is needed for acute pain, MD-THORACIC can be associated with MD-NEURAL, MD-POLY and MD-MUSCLE (together with one or more than one of these).

Moreover, when a supportive treatment is needed for the connective tissue matrix or when the physiological aging process should be slowed down, MD-THORACIC can be associated with MD-MATRIX and MD-TISSUE.

It may also be used as mechanical support while treating the following diseases:

- Thoracic pain due to scoliosis (in association with MD-MUSCLE and MD-NEURAL)
- Thoracic pain due to thoracic long muscle trigger points



(in association with MD-MUSCLE)

- Pain due to thoracic spine osteophytosis (in association with MD-NEURAL)
- Pain from spinal osteoporosis (in association with MD-NEURAL and MD-MUSCLE)
- Mechanical imbalance (costo-vertebral facet joint syndrome) (in association with MD-NEURAL)
- Thoracic spinal ligament syndrome (in association with MD-NEURAL)
- Thoracic spinal nerve root pain (in association with MD-NEURAL).

Intended use:

- MD-TISSUE is a medical device designed to help movement by counteracting the physiological ageing of the connective tissue. Its main therapeutic functions include: a barrier effect, a lubricating action, mechanical support while administering other pharmacological treatments. In particular, it:
 - Acts as a defensive barrier against free radicals.
 - Counteracts the physiological ageing of the connective tissue.
 - Soothes local pain caused by movement.
- Due to its special function, MD-TISSUE is also intended to limit the physiological deterioration of the skin and subcutaneous connective tissue, and counterbalance the effects of chrono-ageing and photo-ageing, such as: local anti-ageing treatment, face and neck wrinkles, firming of the subcutaneous and perivascular connective layer of the face and neck, alteration of the trophicity of the connective tissue of face and neck induced by airborne pollutants / metabolic disorders.

Directions:

Therapeutic protocol: 2 treatments weekly for the first 2 weeks, 1 treatment weekly until improvement of symptoms (average 8-10 sessions). It is possible to go on with 1 treatment every other week for 10 weeks at most. For chronic pathologies: go on with 1 treatment weekly for 1 month until improvement of symptoms, then 1 treatment monthly.

Intradermal injection technique:

The site of application must be aseptic;

Microinjections:

Insert the needle at 1-3 mm depth, and inject 0.2-0.3 ml into the affected tissue.

Tunnelling injection technique:

inject 0.3 ml per wrinkle. Insert the needle beneath the skin the full length of the needle, cannulate the wrinkle by moving the needle gently to left and right, while injecting the content of the syringe as the needle is withdrawn.

Periarticular injection technique:

The site of application must be aseptic; insert the needle perpendicular to the skin surface at 2-4 mm depth, and perform microinjections of 0.3-0.5 ml.



For this purpose the use of the following materials and accessories is recommended:

- Materials for aseptic skin preparation: single-use gloves, iodine solution, alcohol solution, sterile gauze pads, ethyl chloride spray for the skin.
- Needles for microinjections: sterile 27 G, 4 mm.
- Needles for tunnelling injection technique: sterile 30 G, 13 mm.
- Syringes: 5 or 10 cc size, according to the volume of the solution to inject.

Instructions and possible combinations:

MD-TISSUE may be used as a single treatment or mixed with other medical devices of the same range, in order to make a customised treatment according to clinical evolution.

Concerning its use for the treatment of face and neck wrinkles, and for firming the subcutaneous connective tissue layer, MD-TISSUE should preferably be associated with MD-MATRIX (e.g. MD-TISSUE 2 vials, MD-MATRIX 1 vial / treatment).

It can be used when patients need a supplementation of collagen or a topical antiaging treatment.

MEDI-DENT

COMPOSITION

Buxus TM, Plantago TM, Phytolacca TM, Calendula TM, Mucosa gingivalis 4CH, Sanguis 4CH, Arnica 5CH, Fluorite D8, 12 Schüssler salts D8, Dens suis 4CH, Mercurius sol. Hahnemanni 4CH, Kreosotum 5CH, Vaccinium vitis D3, Ananassa sativa D3. Essential oil of lemon 2%.

Contains alcohol (65%).

INDICATIONS

Anti-inflammatory, disinfectant, antihemorrhagic treatment of the oral cavity.

DOSAGE

15 drops in a glass of water as a mouth wash; use pure for local applications.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.



GUNA -MELATONIN

DILUTION: D6

SECRETING GLAND: EPIPHYSIS

BIOLOGICAL FUNCTIONS:

- Neurohormonal regulation
- Normalization of circadian rhythms

USES:

- sleep disorders
- Circadian rhythm sleep disorders and altered physiological functions
- Stress
- Mood disorders and mood swings
- Non-conventional treatment of cancer
- Sympathetic hyperfunction
- Jet lag

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



MENYANTHES COMPOSITUM

Useful in case of **headache** and **migraine**. Its formulation takes into account the various etiological possibilities of the two conditions. The psychogenic aspects and individual PNEI, which represent the terrain on which the two pathologies develop and find expression, have not been overlooked.

The presence of *Arnica*, *Belladonna*, *Gelsemium*, *Sabadilla* and *Sanguinaria* makes the product particularly suitable for **headache stemming from vascular congestion and anxiety**.

COMPOSITION

Arnica D6/D12/D30, Belladonna D6/D12/D30, Gelsemium D6/D12/D30, Iris D6, Pulsatilla D6/D12/D30, Sabadilla D8, Sanguinaria D12, Spigelia D6, Tabacum D12, Sulphur D8/D12, Lachesis D12/D20/D30, Sepia D6/D12/D30, Menyanthes D6, Menispermum D8, Tanacetum D8, Secale D6, Propranolol D6, Serotonin 30CH, Cuprum D12, Aesculus D6, Cimicifuga 9CH, Interleukin 2 9CH, Interleukin 6 9CH.

INDICATIONS

Headache and migraine.

DOSAGE

10-20 drops a day, between meals.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

The **Metatox** range comprises four combinations of homeopathic and gemmo-phytotherapeutic remedies as adjuvant treatment during withdrawal from smoking, alcohol, etc., and in slimming diets.

METATOX 1 (Deep Metatox)

COMPOSITION

Plantago major D1, Chamomilla D1, Schrophularia D1, Juniperus comm. gemmae D1, Chelidonium majus D1, Tabacum D6/9/12/30, Nicotinum D6/12/30, Coffea D6/12/30, Saccharum D6/9/12/30, Papaver 12CH, Caladium seg. D4, Nux vomica D6/9/12, Natrium muriaticum D9. Contains alcohol (30%).

INDICATIONS

To overcome nicotine, alcohol, coffee, sugars and narcotic dependence.

DOSAGE

30 drops at least 4 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

METATOX 2 (Neurocalm Metatox)

COMPOSITION

Stevia D1, Passiflora incarnata D1, Hypericum D1, Escholtzia D1, Avena sati-va D1, Eleutherococcus D1, Humulus lupulus D1, Valeriana D1, Ribes nigrum gemmae D1, Pulsatilla D6/9/12, Kalium phosphoricum D8, Ginseng D2, Chamomilla D3. Contains alcohol (30%).

INDICATIONS

As sedative for the nervous system when the body is submitted to stress of all kinds, and for nicotine withdrawal symptoms.

DOSAGE

30 drops at least 4 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

METATOX 3 (Metabolism Metatox)

COMPOSITION

Glycyrrhiza glabra D1, Guaranà D1, Fucus vesiculosus TM, Stevia D1, Lycopodium D4, Gl. thyroidea 4CH, Badiaga D2, Cimicifuga D3, Iodum D12, Spongia tosta D4/12/15, Phytolacca D3, Hypophysis anterior 4CH, Hypophysis posterior 4CH, Hypothalamus 4CH. Contains alcohol (30%).

INDICATIONS

To improve metabolic activity, reduce appetite, reduce hypoglycemia, increase the general energy state of the organism.

DOSAGE

30 drops at least 4 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

METATOX 4 (Drainage Metatox)

COMPOSITION

Stevia D1, Solidago virga aurea TM, Hieracium pilosella D1, Juniperus communis gemmae D1, Berberis vulgaris D1, Schrophularia nodosa D3, Apis mellifica D4, Galphimia glauca D3, Adrenalinum 4CH, Gl. thyroidea 4CH, Chelidonium majus D3, Lycopodium D3, Natrium muriaticum D9, Argentum nitricum D9, Calcium carbonicum D10, Syzygium jamb. D1. Contains alcohol (30%).

INDICATIONS

Improves metabolic activity, regulates hypoglycemia, helps elimination of fluids excess, improves the body energy.

DOSAGE

30 drops at least 4 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

Ingredients:

Aspergillus niger 12X/30X/200X
Candida albicans 12X/30X/200X
DL-malic acid 6X/12X/30X
Hydrocotyle asiatica 6X
Mercurius corrosivus 6X
Mucor mucedo 12X/30X/200X
Natrum oxalaceticum 6X/12X/30X
Pink trumpet tree 4X
Sulfur 6X

Uses:

Treatment of mucocutaneous mycosis. co-adjuvant treatment of diseases secondary to mycosis.

NOTE: Micox is recommended in association with Eubioflor.

For better results yeasts, refined sugar, pork and other foods that may cause intolerance should be avoided.

Directions:

10 drops 3 times a day for the first two months.
Maintenance: 10 drops a day also over extended periods of time.



Package size:

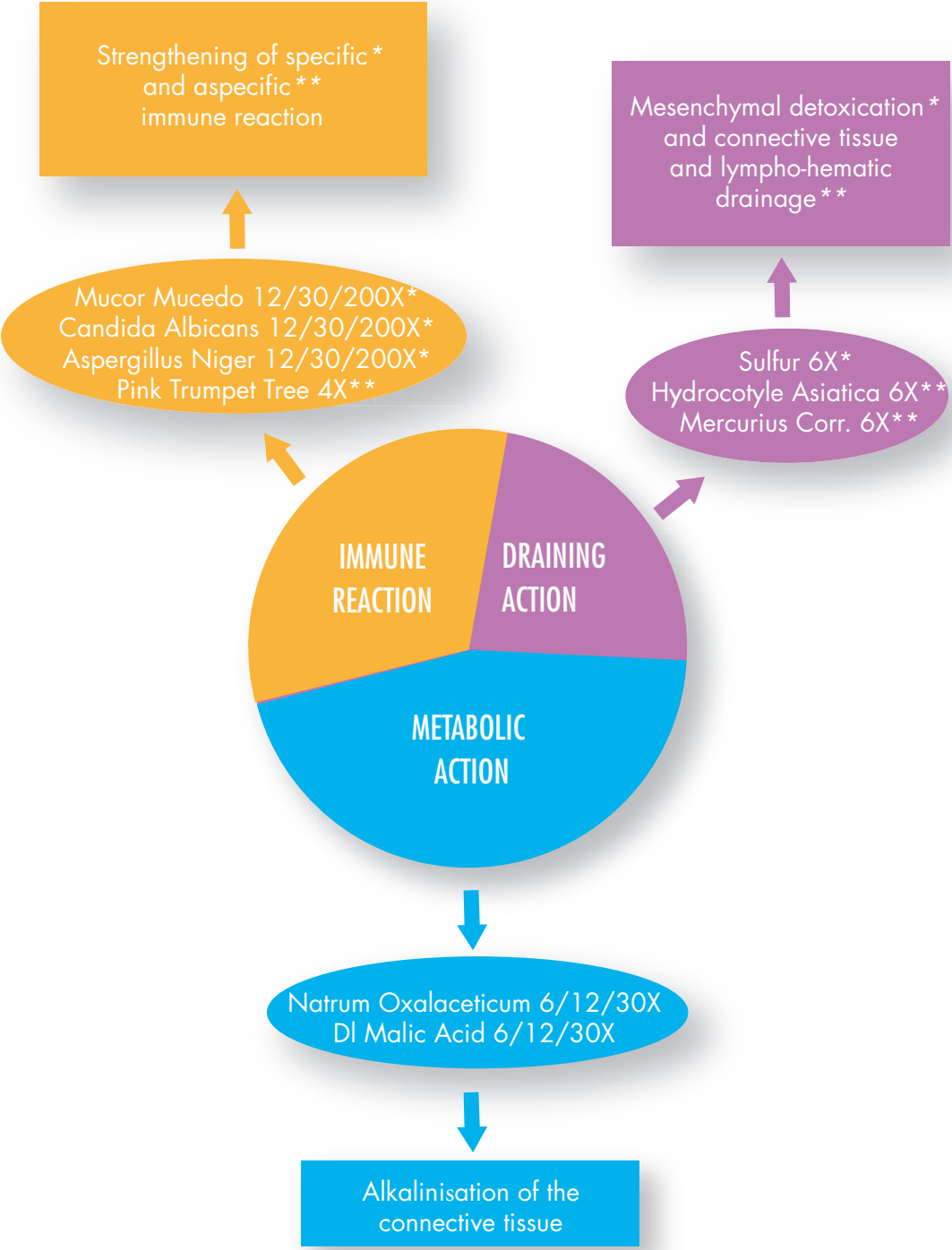
30 ml/1.0 fl. Oz. bottle

Most common combinations

Micox + Citomix : chronic, recurrent and persistent mucocutaneous mycosis.

Micox + Eubioflor: mycosis of possible dysbiotic origin.

The rational structure of **MICOX** according to **Guna-Method**



Ingredients:

5-Hydroxytryptophan 3X
Alfalfa 6X
Avena sativa 6X
Ignatia amara 30C
Lachesis mutus 30C
Phosphoricum acidum 6X/12X/30X/200X
Pineal gland 6X/12X/30X/200X
Salix vitellina, Flos 10X
Salmonella typhi 30C
Sepia 6C/30C
Serotonin 6C/30C
Thymus gland 6X/12X/30X/200X
Tryptophan 3X

Uses:

Anxious depression; cyclic mood disorders; psychogenic food disorders (in particular bulimia, with carbohydrate craving); depressive states and mood instability in the menopausal and pre-menopausal period.

Directions:

20 drops twice a day for two months at least.



Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

Guna-Mood + Guna-Fem: anxious-depressive syndromes due to endocrine imbalance, typical of the perimenopausal period.

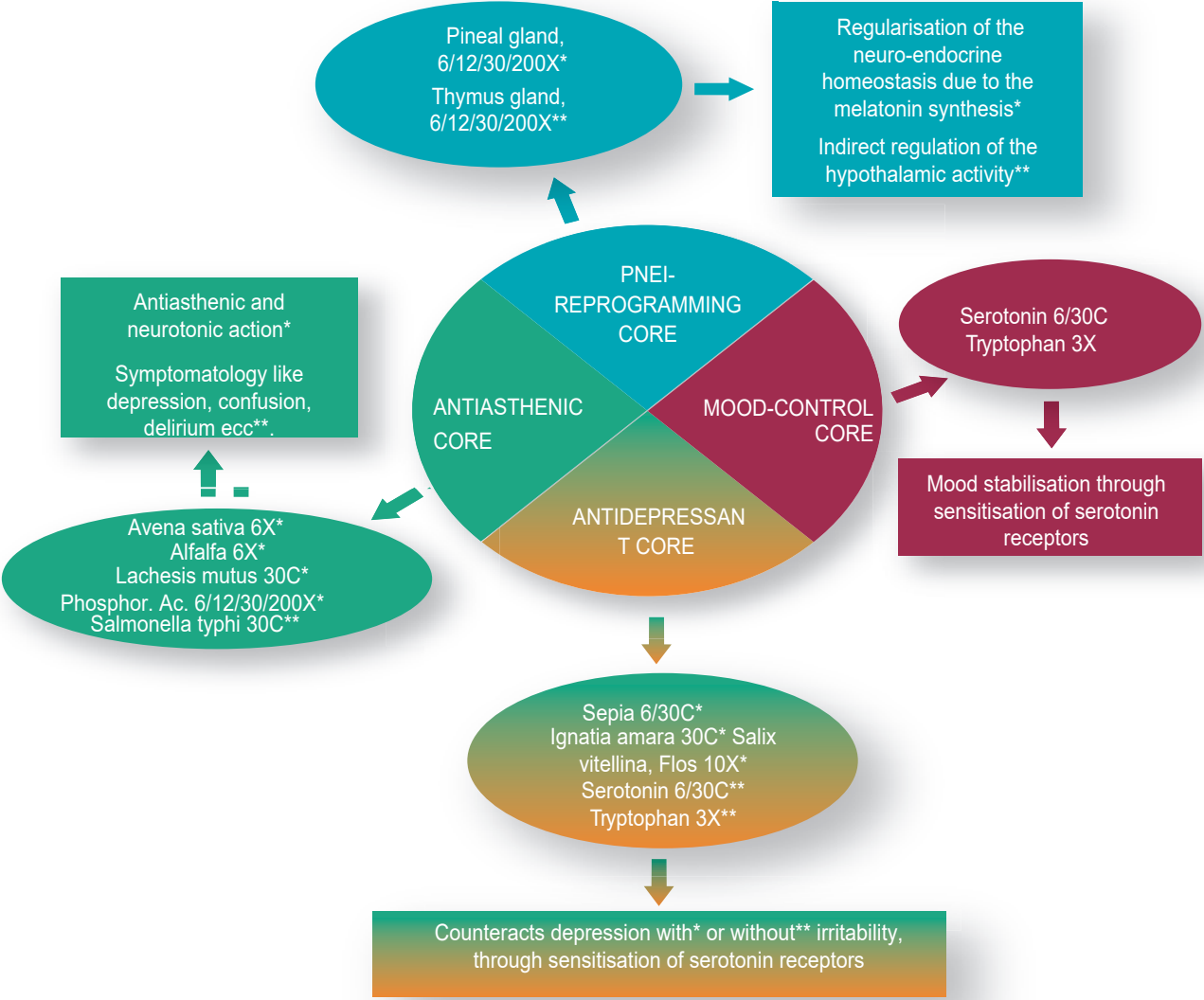
Guna-Mood + Guna-Matrix (+ Guna-Liver): anxious-depressive syndromes in patients previously treated with conventional anti-depressives and anxiolytic medications.

Guna-Mood + Guna-PMS: anxious-depressive syndromes during PMS.

Guna-Mood + Anti Age Stress: anxious-depressive syndromes as a consequence of stress.

Guna-Mood + Guna-Sleep: anxious-depressive syndromes with insomnia.

The rational structure of GUNA®-MOOD according to Guna-Method



GUNA MOOD SUPPORT

Homeopathic medicine

PSYCHOSOMATIC HEALTH

NDC 17089-469-18

ORAL DROPS



Temporary relief of mild anxiety and restlessness.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).
- Contains no animal-derived ingredients

INGREDIENTS

Active ingredients: Arsenicum album 12X; Aurum metallicum 30X; Hypericum perforatum 3X; Lycopodium clavatum 30X, Sepia 30X.

Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

NATUR 1 - vaginal ovules

INDICATIONS

Leukorrhoea or fluor albus. Vulvovaginitis of bacterial, viral, non-specific and allergic origin (deodorants, depilators, soaps, contraceptive creams, condoms), Trichomonas, Candida albicans, Gardnerella vaginalis. Post-menopausal and senile atrophic vulvo-vaginitis (in association with Natur 2). Post-actinic vulvo-vaginitis. Lesions due to HPV, condyloma. Herpes-induced vaginitis.

COMPONENTS Calendula D4, Propolis D4, Vincetoxicum D6, Helonias D6, Kreosotum D6, Hydrastis D6, Psorinum D10, Candida albicans D30.

CLINICAL NOTES FROM HOMEOPATHIC MATERIA MEDICA

Calendula D4	scarring and anti-inflammatory action
Propolis D4	scarring and anti-inflammatory action
Vincetoxicum D6	stimulates the immune defenses
Helonias D6	specific remedy for female genital problems, particularly of inflammatory type
Hydrastis D6	anti-inflammatory action on the mucous membranes (for dense, yellowish, thread-like muco-purulent secretions); hemostatic in cases of menorrhagia and metrorrhagia
Kreosotum D6	anti-inflammatory action on the mucous membranes and skin (vulvar pruritus, foul-smelling fluor); haemo-static in cases of menorrhagia and metrorrhagia
Psorinum D10	nosode of chronic leucorrhoea and low capacity for reaction
Candida albicans D30	nosode of vaginal mycoses

DOSAGE AND ADMINISTRATION

1 ovule morning and evening for the first two weeks.
Continue with one vaginal suppository in the evening.

PACKAGE SIZE

Pack containing 14 vaginal ovules.



NATUR 2 - cream for vaginal application

INDICATIONS

Post-menopausal, senile and oestrogen-deficiency-induced atrophic vulvo-vaginitis. Oestrogen-deficiency-induced dyspareunia. Post-menopausal dyspareunia.

COMPONENTS

Estradiol D6, Ovarium D6, Placenta suis D6, Embryo totalis suis D6

CLINICAL NOTES FROM HOMEOPATHIC MATERIA MEDICA

- | | |
|-------------------------------|---|
| Estradiol D6 | in mild deficiencies, it regulates the physiological concentration of the hormone, compensating for the deficit and alleviating the consequent symptoms |
| Ovarium suis | activates ovarian function |
| D6 Placenta suis D6 | stimulates peripheral blood flow, with a trophic action on the tissues |
| Embryo totalis suis D6 | revitalises the skin by improving vascularisation |

DOSAGE AND ADMINISTRATION

Apply morning and evening for at least 2 months; then continue once a day and after coitus.

PACKAGE SIZE

Pach containing 1 tube of 75 ml of cream and 2 cannules that make easy the vaginal application.
The cannules are reusable and easy to clean and wash.



• NATUR™ 3

Natur™ 3 is specifically designed to nourish and moisturize the breast area. Its quick-absorbing, non-greasy texture is pleasant to the touch. Its formulation includes plant extracts with stimulating and tonic action and natural active ingredients that help counteract the tissue sagging and promote the firming of this area.

KEY INGREDIENTS:

Lilium candidum flower water: reduces mild hormone deficiencies and relieves breast tenderness.

Echinacea augustifolia root extract: stimulates the immune system.

Echinacea purpurea flower/leaf/stem extract: reduces inflammation of the serous membranes (painful nodules).

Gallium aparine extract: has a strong trophic action of tissues, reducing the thickness of fibrous tissues.

Thuja occidentalis leaf extract: reduces proliferative processes involving skin and glandular epithelia.

INGREDIENTS: Aqua/Water/Eau, Ethylhexyl Palmitate, Lilium Candidum Flower Water, Glycerin, Polyacrylamide, C13-14 isoparaffin, Glyceryl Caprylate, Sodium levulinate, Potassium cetyl phosphate, Laureth-7, Parfum, Sodium anisate, Xanthan gum, Echinacea Angustifolia Root Extract, Echinacea Purpurea Flower/Leaf/Stem Extract, Citric acid, Phenoxyethanol, Thuya Occidentalis Leaf Extract, Galium Aparine Extract.

DIRECTIONS: Apply to the breast, morning and evening, with a gentle massage.

PACKAGING: 75 ml tube.



GUNA®-NECK

Ampoules

Ingredients

Active ingredients:

Cartilago suis 4X, 2 parts
Anti interleukin 1 alpha 4C, 2 parts
Anti interleukin 1 beta 4C, 2 parts
Beta-Endorphin 4C, 2 parts
Magnesia phosphorica 8X, 2 parts
Nux vomica 10X, 2 parts
Picricum acidum 10X, 2 parts Silicea
4X, 2 parts
Crotalus horridus 10X, 1 part
Intervertebral disk, Porcine 4X, 1
part



Inactive ingredient:

Sterile isotonic sodium chloride
solution

Package size:

2 ml glass ampoules in package of
10 2 ml glass ampoules in package
of 50

Uses:

Neck pain due to cartilage-degenerative cervical spine disorders (cervical osteoarthritis), Neck pain due to cervical muscular trigger points, Stiff neck syndrome, Simple neck pain, Whiplash, Postural neck pain, Mechanical imbalance (Facet joint syndrome), Cervical spinal ligament syndrome, Cervical spinal nerve root pain, Arnold syndrome.

Directions:

Standard protocol for i.m. administration: 1 ampoule 1-3 times a week according to severity and clinical evolution (1-2 months of treatment).

Standard protocol according to mesotherapy technique using 1-2 ampoules per treatment: 2 treatments for the first 2 weeks, 1 treatment a week till pain relief (average 8-10 sessions). For chronic pathologies: continue with 1 treatment a week for 1 month till pain relief, then 1 treatment a month.

Most common combinations:

Guna-Neck + Guna-Muscle: neck pain due to cervical trigger points, muscle-tensive occipital frontal headache, whiplash.

Guna-Neck + Guna-Neural: brachialgia from cervical arthrosis, cranic neuritis caused by atlo-epistrophic dislocation, muscle-tensive headache, lost of physiological cervical lordosis.

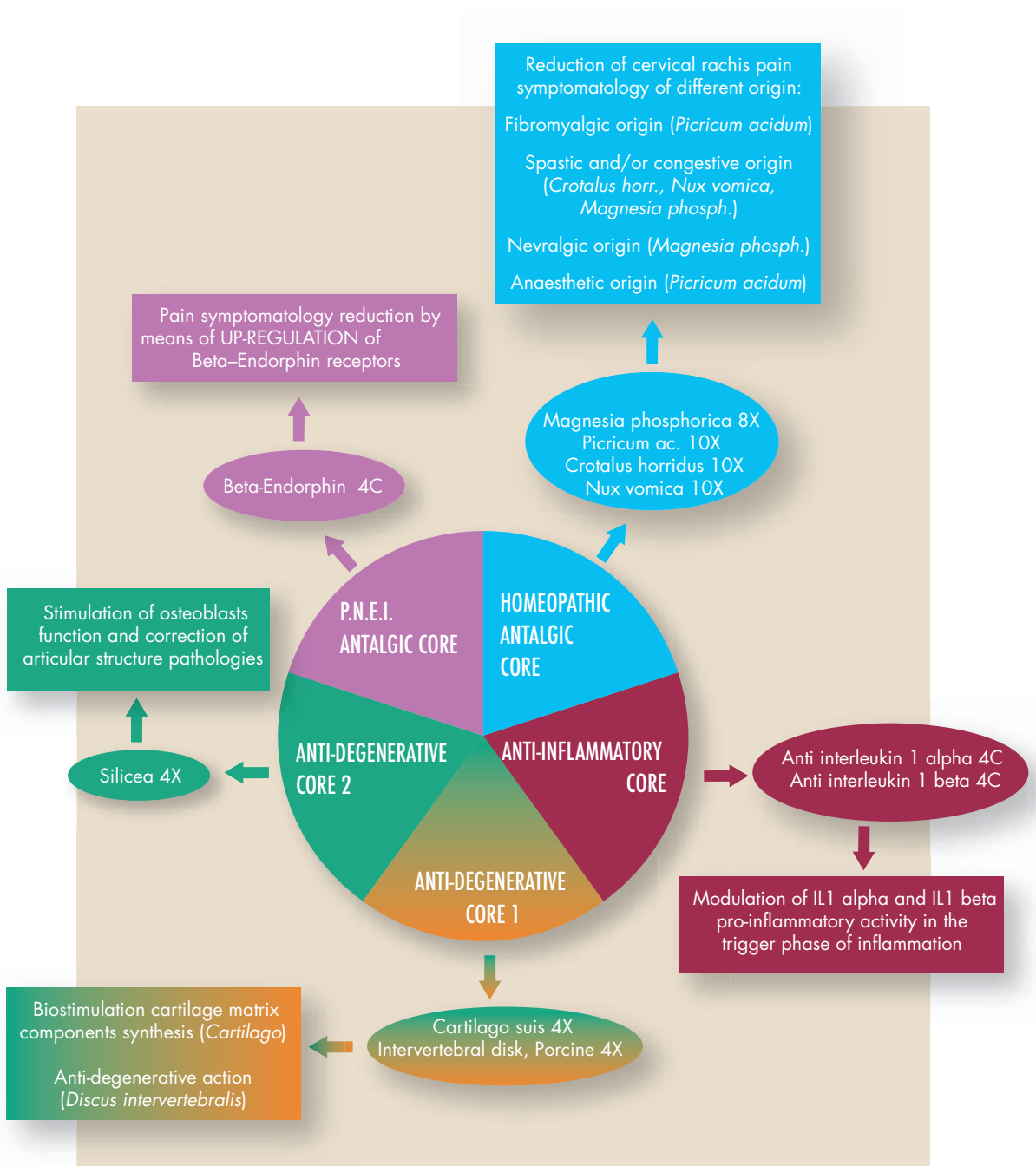
Guna-Neck + Guna-Polyarthritits: cervical syndrome caused by rheumatoid osteoarthritis or other autoimmune diseases, cervical syndrome caused by general somatic pain.

Guna-Neck + Guna-Arthro: cervical arthrosis, cervical articular discomfort.

Guna-Neck + Guna-Trauma: post-surgery recovery, cervical contusions in traumatology and sport medicine.

GUNA[®]-NECK

The rational structure of GUNA-NECK according to Guna-Method



•GUNA® - NGF

NERVOUS GROWTH FACTOR

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Activation of inflammatory cells. Nervous system growth.

USES: Severe depression. Multiple sclerosis (in combination with Medulla Spinalis Suis Injeel forte by Heel). Diseases of the Central Nervous System.

- nerve pain
- memory disorders
- mood disorders
- skin thinning and skin ulcers
- loss of strength in the limbs, fatigue
- sadness and loss of interest

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA® - NT3

NEUROTROPHIN 3

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Neurotrophin with action on the neurons damaged during growth or due to injury.

USES:

- muscle weakness
- mood disorders
- diseases of the Central Nervous System or of the Peripheral Nervous System
- neurological damage (during growth or due to trauma)

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA® - NT4

NEUROTROPHIN 4

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Neurotrophin with action on the neurons damaged during growth or due to injury.

USES: Action on peripheral sensory neurons.

- muscle weakness
- mood disorders
- diseases of the central nervous system or the peripheral nervous system
- neurological damage (during growth or due to trauma)
- painful syndromes

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



OLYMPIA

COMPOSITION

Leucin D6, Isoleucin D8, Valine D20, Tryptophan D8, Phenylalanine D8, Tyrosine D8, Treonine D8, Methionine D8, Cysteine D8, Histidine D8, Arginine D5, Ornithine hydrochloride D4, Proline D4, Serine D14, Alanine D14, Ubiquinone D6.

INDICATIONS

Stimulation of muscle anabolism. Reduction of muscle catabolism.
Stimulation of oxidative phosphorylation in muscle cells. Reduced release of lactic acid.

DOSAGE

Granules: 3-5 granules 1 hour before starting training
3-5 granules immediately before starting training
3-5 granules within 45 minutes from end of training

Injectable ampoules: 1 ampoule before and 1 after completing the training session via im. or sc. . The s.c. administration may be used to stimulate a specific group of muscles.

PACKAGE SIZE

Tube containing 4 g of granules.
Pack containing 10 ampoules of 1 ml



• OMEGAFORMULA™

Omega Formula™ is a food supplement that, thanks to its specific synergetic formulation, helps to protect the cardiovascular system from the various risk factors.

Omega Formula™, containing red yeast rice standardized to Monacolin K (10 mg), micronised seeds of the Baobab fruit - *Adansonia digitata* L.- (containing Omega3-Omega6-Omega9 in a balanced ratio), Vitamin B6 and Folic Acid, is recommended in cases of: overweight, obesity, hypercholesterolaemia, hypertriglyceridaemia and hyperhomocysteinaemia secondary to dietary imbalance. Omega Formula™'s nutritional ingredients boast high bioavailability: as they pass through the stomach, its polyunsaturated fatty acids are protected naturally by the fibres contained in the Baobab seeds.

Omega Formula™ ingredients are not obtained from genetically-modified organisms (GMO-free) and they do not contain lactose.

Why Omega Formula™

Regular use of Omega Formula™, combined with a balanced diet and a healthy lifestyle helps to:

- maintain the correct ratio between LDL and HDL cholesterol levels
- normalise the levels of triglycerides in the blood
- balance homocysteine levels.

How it works

Red yeast rice: Is obtained from the natural fermentation of rice (*Oryza sativa* L.) with a yeast, *Monascus purpureus*, which produces Mevinoline and Monacolin K: these molecules have been seen to significantly favour the reduction in LDL cholesterol and triglyceride levels, without side effects. **Monacolin K** is a natural inhibitor of the enzyme **HMG-CoA reductase, which is responsible for the production of mevalonic acid**, a key reaction in the formation of endogenous cholesterol.

Micronised Baobab fruit seed: Thanks to the special production technique, it keeps it unaltered the fibre rich in **Omega3-Omega6-Omega9** and phytosterols. One of the most important



characteristics of Omega Formula™ is the amount of Omega6, which is involved in reducing the LDL/HDL ratio.

Vitamin B6: 30% of the elderly are vitamin B6-deficient and this deficiency is associated with an increased cardiovascular risk: the daily dose of Omega Formula™ **provides more than 200% of the recommended daily intake**, which helps to reduce cardiovascular risk factors.

Folic acid: Another important factor associated with cardiovascular risk is a rise in homocysteine levels: recent studies suggest that implementing the daily intake of folic acid through the diet and food supplementation has preventing effects. The daily dose of Omega Formula™ **provides 150% the recommended daily intake of Folic Acid.**

Cocoa: Given its polyphenol content, a cardiovascular protection action is attributed to cocoa extract.

Ingredients

Sweetener: sorbitol (from corn or wheat); Baobab (*Adansonia digitata* L.) micronised seed, red yeast rice (*Monascus purpureus*) dry extract standardized to 1.5% monacolin K, maltodextrins, unsweetened cocoa powder, flavouring, anti-caking agents: silicon dioxide, sodium carboxymethylcellulose, vegetable magnesium stearate; sweetener: sucralose; pyridoxine hydrochloride (vitamin B6), pteroyl-monoglutamic acid (folate).

Directions

The recommended dose is 3 chewable tablets a day, 1 during or after each meal, depending on diet. Tablets should be chewed. **The recommended daily dose for best results is 10 mg of Monacolin K from red yeast rice preparations, equal to 3 tablets a day.**

Packaging

80 x 2 g chewable tablets - Net weight 160 g

Warnings and precautions

Store away from direct light, in a cool, dry place. The expiry date refers to the product correctly stored in its original and undamaged packaging. Do not exceed the recommended daily dose. Keep out of the reach of young children. Food supplements should not be considered as a substitute for a varied diet and a healthy lifestyle. Excessive use may produce laxative effects. Ask your doctor for advice on using the product. Do not use during pregnancy, breastfeeding and treatment with lipid-lowering drugs.

Nutrition facts

	per 100 g	Daily intake (3 chewable tablets)	%NRV * (3 chewable tablets)
Energy	316 kcal 1320 kJ	19 kcal 79 kJ	
Fat	8.27 g	0.50 g	
of which saturates	3.34 g	0.20 g	
Carbohydrate	65.83 g	3.95 g	
of which sugars	1.97 g	0.12 g	
Proteins	9.81 g	0.59 g	
Salt	0.30 g	0.02 g	
Baobab seed	25 g	1500 mg	
of which			
Omega 3	0.09 g	5.40 mg	
Omega 6	1.49 g	89.25 mg	
Omega 9	1.43 g	85.95 mg	
polyphenols	0.03 g	1.50 mg	
free sterols	0.09 g	5.10 mg	
Red yeast rice	11.11 g	666.66 mg	
of which monacolins	0.17 g	10 mg	3
Vitamin B6	50 mcg	3 mg	150
Folate	5000 mcg	300 mcg	

* NRV: Nutrient Reference Values

Most common combinations

Omega Formula + Gunamino Formula: body weight control.

Omega Formula + Vit Formula: diets deficient in essential nutrients.

OMEEO GAZ

COMPOSITION

O₂ 4CH, H₂O₂ 4CH, Hemoglobin 7CH, Red blood cells 4CH, Populus D1, Cornus D1.

INDICATIONS

Regulation of muscle oxygenation.
It prevents energy failures during performance.

DOSAGE

5 granules half-way through training (or as necessary).

PACKAGE SIZE

Tube containing 4 g of granules.

• OMEOSPORT

PELLETS

Ingredients:

alpha-Ketoglutaricum acidum 6X
alpha-Lipoicum acidum 6X
Adenosintriphosphate 8X
Ascorbic acid 4X
Barium oxalsuccinate 6X
Beta vulgaris 2X
Cerium oxalicum 6X
Cis-Aconitic acid 6X
Coenzyme a 6X
Cysteinum 6X
Embryo extract 6X
Fumaricum acidum 6X
Ginseng 3X
Glandula suprarenalis 10X
Lacticum acidum 8X
Magnesium carbonate 2X
Malic acid 6X
Manganum phosphoricum 6X
Muscle tissue 6X
Natrium oxalaceticum 6X
Natrium pyruvicum 6X
Pyridoxinum hydrochloricum 6X
Riboflavinum 6X
Succinicum acidum 6X
Thiaminum hydrochloricum 4X

Uses:

Metabolic stimulation of muscle fiber cell; ATP synthesis improvement; Anaerobic threshold elevation; Reduction of lactic acidosis; and muscle fatigue control.



Directions:

3 pellets 2-3 times a day. During sport training: 3 pellets 30 minutes before training.

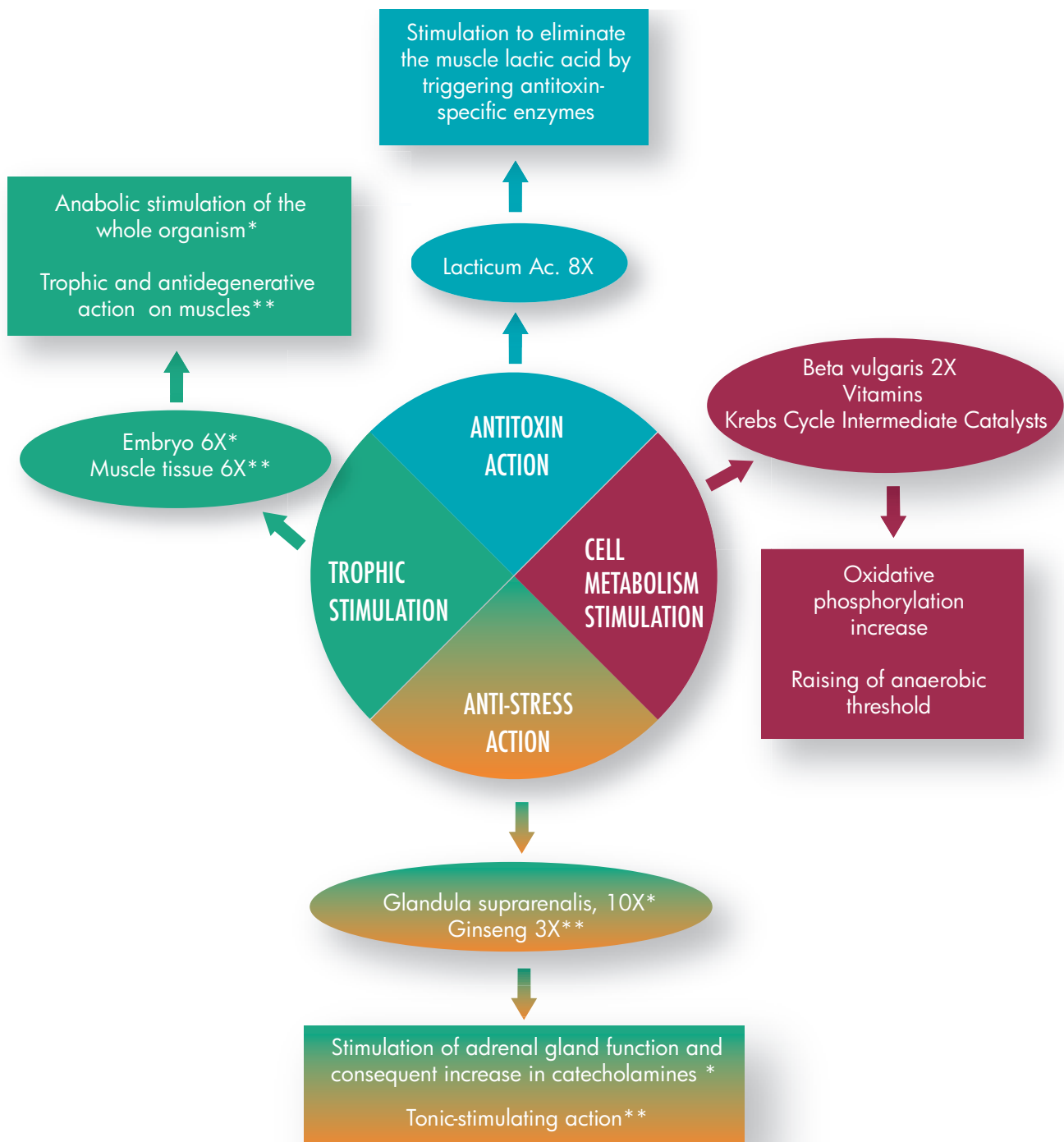
Package size:

Net Wt. 8 g/0.28 oz. 2 Tubes

Most common combinations

Omeosport + Guna-Matrix + Guna-Liver: liver drainage in patients suffering from serious lactic acidosis.
Omeosport + Guna-Cell: strengthening of the cell energy metabolism.

The rational structure of **OMEOSPORT™** according to **Guna-Method**



• OMEOTOXNONI

Omeotoxnoni is a food supplement available in both liquid and powder form, containing plant ingredients and developed to stimulate the body's natural defences and promote respiratory tract functionality.

When to use

Omeotoxnoni is not only recommended in cases of productive cough with tracheobronchial involvement (a very common clinical situation amongst elderly patients), it is also a valid solution in conditions of asthenia secondary to inflammatory and infectious respiratory tract disorders: it speeds up recovery from symptoms, reducing convalescence times.

How it works

Two fundamental nuclei can be identified in its composition.

1st nucleus: is constituted by 14 plant substances, selected according to synergy of action and complementarity principles, with specific tropism for the upper, middle and low airways and a vast spectrum of action:

- **anti-inflammatory**
- **mucolytic and mucoregulatory**
- **expectorant**
- **spasmolytic and bronchodilator**
- **emollient and soothing**
- **antibacterial.**

2nd nucleus: the "core" of Omeotoxnoni. The juice of *Morinda citrifolia* L. (Noni), native to Polynesia, which is present in the product in high concentrations, has an antibacterial, antiviral, antimycotic, antitumoural and, in general, immunostimulating action. *Morinda citrifolia* L. (Noni) is known to have tonic and restorative properties. Omeotoxnoni has a dual mechanism of action:

Tonic – catalytic - immunostimulating action

Morinda citrifolia L. (Noni), thanks to its high content of pro-xeronine, which is transformed inside the body into the alkaloid xeronine, stimulates cell enzymatic activity (metabolic co-regulation action);



Noni also possesses immunostimulating and tonic properties.

Support of the respiratory system

- **anti-inflammatory** action (Licorice, Yellow Startwort, Common Mallow, Propolis, English Plantain)
- **mucolytic** and **mucoregulatory** action (Yellow Startwort, Cowslip)
- **expectorant** action (Maidenhair Fern, Great Valley Gumweed, Cowslip, Tolu balsam)
- **spasmolytic** and **broncodilator** actions (Round-leaf Sundew, Curry Bush)
- **emollient** and **soothing** action (Common Mallow, English Plantain)
- **cough sedating** action (Maidenhair Fern, Round-leaf Sundew, Great Valley Gumweed, White horehound, Corn poppy, Tolu balsam)
- **antibacterial** action (Round-leaf Sundew, Great Valley Gumweed, Curry Bush, English Plantain, Cowslip, Propolis, Rosemary, Tolu balsam)

Fields of application

- Non-sedative treatment of productive cough and natural defence stimulation
- Fluidification of bronchial secretions
- Co-adjutant in the treatment of acute and chronic tracheobronchitis.

Ingredients

Sachets: Maltodextrin, Elecampane (*Inula helenium* L.) root and rhizome dry extract., Noni (*Morinda citrifolia* L.) powdered juice, Red poppy (*Papaver rhoeas* L.) flowers dry extract, Plantain (*Plantago lanceolata* L.) leaves dry extract, Rosemary (*Rosmarinus officinalis* L.) leaves dry extract, Grindelia (*Grindelia robusta* Nutt.) flowering tops dry extract, Mallow (*Malva sylvestris* L.) flowers and leaves dry extract, Primrose (*Primula veris* L.) flowers dry extract, Propolis (Propolis) extract standardized to 3% galangin, acidity regulator: citric acid; flavouring, Maidenhair (*Adiantum capillus-veneris* L.) plant dry extract., Round-leaved Sundew (*Drosera rotundifolia* L.) aerial parts dry extract, Liquorice (*Glycyrrhiza glabra* L.) root dry extract, Everlasting (*Helichrysum italicum* Don.) flowering tops dry extract, Black Horehound (*Ballota nigra* L.) flowering tops dry extract, sweetener: sucralose.

Bottle: Purified water, Noni (*Morinda Citrifolia* L.) juice, fructose, Elecampane (*Inula Helenium* L.) rhizome and roots HE*, Mallow (*Malva Sylvestris* L.) leaves HE*, Red poppy (*Papaver rhoeas* L.,) flowers HE*, Rosemary (*Rosmarinus officinalis* L.,) young shoots glycerol extract, Tolù Balsam (*Myroxylon balsamum* (L.) Harms var. *balsamum*,) trunk bark HE*, Plantain (*Plantago major* L.) leaves HE*, Grindelia (*Grindelia robusta* Nutt.) herb with flowers HE*, Primrose (*Primula veris* L.,) rhizome and roots HE*, Maidenhair (*Adiantum capillus-veneris* L.,) herb HE*, Round-leaved sundew (*Drosera rotundifolia* L.,) herb with flowers HE*, Licorice (*Glycyrrhiza Glabra* L.,) root HE*, Everlasting (*Helychrysum Stoechas* Moench.) top head HE*, Horehound (*Marrubium vulgare* L.) herb with flowers HE*, bulking agent: hypromellose, Propolis (Propolis) hydroglyceric extract, preservatives: potassium sorbate and sodium benzoate.

*HE = Hydroalcoholic extract. Tot. Alcohol 6% vol.

Directions

Sachets: 1 sachet 2-3 times a day. Dissolve the content in a glass of warm or cold water.

Bottle: 1 measuring cup (10 ml) 2-3 times a day.

Packaging

Sachets: 16 x 4.5 g sachets - Net weight 75 g

Bottle: 150 ml bottle with measuring cup and safety lock

Warnings and precautions

Do not exceed the stated recommended daily dose (unless otherwise advised by your doctor). Keep out of the reach of young children. Store away from direct light, in a cool, dry place. The expiry date refers to the product correctly stored in its original and undamaged packaging. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.

Nutrition facts

	per 3 sachet	per 1 sachet	per 30 ml
Energy	50 kcal 213 kJ	17 kcal 71 kJ	25.51 kcal 107.73 kJ
Fat	0.019 g	0.006 g	0.018 g
Carbohydrate	12.262 g	4.087 g	4.737 g
Protein (N X 6.25)	0.020 g	0.077 g	0 g
Yellow startwort	1140 mg	380 mg	1.50 ml
Powdered noni juice	600 mg	200 mg	7.50 ml
Corn poppy d.e.	450 mg	150 mg	0.60 ml
English plantain d.e.	450 mg	150 mg	0.60 ml
Rosemary d.e.	450 mg	150 mg	0.60 ml
Great valley gumweed d.e.	360 mg	120 mg	0.45 ml
Common mallow d.e.	360 mg	120 mg	0.60 ml
Cowslip d.e.	360 mg	120 mg	0.45 ml
Propolis d.e.	360 mg	120 mg	0.15 ml
Maidenhair fern d.e.	225 mg	75 mg	0.30 ml
Round-leaf sundew d.e.	225 mg	75 mg	0.30 ml
Liquorice d.e.	225 mg	75 mg	0.30 ml
Curry bush d.e.	225 mg	75 mg	0.30 ml
Black horehound d.e.	225 mg	75 mg	0.30 ml
Tolu balsam*			0.60 ml

Most common combinations

Omeotoxnoni + Colostronni: improvement of immune defences.

• GUNA® - ORAL SPRAY

ORAL SPRAY

Ingredients:

Aconitum napellus 3X
Arnica montana 3X
Belladonna 4X
Calcium sulfide 6X
Echinacea angustifolia 2X
Echinacea purpurea 2X
Hamamelis virginiana 2X
Hypericum perforatum 3X
Millefolium 3X
Symphytum officinale 6X
Teeth 12X

Uses:

Inflammations (with infective and non infective etiology) of the oral cavity.

Directions:

Spray on the affected areas at least 3 times a day. In the acute phase, spray every 15 minutes for up to 2 hours.



Package size:

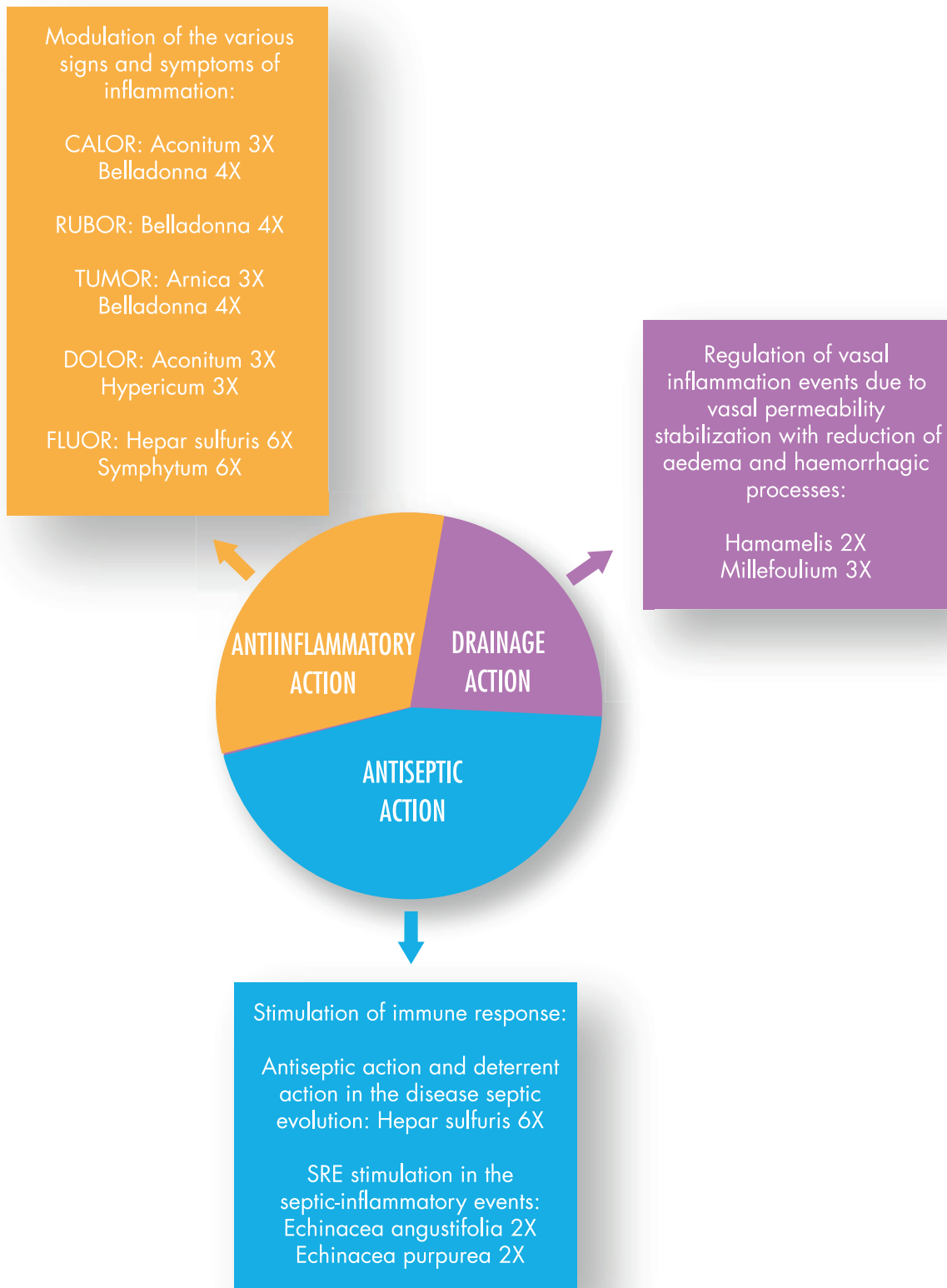
30 ml/1.0 fl. Oz. bottle

Most common combinations

Guna-Oral Spray + Citomix: persistent, recurrent, chronic pharyngitis.
Guna-Oral Spray + Guna-Flam: acute pharyngitis with fever.
Guna-Oral Spray + Guna-Tonsils: acute pharyngotonsillitis.

GUNA® - ORAL SPRAY

The rational structure of **GUNA®-ORAL SPRAY** according to **Guna-Method**



GUNA OSTEO

Homeopathic medicine

NDC 17089-473-18

ORAL DROPS

HEALTHY AGING



Temporarily relieves osteoporosis symptoms, such as minor bone pain, fragile bones.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Arnica montana 3X; Calcarea fluorica 8X, 10X, 30X, 200X; Calcarea phosphorica 8X, 10X, 30X, 200X; Equisetum hyemale 3X; Fumarcicum acidum 4X; Funiculus umbilicalis suis 6X; Oophorium 6X; Placenta totalis suis 6X; Symphytum officinale 6X; Succinicum acidum 4X; Silicea 8X.
Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health care professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

• OSTEOBIOS™

DROPS

Ingredients:

Bone 10X/30X/200X
Calcarea fluorica 12X/30X/200X
Calcarea carbonica 12X/30X/200X
Calcarea phosphorica 12X/30X/200X
Calcitonin 6X
L-isoleucine 3X
L-leucine 3X
L-lysine 3X
L-methionine 3X
L-phenylalanine 3X
L-threonine 3X
L-tryptophan 3X
L-valine 3X
Parathyroid gland 10X/30X/200X

Uses:

Adjuvant treatment of osteoporosis

Directions:

20 drops twice a day for two months at least



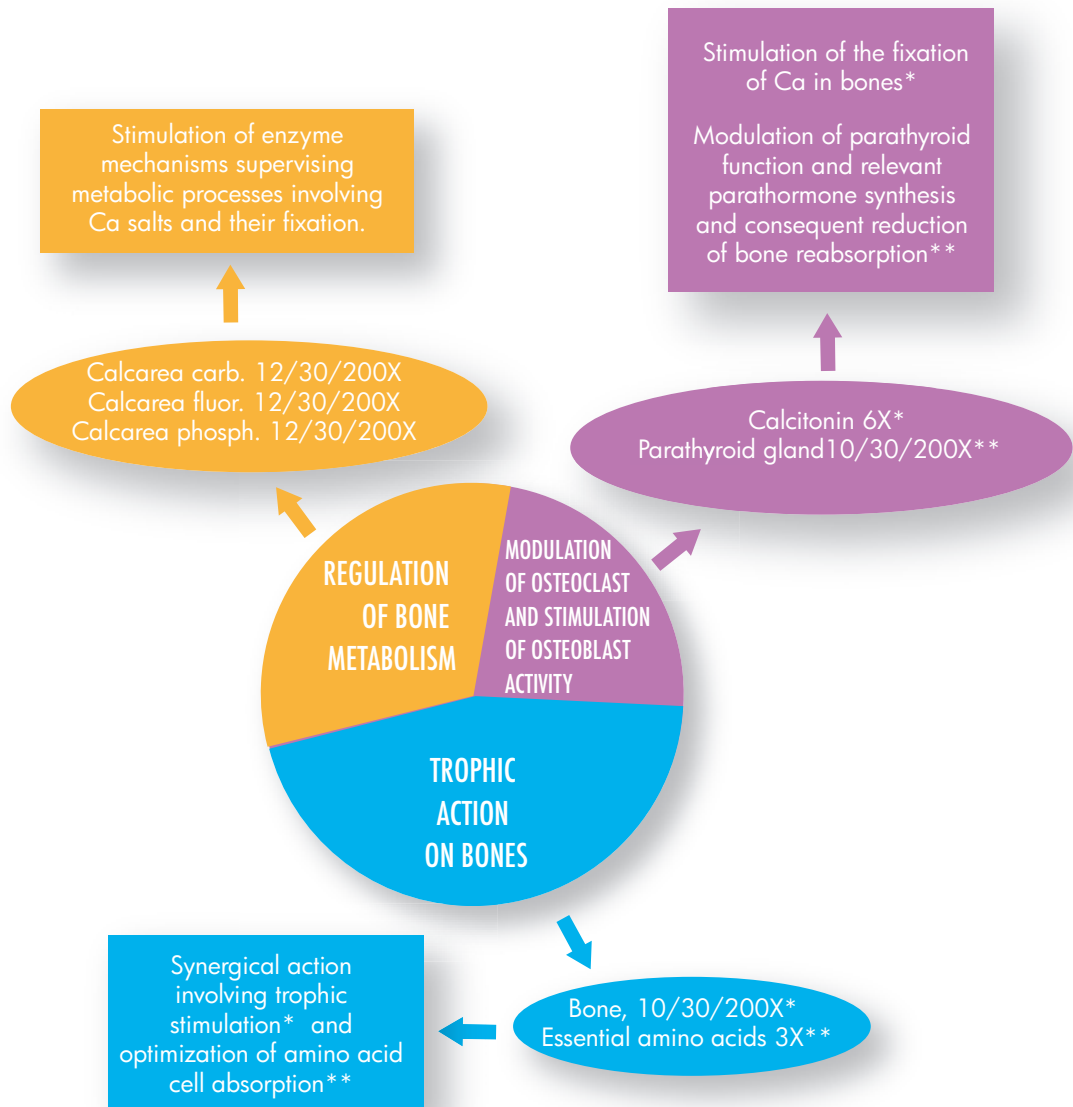
Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

Osteobios + Guna-Fem: basic treatment of perimenopausal osteoporosis.
Osteobios + Guna-Cell + Guna-Matrix: remodeling of bone matrix.
Osteobios + Guna-Arthro: osteoporosis and osteochondrosis.

The rational structure of **OSTEOBIOS™** according to **Guna-Method**



OVIX® Tablets

OVIX® tablet active ingredient is quail egg homogenate (*Coturnix Japonica, var. B-Mina*).

The use of wild quail eggs stems from Japanese popular medicine: for over 400 years, quail eggs diet have been used to **prevent or treat allergic attacks**. In Europe, laboratory tests and clinical research in the last 30 years have demonstrated the scientific basis for the empirical Japanese tradition led to the development of OVIX®, a food supplement that has not only proved excellent as an antiallergic adjuvant modulating the arachidonic acid cascade, but has also, and more importantly, proved **absolutely safe and with no side-effects**.

COMPOSITION

Each ovix tablet contains 0,75 mg quail egg homogenate.

INDICATION

Adjuvant in the treatment of

- **allergic rhinitis**
- **allergic asthma**
- **pollen allergy (hay fever)**
- **allergic eczema**

DOSAGE

Prevention, starting from a few days before exposure and ending a few days after exposure

- | | |
|------------------|----------------|
| 3-12 years old: | 1-2 tabs a day |
| 12-16 years old: | 1-3 tabs a day |
| adults: | 3 tabs a day |

During the attack, the use of OVIX during allergic attacks must be considered as an adjuvant treatment: its use enables a reduction in the dosage of the habitually used medication.

- | | |
|------------------|-----------------|
| 3-12 years old: | 2-3 tabs a day |
| 12-16 years old: | 3-6 tabs a day |
| adults: | 6-12 tabs a day |

Maintenance therapy:

- | | |
|------------------|----------------|
| 3-12 years old: | 1-2 tabs a day |
| 12-16 years old: | 2-3 tabs a day |
| adults: | 3 tabs a day |

PACKAGE QUANTITIES

Blister pack containing 45 tablets for dissolving under the tongue.



OVIX[®] Cream

An innovative offshoot from OVIX[®] tablets, **OVIX[®] cream** is particularly recommended as a therapeutic adjuvant in cases of: atopic eczema, psoriasis, dermatitis and dermatosis of various etiology, “sine materia”, senile and scalp pruritus.

This white, non-greasy cream has a fluid consistency; it is easy to apply to the skin and rapidly absorbed.



INDICATIONS AND DOSAGE

Atopic eczema (particularly in babies): 1 application every 2-3 days. **Psoriasis**: 2 applications a day on the affected areas.

Dermatitis and dermatosis of various causes: 1-2 applications a day on the affected areas.

“sine materia”, senile and scalp pruritus: 2 applications a day on the affected areas.

COMPOSITION

Homogenate of quail egg (*Coturnix japonica*, variety B. Mina). Extract obtained by lyophilising the egg white and yolk. Quails bred under veterinary control (Vercos – France). Jojoba oil; vegetable oils of avocado and apricot; shea butter; vegetable fatty acids; emulsifiers and lecithin; extract of rosemary (antibacterial and anti-oxidant).

PACKAGE SIZE

75 ml tube.

GUNA PAIN MANAGEMENT

Homeopathic medicine

NDC 17089-465-18

ORAL DROPS

INFLAMMATION & PAIN RELIEF



Relieves swelling and pain due to minor injuries or after physical exercise, namely muscle aches, muscle cramps, bruises.

Relieves swelling and pain due to toothache, for examples after dental procedures.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).

INGREDIENTS

Active ingredients: Millefolium 2 X; Bellis perennis 2X; Apis mellifica 30X; Bryonia 6X; Chamomilla 2X; Histaminum hydrochloricum 12X; Hepar suis 6X; Hypericum perforatum 3X; Kalmia latifolia 6X; Rhus tox 8X; Ruta graveolens 4X; Symphytum officinale 6X; Arnica montana 3X.

Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

In cases of acute symptoms, 10 drops every 30 minutes, for 2 hours.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

GUNA -PARATHORMONE

DILUTION: D6

SECRETING GLAND: PARATHYROID

BIOLOGICAL FUNCTIONS: Hypercalcaemia due to osteoclast activity. USES:

- Cramps
- Asthenia.

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA® - PDGF

PLATELET DERIVED GROWTH FACTOR

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Mitogenic activity.

USES:

- aging
- wrinkles
- mitogenic activity

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



PROBIOS

Experience with outpatients has demonstrated that **Probios** is useful as an accompanying treatment in cases of prostatic hypertrophy. The heart of the remedy is represented by the balanced association of organ preparations (the dilution *D200 of Prostata suis* is fundamental). The possible infectious etiology of the pathology is managed by the *Hepar sulphuris* in the various dilutions. Glandula Suprarenalis and Damiana contribute towards countering for any related disorders in the sexual sphere.

COMPOSITION

Prostata suis D200, Vesica ur. suis D10/D30/D200, Hypothalamus suis D10/D30/D200, Damiana D4, Sabal D2/D10/D30, Hepar sulphuris D12/D15/D30/D200, Gl. suprarenalis suis D10, Cerebrum suis D10.

INDICATIONS

Prostatic hypertrophy.

DOSAGE

10 drops 3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

• PROFEM™

Specifically devised for female wellness, the formulation of Profem has been studied to optimise the bioavailability and absorption of its natural ingredients, such as isoflavones (79 mg per sachet) and the specific nutrients that favour a balanced gut flora.

Why Profem™

The synergetic and complementary action of Profem™ is fortified by the presence of 6 "microencapsulated gastro-protected" lactic acid bacteria with a probiotic action. The use of this certified technique improves the survival capacity of all the probiotic bacteria during their gastroduodenal transit, to allow all the strains to reach the intestine alive and healthy. Here, the probiotic bacteria activate the isoflavones, making them more bioavailable.

How it works

Profem™ has 4 nuclei with synergetic actions:

1st nucleus: the isoflavones pool

The core of Profem™ is the nucleus of isoflavones (79 mg per sachet), the most important category of natural phytoestrogens of plant origin, titrated and standardised.

Profem™ contains a unique pool of isoflavones in special proportional combination, which exerts an effective control action over even intense vasomotor symptoms (nocturnal perspiration, hot flushes, mood swings, etc.) that occur during the menopause.

The ingredients in the 1st nucleus are:

Soy (Glycine max Merr.): plant with a very high content of isoflavones (especially Genistein and Daidzein) with a hormonal-like action.

Pueraria lobata Merr. (Kudzu): contains Daidzein, Formononetin and Puerarin, which make it the ideal solution for controlling menopausal symptoms, for its action on the microcirculation and on physiological blood pressure.

Red clover (Trifolium pratense L.): leguminous plant with a very high content of isoflavones, readily



absorbable and highly bioavailable. In addition to targeting neurovegetative symptoms, it also has a cardiovascular and bone protection action.

2nd nucleus: green tea and melatonin

The presence of green tea in Profem™ guarantees a significant anti-ageing action, secondary to its antioxidant activity. **Green tea** also helps to maintain stable body weight.

Melatonin is known for its ability to rebalance the circadian rhythms and to maintain neurovegetative balance (particularly during the menopause).

3rd nucleus: 6 gastro-protected strains of probiotic bacteria

The gastro-protected microencapsulated probiotic bacteria reach the various parts of the intestine alive and viable, with five times the colonising ability of non-microencapsulated probiotic bacteria⁽³⁾, for the greatest possible availability of the isoflavones. The health of the gut flora is essential for the optimum absorption and biological activity of the isoflavones, as Daidzein and Genistein (Formononetin is demethylated to Daidzein by Lactobacilli glucosidase), are transformed into the active metabolite Equol.

4th nucleus: short-chain fructo-oligosaccharides (scFOS) with a specific prebiotic action

Obtained from sugar beet, they promote and selectively stimulate the development of the probiotic bacteria – Lactobacilli and Bifidobacteria - present in the gut microbiota: **ScFOS** play a positive role in the metabolism of carbohydrates and lipids, they improve intestinal mucosal function and favour the absorption of calcium and magnesium.

(3) Del Piano M. et Al. – Evaluation of the intestinal colonisation by microencapsulated probiotic bacteria in comparison with the same uncoated strains. *J. Clin Gastroenterol.* 2010 Sept; 44 Suppl. 1:S42-6. Double-blind study

Who is Profem™ recommended for

Pre-menopausal, peri-menopausal and menopausal women, who do not wish to use or have contraindications for hormone replacement therapy or who prefer to use natural replacement options. Thanks to the presence of *Lactobacillus rhamnosus* LRO6 and *Lactobacillus plantarum* LPO2, able to produce coliform bacteria-limiting active substances (bacteriocins), it is particularly recommended even in subjects with frequent recurrent genito-urinary tract infections, caused by *Escherichia coli*.

The ADVANTAGES of Profem™

- It provides isoflavones of natural origin and selected nutrients, for female psycho-physical wellness.
- The total isoflavone content is 79 mg for each daily dose (1 sachet)
- Gluten, lactose and glucose-free
- Its plant ingredients are not obtained from genetically-modified organisms (GMO-free)
- Presence of melatonin, which rebalances the neuroendocrine circuits and helps to fall asleep quickly.

Directions

The recommended dose is one sachet a day, preferably between meals. Dissolve the content of the sachet in half a glass of water at room temperature, stir well and drink immediately.

Ingredients

Sweetener: sorbitol; Fructo-oligosaccharides (FOS); Fructose; Soy (*Glycine max* L.) seeds - min. 10% isoflavones; Baked apple aroma; Green tea (*Camellia sinensis* L. Kuntze) leaves - min. 50% polyphenols; *Pueraria lobata* (*Pueraria lobata* Willd. Ohwi.) root - min. 40% isoflavones; Acidity regulator: citric acid;

micro-encapsulated probiotics: *Bifidobacterium lactis* BS01 (LMG P-21384), *Lactobacillus acidophilus* LA02 (DSM 21717), *Lactobacillus paracasei* LPC00 (LMG P-21380), *Lactobacillus plantarum* LPO2 (LMG P-21020), *Lactobacillus rhamnosus* LRO6 (DSM 21981), *Lactobacillus salivarius* LS03 (DSM 22776); Sweetener: sucralose; Clover (*Trifolium pratense* L.) leaves and flowers -min. 8% isoflavones; Melatonin. Anti-caking agent: silicon dioxide.

Packaging

20 x 4.7 g sachets - Net weight 94 g

Warnings and storage

Store the product in a cool and dry place, away from direct light, and at a temperature not exceeding 25°C. A minimum total probiotic bacteria content of 2 billion is guaranteed up to the expiry date indicated on the label, provided the product is stored in its original packaging at a temperature of no more than 25°C. The expiration date refers to the product correctly stored in its original and undamaged packaging. Do not use during pregnancy. Do not exceed the recommended daily dose. Keep out of the reach of young children. Food supplements should not be considered as a substitute for a varied diet and a healthy lifestyle. It contains soy derivatives. Excessive consumption may produce laxative effects.

Nutrition facts

	per sachet	per 100 g
Energy	12.05 kcal 50.44 kJ	256.4 kcal 1.073.2 kJ
Fat	18 mg	0.38 g
of which saturates	8 mg	0.17 g
Carbohydrate	2425 mg	51.60 g
Of which sugars	1478 mg	31.45 g
Fiber	947 mg	20.15 g
Protein	148 mg	3.15 g
Salt	1.07 mg	0.023 g
<i>Bifidobacterium lactis</i> BS01	> 1.00 B*	> 21.3 B*
<i>Lactobacillus rhamnosus</i> LRO6	>0.25 B*	>5.3 B*
<i>Lactobacillus paracasei</i> LPC00	>0.25 B*	>5.3 B*
<i>Lactobacillus acidophilus</i> LA02	>0.25 B*	>5.3 B*
<i>Lactobacillus plantarum</i> LPO2	>0.25 B*	>5.3 B*
<i>Lactobacillus salivarius</i> LS03	>0.02 B*	>0.4 B*
Fructo-oligo-saccharides (FOS)	1000 mg	21.28 g
Soy extract	360 mg	7.66 g
of which isoflavones (standardized to 103.7 mg/g)	37.33 mg	0.79 g
Green tea extract (min. 50% polyphenols)	150 mg	3.19 g
<i>Pueraria lobata</i> extract	100 mg	2.13 g
of which isoflavones (standardized to 418.5 mg/g)	41.85 mg	0.89 g
Clover extract	5 mg	0.11 g
of which isoflavones (standardized to 89.9 mg/g)	0.45 mg	0.0096 g
Melatonin	1 mg	0.021 g

Most common combinations

Profem + Colostroni: menopausal symptoms characterised by strong bowel dysfunction.

Profem + Vit Formula: menopausal symptoms characterized by vitamin and/ or mineral deficiency.

Profem + Gunamino Formula: menopausal symptoms accompanied by weight gain and loss of muscle tone.

Profem + Gunabasic: adjuvant treatment of osteoporosis.

• PROFLORA™

Proflora™ is a synbiotic food supplement, made up of 6 different probiotic bacteria strains, in a gastro-protected, microencapsulated form, associated with prebiotic scFOS (short-chain fructooligosaccharides) fibres to rebalance the intestinal ecosystem.

Why Proflora™

Proflora™ contains 6 probiotic bacteria strains in gastro-protected microencapsulated form. The special production process improves the survival capacity of all probiotic strains during gastroduodenal transit, allowing a colonisation rate 5 times higher than obtained using non-microencapsulated strains.⁽⁴⁾ **The probiotic component** belongs to the Bifidobacterium and Lactobacillus genera. They act in synergy for a colonisation of the various parts of the intestine (a phenomenon that lasts over time due to the strains' ability to adhere to the epithelial mucosa, due primarily to the presence of Lactobacillus salivarius LS03).

The 6 probiotic strains also include Lactobacillus rhamnosus LRO6 and Lactobacillus plantarum LPO2, both of which produce coliform bacteria-limiting active substances.

The prebiotic component is made up of fructooligosaccharides (FOS), which selectively stimulate the development of the probiotic strains present in Proflora™ and of all the groups of "beneficial" microbes of the autochthonous gut microbiota.

As they are not hydrolysed by the digestive enzymes nor absorbed by the mucosa of the small intestine, scFOS reach the colon intact, where they are selectively fermented by the beneficial component of the gut microbiota, particularly the Lactobacilli and Bifidobacteria. ScFOS also play a positive part in the metabolism of carbohydrates and lipids, they improve the structure of the intestinal mucosa, by supporting its "barrier effect" and favour the absorption of certain minerals, particularly calcium and magnesium.



When to use

The intestinal mucosa's nutrient absorption function is accompanied by its immune function secondary to the antigenic stimulation generated by the introduction of food (with its microbial load) and by the presence of a varied flora (microbiota) of resident micro-organisms that are attached to the walls or in transit.

It is estimated that approximately 98% of the general population suffers from dysbiosis: a severe impoverishment in the beneficial microbial species (dysbiosis) causes a series of dysfunctions.

The microbiota is essential for the correct function of the entire body:

- digestion of various dietary components
- production of trophic substances
- interaction with the immune system
- prevention of the development of pathogenic microbial species
- "barrier effect" that prevents the passage of potentially harmful elements.

The ADVANTAGES

- Unique, innovative synbiotic product with 6 patented probiotic bacterial strains and ScFOS, with a proven synergetic prebiotic and probiotic action
- Proven high efficacy and vitality of the strains, fortified 5-fold, which favours rapid and long-lasting colonisation with a greater adhesion to the

⁽⁴⁾ Del Piano M. et Al. – Evaluation of the intestinal colonisation by microencapsulated probiotic bacteria in comparison with the same uncoated strains. J. Clin Gastroenterol. 2010 Sept; 44 Suppl. 1:S42-6. Double-blind study

⁽⁵⁾ Pursuant to applicable regulations: Directive 2007/68/EC, Legislative Decree no. 114/2006, Legislative Decree no. 178/2007 and subsequent amendments.

intestinal mucosa guaranteed by *Lactobacillus salivarius* LS03

- Ability to produce bacteriocins against *Escherichia coli*
- Over 2 billion bacteria/sachet
- Free of potential allergens (in particular cereals containing gluten, molluscs, crustaceans, eggs, fish, peanuts, soya, milk, nuts, celery, mustard, sesame seeds, lupin beans, sulphur dioxide and sulphites in concentrations exceeding 10 mg/kg or 10 mg/l expressed as SO₂)⁽⁵⁾
- Also recommended for allergic subjects and those with dietary intolerances
- Completely unscented and flavourless
- High tolerability and compliance

Fields of application

Complementary treatment of:

- Urogenital infections secondary to intestinal dysbiosis
- Irregular bowel movements with intestinal transit difficulties
- Digestive difficulties
- Irritable Bowel Disease
- Respiratory allergies
- Adverse reactions to food

Ingredients

Fructo-oligosaccharides (FOS); Maltodextrin from potato; Gastro protected micro-encapsulated probiotics: *Bifido-bacterium lactis* BS01 (LMG P-21384), *Lactobacillus acidophilus* LA02 (DSM 21717), *Lactobacillus paracasei* LPC00 (LMG P-21380), *Lactobacillus plantarum* LPO2 (LMG P-21020), *Lactobacillus rhamnosus* LRO6 (DSM 21981), *Lactobacillus salivarius* LS03 (DSM 22776).
Anti-caking agent:silicon dioxide.

Directions

The recommended dose is 1 sachet a day, preferably half an hour before meals for at least 30 days.

Most common combinations

Proflora + Colostroni: protection of the intestinal mucosa; supportive treatment of gastrointestinal disorders, respiratory allergies and acute and chronic cystitis.

Proflora + Vit Formula: vitamin and mineral malabsorption.

Proflora + Ferroguna: supportive treatment of iron deficiency anemia.

Proflora and Gunaelmint: recovery of the intestinal microflora to prevent or treat helminth infestation.

To dissolve the product completely, first place the content of the sachet in a glass, then half fill it with water or milk at room temperature. Stir well and drink immediately.

Packaging

10 x 2.5 g sachets - Net weight 25 g
30 x 2.5 g sachets - Net weight 75 g

Warnings and storage

Keep in a dry place, away from direct light and at a temperature not exceeding 25°C. A sachet of Proflora™ guarantees an intake of no fewer than 2 billion alive probiotic cells. The probiotic bacteria content is guaranteed up to the expiry date indicated on the label, provided the product is stored in its original packaging at temperatures of no more than 25°C. Do not exceed the stated recommended daily dose. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep the product out of reach of young children. The expiry date refers to a product correctly stored in its original and undamaged packaging.

Nutrition facts

	per sachet (2.5 g)	per 100 g
Energy	28.26 kJ 6.75 kcal	1130 kJ 270 kcal
Fat	17.6 mg	0.7 g
of which saturates	7.8 mg	0.31 g
Carbohydrate	2336.5 mg	93.46 g
of which sugars	958 mg	38.32 g
Fibre	1380 mg	55.20 g
Protein	2 mg	0.08 g
Salt	1 mg	0.04 g
• <i>Bifidobacterium lactis</i> BS01	> 1.00 B *	> 40 B *
• <i>Lactobacillus rhamnosus</i> LRO6	> 0.25 B *	> 10 B *
• <i>Lactobacillus paracasei</i> LPC00	> 0.25 B *	> 10 B *
• <i>Lactobacillus acidophilus</i> LA02	> 0.25 B *	> 10 B *
• <i>Lactobacillus plantarum</i> LPO2	> 0.25 B *	> 10 B *
• <i>Lactobacillus salivarius</i> LS03	> 0.02 B *	> 0.8 B *
Fructo-oligosaccharides FOS	1500 mg	60 g

The synergistic formulation of Profos™ was developed to provide complete, balanced supplementation of nutrients, minerals and plants needed to promote the recovery of joint function, of bone strength and plasticity and to maintain the skin's moisture, elasticity and firmness.

The selected ingredients

Sodium Hyaluronate (ExceptionHYAL®): high purity hyaluronic acid salt of biotechnological origin, present in Profos™ at an optimum concentration for a deep natural protective action over the connective tissues. Hyaluronic acid is a substance that is naturally present in the body. However, its organic concentration tends to decline with age, causing progressive thinning and loss of elasticity, tone, resistance and function of the joints, bone and skin. Supplementation with ExceptionHYAL® is specifically recommended for its high gastrointestinal absorption and high bio-availability.

ExceptionHYAL® is actively absorbed and distributed to the tissues where it promotes the synthesis of hyaluronic acid, which exerts various beneficial effects: it helps to restore the viscous properties of synovial fluid and to counteract joint inflammatory processes, it stimulates the vitality of cartilage cells, it favours elasticity and skin moisture to prevent ageing processes.

Vitamin A: this vitamin is involved in a number of metabolic processes that are essential for the body; its properties make the balanced content of Profos™ ideal for the promotion of growth and regeneration of epithelial cells and consequently for the integrity of the skin.

Magnesium: an essential mineral for human nutrition involved in about three hundred biological reactions; Profos™' balanced magnesium content promotes bone tissue regeneration and prevents osteoporosis.

Silicon: a mineral contained in Profos™ in a highly bio-available form; it is present in the body particularly in connective tissue, bones, tendons and skin. It is essential for physiological repair and regeneration processes.

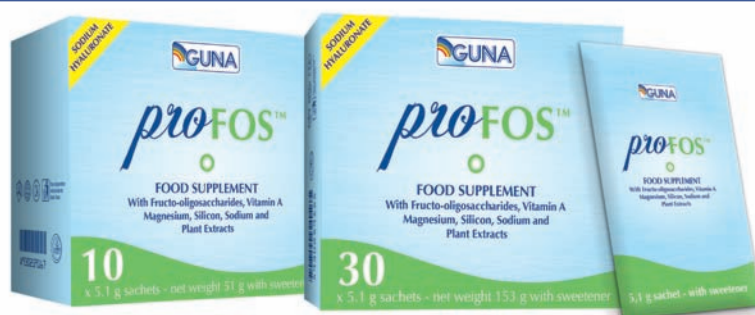
Short-chain fructo-oligosaccharides (ScFOS): natural plant fibre with a prebiotic action, it promotes the absorption of a great number of nutrients, including minerals such as magnesium and calcium, to the benefit of bone metabolism. **Rosehip** dry extract **standardised to Vitamin C 50%:** the fruits are one of the richest sources of Vitamin C and bioflavonoids, with important antioxidant properties for the prevention of skin ageing processes and stimulation of its natural repair processes. Vitamin C is essential for the metabolism of collagen fibres, helping to lend the dermis greater firmness and the joint structures such as tendons and ligaments greater strength. **Fennel, Witch hazel, Mallow** and **Griffonia:** the action of their plant extracts improves the general conditions of the intestinal mucosa, to facilitate the absorption of other Profos™ ingredients, thanks to their specific balanced proportions.

The ADVANTAGES

- ExceptionHYAL®: high-dose (100mg/sachet) hyaluronic acid plant polymer, constituted by a selected blend of medium and high molecular weight hyaluronic acid, for the greatest bio-availability and activity: moisturising of the intestinal mucosa, absorption and distribution to the connective tissues
- High quality hyaluronic acid
- Balanced blend of Magnesium and Silicon in bioavailable form
- Selected blend of carefully chosen plant ingredients and natural fibres (ScFOS)
- High tolerability profile
- Not contraindicated during pregnancy
- Free of lactose, fats and ingredients obtained from genetically-modified organisms (GMO-free)

Fields of application and posology

- **Musculoskeletal** system: promotes joint and bone function. Take 1 to 2 sachets a day depending on symptoms; for best results use for at least 2 months.



- **Integumentary system:** promotes the tone of the skin's connective structures (dermis). Take 2 sachets a days in situations requiring promotion of dermal metabolism (for example after aesthetic treatments) for 15 days; for best results, continue taking one sachet a day for at least 2 months.

Ingredients

Fructo-oligosaccharides, maltodextrins, thickeners: acacia gum, xanthan gum; Fennel (*Foeniculum vulgare* Mill.) fruit d.e. standardized to 1% essential oil, Witch Hazel (*Hamamelis virginiana* L.) leaves d.e. standardized to 10% tannins, Mallow (*Malva sylvestris* L.) flower and leaf d.e., flavourings, Dog-Rose hips (*Rosa canina* L.) fruit d.e. standardised to 50% Vitamin C , Sodium Hyaluronate, anticaking agent: Vegetable Stearic Acid, Griffonia (*Griffonia simplicifolia* (DC.) Baill.) seeds d.e. standardised 99% 5-Hydroxytryptophan, Silicon dioxide, Emulsifier: Sucrose esters of fatty acids; sweetener: Sucralose; Retinyl Palmitate (Vitamin A).

Directions

Take 1 – 2 sachets a day; pour the content of one sachet into a glass with a very small amount of water and stir immediately until completely dispersed, then add another 100 – 150 ml of water and stir to obtain even dispersion. Incomplete dispersion in the water does not indicate an alteration of the product and is due to the presence of sodium hyaluronate. For best results, take Profos™ one hour before meals.

Most common combinations

Profos + Gunabasic: supportive treatment of metabolic bone disorders.

Profos + Gunamino Formula: supportive treatment of musculoskeletal rehabilitation after bone and joint injuries.

Profos + Profem: supportive anti-ageing treatment for menopausal women.

Packaging

10 x 5.1 g sachets - Net weight 51 g
30 x 5.1 g sachets - Net weight 153 g

Warnings and precautions

Store the product in a cool and dry place and protect from light. The expiry date refers to a product correctly stored in its original and undamaged packaging. Do not exceed the stated recommended daily dose. Keep out of the reach of young children. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.

Nutrition facts

	per 100 g	per sachet	%NRV* per sachet
Energy	345 kcal 1462 kJ	18 kcal 75 kJ	
Fat	0.26 g	0.01 g	
of which saturates	0.13 g	0.01 g	
Carbohydrate	80.01 g	4.08 g	
of which sugars	4.96 g	0.25 g	
Protein	1.56 g	0.08 g	
Salt	0.58 g	0.03 g	
Fructo-oligosaccharides	49.02 g	2500 mg	
Sodium Hyaluronate	1.96 g	100 mg	
Vitamin A	9412 mcg	480 mcg	60
Magnesium	2941 mg	150 mg	40
Silicium	314 mg	16 mg	
Fennel d.e.	3.922 g	200 mg	
Witch Hazel d.e.	3.922 g	200 mg	
Mallow d.e.	3.922 g	200 mg	
Dog-Rose hips d.e.	1.882 g	96 mg	
Griffonia d.e.	0.784 g	40 mg	

GUNA®-PROGESTERON

DILUTION: D6

SECRETING GLAND: CORPUS LUTEUM during menstrual cycle and PLACENTA during pregnancy.

BIOLOGICAL FUNCTIONS:

- Premenstrual syndrome
- Female hormone cycle disorders and fertility disorders
- Menstrual pain
- Intermenstrual bleeding
- Polycystic ovary syndrome

USES: Pain of various origin and types.

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



GUNA®-PROLACTIN

DILUTION: D6

SECRETING GLAND: Anterior

PITUITARY BIOLOGICAL FUNCTIONS:

- Preparing the mammary glands.
- The concentration of prolactin in the blood increases due to stressful stimuli.

USES:

- mood disorders and mood swings
- muscle weakness

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GUNA® - PROSTATE

DROPS

Ingredients:

Agnus castus 6X
Baryta carbonica 12X, 30X
Chimaphila umbellata 6X
Clematis erecta 3X
Conium maculatum 12X, 30X
Digitalis purpurea 12X, 30X
Ferrum picricum 12X, 30X
Interferon gamma 4C
Interleukin 10 4C
Interleukin 2 4C
Melatonin 4C
Prostate 200X
Sabal serrulata 3X
Selenium metallicum 12X, 30X
Staphysagria 12X, 30X
Thuja occidentalis 12X, 30X
Transforming growth factor beta1 4C
Zincum metallicum 3X

Uses:

Adjuvant therapy for the temporary relief of symptoms due to benign prostate hypertrophy (BPH): slowed or delayed start of urination, sudden urge to urinate, incontinence, painful urination.

Directions:

20 drops twice a day for two months at least.



Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

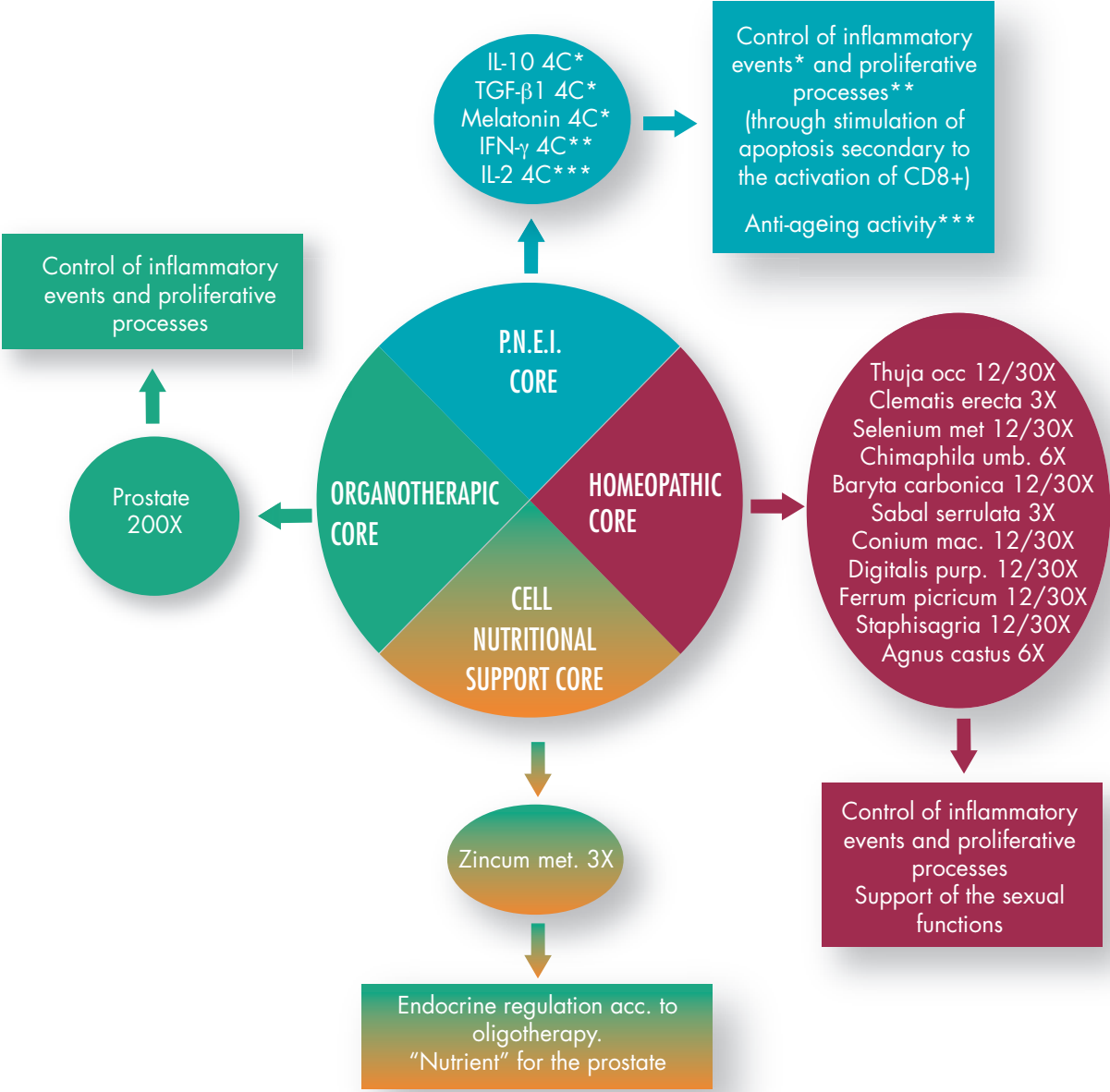
Guna-Prostate+Guna-Flam: acute prostatitis.

Guna-Prostate+Citomix+Guna-Cell: chronic prostatitis.

Guna-Prostate+Guna-Kidney+Guna-Lympho: prostatic hypertrophy.

GUNA®- PROSTATE

The rational structure of **GUNA®- PROSTATE** according to **Guna-Method**



GUNA[®]-REFLUX

FDA listed and regulated ¹

HOMEOPATHIC MEDICINE



Drug Facts

Active Ingredients		Purpose
Aethusa cynapium	4X	Digestive
Apomorphine hydrochloride	6X	Pain
Bryonia alba	4X, 10X, 30X, 200X	Antitussive
Carbo vegetabilis	12X	Antitussive
Cardia ventriculi	10X	Gas
Colchicum autumnale	6X	Anti-inflammatory
Colocynthis	5X, 10X, 30X, 200X	Nervous Irritation
Esophagus	10X	Digestive
Ignatia amara	6X	Antistress
Ipecacuanha	4X	Antitussive
Lycopodium clavatum	5X, 10X, 30X, 200X	Detoxification
Nux Vomica	4X, 10X, 30X, 200X	Acid Reflux

Uses

For the temporary relief of GERD symptoms such as occasional heartburn, regurgitation, acid taste in the mouth, occasional cough at night.

Directions

Take 15 minutes before meals.

Adults and children 12 years and older	10 drops in a little water, 3 times per day
Children between 12 years and 6 years of age	7 drops in a little water, 3 times per day
Children under 6 years	5 drops in a glass of water, 3 times per day

Warnings

Stop use and ask doctor if symptoms of heartburn, regurgitation or cough worsen or persist more than 5 days. **If pregnant or breast-feeding** ask a doctor before use. **Keep this and all medicines** out of reach of children.

Package

30 ml / 1.0 fl. oz. bottle

Other Information

Store at 20°-25° C (68°-77° F).

Inactive Ingredient

Ethyl alcohol 30%

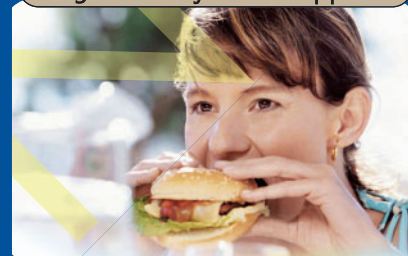
Contacts

info@gunainc.com, tel. (484) 223 3500
www.gunainc.com

GUNA METHOD

PHYSIOLOGICAL REGULATING MEDICINE

Digestive System Support



GUNA[®]-RERIO

FDA listed and regulated ¹

HOMEOPATHIC MEDICINE



Drug Facts

Active Ingredients		Purpose
Rerio fish extract	4X	Antioxidant

Uses

For the temporary relief of symptoms due to debilitating illness such as weakness, malaise, loss of endurance.

Directions

Take 15 minutes before meals.

Adults and children 12 years and older	20 drops in a little water, 2 times per day
Children between 12 years and 6 years of age	10 drops in a little water, 2 times per day
Children under 6 years	5 drops in a glass of water, 2 times per day

Warnings

Stop use and ask doctor if symptoms of weakness, malaise, loss of endurance worsen or persist more than 5 days. **If pregnant or breast-feeding** ask a doctor before use. **Keep this and all medicines** out of reach of children.

Package

30 ml / 1.0 fl. oz. bottle

Other Information

Store at 20°-25° C (68°-77° F).

Inactive Ingredient

Ethyl alcohol 30%

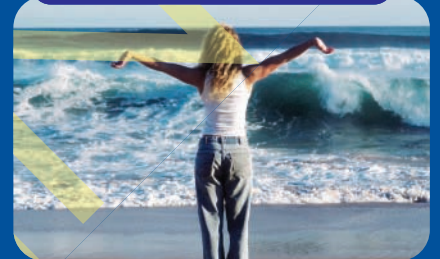
Contacts

info@gunainc.com, tel. (484) 223 3500
www.gunainc.com

GUNA METHOD

PHYSIOLOGICAL REGULATING MEDICINE

Detoxification



RESOURCE CREAM

Restoring, Soothing and Replenishing Cream

Resource Cream is a preservative-free cosmetic designed to maintain the **physiological function** of the **skin** and counteract stress and harmful environmental agents.

In all seasons, our skin is exposed to environmental agents (pollution, extreme cold, excessive exposure to sunlight, wind) which worsen dryness, reddening and irritation, while reducing its elasticity. The alteration of the physiological condition of the skin makes it even more sensitive and exposed to accidental events such as insect bites, minor burns and traumas.

The nourishing, emollient and soothing properties of its plant ingredients give **elasticity** and moisture to the skin. Its soft and pleasant texture gives a sense of relief and well-being. The essential oil of **Tea tree**, known for its antibacterial properties, gives it a pleasant and typical fragrance.

The Bach Flowers included in the formulation of Resource Cream reflect emotional archetypes from which you can take inspiration to evoke your own innate resources and adaptability, in order to experience a sense of well-being.

According to Dr. Bach, **Cherry Plum** represents self-mastery, **Clematis** presence and mind-body connection, **Crab Apple** purity and self-acceptance, **Impatiens** peacefulness, **Rock Rose** courage, **Walnut** sensitiveness and adaptability, **Star of Bethlehem** elaboration and resolution.

INGREDIENTS: Water, Caprylic/capric triglyceride, Glycerin, Cetearyl alcohol, Prunus amygdalus dulcis oil, Butyrospermum parkii butter, Myristyl myristate, glyceryl stearate SE, Cetyl alcohol, Capryloyl glycine, Cetearyl glucoside, Clematis vitalba flower extract, Prunus cerasifera flower extract, Impatiens glandulifera flower extract, Ornithogalum umbellatum flower extract, Helianthemum nummularium flower extract, Malus sylvestris flower extract, Calendula officinalis extract, Glyceryl caprylate, Glyceryl undecylenate, P-anisic acid, Trisodium ethylenediamine disuccinate, Sodium hydroxide, Xanthan gum.

Prepared with WHITE Holographic Bioresonance® method: light emission through optical filters informed with plant-derived raw material.

HOW TO USE Apply on the affected areas, or all over the body, with a gentle circular massage.

PACKAGING: 50 ml tube



• RESOURCE CONFIDENCE

Master Flower Pattern of Self-esteem and Self-confidence

Optimal, synergistic and complementary combination of Bach Flowers to evoke your own

inner resources and your own innate ability to adapt when you wish to develop your **self-esteem and self-confidence**.

Centaury represents assertiveness, **Cerato** intuition, **Elm** decisiveness, **Gentian** awareness of one's own abilities, **Hornbeam** vigour, **Larch** audacity, **Scleranthus** decision.

Positive statement: "I have full respect for myself, I act confidently, powerfully, and decisively, I have the strength of a lion. I respect myself and I am respected".

INGREDIENTS: Water, Alcohol (Brandy from organic farming), Bach Flowers: Centaury (*Centaureum umbellatum*), Cerato (*Ceratostigma willmottiana*), Elm (*Ulmus procera*), Gentian (*Gentiana amarella*), Hornbeam (*Carpinus betulus*), Larch (*Larix decidua*), Scleranthus (*Scleranthus annuus*). Alcohol content 27%.



• RESOURCE ENERJOY

Master Flower Pattern of Energy and Vitality

Optimal, synergistic and complementary combination of Bach Flowers that are appropriate to evoke your own inner resources and your own innate ability to adapt when you wish to boost your **energy, vitality and you want to act**.

Crab Apple represents detoxification, **Elm** determination, **Hornbeam** vigour, **Oak** perseverance, **Olive** regeneration, **Walnut** protection from external influences, **Wild Rose** vitality.

Positive statement: "I feel rested, regenerated, energetic, strong and vital. I want to act, I am pure energy!".

INGREDIENTS: Water, Alcohol (Brandy from organic farming), Bach Flowers: Crab apple (*Malus pumila*), Elm (*Ulmus procera*), Hornbeam (*Carpinus betulus*), Oak (*Quercus robur*), Olive (*Olea europaea*), Walnut (*Juglans regia*), Wild Rose (*Rosa canina*). Alcohol content 27%.



Resource Freedom

Freedom and independence from bad habits

Resource Freedom is a blend of Bach Flower essences that can inspire you and evoke your innate resources as well as your adaptation ability needed to **become independent and overcome bad habits**, thus developing more **self-control over your vices**.

You can use them, for instance, if you have a tendency to uncontrolled and excessive eating, to smoke, to spend a lot of time playing video games, on social networks, or shopping.

Bach Flowers are “Flower Archetypes” that, according to Dr. Bach, correspond to specific states of mind and emotions.

- *Agrimony*: **harmony**,
- *Cherry Plum*: **mastery of one's own instincts**,
- *Chicory*: **independence**,
- *Crab Apple*: **purity**,
- *Impatiens*: **calmness and patience**,
- *Walnut*: **sense of protection from external influences**,
- *White Chestnut*: **peace of mind**.

Guna Resource Freedom is a ready-to-use Bach Flowers blend, prepared according to Dr Bach's original method using “**Super Coherent**” Water obtained through the **WHITE Holographic Bioresonance® Method**.

Packaging: 20 ml bottle with dropper. Contains alcohol 27% V/V.
Net content 20 ml / 0.67 fl. oz.

Directions for use: 4 drops 4 times a day in a little water.
Intake can be repeated at intervals of 5-10 minutes, for 1 hour.



GUNA S.p.a.
Via Palmanova, 71 - 20132
Milan - Italy
export@guna.it

Material addressed
to distributors

• RESOURCE GOODNIGHT

Master Flower Pattern of Peaceful Sleep

Optimal, synergistic and complementary combination of Bach Flowers that are appropriate to evoke your own inner resources and your own innate ability to adapt when you wish a quiet, peaceful and restorative sleep.

Agrimony represents harmony, **Aspen** serenity, **Impatiens** peacefulness, **Olive** regeneration, **Scleranthus** harmony of circadian rhythms, **Walnut** environmental adaptation, **White Chestnut** peace of mind.

Positive statement: "I indulge in peaceful sleep, I abandon myself in peace and I fall asleep in peace, I rest and recharge my batteries"

INGREDIENTS: Water, Alcohol (Brandy from organic farming), Bach Flowers: Agrimony (*Agrimonia eupatoria*), Aspen (*Populus tremula*), Impatiens (*Impatiens glandulifera*), Olive (*Olea europaea*), Scleranthus (*Scleranthus annuus*), Walnut (*Juglans regia*), White Chestnut (*Aesculus hippocastanum*). Alcohol content 27%



• RESOURCE HARMONY

Master Flower Pattern of Female Harmony

Optimal, synergistic and complementary combination of Bach Flowers that are appropriate to evoke your own inner resources and your own innate ability to adapt when you wish to achieve a **harmonious relationship with femininity, especially in times of particular sensitivity related to menstrual cycles, pregnancy or menopause.**

Cherry Plum represents the acceptance of one's own instincts, **Crab Apple** acceptance of one's own self, **Holly** love and inner harmony, **Impatiens** peacefulness, **Mustard** inner stability, **Scleranthus** balance of feminine instincts, **Walnut** protection from external influences.

Positive statement: "I welcome my femininity and its rhythms. I live and express peacefully my feminine in all its nuances and potential. I have in me the power of attraction and fascination of the moon!"

INGREDIENTS: Water, Alcohol (Brandy from organic farming), Bach Flowers: Cherry Plum (*Prunus cerasifera*), Crab Apple (*Malus pumila*), Holly (*Ilex aquifolium*), Impatiens (*Impatiens glandulifera*), Mustard (*Sinapis arvensis*) Scleranthus (*Scleranthus annuus*), Walnut (*Juglans regia*). Alcohol content 27%.



• RESOURCE GUNA

Resource Guna is a line of ready-to-use Bach Flowers mixed according to Dr. Bach's original method and prepared with Super Coherent Water (see box) and organic brandy. According to Dr. Bach's view, Bach Flowers are flower "patterns" that embody specific moods and emotional conditions.

Each Resource Guna formulation represents the "Master Flower Pattern" (M.F.P.), which is an optimal, synergistic and complementary combination of the Bach Flowers. According to Dr. Bach, they correspond to a specific harmonious state of mind and to a consequent condition of emotional balance.



DIRECTIONS: 4 drops directly in the mouth (or 2 sprays) or possibly diluted in a little water to be taken 3-4 times a day. It is possible to repeat the application at intervals of 5-10 minutes for 1 hour.

PACKAGING: 20 ml bottle with dropper and security seal. Resource Remedy is also available in 10ml bottle, drops or spray. 27% Alcohol content.

INGREDIENTS: Water, Alcohol (organic Brandy). Alcohol content 27%.

• RESOURCE REMEDY

Master Flower Pattern of Relax – No Stress

Resource Remedy is an Optimal, Synergistic and Complementary Combination of Dr. Bach's Flower Archetypes to evoke your inner resources and your inner adaptability when you want to **relax, calm down and to manage your stress.**

Cherry plum represents self-control, **Clematis** presence, **Impatiens** tranquility, **Rock Rose** courage, and **Star of Bethlehem** elaboration and resolution.

Positive statement: "I am master of my resources, present to myself; I am going to solve and overcome this challenge with calm and courage".

It is useful to have appropriate resources to face strong emotional alterations due to everyday's stressful events:

- before an important meeting (job interview, examination).
- before appearing in front of an audience (début, inauguration, conference)
- fear of flying
- dental phobia, fear of blood sampling or injections
- insect bites
- birth shock (both for the mother and the newborn)
- children's fit of tears and fear
- any accident

INGREDIENTS: Water, Alcohol (Brandy from organic farming), Bach Flowers: Rock Rose ((*Helianthemum nummularium*), Clematis (*Clematis vitalba*), Impatiens (*Impatiens glandulifera*), Cherry Plum (*Prunus cerasifera*), Star of Bethlehem (*Ornithogalum umbellatum*). Alcohol content 27%.



S44

This medicine, with its anti-inflammatory and antipyretic action, stems from the need in biological medicine to deal with acute inflammatory episodes with and without associated hyperpyrexia.

This need is particularly felt in pediatric treatments.

The medicine **S44** is formulated with remedies from classic homeopathy and with potentised allopathic drugs at low dilutions.

There are two **potentised allopathic drugs** involved, both in dilutions D4:

- **Nimesulide**
- **Erythromycin**

Nimesulide has an anti-inflammatory, antipyretic and antalgic effect.

Erythromycin is an antibiotic belonging to the macrolide group, effective against Gram + and Gram - cocci and bacilli. It is one of the least toxic and most manageable antibiotics, even in pregnancy. Recent studies have been designed to demonstrate that erythromycin can play a positive effect on the interleukin network.

Alongside these two constituents, S 44 also contains several remedies from classic homeopathy, as mentioned before, with the following indications: **Belladonna**: in scalar dilution, particularly indicated in feverish pathologies with tissue congestion and hyperaemia.

Arnica: with a decongestant vasculotropic and a general anti-stress effect.

Calcarea sulphurica: a remedy whose characteristics encompass both *Calcarea carbonica* and Sulphur, i.e. anti-inflammatory, anti-suppurative, tissue and liver draining effects.

Lachesis: an antibiotic-like antibacterial, decongestant, vasculotropic activity. In homeopathy poisons and mineral acids are used to obtain antibacterial and antiviral therapeutic effects.

Echinacea angustifolia: a remedy that stimulates and modulates immune response. **Streptococcinum**: the nosode of *Streptococcus viridans*, with an antistreptococcal and antibacterial effect.

SENECTUS F

(for females)

COMPOSITION

Cerebrum suis D8, Melatonin D6, Hypophysis suis D6, Hypothalamus suis D6, Gl. thyroidea suis D6, Thymus suis D6, Pancreas suis D6, Ovarium suis 200K, Corpus luteum suis 200K, Gl. suprarenalis suis D6, Serotonin D6,

Tryptophan D4, Phosphorus 6/30CH, Phosphorus 200K, Vit. B1 D4, Vit. B12 D4, Vit. C D4, Acidum folicum D6, Eleutherococcus D4. Contains alcohol (30%).

INDICATIONS

- senile asthenia
- strain dyspnea
- memory disorders
- sleeping disorders
- anxious-depressive syndrome in the elderly
- mild vascular and coronary disorders

DOSAGE

10 drops 2-3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

(for males)

COMPOSITION

Cerebrum suis D8, Melatonin D6, Hypophysis suis D6, Hypothalamus suis D6, Gl. thyroidea suis D12, Thymus suis D6, Pancreas suis D6, Testis suis 200K, Gl. suprarenalis suis D6, Serotonin D6, Tryptophan D4, Phosphorus 6/30CH, Phosphorus 200K, Vit. B1 D4, Vit. B12 D4, Vit. C D4, Acidum folicum D6, Eleutherococcus 4CH. Contains alcohol (30%).

INDICATIONS

- senile asthenia
- strain dyspnea
- memory disorders
- sleeping disorders
- anxious-depressive syndrome in the elderly
- mild vascular and coronary disorders

DOSAGE

10 drops 2-3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

SEPIA COMPOSITUM

More than any other preparation, Sepia Compositum expresses the PNEI “philosophy”.

The central nucleus is composed of two organ preparations, Corpus Pinealis suis and Glandula Thymi suis.

Corpus Pinealis suis takes effect through its hormone (melatonin), by means of which it normalises not only the circadian rhythms, but also neuroendocrine homeostasis, as well as controlling behavior.

It is worth noting that the preparation also contains the two precursors of melatonin: tryptophan and serotonin; the latter is known to have a role in controlling mood.

Thymus Suis modulates hypothalamus activity; it regulates the gonads and is regulated by them in return.

Acidum Phosphoricum and Sepia are two homeopathic polycrests whose Materia Medica makes them suitable for use in depressive conditions. Alfalfa and Avena sativa are used in homeopathy as “antiasthenic” and “neurotonic” agents.

The nosode *Salmonella Thyphi* is used for its symptomatological similarity: typhic disease determines the so-called “typhous state”, a condition characterised by depression, confusion and delirium

COMPOSITION

Ac. phosphoricum D6/D12/D30/D200, Alfalfa D6, Avena sativa D6, Sepia 6CH/30CH, Corpus Pinealis suis D6/D12/D30/D200, Salmonella thyphi 30CH, Serotonin 6CH/30CH, 5-Hydroxy-tryptophan D3, Glandula thymi D6/D12/D30/D200, Tryptophan D3.

INDICATIONS

Anxious depression. Cyclic mood disorders. Psychogenic eating disorders (particularly bulimia with a craving for carbohydrates).

DOSAGE

10-20 drops three times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

GUNA®-SEROTONIN

DILUTION: D6

SECRETING GLAND: Produced by the raphe nuclei of the BRAIN STEM, the PONS and the MIDBRAIN

BIOLOGICAL FUNCTIONS: Preparing the pregnant uterus and the mammary glands for breastfeeding.

Peripheral regulation of serotonergic tone.

USES:

- mood disorders and mood swings
- headache
- eating disorders

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GUNA® - SINUS NOSE SPRAY

NOSE SPRAY

Ingredients:

Allium cepa 6X/8X/12X
Althaea officinalis 2X
Argentum nitricum 10X
Ascorbic acid 2X
Black currant, Bark 1X
Calcium sulfide 6X/ 8X/ 12X
Common lungwort 2X
Cuprum metallicum 3X
Echinacea angustifolia 3X
Hepar sulphuris calcareum 6X/8X/12X
Hydrastis canadensis 6X/8X/12X
Kali bichromicum 6X/8X/12X
Lachesis mutus 12X/30X/200X
Manganum metallicum 3X
Mercurius sulphuratus ruber 6X/8X/12X
Mucosa nasalis 6X/12X/30X
Plantago major 2X
Pulsatilla 6X/8X/12X
Silicea 6X/8X/12X
Sinusitisinum 12X/30X
Thymus gland 6X/12X/30X
Urinary bladder 10X/30X/200X

Uses:

Acute and chronic sinusitis (frontal, maxillary, ethmoidal); Catarrhal secretions liquefaction of paranasal cavities. Post nasal drip; Frontal headache.

Directions:

2 sprays in each nostril 4-5 times a day. In the acute phase 2 sprays in each nostril every 30 minutes for 2- 3 hours.

Most common combinations

- Guna-Sinus Nose Spray + Guna-Flam: acute sinusitis with fever.
- Guna-Sinus Nose Spray+ Citomix: chronic sinusitis.
- Guna-Sinus Nose Spray + Eubioflor: sinusitis of possible dysbiotic origin.
- Guna-Sinus Nose Spray + Guna-Cough: dry cough due to post nasal drip.
- Guna-Sinus Nose Spray + Guna-Rhino Nose Spray: rhinosinusitis.

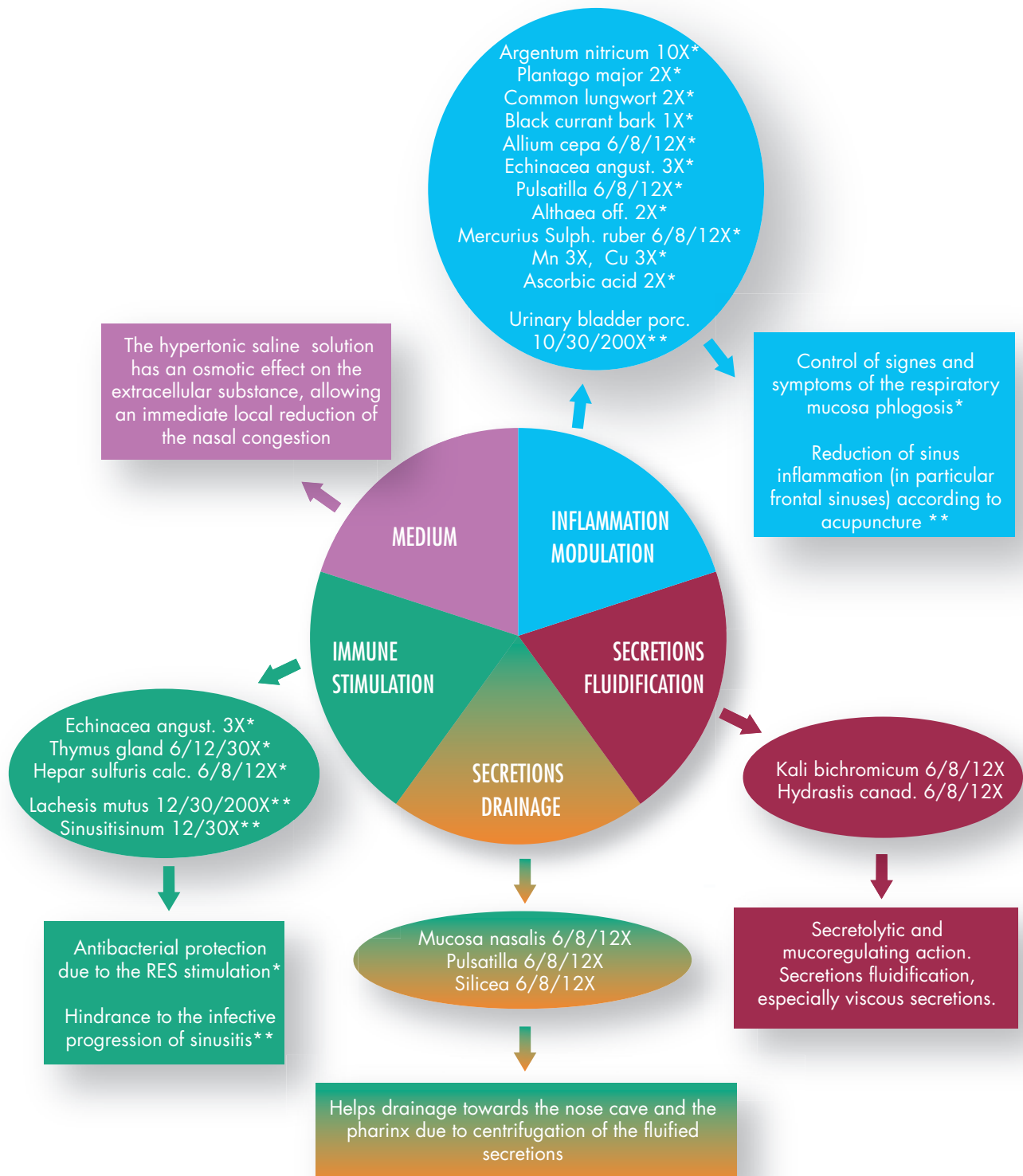


Package size:

30 ml/1.0 fl. Oz. bot

GUNA® - SINUS NOSE SPRAY

The rational structure of **GUNA®-SINUS NOSE SPRAY** according to Guna-Method



GUNA SINUS PLUS

Homeopathic medicine

COLD & FLU RELIEF

NDC 17089-472-23

NOSE SPRAY



Relieves symptoms of rhinitis and sinusitis, such as runny nose, headache, mucus buildup, nasal congestion.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy.
- May be taken concurrently with other conventional medications.
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).
- Contains no alcohol.

INGREDIENTS

Active ingredients: Allium cepa 6X, 8X, 12X; Althaea officinalis 2X; Argentum nitricum 10X; Ascorbicum acidum 3X; Echinacea 3X; Hepar sulphuris calcareum 6X, 8X, 12X; Hydrastis canadensis 6X, 8X, 12X; Kali bichromicum 6X, 8X, 12X; Mercurius solubilis 8X; Mucosa nasalis suis 6X, 12X, 30X; Plantago major 2X; Pulsatilla 6X, 8X, 12X; Silicea 6X, 8X, 12X; Scilla maritima 12X; Sinusitisinum 12X, 30X; Sticta pulmonaria 2X; Cuprum metallicum 8X; Manganum metallicum 8X.
Inactive ingredients: Potassium sorbate; Sodium benzoate.

HOW TO USE

Tilt head forward slightly, insert the canister tip in the nose, aiming the tip toward the back of the head. Squeeze the pump and spray into nostril.

DIRECTIONS

Adults and children over 12 years: 2 sprays into each nostril, 3-5 times per day.
Children 6- 12 years: 1 spray into each nostril, 3-5 times per day.
Children under 6 years: 1 spray into each nostril, 3 times per day.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately.

• GUNA[®] - SLEEP

DROPS

Ingredients:

Avena sativa 6C
Chamomilla 6C
Helleborus niger 6C
Ignatia amara 6C
Interleukin 1beta 4C
Melatonin 4C
Melissa officinalis 6C
Pineal gland 6X/12X/30X
Pulsatilla 6C
Serotonin 6C
Valeriana officinalis 6C

Uses:

Sleep trouble (difficulty in falling asleep, recurrent night awakening, early awakening); Poor quality sleep; Nervous hyperexcitement and anxiety.

Directions:

20 drops twice a day for two months at least.



Package size:

30 ml/1.0 fl. Oz. bottle

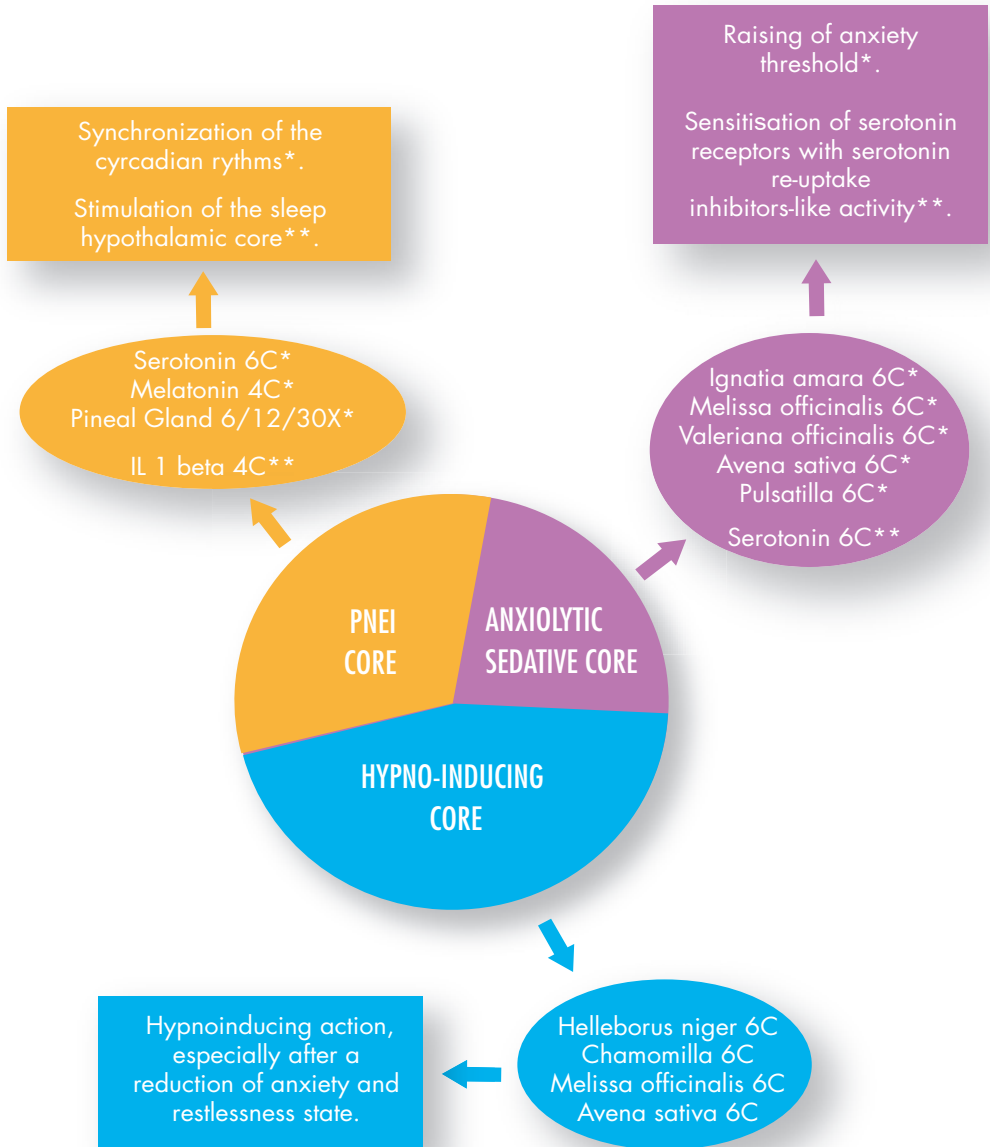
Most common combinations

Guna-Sleep + Guna-Mood: anxious-depressive syndromes with insomnia.

Guna-Sleep + Guna-Cell: insomnia in asthenic patients.

Guna-Sleep + Anti Age Stress: mental and physical stress conditions characterised by hyperexcitement and insomnia.

The rational structure of GUNA®-SLEEP according to Guna-Method



GUNA SLEEP SUPPORT

Homeopathic medicine

PSYCHOSOMATIC HEALTH

NDC 17089-471-18

ORAL DROPS



Helps to relax and fall asleep, helps staying asleep during night.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medication
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).
- Contains no animal-derived ingredients

INGREDIENTS

Active ingredients: Argentum nitricum 30X; Avena sativa 2X; Chamomilla 2X; Caffeinum 6X; Ignatia amara 4X; Kali bromatum 4X; Passiflora incarnata 2X; Zincum valerianicum 4X.

Inactive ingredient: Ethyl alcohol 30%.

DIRECTIONS

Adults and children over 12 years: 20 drops in a little water, 2 times per day.

Children 6- 12 years: 10 drops in a little water, 2 times per day.

Children under 6 years: consult a physician.

Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

30 ml / 1.0 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 30%.

GUNA®-SOMATOSTATIN

DILUTION: 4CH

SECRETING GLAND: Median eminence of the HYPOTHALAMUS (also some δ cells of the Islets of Langerhans)

BIOLOGICAL FUNCTIONS:

- Inhibition of the growth hormone release.
- Inhibition of thyrotropin, corticotropin, glucagon, gastrin, secretin, and renin release.

USES:

- Cancer
- Hyperthyroidism

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GUNA[®] - SPASM

DROPS

Ingredients:

Agaricus campestris 4X
Anti interleukin 1 alpha 4C
Atropine sulfate 6X
Berberis vulgaris 3X
beta-Endorphin 4C
Chelidonium majus 4X
Cobaltum metallicum 4X
Colocynthis 4X
Gelsemium 6X
Interleukin 10 4C
Magnesium metallicum 4X
Melatonin 4C
Sympathetic nerve 200X
Vagal nerve 6X



Uses:

Spasms of the smooth muscles (stomach, intestine, bladder, uterus, urinary tract, biliary tract, vessels) and of the striated muscles. Symptomatic treatment of biliary, renal, and gas colics of the baby.

Directions:

Adults and children 6 years and over:

20 drops twice a day for two months at least

In acute cases:

10 drops every 15 minutes for 1 hour. Then, 10 drops every hour for 4 hours.

Children under 6 years:

1/2 adult dose. Take 15 minutes before meals.

Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

Guna-Spasm+Guna-Flam: Symptomatic treatment of spastic pain

Guna-Spasm+Guna-Kidney: Renal colics

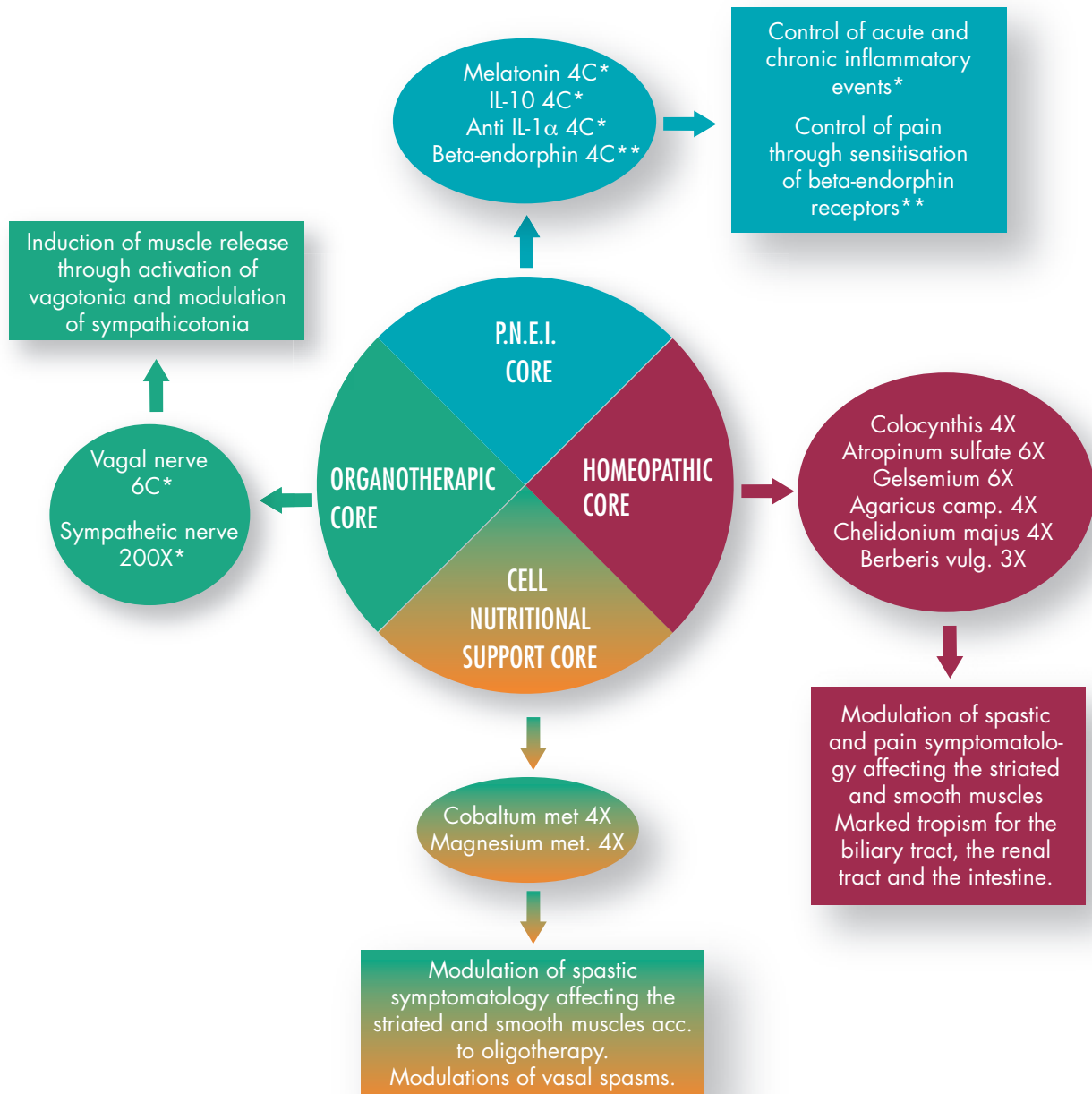
Guna-Spasm+Guna-Liver: hepatobiliary colics

Guna-Spasm+Guna-Digest: intestinal colics

Guna-Spasm+Guna-PMS: dysmenorrhoea

Guna-Spasm+Guna-Allergy-T: complementary treatment of bronchospasm of allergic origin

The rational structure of GUNA[®]-SPASM according to Guna-Method



·GUNA® - STOMACH

PELLETS

Ingredients:

Abies nigra 3X
Anacardium orientale 6X/12X/30X/200X
Antimonium crudum 6X/12X/30X/200X
Argentum nitricum 6X/12X/30X/200X
Bismuthum subnitricum 6X
Carbo vegetabilis 6X
Dioscorea villosa 3X
Dopamine 6X
Epidermal growth factor 4C
Ipecacuanha 8X/30X/200X
Momordica balsamina 3X
Origanum majorana 6X/10X/30X
Robinia pseudoacacia 2X
Stomach 6X/8X/12X/30X/200X
Sympathetic nerve 3X/6X/12X

Uses:

Acute and chronic gastritis, gastroduodenitis, gastralgia, epigastralgia, pyrosis and gastric acidity.

Directions:

5 pellets 2 times a day. In acute phase: 3 pellets every 30 minutes for 2-3 hours.



Package size:

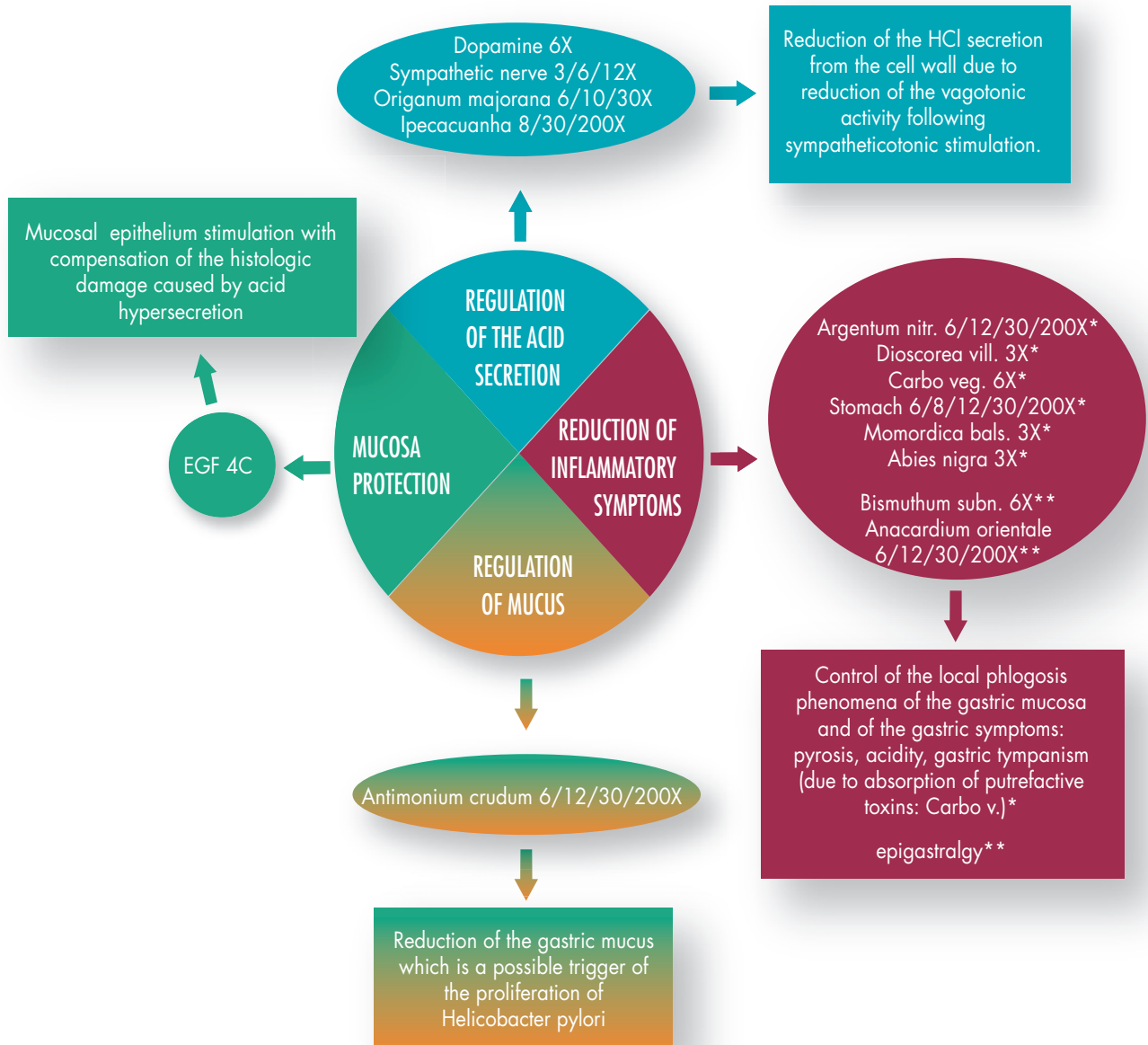
Net Wt. 8 g/0.28 oz. 2 Tubes

Most common combinations

Guna-Stomach + Guna-Digest: gastritis accompanied by dyspeptic syndromes.
Guna-Stomach + Eubioflor + Citomix: gastritis due to Helicobacter pylori.
Guna-Stomach + Anti Age Stress: psychosomatic gastritis due to stress.

GUNA®- STOMACH

The rational structure of **GUNA®-STOMACH** according to Guna-Method



New Product!

GUNA STOMACH PLUS

Homeopathic medicine

GASTROINTESTINAL HEALTH

NDC 17089-477-20

PELLETS FOR ORAL USE



Relieves symptoms of acid reflux and gastritis such as heartburn, sour stomach, nausea after eating.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medication
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).
- Alcohol-free

INGREDIENTS

Active ingredients: Antimonium crudum 6X; Argentum nitricum 6X; Arsenicum album 6X; Ipecacuanha 8X, 30X, 200X; Nux vomica 4X; Origanum majorana 6X; Cuprum metallicum 4X; Taraxacum officinale 6X; Natrum phosphoricum 4X.
Inactive ingredient: Sucrose.

DIRECTIONS

Adults and children over 12 years: 5 pellets, 3 times per day.
Children 6- 12 years: 3 pellets, 3 times per day.
Children under 6 years: consult a physician
Take on an empty stomach. Take 15 minutes before meals.

PACKAGING

Box containing 2 tubes of pellets, 4 g / 0.14 oz. each. Net weight 8 g / 0.28 oz. Oral use.

WARNINGS

Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately.

T4 REG

This compound has an elective tropism for the cell-mediated immunity and particularly for the **T4 lymphocyte function**. The product enables a good activation of non-specific cell immunity.

COMPOSITION

IL3 5CH, IL2 5CH, Interferon alpha 4CH, Interferon gamma 4CH, IL10 5CH, Coriolus versicolor D8, Soya D3, Echinacea angustifolia D3/D6/D8, Ginseng D1, Splen suis 4CH, Sanguis suis 4CH, Lymphatic ganglia 4CH/7CH, β -endorphin 15CH, Melatonin 15CH.

DOSAGE

3 granules 2-3 times a day

PACKAGE QUANTITIES

4 g tube of granules.

Guna dermocosmeceuticals have derma-restorative, regenerative and rebalancing properties, specific for the face and as well as for the body. Suitable for sensitive and irritable skin. The most recent Guna research has conceived several unique and innovative dermo-cosmeceutic formulations, natural-based and designed according to the most modern safety guidelines.

TAMANU ARNICA™

Tamanu Arnica™ is a soothing and emollient cream with plant extracts for very dry and irritated skin. It can be applied after exposure to sun, wind and cold, giving the skin a sense of relief and wellbeing.

KEY INGREDIENTS:

[Arnica montana flower extract](#): renowned for its beneficial action after injuries of various origin.

[Calendula officinalis flower extract](#): renowned for its soothing properties. [Nymphaea alba flower extract](#): with well known capabilities of repairing skin damage.

[Tamanu \(Caulophyllum tacamahaca\) oil](#): has outstanding soothing softening, protective properties and supports the repair processes of the skin.

[Gardenia thaitensis flower extract](#): it is the emblem of Tahiti and it is considered as the flower of beauty par excellence, has been used for centuries for very dry and chapped skin.

INGREDIENTS: Aqua/Water, Eliaanthus annuus seed oil, polyglyceryl-3 dicitrate/stearate, Hydrogenated coconut oil, Glycerin, Arachidyl Alcohol, Palmitoyl proline, Hydroxyethyl acrylate/Sodium acryloyldimethyl taurate copolymer, Xylitylglucoside, Dipropylene glycol, Polymethyl methacrylate, Anhydroxylitol, Behenyl alcohol, Squalane, Calophyllum tacamahaca seed oil, Glyceryl caprylate, Sodium palmitoyl proline, Xanthan gum, sodium levulinate, Allantoin, Bisabolol, 1,2-Hexanediol, Capryl glycol, Arachidyl glucoside, Xylitol, Lactic acid, Sodium palmitoyl sarcosinate, Magnesium palmitoyl glutamate, Sodium anisate, Nymphaea alba flower extract, polysorbate 60, Gardenia tahitensis flower extract, alcohol, Arnica montana flower extract, Tris (Tetramethylhydroxypiperidinol) citrate, Tropolone, Calendula officinalis flower extract, Tocopherol.

DIRECTIONS: Massage until completely absorbed.

PACKAGING: 75 ml tube.



GUNA TANACETUM

Indicated for irritation and gastrointestinal disorders characterising intestinal helminths infestations. Tanacetum vulgare has a therapeutic action in case of helminth-related diarrhoea and nervous irritation. Artemisia and absinthium are indicated for irritability and disorder of the digestive tract. serpyllum loosen the gastro-intestinal spasms and it is an anti-helminthic remedy, chenopodium is also an anti-helminthic remedy and helps the hepatic functionality.

Compositum

Tanacetum vulgare D1, Artemisia vulgaris D2, Absinthium D4; Serpyllum D3, Chenopodium D6. Contains alcohol 60%.

Indications

irritation and gastrointestinal disorders due to intestinal helminths infestations

Posology

10 drops 3 times a day, away from main meals

Packaging

30 ml bottle with dropper. Oral use

DILUTION: 4CH

BIOLOGICAL FUNCTIONS:

- Suppression of T and B lymphocyte, NK cell and monocyte function.
- Stimulation of phagocyte chemotaxis.
- Formation of the extra-cellular matrix. Growth control.

USES:

- chronic pain syndromes
- autoimmune diseases
- chronic inflammation

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



New Product!

GUNA THROAT and GUMS

Homeopathic medicine

COLD & FLU RELIEF

NDC 17089-479-27

ORAL SPRAY



Relieves symptoms of inflammation of throat, gums, and oral cavity, such as pain, hoarseness, swollen tonsils, toothache.

These statements have not been evaluated by the FDA. They are based upon homeopathic principles.

- Non-drowsy
- May be taken concurrently with other conventional medications
- Contains no ingredient made from a gluten-containing grain (wheat, barley, or rye).
- Contains no animal-derived ingredients

INGREDIENTS

Active ingredients: Aconitum napellus 3X; Arnica montana 3X; Belladonna 4X; Echinacea 2X; Echinacea purpurea 2X; Hamamelis virginiana 2X; Hepar sulphuris calcareum 6X; Hypericum perforatum 3X; Millefolium 3X; Symphytum officinale 6X.

Inactive ingredients: Ethyl alcohol 20 %, pine essential oil, lemon essential oil, polysorbate-80.

DIRECTIONS

Adults and children over 12 years: 2 sprays 3-5 per day.

Children 6- 12 years: 1 spray 3-5 per day.

Children under 6 years: consult a physician.

PACKAGING

50 ml / 1.7 fl.oz. bottle with dropper. Drops for oral use.

WARNINGS

Severe or persistent sore throat or sore throat accompanied by high fever, headache, nausea, and vomiting may be serious. Consult a health professional promptly. Stop use and ask a doctor if symptoms persist more than 5 days. If pregnant or breast feeding, ask a health care professional before use. Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Contains ethyl alcohol 20%.

GUNA -T4

DILUTION: D6

SECRETING GLAND: THYROID

BIOLOGICAL FUNCTIONS: Stimulation to utilize O₂ and produce

heat. USES:

- growth disorders
- physical weakness
- neurasthenia

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



•GUNA®- TNF

TUMOR NECROSIS FACTOR

DILUTION: 4CH

BIOLOGICAL FUNCTIONS: Antibacterial action. Anticancer action. Chemotactic action on monocytes and macrophages.

USES:

- complementary cancer therapy
- chronic bacterial infections
- night-time confusion and sleep disturbances
- muscle pain and stiff muscles especially in the early morning

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



**NEW
FORMULA**

Tonicoguna
PLUS

**YOUR NATURAL BOOST
OF ENERGY**

**GLUTEN-FREE
VEG-FRIENDLY
NATURALLY FREE FROM LACTOSE**

225



In a society that imposes a hectic pace of work, study and life, it is more and more likely to run into situations of physical and mental stress accompanied by:

- **Listlessness**
- **Physical and mental fatigue**
- **Lack of energy**
- **Tiredness**



Tonicoguna **PLUS** - Ingredients

Tonicoguna PLUS is a food supplement intended to provide targeted nutritional support. It contains a **mix of plant extracts with tonic properties**, useful in cases of **physical and mental fatigue**, in addition to the extract of **Morinda citrifolia**, a Polynesian plant better known as **Noni**, whose juice has **tonic and antioxidant** properties and is rich in vitamins, minerals, amino acids, enzymes, trace elements, sterols and xeronine.

MORINDA CITRIFOLIA

(Noni)

Tonic (physical and mental fatigue)
Antioxidant

GINSENG

Tonic (physical and mental fatigue)
Antioxidant



ASTRAGALUS and RHODIOLA

Tonic-adaptogen

ELEUTHEROCOCCUS

Tonic-adaptogen

LEMON BALM

Natural mood balance
and mental well-being

ROSEMARY

Antioxidant

GENTIAN

BLACKCURRANT



Tonicoguna **PLUS** - When to use

Tonicoguna **PLUS** provides a nutritional support, useful in cases of:

- Physical and mental exhaustion
- Fatigue and/or tiredness
- Stress



Tonicoguna **PLUS** - Actions and benefits

Tonicoguna PLUS is obtained by mixing **Noni juice with plant extracts obtained by ultrasound extraction**, a process that does not use chemical compounds, thus maintaining their **properties unaltered**.

Tonicoguna PLUS is flavoured with water extract of Stevia rebaudiana and essential oil of sweet orange.

- **Free from Gluten**
- **Free from artificial sweeteners**
- **Free from fructose and added sugars**
- **Free from alcohol**
- **Suitable for vegetarians and vegans**
- **Naturally free from lactose**
- **Free from animal derivatives**
- **Free from GMOs**

Nutrition facts

	Amount per 100 ml	Amount per dose (20 ml)
Energy	91 kJ 21 kcal	18.2 kJ 4.2 kcal
Fats of which Saturates	0.1 g 0.0 g	0 g 0 g
Carbohydrate of which Sugars	3.2 g 1.0 g	0.6 g 0.2 g
Fibre	0.6 g	0.1 g
Proteins	0.5 g	0.1 g
Salt	0.2 g	0 g
Noni	36 g	7.2 g
Astragalus w.e.	14.49 g	2.898 g
Siberian ginseng w.e.	14.49 g	2.898 g
Blackcurrant w.e.	7.18 g	1.436 g
Rhodiola w.e.	7.18 g	1.436 g
Rosemary w.e.	7.18 g	1.436 g
Stevia w.e.	7.18 g	1.436 g
Ginseng w.e.	2.52 g	0.504 g
Gentian w.e.	1.39 g	0.278 g
Lemon balm w.e.	1.39 g	0.278 g

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Warnings

Do not exceed the recommended daily dose. Keep out of the reach of children under 3 years of age. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. For use during pregnancy or breastfeeding it is advised to consult a doctor.

Store the product in a cool and dry place and protect from light. The expiry date refers to a product correctly stored in its original and undamaged packaging.

Ingredients

Noni (*Morinda citrifolia* L.) fruit juice; 1:1 * water extract of: Astragalus (*Astragalus membranaceus* Moench) root; Siberian ginseng (*Eleutherococcus senticosus* (Rupr. Et Maxim.) Maxim) root; Blackcurrant (*Ribes nigrum* L.) leaf; Rhodiola (*Sedum roseum* (L.) Scop.) root; Rosemary (*Rosmarinus officinalis* L.) leaf; Stevia (*Stevia rebaudiana* Bertoni) leaf; Ginseng (*Panax ginseng* C.A. Meyer) root; Gentian (*Gentiana lutea* L.) root; Lemon balm (*Melissa officinalis* L.) leaf; thickener: xanthan gum; citric acid; natural flavour: sweet orange essential oil; preservatives: potassium sorbate, sodium benzoate.

Packaging

150 ml bottle with safety lock and measuring cup.

Instructions for use

Shake vigorously before each use. We recommend 20 ml daily, preferably in the morning, taken as it is or diluted in a little water (75 ml).

GUNA -T3[®]

DILUTION: D6

SECRETING GLAND: THYROID

BIOLOGICAL FUNCTIONS: Stimulation to utilise O₂ and produce heat.

USES:

- hypothyroidism

- tendency to be overweight

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GUNA[®]-TRYPTOPHAN

DILUTION: D6

SECRETING GLAND: HYPOPHYSIS

BIOLOGICAL FUNCTIONS: Precursor of Serotonin and Melatonin

synthesis. USES:

- sleep disorders

- mood disorders and mood swings

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



• GUNA[®]-TSH

THYROID-STIMULATING HORMONE

DILUTION: D6

SECRETING GLAND: HYPOPHYSIS

BIOLOGICAL FUNCTIONS: Control over thyroid activity. Stimulation of thyroid hormone release.

USES:

- neurasthenia
- water retention

DIRECTIONS: 15-20 drops two times a day.

PACKAGE SIZE: 30 ml/1.0 fl. Oz. bottle with dropper. For oral use.



UNCASTIM

Uncastim is a complex homeopathic product. The careful combination of plant and mineral homeopathic remedies with Suis organ preparations, intermediate catalysts, oligo elements and a nosode makes this preparation useful in the **prevention and treatment of relapsing bacterial and viral infections**, especially in lymphatic subjects, even if already treated with retoxic therapy.

Uncastim achieves a complex and articulated therapeutic action that includes **immunostimulation** (related to plant remedies such as *Uncaria tomentosa*, *Echinacea angustifolia* and *purpurea*, *Vincetoxicum*, and several organ preparations such as *Splen suis*, *Lymphatic ganglia suis*, *Thymus suis*, *Medulla ossis suis*), **control of septic expansion of the disease** (*Hepar sulphuris*, *Pyrogenium*), **drainage of the mesenchyma** (*Galium aparine*, *Pulsatilla*, *Silicea*, *Phytolacca*, *Sulphur*), **restoration of enzyme activity** (*Ac. succinicum*, *Ac. fumaricum*, *Ac. malicum*, *Natrium pyruvicum*, *Chinhydron*) and **catalytic stimulation** (Manganese and Cuprum).

Given this homeopharmacological structure, the product is contraindicated in autoimmune pathologies in the active phase and in cases of acute fever.

COMPOSITION

Uncaria tomentosa D4, Echinacea angustifolia D4, Echinacea purpurea D4, Phytolacca D6, Silicea D6, Hepar sulphuris D6, Pyrogenium D6, Galium aparine D4, Pulsatilla D6, Vincetoxicum D4, Sulphur met. D6, Colon suis D6, Thymus suis D6, Lymphatic ganglia suis D6, Splen suis D6, Hepar suis D6, Medulla ossis suis D6, Hypothalamus suis D12, Corpus pinealis suis D12, Ac. succinicum D4, Ac. fumaricum D4, Ac. malicum D6, Natrium pyruvicum D6, Chinhydron D12, Manganese D4, Cuprum D4. Contains alcohol (30%).

• GUNA® - VIRUS

PELLETS

Ingredients:

Beta-Endorphin 4C
Blood 4C
Interferon gamma 3C
Interleukin 2 5C
Life everlasting 3X
Ling chin mushroom 8X
Lymphatic gland 4C/7C
Melatonin 4C/15C
Rice 3X
Serotonin 6X
Soybean 3X
Spleen 4C
Turkey tail 8X

Uses:

Viral infections with acute and chronic inflammatory presentation (intestinal, respiratory, urologic, dermatologic and gynecologic infections). Strengthening of the antiviral immune defenses in cases of immune deficiency.

Directions:

5 pellets 2 times a day. In acute phase: 3 pellets every 30 minutes for 2-3 hours.



Package size:

Net Wt. 8 g/0.28 oz. 2 Tubes

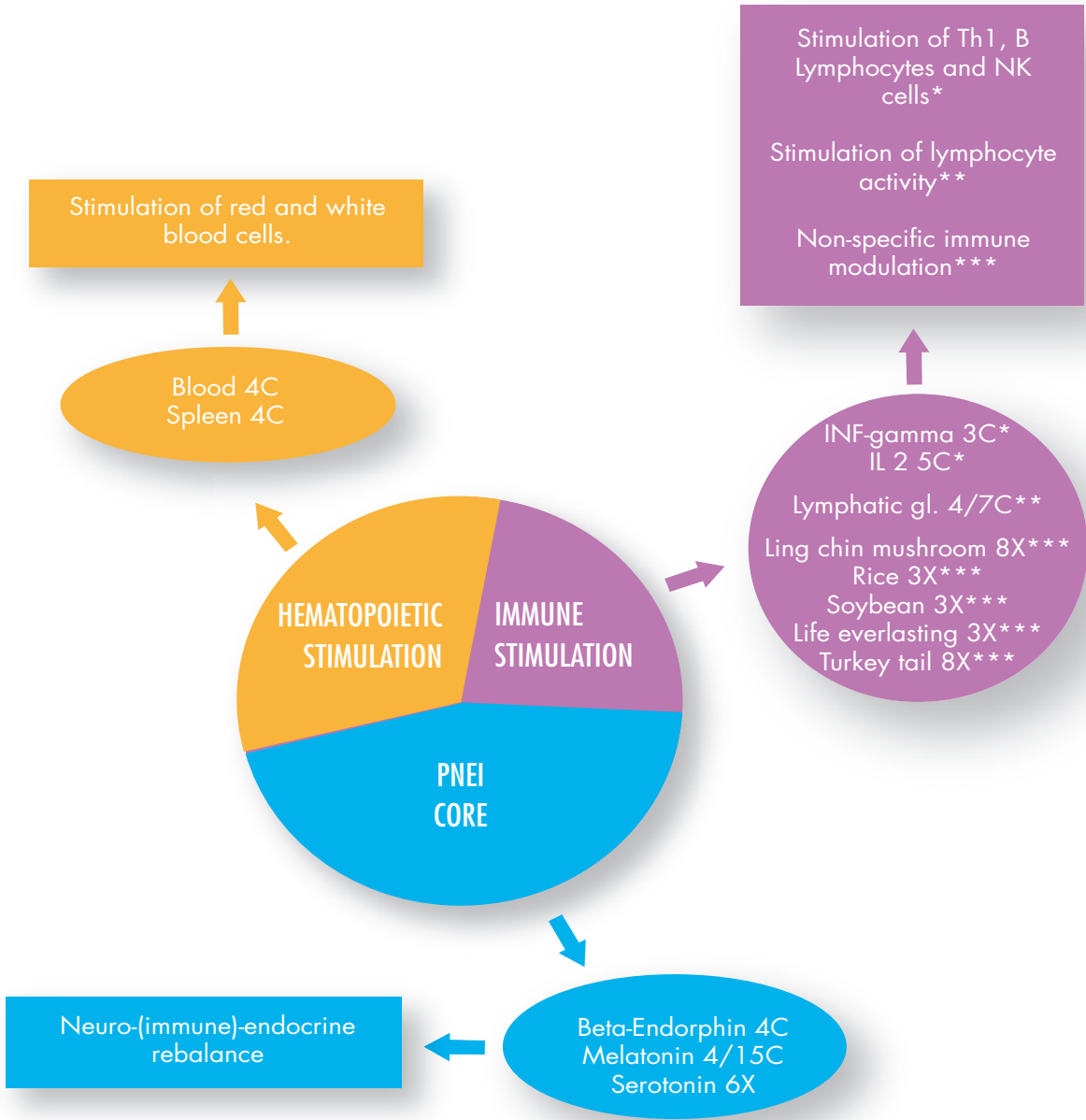
Most common combinations

Guna-Virus + Guna-Flu: flu prevention in patients with past recurrent viral infections of the upper, middle and lower respiratory tract.

Guna-Virus + Guna-Flam: inflammatory diseases of viral origin.

Guna-Virus + Citomix: strengthening of non-specific anti-viral immune defenses.

The rational structure of GUNA[®]-VIRUS according to Guna-Method



• VIT FORMULA™

Vit Formula™ is a complete food supplement containing vitamins, minerals and trace elements to satisfy the body's requirements.

Why Vit Formula™

The orosoluble formula makes the product easy to take under all circumstances (when travelling, at work or at school) and rapidly absorbed.

Vit Formula™ is ideal in terms of completeness: it contains all the vitamins, minerals and trace elements that are essential for the body, as well as a number of amino acids.

Vit Formula™ is ideal in terms of quality: it contains good quality vitamins, minerals and trace elements.

Vit Formula™ is ideal in terms of formulation: its composition is specially balanced to meet the body's needs.

Vit Formula™ is the ideal complement to Gunamino Formula for guaranteeing optimum protein synthesis.

Fields of application

- Primary and secondary vitamin deficiencies.
- Support to and supplementation of Gunamino Formula.

Ingredients

Sweetener: sorbitol; choline bitartate, calcium carbonate, inositol, magnesium oxide, anti-caking agent: talc; sucrose, flavourings, L-methionine, L-ascorbic acid (vitamin C), acidity regulator: citric acid; maltodextrin, zinc citrate, ferrous fumarate, nicotinamide (vitamin PP), DL-alpha-tocopheryl acetate (vitamin E), manganese carbonate, calcium D-pantothenate (pantothenic acid), retinyl acetate (vitamin A), sweetener: sucralose; copper citrate, riboflavin (vitamin B2), cholecalciferol (vitamin D3), sodium fluoride, pyridoxine hydrochloride (vitamin B6), phyloquinone (vitamin K1), thiamine mononitrate (vitamin B1), cyanocobalamin (vitamin B12), potassium iodide, sodium selenite, pteroyl-monoglutamic acid (folic acid), D-biotin (Vitamin H).



Directions

The recommended dose is 1 sachet of orodispersible granules a day; dissolve the contents of the sachet directly in the mouth, without water.

Packaging

32 x 2.5 g sachets of orodispersible granules.
Net weight 80 g.

Warnings and precautions

Keep the product in cool and dry place, and protected from direct sunlight. The expiry date refers to a correctly stored product in its original and undamaged packaging. Keep out of reach of children under 3 years of age. Do not exceed the RDA. The product contains polyalcohols: an excessive intake may have laxative effects. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

Nutrition facts

	Per 100 g	Daily intake (1 sachet)	%NRV* (1 sachet)
Energy	236 kcal 989 kJ	6 kcal 25 kJ	
Fat	0.24 g	0.01 g	
of which saturates	-	-	
Carbohydrate	58.30 g	1.46 g	
of which sugars	3.34 g	0.08 g	
Protein	7.25 g	0.18 g	
Salt	0.09 g	-	
Vitamin C	2000 mg	50 mg	63
Vitamin PP	160 mg	4 mg	25
Panhotenic acid	84 mg	2.1 mg	35
Vitamin E	72 mg	1.8 mg	15
Vitamin B2	15.2 mg	0.38 mg	27
Vitamin A	10000 mcg	250 mcg	31
Vitamin B6	9.2 mg	0.23 mg	16
Vitamin B1	6.6 mg	0.165 mg	15
Folate	2200 mcg	55 mcg	28
Vitamin K	1400 mcg	35 mcg	47
Biotin	840 mcg	21 mcg	42
Vitamin D	100 mcg	2.5 mcg	50
Vitamin B12	15 mcg	0.375 mcg	15
Calcium	6000 mg	150 mg	19
Magnesium	3000 mg	75 mg	20
Zinc	500 mg	12.5 mg	125
Iron	160 mg	4 mg	29
Manganese	80 mg	2 mg	100
Fluoride	21 mg	0.525 mg	15
Copper	20 mg	0.5 mg	50
Iodine	2560 mcg	64 mcg	43
Selenium	1320 mcg	33 mcg	60
Choline	6.0 g	150 mg	
Inositol	5.2 g	130 mg	
Methionine	2.4 g	60 mg	

Most common combinations

Tonicoguna + Vit Formula: Supportive treatment of stress and chronic fatigue syndrome.

Proflora + Vit Formula: Vitamin and mineral malabsorption.

Gunamino Formula Sport + Vit Formula: Supplementation of vitamins and minerals lost during intense sport activity.

Gunamino Formula + Vit Formula: Malnutrition with vitamin deficiencies.

Bach Flowers

Bach Flowers are preparations based on herbal ingredients, identified in the 1930s by Dr. Edward Bach and recognized by the **WHO (World Health Organization)**.

According to Dr. Bach's vision, the 38 Bach Flowers, appropriately extracted from wildflowers (with the exception of spring water from sources known for their particular properties), encourage the innate rebalance and harmonisation capability in case of personality troubles or altered emotional states.

They can be taken **singularly or in association**, depending on the mood and the individual needs. Each remedy reflects **a specific emotional and behavioural condition** that allows an individual to develop, regain and express his/her own vital resources and inherent adaptation abilities.

Guna Bach Flowers are prepared by using mother essences:

- of **top quality**
- coming from the **original places in Great Britain**
- certified by the **British Association of Flower Essence Producers (BAFEP)**
- obtained strictly according to **Dr. Bach's Traditional Method and original instructions**
- prepared with **organic brandy**.

GUNA Bach Flowers are:

- in a stock concentration **according to Dr. Bach's original instructions;**
- in a solution of organic brandy and water with characteristics similar to those of biological water (see box);
- provided with a dropper with **guarantee seal;**
- provided with a **colour coding** identifying **Dr. Bach's 7 emotional categories**.

The 38 Bach Flowers are classified in 7 groups defined by Dr. Bach relating to the emotional states:

- **Fear, anxiety and panic**
- **Uncertainty or lack of self-confidence**
- **Insufficient interest in present circumstances**
- **Loneliness**
- **Over-sensitivity to influences and ideas**
- **Despondency or despair.**
- **Over-care for welfare of others**

Remedies range

38 single remedies (see box "the Seven Groups of Bach Flowers").
Ingredients: Water, Alcohol (organic brandy), Bach Flower.
Alcohol content 27%.

Directions for use

Take remedies singularly or in association:

- Add 2 drops of each chosen remedy to a 30 ml amber glass bottle containing natural mineral water and 2 teaspoonfuls of brandy. As an alternative, add 2 drops of each chosen remedy to the ready water-alcohol solution Flower Power. From this solution, take 4 drops directly under the tongue 3-4 times a day.
- Another possibility is: 2 drops, undiluted from the stock bottle of the chosen remedies, directly in the mouth or in a glass with a little water. Take this solution several times during the day.
- Keep on taking it for a period of time ranging from a few weeks to two months.

Packaging

10 ml bottle provided with dropper and guarantee seal.

Complete set containing 38 flowers plus 2 Resource Remedy



Bach Flowers

THE SEVEN GROUPS OF BACH FLOWERS

FEAR, ANXIETY AND PANIC

Disharmony	Bach Flower	Positive Virtue
Terror, paralyzing fear, panic situations	Rock Rose	Survival / Heroism
Fear of known things (spiders, fly, darkness...), shyness	Mimulus	Safeguard / Courage
Fear of losing control	Cherry Plum	Instinctiveness / Self-control
Indefinite, unexplainable fears, bad feelings, foreboding	Aspen	Receptivity / Grounding
Anxiety and over-care for the beloved ones	Red Chestnut	Altruism / Optimism

UNCERTAINTY OR LACK OF SELF-CONFIDENCE

Disharmony	Bach Flower	Positive Virtue
Doubt on one's ability to judge, s/he is always asking others for advice	Cerato	Comparison / Certainty
Indecision between two or more alternatives, uncertainty	Scleranthus	Integration / Decision
Easy discouragement, hesitation, wavering	Gentian	Thinking over / Confidence
Despair, surrender, pessimism	Gorse	Welcoming / Hope
Monday morning tiredness, doubt about having the capacity to face the day's duties	Hornbeam	Consolidation / Vigor
Uncertainty on the way to follow, unsatisfaction of one's lifestyle, inability to realize oneself	Wild Oat	Experience / Direction

INSUFFICIENT INTEREST IN PRESENT CIRCUMSTANCES

Disharmony	Bach Flower	Positive Virtue
Daydreaming, lack of interest in the present	Clematis	Creativity / Presence
One lives in the past, nostalgia	Honeysuckle	Memory / Overcoming
Apathy, resignation, little is done to improve the situation	Wild Rose	Adaptation / Vitality
Mental and physical tiredness, breakdown, lack of resources, burnout	Olive	Rest / Regeneration
Brooding over, repeated thoughts and obsessive worries	White Chestnut	Concentration / Peace
Melancholy, depression inexplicably coming and going	Mustard	Introspection / Joy
Difficulty in learning from experience, repetition of the same mistakes	Chestnut Bud	Spontaneity / Learning

LONELINESS

Disharmony	Bach Flower	Positive Virtue
Orientation to loneliness, pride, discretion	Water Violet	Independence / Humility
Fear of being alone, excessive talkativeness	Heather	Sociability / Empathy
Impatience, hurry, easy nervousness	Impatiens	Dynamism / Patience

OVER-SENSITIVITY TO INFLUENCES AND IDEAS

Disharmony	Bach Flower	Positive Virtue
Hidden problems and troubles behind a merry behaviour	Agrimony	Harmony / Openness
Difficulty to say no, anxious desire to please others	Centauray	Generosity / Assertiveness
Important changes in life, need for protection from external influences	Walnut	Sensitivity / Freedom
Extreme jealousy, envy, suspicion	Holly	Awareness / Love

DESPONDENCY OR DESPAIR

Disharmony	Bach Flower	Positive Virtue
Lack of self-confidence, feelings of inferiority	Larch	Prudence / Daring
Guilt feeling, blaming oneself for others' mistakes	Pine	Responsibility / Forgiveness
Poor self-consideration, sense of interior dirtiness, despise of one's own physical aspect	Crab Apple	Purity / Acceptance
Deep despair, unbearable suffering	Sweet Chestnut	Metamorphosis / Rebirth
Temporary depression, feeling of responsibility overload	Elm	Dimension / Determination
Shock situations, also referring to the past, scare, traumatic events	Star of Bethlehem	Elaboration / Resolution
Excessive feeling of duty, incapacity to let oneself go	Oak	Perseverance / Flexibility
Grievance and self-pity	Willow	Reactivity / Comprehension

OVER-CARE FOR WELFARE OF OTHERS

Disharmony	Bach Flower	Positive Virtue
Hyper-possessiveness, excessive attachment to one's beloved, expecting them to comply with one's own values	Chicory	Lovingness / Autonomy
Excessive enthusiasm, fanaticism, desire to convert others to her/his own point of view	Vervain	Passion / Moderation
Strong will, tendency to dominate and inflexibility	Vine	Charisma / Service
Intolerance and criticism towards others	Beech	Perfectionism / Tolerance
Inflexibility towards oneself, strictness of principles, tendency to set too high objectives	Rock Water	Discipline / Malleability

DISTRESS OR EMOTIONAL EMERGENCY

Disharmony	Ready Mix	Positive Virtue
Situations of strong distress as well as physical or mental emergency	Resource Remedy	Adaptation / Overcoming



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